

Northwest Missourian

BRIDGING THE GAP BETWEEN CAMPUS AND COMMUNITY



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Governor recognizes Quality Award

by Jacob DiPietre

University News Editor

Winning the Missouri Quality Award did more for Northwest than one may think.

The recognition that came with the award was enough to bring together the governor, the University president and numerous students.

"Celebrate Northwest" was an opportunity to promote the University and its recent accomplishments.

One guest the University wel-

comed was Gov. Mel Carnahan. He came to help Northwest celebrate the Quality Award and the 10-year anniversary of the electronic campus.

The program started with Angel Harris-Lewis, Student Senate president welcoming the crowd. Speeches by University President Dean Hubbard, John Politi, executive director of the Excellence in Missouri Foundation, and Carnahan followed.

Football captains Dante Combs and Adam Dorrel and cross country runner Jennifer Miller presented

Carnahan with mementos from Northwest.

Another reason for the special celebration was to give those who were not able to attend the official award presentation in Jefferson City a chance to share the award.

After Harris-Lewis and Hubbard spoke, Carnahan congratulated Northwest on its accomplishments including having the first-ever electronic campus, the new trimester calendar and the Quality Award.

Carnahan emphasized trimesters

program because he has had some experience with a trimester calendar. He said the enhanced summer schedule Northwest is offering will have many advantages for students.

"I'm very excited," Carnahan said. "I actually went to school in a situation where I took advantage of that type of schedule. The school that I went to, George Washington University, had a 15-week summer schedule."

"It will permit people to get degrees faster, if they wish to acceler-

ate to make up work," Carnahan said. "It seems like a positive move."

While Carnahan likes the new trimester calendar, he did go on to mention that if the trimester calendar is a success at Northwest, it would not be forced on other schools around the state.

"I would imagine that it would be imitated by the other institutions," Carnahan said. "But that is one of those things that I would be very doubtful that we would try to impose from Jefferson City."

Quick reader.

A fast grasp on the situation.

Why was the governor at Northwest?

To congratulate Northwest on its accomplishments including the first electronic campus, the new trimester calendar and the Quality Award.

Who were the speakers?

Angel Harris-Lewis, University President Dean Hubbard, John Politi and Gov. Mel Carnahan

Representative visits Maryville

■ Danner speaks with local constituents about Congressional bills

by Lindsey Corey

Community News Editor

With Congress in recess, District 6 Rep. Pat Danner, D-Mo., found time to visit with constituents Wednesday in Maryville.

The congresswoman spoke to members of the Maryville Chamber of Commerce and community members at the Nodaway County Senior Center. She gave a report to the Maryville Rotary Club about the first session of the 105th Congress.

Several senior citizens stayed for the morning discussion and were concerned about what Congress was doing for them.

"A commission is forming to address issues of entitlements such as Medicare, Medicaid and Social Security," Danner said. "We are trying to bring respected seniors from all over to serve on the committee. Hopefully, when the president is a lame duck and can't run for reelection, he will make a move in the direction to advise us."

Danner said action was also being taken on the national level to improve the lives of youth and elderly.

"It's never a question of seniors in opposition with children, because the seniors are the grandparents of the youth," Danner said. "As far as I know, nothing is being taken away from the seniors, and a health insurance program for children who can't afford it was passed this session."

One parent was concerned with the requirements of daycare providers. Danner said there is nothing being done on the national level concerning standards.

"We must be extremely careful when we leave our most valuable asset — our children, with someone we don't know," Danner said.

Another problem mentioned by an audience member was violence on television.

"There is very little being done

because of the first amendment that grants freedom of speech," Danner said.

Danner said she noticed a "general downsizing of moral values" and the violence dilemma goes beyond television with new technology.

"The problem on the horizon is the Internet," she said. "Virtually anything is accessible, even including recipes for the production of meth-amphetamines. Even if you have it blocked in your own home, they may see it somewhere else. It's difficult to raise children today."

Danner told the audience that she filed a bill several months ago that would provide a nationwide emergency cellular phone number. She emphasized its importance after a holiday weekend tragedy.

"A couple was driving on U.S. 71 (in Missouri) and noticed an erratic driver in front of them," Danner said. "They tried to call law enforcement on their cellular and talked to four separate entities. Before they reached the police (in that area), the driver crossed the median, hitting a vehicle. Three people, including the driver, died because a woman (from Kansas) didn't know the Missouri cell phone emergency number."

Danner said the bill is important because many people carry phones.

"It has become the accepted norm to have one in your car for safety on the road," she said. "There is no way of knowing what the code is. There is a nationwide 911, so why not a nationwide cellular emergency number? Hopefully, I can convince the powers that be that it is not costly for the federal government and it's important."

Danner told the story of one St. Joseph resident who contacted her. The man was concerned because he used to get bread from Wal-Mart to feed the needy, but the corporation pulled out because of fear of liability. Danner suggested he look into Missouri's Good Samaritan Law. She also did research and found that not all states have similar laws and few offered protection from liability suits.

'TIS THE SEASON



Jennifer Meyer/Photography Director

Mr. Macy (center) and the company of "Miracle on 34th Street" sing a musical number to a near capacity crowd Tuesday at the Mary Linn Performing Arts Center. The production was put on by A Troupe America,

Inc. and Mainstage Productions. The show provided an opportunity for students and families to celebrate the beginning of the holiday season. CAPS will bring other Broadway productions to the Mary Linn this year.

CAPs brings 'Miracle' to University stage

by Stephanie Zellstra

Assistant News Editor

Holiday cheer, festive singing and bright Christmas lights are just a few things that make the Christmas season special and full of wishes and miracles.

Campus Activity Programmers joined in making the season special by sponsoring the sold out performance of "Miracle on 34th Street" Tuesday night.

University students and commu-

nity members enjoyed the musical.

"These types of shows are really more geared toward the community," said Jennifer Davidson, CAPs vice president. "We want to get the community involved with campus activities. Personally, I think this is a way that the community can get a better view of what the college students are like."

Davidson said CAPs' hopes were to have the performance be sold out.

Their wishes came true with the

tremendous turnout. They are also very happy with the community response from this production and other Broadway musicals as well. "Miracle on 34th Street" was produced by A Troupe America, Inc. and Mainstage Production.

Many families especially enjoy the Christmas productions that are brought to Northwest each year. Terry Thurnau and her family try to come to one or two performances at Northwest a year.

"We try to do something special

around Christmas as a family, and this year we decided to come to "Miracle on 34th Street," Thurnau said. "We are really enjoying ourselves. It is a great musical."

The musical is set during the holiday season in 1947. It centers around a young girl, Susan Walker, and her belief in the miracle of Christmas.

The cast includes Mr. Macy, owner of Macy's department

See *Miracle*, page 3

Campus experience fills top positions

■ Board of Regents appoints local interims without national hunt

by Mark Hornickel

Chief Reporter

Instead of conducting a nationwide search for two top positions at Northwest, the Board of Regents chose to go with two individuals who are familiar with the campus.

Kent Porterfield is the new vice president of Student Affairs, while Clarence Green has taken the position of Campus Safety director. Both had been working as interims until the final decision was made at the Nov. 18 Board of Regents meeting.

University President Dean Hubbard said a nationwide search was not needed to fill the positions because both are well-liked, and they fit into the positions well.

"There is not a law that says you have to do a nationwide search for every position," Hubbard said. "I could not find a person that didn't have good things to say about (Porterfield). He's a very well-liked man, and he is respected by his staff."

Hubbard believes some positions need to be filled with people that know the campus.

However, there are some situations in which someone from outside the campus is needed.

"I don't want to have an environment where there is a bias attitude," Hubbard said. "There are times when we need to have people with a good understanding of the campus, but there will be other times that we have to think about injecting new blood in the system. It's a case-by-case management."

Porterfield, who oversees and works with the Student Affairs office, said he would like to be an advocate for the students.

"I want students to feel like they can schedule a time to see me and interact," Porterfield said. "That's challenging because you spend a lot of time in meetings and appointments, and it's harder to find a time to spend interacting with students."

Porterfield has benefited from a wealth of experience. He became the assistant dean of students in 1992, a title that was later changed to assistant vice president of Student Affairs.

Despite the challenges he faces, Porterfield sets realistic

goals for himself and realizes he will make mistakes.

"Anybody who tries to do things well, and takes some risks, has to expect there is going to be some time when you have some failures and things don't go well," Porterfield said. "But you learn from those."

Green hopes to become more involved with the campus and build a stronger image for Campus Safety.

"We need to recreate our image, make it more positive," Green said. "That's our biggest challenge."

He started his position after serving as a Campus Safety lieutenant for seven months.

Green was also a Campus Safety sergeant for one year, and he worked with the Maryville Public Safety for three years.

"I'm pretty excited," Green said. "As long as things are good, I'll be excited all the time."

Porterfield and Green both realize their new positions will pose possible obstacles for them to deal with.

"It's a struggle," Porterfield said. "We have so many good things going on at Northwest; it's a struggle to find the time to do everything as well as we want to."

Campus groups face concerns

Organizations wait for trimesters

by Jason Kilndt

Missourian Staff

A numbers game will determine the future of campus organizations regarding the summer of 1999. They are waiting to see the number of Northwest students attending the summer session before making any changes to their structure.

With trimesters set to be implemented, one of the biggest questions facing student-run organizations is what will happen to them during the enhanced summer session.

"I think it's all based on what type of numbers we get," said Bryan Vanosdale, director of campus activities.

Organizations have three basic decisions to make concerning the extra semester. The first decision is whether or not to continue operations at all. With expected depleted manpower, organizations are unsure if they want to continue activities throughout the summer.

"We chose to treat it as another summer until we see whether there will be any sort of rise in the number of students

"I believe the InterFraternity Council will be open to summer Rush. I don't see us having a forum right away."

■ Kelly Ferguson, president of IFC

attending the summer session," said Andrea Cline, vice president of the Public Relations Student Society of America.

Some believe there are various benefits to expanding organizations in the summer term.

"I think it's a great opportunity and would be fun to schedule things outside in the warm weather," Vanosdale said. "If the numbers do increase dramatically, I've thought about throwing in a couple of Encore events."

The second decision is

whether to continue recruiting new members. There are concerns about taking a new crop of members while most members are on break.

"I believe the InterFraternity Council will be open to summer Rush," said Kelly Ferguson, president of IFC. "I don't see us having a forum right away."

Others face restrictions in recruiting. Cline said PRSSA is only able to take members in the fall and spring according to their national headquarters, but doesn't believe that will hurt them.

"We anticipate the fall as being our largest recruitment period," Cline said. "We will do a subsequent recruitment in the spring, but not the summer for now."

The third and final decision for the organizations to face is how to elect officers. Most organizations elect on a one-year basis with terms starting in December or August. Officers would need to take three consecutive semesters. Most students prefer a break during one of the semesters.

See *Trimesters*, page 3



Kent Porterfield



Clarence Green

Our View

OF THE UNIVERSITY

Consider the possibilities; give trimesters a chance

Trimesters are no longer just a dream; they are a reality.

Northwest's Board of Regents finally decided to implement its much-debated plan after months of discussion.

Unfortunately, many students and community members do not fully understand what this change will mean for them.

For students, the most noticeable change will be that we leave for break and return earlier than usual, and there will be no break time lost. Semesters are currently 16 and 1/2 weeks long, but with trimesters, the session will last 15 weeks.

Students will also be able to take advantage of the "enhanced" summer semester to graduate earlier or get some tougher classes out of the way.

Smaller class sizes during the summer could also provide students with the opportunity to receive more individual instruction from professors. The negative side is that some students may not have the opportunity to work summer jobs or internships.

The University wants to make trimesters work for a variety of reasons, especially for the financial contributions that will be made to Northwest via the state.

It does not pay for the campus to sit virtually unused for most of the summer. If Northwest can convince students that going to school over the

summer is beneficial then it could provide the University with a great deal of extra money.

Trimesters should help the University recruit new students simply because they would recognize the unique opportunity trimesters could provide.

Some business owners might be concerned that the increased summer enrollment will cut down on the number of students in Maryville during the fall and spring semesters (and thus, the money the students spend).

The concern seems to be unwarranted because the added students will only increase money.

Trimesters could also bring a more balanced distribution of students throughout the year. This could bring more businesses to the community as well

with the possibility of more students during the year.

Some businesses are unsure about moving to Maryville because they only profit for three-fourths of the year, but that would change with the implementation of trimesters.

The University is trying to grow, especially after winning the Missouri Quality Award, and sometimes change is necessary in order to do just that.

Trimesters are definitely worth a try — both for the University and Maryville. There are still unanswered questions about trimesters and they need to sort out some very important details before we can proceed with full confidence.



My Turn

College football coach retires after 57-year stand



Wendy Broder

While most sports fans are concentrating on who's headed to the playoffs in the NFL, or the bowl games in the college arena, one of the best coaches of all time, said goodbye to football.

Eddie Robinson, known to his players and fans as Coach Rob, retired

Saturday after nearly 57 years as head coach of the Grambling Tigers, in Grambling, La.

Several tributes were made Saturday to the coach who racked up 408 wins in his career, along with eight black collegiate national titles.

Coach Rob also stood as mentor and college coach to 210 NFL athletes, four who are in the Hall of Fame, including some of the first black athletes to ever play in the league.

Unfortunately for the fans and players at Grambling as well as Coach Rob, his more than half a century stand at the university ended in defeat.

The Tigers fell to the Southern University Wildcats, 30-7, in the State Farm Bayou Classic Saturday as more than 64,000 fans at home and at the game watched. Not only was the defeat a goodbye for Robinson, but left the football team with a losing record for the coach's final season.

Some would say that a man who has

done anything but coach football all his life (Coach Rob started coaching at age 22 and is the only coach Grambling has ever known) hasn't accomplished much, and that it was about time he got out of the game. But to me, Coach Rob is a legend and an inspiration.

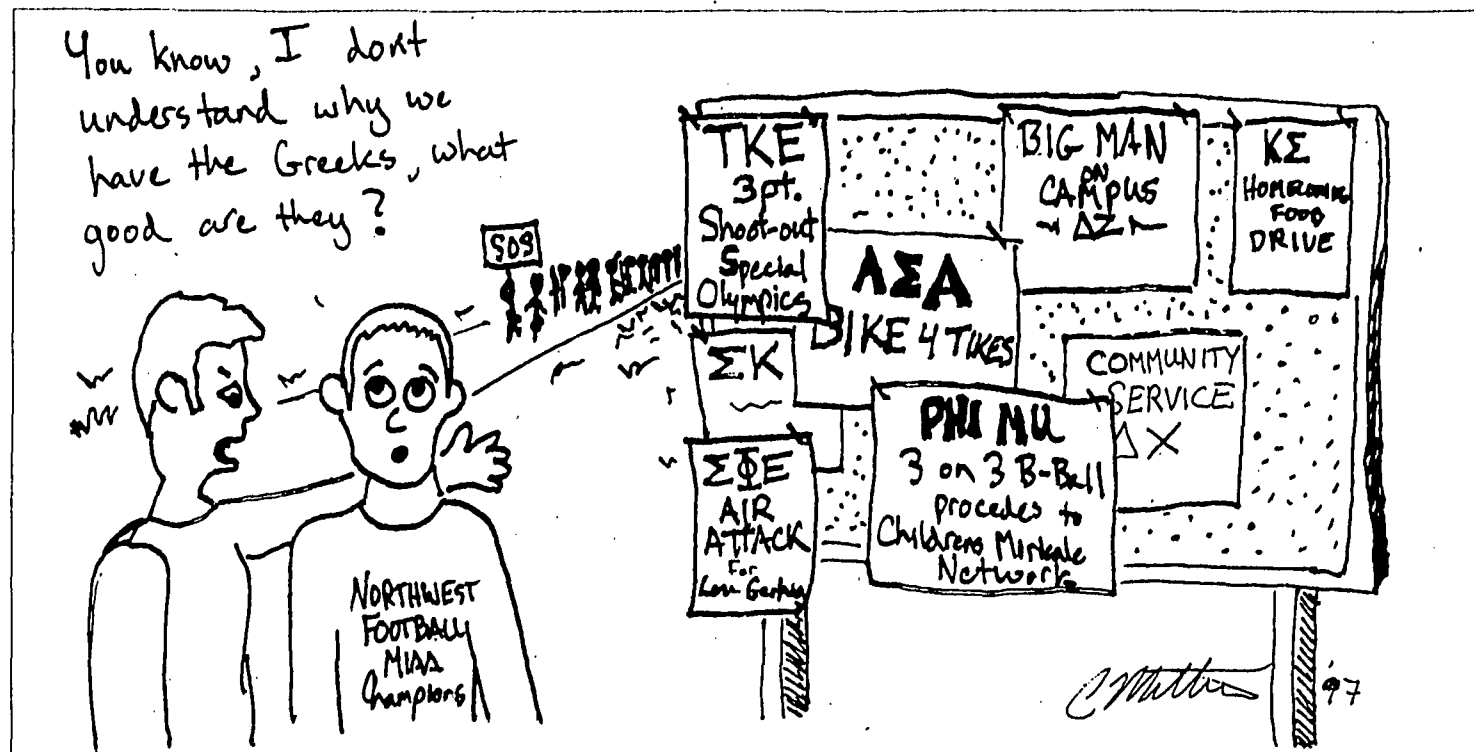
Watching that 78-year-old man stand on the sidelines with tears in his eyes, and hearing former players and commentators talk about how the game will miss him, almost brought tears to my eyes. His dedication and love for the game showed through the wrinkles and aging body to show a man who truly cared about others.

In an interview, when Robinson's wife, Doris, was asked the impact retirement would have on Coach Rob, she simply said that she and his family would try to keep him busy, but it would be hard, because football was his life.

All this reminiscing about the winningest coach in football made me think. What have I done to put a lasting impact on the few people I know, much less thousands who have been in the limelight? What will people say about me when I am Coach Rob's age and ready to retire?

The only answers I have to these questions are not much and I don't know. Basically, I'm saying goodbye to a legend, although his memories and records will live on for a long time. And I'm saying hello to a new me — one who thinks in the long term, and who will make a difference, if only in one life.

Wendy Broder is the University sports editor for the Northwest Missourian.



University View

Dedicated editors make paper the best



Laura Widmer

Seven years of outstanding individuals lead to Pacemaker Award

The Northwest Missourian was honored in November with its first Pacemaker award from the Associated Collegiate Press. This honor places last year's newspaper in the top 1 percent of all non-daily newspapers in the United States. One percent — wow!

Over the past seven years, the Missourian staffs have worked hard to gain the national Pacemaker recognition enjoyed by the Tower staffs. The newspaper staffs have had 14 semesters of consecutive all-American ratings from ACP, ranking them in the top 3 percent in the country.

On one other occasion, the Missourian staff was recognized as a Pacemaker finalist, ranking them in the top 2 percent back in 1992. Now that the Missourian can celebrate its first "Pulitzer" in collegiate awards, I think it is time to recognize those students who set the pace and paved the road for this honor. I also want to thank them for what they contributed to the Missourian over the years and what they taught me along the way.

Laura Pierson was editor in 1990. She got the staff excited about producing a quality newspaper. She didn't settle for mediocrity. She started the strong foundation the newspaper has today.

Kathy Barnes was editor of the first Pacemaker finalist. She recruited an incredible staff of newspaper journalists, probably one of the best core set of section editors the Missourian has had as an editorial board. They truly did not know the word "can't" or "it won't work" or "I don't have time." They were always willing to go that extra mile to go inform and entertain their readership.

Don Carrick, Todd Weddle and Brandon Russell showed me that they didn't deserve the title of chief photographers, but rather they truly were photojournalists. These guys started the foundation of Missourian showcasing quality, photojournalistic photos every week. They also possessed the great quality of listening to ideas. They also continuously challenged each other to be better. Their spirit of photojournalistic competition made great photographers out of Jon Britton, Greg Dalrymple and Gene Cassell. Gene's versatility, by the way, makes him the most talented person to come out of the Missourian ranks. This guy can write, design, photograph and do magic with computers via software programs, web production and CD development.

Suzan Matherne and Pat Schurkamp put together a special Gulf War spread and update every week when we sent troops overseas. Their creativity and insight

kept Northwest readers updated on what was going on and what was important to know. Great graphics. Great design. Great ideas!

Derrick Barker became the true newspaper design guru. He quickly picked up the challenges faced in newspaper design, but truly gave us an edge on the competition by providing spectacular infographics. Derrick took us to a level of design we had not appreciated or been to before that. He gave us an even more professional look with quick read boxes, etc. He was the first student to win national Society of Newspaper Design newspaper design competitions. The crazy thing is that he could also write. He won third place in a national writing competition sponsored by the Los Angeles Times. His leadership gave the Missourian staff its first-ever Silver Crown award from Columbia Scholastic Press Association. He had the insight and recruited the right editors to make sure the entire Missourian package was quality from top to bottom.

Deryk Powell and Heather Townsend got advertising out of the doldrums and made it a vital part of the paper. Deryk was an organized, creative, energetic, consummate sales director. He energized his staff to sell, sell, sell because he believed in the Missourian. Heather started with advertising design and set the standards of the graphically pleasing advertising we come to take for granted today. She also energized the sales office with ideas and promotions to keep the Missourian ad sales staff competitive.

Christy Spagna was truly the most devoted editor I have ever worked with on the Missourian. Although Christy never served as editor in chief, she was always the most valuable editor on staff because of her work ethic, dedication and creative ideas. She could be a calming factor in the midst of storm and one of the most mature and together student editors I have ever known.

Regina Bruntmeyer was the editor who said, "Sure Laura, let's go citywide; that's a great idea!" It was a great idea, but it was Regina's leadership that made it happen.

It was Regina's editorial board that worked into the wee hours of Thursday morning finishing the paper, and then spent Thursday afternoon and into the early evening hours delivering the papers to every household in the city limits. What dedication. What drive and devotion. What a great bunch of editors.

Jennifer Ward was the first Missourian web editor who made

it look like it was an electronic newspaper. She would come in the predawn hours of Thursday to get the Missourian online. I can still remember the excitement of seeing the paper on screen before it was delivered back from the printer.

Colleen Cooke was the first copy editor to realize that the AP Stylebook should be attached to the body at all times. Osmosis can happen if the AP Stylebook is placed under your pillow at night. The English major turned her love for journalism into a passion for words and the Missourian has truly benefited from it.

Lonelle Rathje is the one individual who saved the Missourian citywide project from being history before it got started. In August 1995, the administration was considering giving in to the Daily Forum's concerns about this free citywide distribution project. Lonelle rallied an already organized city advisory committee to encourage the administration to let the Missourian run as planned.

Lonelle was truly the public relations liaison between the community and the Missourian. It was Lonelle who made the citywide project happen. It broke my heart when I had to tell Lonelle that the administration encouraged us to drop the free citywide distribution.

Although we still have city drop sites and deliver free to retired people and subscribers, it's just not the same. It is also Lonelle and her staff that won the first Pacemaker for the Northwest Missourian. They received their reward for all of the hard work, endless hours and meetings they dedicated to make the Missourian the best in the history of this university.

I am a teacher, but I always learn so much from my students. I especially learn from my editors. They are so dedicated, so insightful and so talented. I do have the best job in the world. I love my yearbook, magazine and newspaper staffs.

Since 1983, I truly have been blessed to work with wonderful and incredible editors and staffs over the years.

Those staffs have won some of the top awards in the country, and I am proud of their accomplishments.

But each staff did not go out to win awards. They just wanted to produce the best newspaper, yearbook and magazine for its readers. The reward comes from knowing you've done your job. You know, it just doesn't get any better than this.

Laura Widmer is the adviser for the Northwest Missourian, Tower yearbook and Heartland View magazine.

Northwest Missourian

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Erica Smith, Advertising Director
Corbin Pierce, Advertising Design Director

FACULTY/STAFF

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SUBSCRIPTIONS

Steve Marotti, Circulation Manager
1 year \$12 by mail, \$8 by delivery, retired free
Mail your subscription request to:
Northwest Missourian c/o Circulation
Weiss Hall #3/Maryville, MO 64468

Colin McDonough, Managing Editor

Christy Chesnut, Features Editor
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Jennifer Meyer, Photography Director
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JP Farrie, Chief Reporter
Mark Homickel, Chief Reporter
Kevin Schultz, Chief Reporter
Toru Yamauchi, Chief Reporter
Lesley Thacker, Web Editor
Lynette Schaffner, Business Manager
Colby Mathews, Editorial Cartoonist

OFFICES

Northwest Missouri State University
800 University Drive
Maryville, MO 64468

Editorial Offices: 562-1224

Advertising Offices: 562-1635

Fax Number: 562-1521

E-mail: missourian@acad.nwmissouri.edu

ON THE WEB

http://www.nwmissouri.edu/
missourian/

It's Your Turn

How will trimesters affect you?



"I really don't know enough about the whole concept, but to be real honest, I don't care."

Jesse Mora IV, sociology major



"It doesn't really affect me seeing I am graduating in May, but I feel trimesters will screw up summer jobs for students."

Erik Drake, marketing management major



"In one aspect you can get out of here quicker, but on the other hand, one might get burnt out on going to school without a break."

Kurt Gentry, accounting major



"It will help us get out of school quicker but will people who work during the summer have a problem with money?"

Josh Baxter, elementary education major



"I don't think they'll affect us too much. It will benefit the people who want to sublease during the summer."

Rhannon Brann, Windmill Estates manager



"I believe it will have a negative effect on enrollment. It will also affect the Greek system and other organizations."

Beth Raza, child and family studies major

Colden Hall ready to open

by JP Farris
Chief Reporter

When students enter Colden Hall for spring classes it will be for the first time since the spring of 1996.

Students may not recognize it — and many haven't ever had class there before.

The south entrance, which faces the President's house, features a large two-story stairwell and balconies that overlook the atrium.

Project manager Randy Sharp said an old lecture hall off the second floor was taken out to make room for the two-story entrance.

The stairs lead up to a commons area. Sharp said it is the epicenter of the entire building.

"The building is made of lots of circles and angles," Sharp said. "The center of the second floor lobby area is the middle of the building and circles radiate out."

Computer classrooms dominate the first floor and classes for computer sciences will fill the floor.

The first floor is underscored by a distance learning center. This room is designed after the distance learning center in the library.

In the future, the University is hoping to use this in the distance learning program that uses the Internet and interactive video to send classes to other colleges and universities around the area.

Surrounding the center of the second floor are departmental offices. Colden Hall will house 10 departments: English, computer science, political science, marketing and management, accounting, economics, finance, psychology, sociology and counseling.

The third floor is made up of 15 classrooms. There are three conference rooms above the main entrance that face the Bell Tower.

Moving in...

With the recent completion of two renovation projects; faculty and staff will begin moving into their new locations



John Petrovic / Contributing Photographer

Construction workers put finishing touches on the South entrance of the renovated Colden Hall. Faculty and staff will begin moving in the next

couple of weeks. The building will be open to the public before the beginning of the spring semester, when classes begin.

The third floor also has one large lecture hall that can seat 120 students and features a motorized projection screen. The windows in the back of the lecture hall overlook Colden Pond.

Mini-lockers can be found on all the floors. Sharp said these were originally intended for students to use for notebook computers in the EC+ program.

There was also a lot of work done outside. The wheelchair ramps have been redone, and the main entrances were enlarged on the outside of the building.

However, the renovations to Colden Hall cost less than building a new one would have, Sharp

said. The total cost will top out at 7.2 million, and most of it will be picked up by state appropriations.

Colden Hall has never had renovations and for the purpose it serves it needed to be updated, said Ray Courter, vice president of finance.

"It is one of the older classroom buildings, and it had greater needs for improvement," he said. "Its older structure kept us from doing some of things we wanted to do."

To be ready for the spring semester, teachers will be moving in the next couple weeks, Sharp said. The building will be opened to the public sometime during winter break.

New health building will feature upgrades

■ University Health Center replaces facility; provides more up-to-date technology, space

by Kevin Schultz
Chief Reporter

Convenient service is the main goal of the new Student Health Services. The new name, building and location all play an important role in making that goal a reality.

Student Health Services will change its name to the University Health Center along with its location Monday. The new site for the health center is just west of Millikan Hall and is larger than the previous building.

"The new location will be inconvenient to students in Hudson Hall and South Complex," said nursing coordinator Joyce Bottoroff. "But will be great for those in the high rises."

The spot for the new building was picked for parking convenience and handicap accessibility. The open space also allowed for a larger structure.

"We talked about putting the new building just south of North Complex," Bottoroff said. "But there is always water standing there, and this is a great new building that we want protected."

The new building has many new features such as larger exam rooms, nurse stations, an expanded waiting area and more storage space. There are also lights installed above each exam room to

signal an emergency or if a nurse is needed in a particular room.

"All of these features are great," Bottoroff said. "The lights will keep us from having to yell from room to room, and with the extra space in all areas we will be able to get more done. It should make things much easier."

The large space will soon be filled with new furniture such as file cabinets and computers. For the first time the center will be able to put all the student records on computers.

"The computers will be a nice addition," Bottoroff said. "It should make things run much smoother even though many of our nurses don't like them."

During the transition period, Student Health Services will be shut down Thursday and Friday except for emergencies which will be handled as normal.

"We are very excited and very anxious," Bottoroff said. "We hope this will make our jobs easier and more effective. Everyone is looking forward to starting in this great facility. It should help us do a more productive job, as well as benefit our students knowing they can come to a nice comfortable place to be treated."

Bottoroff also said extra staff and evening hours are now projects that the staff is looking in to.

Parking ticket coupons offered by Campus Safety in hopes of fixing problem

by Kevin Schultz
Chief Reporter

If you want to save money at the Deli, just get a parking ticket.

Campus Safety has implemented a new system in which a 10 percent discount coupon from the Deli will be on all parking tickets that are issued during the next few weeks.

"The whole plan is to put a positive twist to getting a parking ticket on campus," said Bob Bush, director of regional initiatives. "We know that receiving a ticket is a bad experience, and we think this may lighten the effect."

The idea came from a college in Iowa where it was first implemented several years ago, Bush said.

"For now, the program is in a trial stage," said Clarence Green, Campus Safety director. "We will try it out for a while and then see how things go. If it is positive, then we will proceed further."

Going ahead with the plan would include giving local businesses the opportunity to place their coupons on the tickets as well.

"Right now it is just Northwest's Deli that has coupons," Green said. "But if things go the way that we

hope, then we will go to outside vendors who have already expressed interest."

Students have expressed interest as well, and it has been mainly positive, Green said.

But some students are not in favor of the coupons.

"I don't think that Campus Safety should award students or anyone else that parks illegally," horticulture major Jeff DeBorge said. "It's not right to give them cheaper food for doing the wrong thing."

However, Green said tickets are given to correct any parking problems and not to punish the offender. The coupons are just a way of letting people know that.

"Many of the parking problems on campus are not done on purpose," Bush said. "We realize that sometimes kids are late or just don't know that it is illegal to park in certain areas."

The program will continue on a temporary basis until Campus Safety can determine if it is working listening to student feedback.

According to Green and Bush, everyone involved is very optimistic and excited about the new idea and its effect on students.

Media may give college drinking bad name

by JP Farris
Chief Reporter

In the John Singleton film *Higher Learning*, a freshman at a fictional university attends a fraternity party in the hopes that she will fit in. She encounters what Hollywood usually displays as typical Greek Life: drunken college students guzzling alcohol while another student stands in ice and sucks liquor down a beer bong.

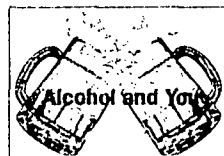
The media and Hollywood portrays Greek life in, is there an unfair stereotype placed upon fraternities and sororities?

Various Greek presidents at Northwest believe so. The worst examples of fraternities and sororities are assumed to be the norm.

"A few fraternities around this country give the rest of us a bad reputation," said Chris Peasley, president of Tau Kappa Epsilon.

Peasley had no comment on the drinking habits of TKE members. He said too often fraternities are unfairly generalized.

"Whenever any fraternity name is



linked to drinking whether responsible or irresponsible, it is held in a

negative connotation," Peasley said.

Many fraternity and sorority members are underage, but they can sometimes bypass the drinking laws by having older members purchase drinks for them.

"I'm not going to lie and say it doesn't happen," said Kraig Robinette, former president of Sigma Phi Epsilon. "If they didn't go to their brothers, they would just get it from someone else."

The Greek pop and mom system is intended to pair new members of fraternities and sororities with older members in hopes of making the college transition easier. However, sometimes fraternity pops and sorority moms buy alcohol for their sons and daughters.

"We have had trouble with (sorority moms buying their sorority daughters' alcohol) in the past, so we

try to be careful about that," said Michelle Falcon, president of Sigma Sigma Sigma. "We can't control everyone, but if that is done, it is independent and not Sigma sponsored."

Generally, the problem for underage students is their lack of respect for the law, said Bryan Vanosdale, campus activities director.

"For a large majority of people on this campus, drinking is illegal," Vanosdale said. "College students in general do not see it as a law, they see it as a rule that can be easily broken."

A Harvard School of Public Health poll said 86 percent of fraternity house residents binge, and 80 percent of sorority house residents binge.

The report also shows that sorority members are twice as likely to be binge drinkers compared to other college females. Fraternity members are 30 percent more likely to be binge drinkers than other college males.

On a local aspect, a *Missourian*

poll found that 30 percent of underage drinkers said they drank at fraternity and sorority functions.

Vanosdale believes through education, students could learn how to be more responsible.

"People need to be made aware of the effects of drinking," Vanosdale said. "They need to take responsibility for their actions in choosing to drink and use maturity when they drink. Drinking is not a right, it is a privilege."

Maturity plays a major role when drinking. Older members tend to be more responsible, Robinette said.

"I wouldn't say (irresponsible drinking) is a big problem, but it does exist," he said. "It is usually the underage members with high school mentalities that feel they need to show off their drinking ability."

While drinking may not be a big problem at Northwest, it is a matter that Greeks face on campuses everywhere because of the media coverage.

Look for part four of the series focusing on drinking in the residence halls.

Miracle

continued from page 1

store, elves, jingle singers and of course Kris Kringle. All of this occurs with the gallantry of music, costumes, large props and dancing.

"I think it's great," Missy Barnett, 10, said. "I like it because of the music and there is a lot of dancing and especially like the singing. And there

are a lot of funny parts."

One part of the musical centers around the fact that a majority of the cast members are having trouble believing that Kringle is actually Santa Claus. He is declared a lunatic by Mr. Sawyer, Macy's psychologist, and a court trial follows.

In the end, Susan comes to believe in Santa Claus and miracles when her Christmas wish comes true.

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The Maryville High School football cheerleaders recently won first place at the State cheerleading competition. This is the first time Maryville has won such an honor. Front row: Christy Powell, Jamie Rankin, Meredith Worn. Second row: Jamie Taylor, Jennifer Barmann. Third row: Angie Schuster, Natalie Dredge. Back row: Cara Hill, Jill Steins, Jenna Johnson.

Photo courtesy of Maryville High School cheerleaders

Cheerleaders take 1st place

■ **Spoofhound squad becomes first to win State competition**

by **Stephanie Zellstra**
Assistant News Editor

The Maryville High School football cheerleading squad couldn't believe it was their name being called when they won the school's first ever State championship.

The 10-member varsity football cheerleading squad took home first place at the State competition Nov. 21-22 at the University of Missouri-Columbia.

"When we were all sitting in a circle and listening to the winners

was when I was the most nervous," Taylor said. "They announced third place and second place, and we were never called, we all looked at each other nervously. We were all so excited when they announced that we won first place."

The road to success began with the practices in June to prepare for District competition in August. The cheerleaders placed first with high hopes of doing well at State.

Even with high hopes, the squad still faced tough competition at the state level, senior captain Jamie Taylor said.

"These were the most teams we have competed against, and they were strong squads," Taylor said. "I have been to the State competition (each year) since I was a sophomore,

so it didn't scare me as much. But, I still got pretty nervous when we performed."

The competition consists of two categories in the 3A division, an open and a show category. There were 15 teams, along with Maryville in the open category. The open category is cheers along with tumbling and several stunts.

"We got the critique back from Districts and made changes with the stunts and those kinds of things," sponsor Sandy Messner said. "We then work from August until the State competition on improvements we want to make. All of the hard work they put in really paid off. It's something they'll never forget."

In Brief

Senators sponsor constituent forum

U.S. Sen. Christopher S. "Kit" Bond and Sen. John Ashcroft will sponsor a Listening Post Forum at 2 p.m. Friday at the Nodaway County Courthouse in Maryville.

Ben Jones, a representative for the senators, will be available to answer constituent's questions.

Auction building under construction

Maryville and surrounding communities will soon be able to utilize one of the largest multi-purpose buildings in northwest Missouri.

Maryville businessman Mark Younger, of Younger Auctioneer Co., is in the process of building a 12,000 square foot auction house on East South Hills Drive.

Besides serving as an auction house, the building will house several business offices and be available for a variety of community events.

Completion of the building is expected by the end of the year.

Chamber offers lunchtime learning

The Northwest Missouri State University Small Business Development Center and the Maryville

Chamber of Commerce will sponsor their last "Learn at Lunch" presentation from 12:10 p.m. to 1 p.m. on Dec. 9 and Dec. 18.

The focus for the December meetings is "Information Sharing Made Easy." There is no fee for the presentation at the Chamber of Commerce conference room located at 423 N. Market St. For more information call Deb Shough at 562-1701.

Congregations join; search for minister

Maryville's St. Paul's Episcopal Church, St. Oswald's in-the-Fields in Atchinson County and the Episcopal congregation in Hiawatha, Kan., have joined together to form the Sacred Hills Regional Ministry.

The change follows the retirement of Father Larry Lewis, the local church's priest for 12 years. Church leader Channing Horner said one reason for the unification is to share clergy.

One of the guiding concepts of a regional ministry is the use of lay ministers. Horner said several members at St. Paul's Church have been trained for these duties.

St. Paul's Church is interviewing for a new clergy person and several people have expressed an interest in the job.

They expect to hear about a final choice for the new clergy person early in the new year.

School district plans 3 ground breakings

by **Mark Hornickel**
Chief Reporter

The Maryville R-II School District will take its first steps into Maryville's educational future Sunday when it breaks ground on three new projects.

District superintendent Gary Bell believes the innovations and renovations will be key instruments in the future success of education in Maryville.

"Last April the citizens of Maryville made a significant commitment to enhancing the educational facilities of the district with the approval of a \$9,485,000 bond issue," Bell said. "The new facilities will assist the faculty, staff and administration in continuing an outstanding tradition of providing excellent educational services."

The ground breaking ceremony will be at all three locations where improvements have been planned. The ceremony will begin at 1 p.m. at Eugene Field Elementary School. The middle school ground breaking ceremony will follow at the new site on West South Hills Drive. A ceremony at Maryville High School will be conducted before a brief reception in the high school cafeteria.

These ceremonies will be the beginning of the end to a long process that began in February of 1990 with a long-range planning committee. Seven years later, the School Board decided to proceed with the school district's building project.

"It feels really good to be able to meet the commitment we made to the community," Bell said. "There's been a lot of discussion since the project bids did come in over what our budget was, but the Board has worked very hard with the architects and engineering firm to keep the integrity and the commitment we've made to the taxpayers."

Lawhon Construction, the low-bid contractor, submitted a list of possible reduction items, which were presented to the Board Nov. 20. After a lengthy discussion, the Board made a final recommendation to deduct \$523,000, which Bell said came from each aspect of the project on all three buildings.

"It was a combination of all three projects, the materials, the finishes, cabinetry and things of that type," Bell said.

The low bid came in over a month ago with \$10,197,000, and the Board authorized Leo A. Daly to enter into negotiations with Lawhon to see

"It feels really good to be able to meet the commitment we made to the community."

■ **Gary Bell, Maryville R-II superintendent**

what cost savings could be realized.

The building project calls for a new middle school building, as well as additions to Maryville High School and Eugene Field Elementary School.

The Board has consistently emphasized the importance of the educational details for the project throughout the negotiations.

"I would say that we have kept the educational specifications," Bell said. "We've kept the educational integrity and welfare of the total curriculum in mind in making these reductions. So we're very pleased that we haven't cut in any way the educational programming."

City opposes landowners in Wabash suit

by **Toru Yamauchi**
Chief Reporter

Maryville officials decided to fight local landowners over land for the proposed site of the Wabash Trace Nature Trail. This action filed Monday was in response to the plaintiffs' petition to the Circuit Court of Nodaway County Division I.

The city filed a motion to dismiss for two reasons. The main reason was that the issue should be persuaded at the federal level.

The lawsuit will move into the discovery period. Both plaintiffs, includ-

ing primary litigant Harvey Williams, and defendants, Maryville and the Missouri Friends of the Wabash Trace Nature Trail, Inc., will try to clarify their arguments.

The plaintiffs' attorney Rochelle Ecker said although she thinks the lawsuit will take a long time, she is optimistic about the results.

"Now we're confident in the position, and (we're) moving forward," Ecker said.

David Baird, Nodaway County prosecuting attorney and the city's attorney, declined to comment.

Along with this lawsuit, two oth-

ers, also against the Friends of the Wabash, are proceeding another step.

A lawsuit involving primary litigant Danny Moore against the Wabash Trail in Atchison County will have a hearing if the Friends of the Wabash files a motion for summary judgment by Monday.

The other lawsuit went in favor of plaintiff landowners in Wilcox involving Carroll Lee "Bud" Boyles October at the Circuit Court of Nodaway County Division I. It is now in a process for the Friends of the Wabash to file a brief to the Missouri Supreme Court.

Center implements dementia program

by **Sarah Bohl**
Missourian Staff

Imagine looking around and seeing only unfamiliar faces or being in a strange room with unusual sights and sounds. Imagine feeling like walking or washing dishes or just doing something, but those unfamiliar people won't allow it.

This may sound like a nightmare, but it is a daily occurrence for patients with Alzheimer's, a degenerative mental disease which appears mostly in older people.

For a long time, caregivers at nursing homes and medical facilities have tried different ideas to help their patients cope with the debilitating disease. Local workers believe they have found a way to help. The Maryville Health and Rehabilitation Center is implementing a new program designed to improve care for patients with Alzheimer's.

"A lot of times we miss the fact that we can learn a lot from (Alzheimer's patients), because they have had vast experiences," executive director Sue Eckstein said.

Eckstein recently participated in a national task force that is trying to set up a new program in dementia care to be used across the country.

"We were selected as the outline of an ideal unit," Eckstein said. "We felt very lucky to be recognized as trendsetters for dementia care."

Quick facts about Alzheimer's

- The disease affects 6 percent of people over the age of 65 and 25 percent of those over 85.
- It is not exclusively a disease of the elderly. It can affect anyone over 30.

source: Alzheimer's Research Trust

Eckstein was one of 15 members on the task force. People representing almost every facet of long-term health care were invited to participate. Representatives from the corporate office, construction services, marketing, interior design and dieticians all contributed to the task force.

The group discussed everything from the first feasibility study, to training, to level of the clients, to special programming areas.

Eckstein was chosen to participate by Beverly Enterprises, who sponsored the event. Beverly Enterprises owns 650 homes across the nation, and it is the largest nursing home chain in the world.

Sheryl Ludeke-Smith, chairwoman of the task force, praised Eckstein and the Health and Rehabilitation Center for their work.

The center is one of two homes with dementia care units in Maryville. They opened in May.

"It is our fervent desire to set the standard in dementia care services," Ludeke-Smith said.

During the meeting, participants chose an advisory council and discussed new ideas for dementia care. Their work will be in a manual, which will offer guidelines for implementing the program to different nursing homes.

"Beverly Enterprises wants to take this program and fine tune it to do on a national scale and maybe market it to other nursing homes," Eckstein said.

During the course of the task force, Eckstein was able to share what she had learned from her own unit. The group discussed what needed to be changed and what needed to be added to take the program to a national level.

"Maryville is a largely rural area, and we wanted a program that could work in all geographies, from Missouri to Florida," Eckstein said. "It is important to consider differences in background to help better treat dementia care patients."

The program is based on the book "Enabling Freedom," which deals

with improving patient care. The program advocates using small group programming, such as cooking and washing dishes, to mobilize patients.

"Residents with dementia have such a high energy level, they can pace for hours," Eckstein said. "They maintain so well in this environment, where their actions aren't restricted."

Other aspects of the program involve a stress on interior design. Simple things such as wall border can help remind patients of what room they are in, such as a kitchen or bedroom, Eckstein said.

"We go into the patient's past to pull out their memories and then work them into the program," Eckstein said. "We have recently decorated a room to look like a parlor. Residents will sit in there and chat with each other for hours."

Some additions to the building have been made to provide residents with other ways of expending their energy, including a walking loop and an enclosed courtyard. Eckstein believes the future will see more and more units like this one opening.

"Our belief is that something can be done for people with dementia if we focus our thoughts and energies on person-centered care," she said.

The national convention was the first meeting of the task force, Eckstein said, but more meetings will probably take place soon.

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Dream Girl

Sarah Smith wins the first Kappa Sigma Dream Girl award after a four-category competition Wednesday night. Smith is escorted by Troy Teague, a Kappa Sigma member and was sponsored by Alpha Sigma Alpha. The fraternity raised over \$400 for the American Cancer Society.

Christina Collings/
Opinion Editor



Day promotes awareness

■ Student Health Services provides brochures, ribbons to inform about AIDS, HIV

by Toru Yamauchi
Chief Reporter

As the number of HIV cases around the world increase, World AIDS Day provided an opportunity to promote awareness of the disease Monday.

The theme of this year's AIDS Day was Children Living in a World with AIDS.

Joyce Bottorff, nursing coordinator for Student Health Services, prepared more than 100 brochures covering AIDS-related information and red ribbons to raise awareness for World AIDS Day. The brochures were distributed to students in less than an hour in the Union.

"It's a day to stop and remember about AIDS patients," Bottorff said. "I believe the population of HIV positive is going up instead of going down. (AIDS Day)

makes us think about it."

Bottorff started giving brochures on AIDS day four years ago. The main purpose was to provide more education and to remind students about AIDS.

"I think we are in a small community, so (students think) they are not threatened by AIDS," Bottorff said. "But they have to realize there is AIDS in northwest Missouri."

Although many students do not think they will be infected by HIV, they should be aware of the possibilities, Bottorff said.

"I think it's silly to believe there are not (HIV patients on campus)," Bottorff said. "Because we come from all over the world, and there is a possibility somebody on campus is positive, but I won't say (there is)."

Student Health Services provides a HIV antibody test for students for \$5. All the records are confidential. The results return two weeks after the test.

Bottorff said approximately 80 stu-

Quick facts about AIDS

- 5.36% of all AIDS cases have occurred in rural areas (less than 50,000 people)
- From 1991 to 1995, reported AIDS cases in the rural United States rose by 80%
- The majority of HIV infections occur between the ages of 15 and 29
- Between 1989 and 1995, rates of heterosexual HIV transmission doubled

source: Rural Center for AIDS/STD Prevention

dents take the test a semester. She hopes the number will increase with the awareness and information on AIDS Day.

"It increased when two young men came to an AIDS talk at the Charles Johnson Theater (last month)," Bottorff said. "The population of people calling really increased that time."

However, Student Health Services isn't the only organization promoting AIDS awareness.

CARE will sponsor a candlelight vigil at 7:30 p.m. Wednesday at the Bell Tower, for AIDS awareness.

Conception's Basilica undergoes renovations

■ Abbey's church congregation hopes changes will rejuvenate

by Sarah Bohl
Missourian Staff

New roof, walls and new windows aren't the only renovations being made at the Basilica of the Immaculate Conception at Conception Abbey. The congregation hopes the changes to the building will help revitalize their calling to God.

Abbot Gregory Polan, the monastery superior at the Abbey, finds symbolism between the renewal of the Basilica and the group's relationship with God.

"As we prepare to rededicate this sacred building, it is also essential that we prepare to rededicate our lives to our monastic calling and our apostolic work for the Church," Abbot Gregory said.

The first two phases of the project have already been completed. The third and most important phase of the project focuses on the worship space, according to Abbot Gregory. It began Oct. 22 with minor plaster demolition and the replastering of 75 percent of the church walls.

Windows showing St. Benedict, St. Scholastica and Christ will be represented in art glass placed above the worship space.

Thirty-two angel murals and 18 murals depicting the life of Mary will be cleaned and restored by Christy Cunningham-Adams, an international art restorer.

The restoration will then begin to adorn the walls with new designs and decorations.

When all these aesthetic aspects are completed, an altar, pews, kneelers, statues and plaques will finalize the phase and prepare the worship space for the arrival of a new organ. Some external work

will also be completed at this time.

Abbot Gregory said he hopes the renovations will spark a new sense of purpose in the congregation.

"These coming months will instill a vigor and enthusiasm for those things most essential in our lives — our prayer, the sacred liturgy, our monastic calling, our hospitality and our charity to one another," he said.

The congregation has been patient with the reconstruction even though their worship services have been disrupted by work in the worship area.

"Over the past 27 months, we've been having our services in two different places, the memorial chapel room and one of the halls in our seminary college," he said.

“These coming months will instill a vigor and enthusiasm for those things most essential in our lives. . .”

■ Abbot Gregory, Conception Abbey

The initial planning for the project was completed in December 1988. The first phase of the project involved planning, extensive repairs and stabilization of the outer structure. Waterproofing, brick work, installation of thermal glass and a new copper roof and steeple were all included.

The second phase of the project started in 1994. Workers created rooms to accommodate new heating, cooling and electrical systems. It also allowed for reinforcement of the footings and foundation. Ramps and elevators for the handicapped were added

as well.

The Basilica is expected to be completed and ready for daily Eucharistic celebration Dec. 8, 1998. This is the 125th anniversary of the founding of Conception Abbey.

Abbot Gregory said he is certain that deeper commitment to the group's monastic calling is important to the success of the project.

"Our celebration of the rededication of the Abbey Basilica will be most pleasing in God's eyes and fruitful for the growth of Conception Abbey and Conception Seminary College," Gregory said.

New hall director joins South Complex

by Mark Milosovich
Missourian Staff

South complex received a boost when Residential Life hired a new staff member in November.

Amy Baty took over the position as South Complex hall director, a position that was filled by the North Complex director throughout the fall semester.

Baty was thrilled to hear of her hiring.

"I was excited because I didn't have my plans settled," she said. "It is nice to know I won't be working at a restaurant all year."

The former hall director left during training in July which left the building with the one hall director, Colin Folawn.

Lacking a director was difficult, but needs were still met.

"It was not the ultimate situation,"

said Betty Dye, Residential Life Coordinator for Personnel Services. "Colin did a terrific job and no one really suffered."

Dye said a search started right away for a new director. Amy was hired in October but she was unable to actually assume the responsibilities until Nov. 10.

After reviewing her résumé and having a telephone interview, Dye believed Baty was the one for the job.

Baty, a graduate of Willamette University in Salem, Ore., learned about the opening from Folawn whom she attended college with.

She has only been here for a few weeks, and Baty is still adapting.

"I really hope I can learn about Northwest quickly so I can feel like I am part of the campus," Baty said. "I am impressed with how friendly and welcoming the people are here."

The Resident Assistants in South Complex have given Baty tremendous support.

"I look forward to meeting the students and planning activities with them," Baty said.

Sisters play active role in local hospital

by Russ Wetzel
Missourian Staff

Anyone who has ever received the services of Maryville's St. Francis Hospital has been part of a dream which began a long time ago.

Five of the Sisters of St. Mary order left Germany 125 years ago and arrived in St. Louis determined to help the sick and needy.

Experienced in caring for the sick and injured in war-torn Europe, they arrived unable to speak English. They had only \$5 between them and no formal health care skills.

However, within six years they built their first hospital.

Seven of the sisters, under the leadership of Mother Augustine Giesen, formed a new religious congregation called the Sisters of St. Francis in 1894.

The new order settled in Maryville and started what would eventually become St. Francis Hospital & Health Services.

Three of the sisters, Sister Carmelita Hovenkotter, Sister Louise Hirner and Sister Cecilia Pribil have remained in Maryville for over 60 years, caring for those in need.

"So often we find ourselves working with families who are having to make very difficult decisions about the care of their loved ones," Sister Carmelita said.

The sisters continue to stay active in the daily direction of the hospital.



At their November reunion, (from left to right) are Sister Louise Hirner, Bob Floeder, who is the great-nephew of Mother Augustine Giesen, Sister Carmelita Hovenkotter and Sister Cecilia Pribil.

Photo courtesy of St. Francis Hospital

"We listen to each family member and encourage all of them to come together in choosing options which will bring the highest quality of life to the patient," Sister Cecilia said.

Ten years ago, the Sisters of St. Mary and St. Francis reunited to form the Franciscan Sisters of St. Mary. The hospital celebrated these two anniversaries with 250 people on Nov. 9.

"The sisters have given us roots in quality, and that is our foundation as we strive to achieve excellence," said Twilya Henry, community relations director for the hospital.

The hospital proudly showcased several renovations to the obstetrics unit, diagnostic imaging (X-ray) and cardiopulmonary rehabilitation. In addition, they welcomed nine new medical personnel to their staff this year.

Henry said the hospital employees treasure the sister's leadership and it is their dedication which gives the facility its direction.

The SSM Health Care System is the 10th largest in America and includes 27 hospitals, 5,000 affiliated physicians and approximately 20,500 employees.

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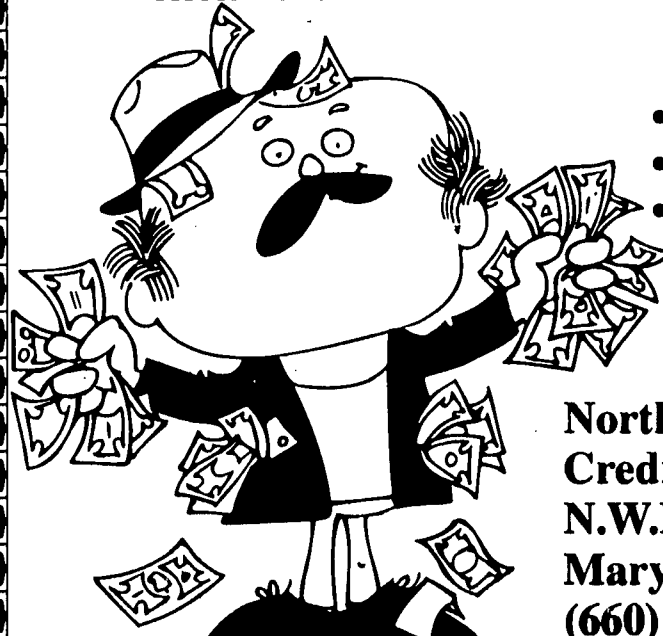
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Public Safety

November 25

■ After receiving complaints of minors in possession at a local establishment in the 400 block of North Buchanan Street, officers issued summons for being under the age of 19 in a bar to Molly J. Strait and Jeanna B. Waterman, both 18 and of Maryville.

■ Officers received a complaint of a male subject taking a bicycle from a porch in the 300 block of West Sixth Street without the owner's permission. The owner chased the male subject until he ran into a residence. Contact was made with the offender and charges are pending.

■ Officers served a warrant from Gentry County for attempt to escape to Tony F. Hastings, 19, Maryville. He is being held in Gentry County.

■ An officer took a report from a local business that a male subject attempted to take two packs of cigarettes. When he was confronted by personnel he threw the cigarettes down and fled the area.

■ A Maryville male reported that he had put his brown leather bag on a tool box in his truck. When he arrived at his destination, the bag was gone. He retraced his steps but did not find the bag. It contained a brown Italian leather wallet containing identification, credit cards, \$60-70, key and planning book. Estimated value was \$400.

■ Patrick W. Trahan, Maryville, had his vehicle struck by another vehicle, which left the scene.

November 26

■ An officer served a warrant from Andrew county for passing bad checks to Travis Sloniker, 26, Barnard. He was released after posting bond.

■ Kurtis D. Fink, Maryville, said he was travelling west through an intersection when he saw Heidi A. Baumert, Maryville, start to turn into his path. He attempted to avoid a collision, but impact occurred. A citation was issued to Baumert for failure to yield.

November 27

■ A female reported the theft of a black Case Logic CD case which contained approximately 40 CDs from her vehicle while it was parked in the 100 block of South Main Street. Estimated value was \$600.

■ Francis G. Mattson, Chillicothe, was eastbound on First Street and attempted to make a right hand turn. He was struck by Jodi P. Walker, Maryville, who was eastbound on First Street. A citation was issued to Walker for failure to maintain the highest degree of care.

November 28

■ An officer took a report from a

Maryville male who said that while his vehicle was parked in the 200 block of West Second Street, his Kenwood cassette player and two 10-inch Rockford Fosgate speakers were taken from the vehicle. Estimated value was \$400.

■ A Maryville male reported to an officer the theft of his Cobra CB radio from his tractor while it was parked in the 500 block of North Walnut St. Estimated value was \$200.

■ An officer took a report from a Maryville female who said that while her vehicle was parked in the 500 block of North Mulberry, a ring was stolen from it. The ring was described as a white gold engagement and wedding band that had been soldered together. The ring contained a 3/4 karat round-cut diamond. Estimated value was \$800.

November 29

■ Richard A. Jobe, 18, Independence, was arrested by the Independence Police Department on a Maryville Municipal Court warrant for failure to appear. He was unable to post bond, and he was transported to Maryville, where he is being held.

November 30

■ While an officer was on patrol in the 200 block of West Fourth Street, he observed a vehicle pull out in front of another vehicle almost causing an accident. The vehicle was stopped,

and the driver was identified as Jeremy J. Hoeflicker, 22, Maryville. While talking with him, an odor of intoxicants was detected. He was arrested on charges of driving while intoxicated after he could not successfully complete field sobriety tests and his blood alcohol content tested over the legal limit. He was also issued a citation for careless and imprudent driving.

■ An officer took a report from several Maryville females who said someone had broken into their residence and stole various pieces of jewelry. Estimated value was \$770.

New Arrivals

James Herman Moore III

Jim and Shelli Moore, Maryville, are the parents of James Herman, born Nov. 7 at St. Francis Hospital in Maryville.

He weighed 7 pounds, 11 ounces. Grandparents are Gary and Vivian Brunberg, Omaha, Neb; Theryl and Bobbi Dillon, Apache Jet, Ariz.; and Mary Moore, Shippensburg, Pa.

Mason Chandlor Morris

Bethany Gater and Robert Morris III, Maryville, are the parents of Mason Chandlor, born Nov. 8 at St. Francis Hospital in Maryville.

He weighed 8 pounds, 3 ounces. Grandparents are Ronald and Teena Gater, Columbia; and Melvin and Nina Allman, Ottumwa, Iowa.

Colton Roy Good

Russell and Amanda Good, Darlington, are the parents of Colton Roy, born Nov. 14 at St. Francis Hospital in Maryville.

He weighed 6 pounds, 13 ounces. Grandparents are James and Terry Harding, Denver, Mo.; Alex Degase, Maryville; and Elmer and Debbie Good, Gentryville.

Elijah Raymond DeMille

Alma and Sylvia DeMille, Allendale, are the parents of Elijah Raymond, born Nov. 21 at St. Francis Hospital in Maryville.

He weighed 9 pounds, 10 ounces and joins two sisters and one brother. Grandparents are Dale R. and JoAnn Hawkins, Kaysville, Utah; and Van and Janice DeMille, Hurricane, Utah.

Calle Jo Mattson

Rick and Lana Mattson, Maryville, are the parents of Calle Jo, born Nov. 27 at St. Francis Hospital.

She weighed 6 pounds, 8 ounces and joins two brothers.

Grandparents are Iva-Thompson, Maryville; and Ed and Hellen Mattson, Conception Junction.

Obituaries

Elma V. McCombs

Elma McCombs, 73, Skidmore died Nov. 19 at her home.

She was born Oct. 21, 1924, to Orville and Elma Fenton in Boone County.

Survivors include her husband,

Gerald E. McCombs; and nieces and nephews.

Services were Nov. 21 at the Price Funeral Home Chapel in Maryville.

Donna Jean Epling

Donna Jean Epling, 61, Maryville, died Nov. 20 at her home.

She was born May 27, 1936, to Carl and Anna Potter.

Survivors include one daughter, Vena McMichael; two sons, Gregory and David; two grandchildren and one sister.

There were no services; the body was cremated.

Jack Eugene Hutt

Jack Eugene Hutt, 67, Maryville, died Nov. 23 at St. Francis Hospital in Maryville.

He was born Nov. 22, 1930, to Charles and Viola Hutt in Blanchard, Iowa.

Survivors include his wife, Marjorie; two sons, Michael and Douglas; five grandchildren; two brothers; and nieces and nephews.

Services were Nov. 26 at the First United Methodist Church in Maryville.

Mollie Marie Turner

Mollie Marie Turner, 97, Maryville, died Nov. 29 at the Maryville Health Care Center.

She was born March 26, 1900, to Smith and Flora Amos.

Survivors include two daughters, Dorothy and Juanita; several grandchildren, great grandchildren and great-great grandchildren.

Services were Dec. 2 at the Price Funeral Home Chapel in Maryville.

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Anne LaBeaume
Tracie Lange
Stacy Vandeginste



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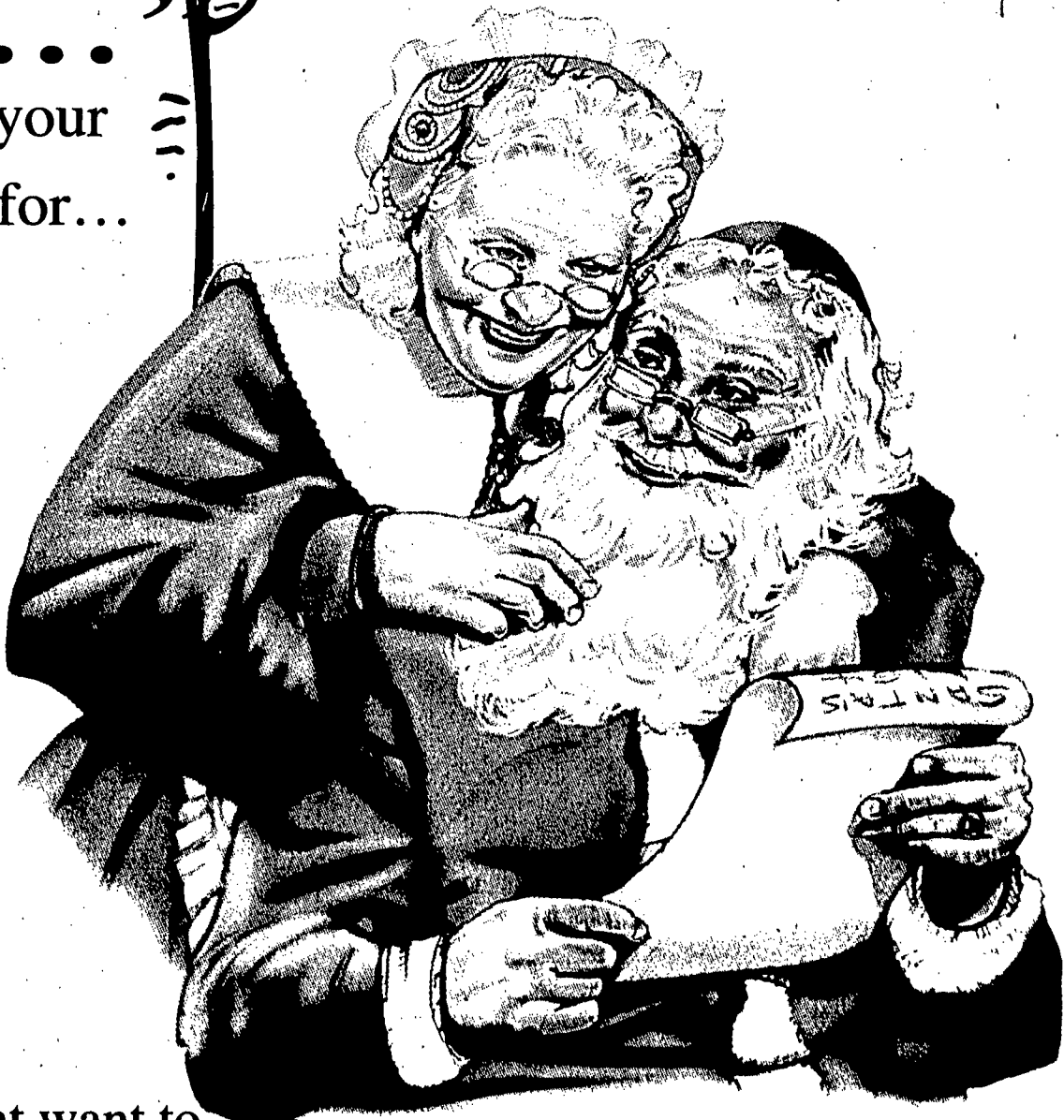
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Runners fare well at Nationals

by Wendy Broker
University Sports Editor

The NCAA Division II National meet Nov. 22 was the final step in the men's and women's cross country seasons, and they ended with high marks.

The women, ranked eighth going into the meet, finished fifth, while the men placed 13th of 17 teams.

Leading the women were senior Kathy Kearns, junior Lindsey Borgstadt and senior Carrie Sindelar, who finished 15th, 22nd and 32nd respectively in the 132-woman field. Kearns and Borgstadt gained all-American status, while Sindelar missed the honor by three places. Junior Jennifer Miller and senior Dana Luke finished out the 'Cats' top five at 48th and 61st. Freshman Megan Carlson and sophomore Becca Glassel finished 75th and 116th, respectively, for the team.

Bud Williams, women's head coach, said the team's performance was top quality.

"Nationals was our best meet of the season, considering the conditions, caliber of competition and general outcome of the meet," Williams said. "We were confident going in, felt we had a job to do, and simply went out to do it."

All of the women making their second appearance at Nationals improved on their previous performances. Kearns moved up from 18th and

Borgstadt jumped from 107th, while Sindelar and Luke improved from 106th and 110th.

Several factors went into the women's success and encouragement came from within the team.

"Last year's performance at Nationals was a little disappointing to some of us," Kearns said. "We wanted to prove to ourselves that we weren't just guests at Nationals, but we belonged there. We all wanted to be able to look back on it and smile."

The team accomplished its preseason goals and attribute the success to teamwork.

"The beginning of the season was really rough, but we formed a strong bond as teammates which helped us to try and achieve the same goals," Miller said. "We ended the season the best we could. It was a nice way to finish (the seniors' last) cross country season."

Men excel at National meet, place 13th

The men's cross country team competed in the National meet Nov. 22 in Wisconsin and finished well, placing above its No. 16 ranking at 13th.

The men were led by junior Robby Lane who placed 24th, and received all-America honors. Junior Don Ferree, sophomores Bryan Thornburg and Matt Johnson and junior Corey Parks packed up to finish out the Bearcats' top five at 62nd, 74th, 77th and 78th, respectively. Freshman Derek

Harriman took 92nd of the 132-man field and junior Brian Cornelius finished 93rd after pulling a hamstring during the race.

Rich Alsop, men's head coach said the meet wasn't the men's best, or worst.

"We didn't have a great or a bad team race," Alsop said. "I am not perfectly satisfied with our performance at Nationals, but then we are always looking for the possibility for improvement."

Team members also noted that the meet was not up to par for the men's season.

"We finished higher than we were ranked, yet we didn't run our best performance," Ferree said. "Hopefully, next year with the experience we've gained, we will be able to contend for the top five in nation."

The team accomplished what they set out to do this season, Lane said.

"It was a good season for the team, and we came a long way," Lane said. "As a team, we achieved our goals of finishing second in the conference and qualifying for nationals."

Alsop also said there were many team and individual successes this season.

"We had a great season, earned a lot of things and worked hard from top to bottom," Alsop said. "We can do a lot with a season like this. Hopefully this will set the stage for things to come."



Senior Kathy Kearns runs on a course of ice and mud at the NCAA Division II Championship in Kenosha, Wis. Nov. 22. The women finished fifth overall.

Bearcats triumph over Lions

by Kevin Schultz
Chief Reporter

By defeating the Missouri Southern State College Lady Lions, 86-76, Wednesday night, the women's basketball team saw the level of its play rise, while school records fall.

Senior guard Pam Cummings overtook the all-time career record for assists, when she dished out four in an overtime victory against William Jewell College Nov. 15. The previous record, which was held by Cummings' sister Sandy Nelson, was 598.

The 'Cats took their undefeated 6-0 record into Wednesday's game against the Lady Lions.

The start was rough for Northwest. Turnovers and fouls had the 'Cats staring at a seven-point deficit midway through the first half. But a stellar second-half perfor-

mance helped the Bearcats comeback and pull away to notch their seventh victory.

"The key to the game was heart," Winstead said. "We are still short a few players, but the girls sucked it up. At times we didn't play real smooth but we gutted it out."

Strong performances by Cummings and Coy, who both finished with 21 points along with Bohnsack's 19 led the way. Mattson was dominating underneath by pulling down 12 boards and Cummings contributed with 10 assists.

The success of the Bearcats has not come without some tough challenges, namely Rockhurst College who the 'Cats slipped past 71-69.

And after jumping out to a 4-0 record early in the season, the 'Cats took on undefeated Benedictine College and Wayne State College, knocking off both squads.

"Right now, we are playing really

well, but we haven't played with any consistency all year," Winstead said.

In the contest against Wayne State, the 'Cats started off shaky and went into halftime tied.

But the second half proved to be a different story, and the 'Cats turned it on, pulling away for a 72-63 victory.

"Inconsistency is our biggest problem right now," Winstead said. "But we have several players, especially our seniors, who are stepping up at the right times."

Northwest looks like it will keep winning as long as players keep stepping up.

With the wins Winstead looks to the regional polls in hopes of being ranked.

"Right now it's just talk," Winstead said. "Provided we keep winning, I expect to be ranked sometime next week."

'Cats fall to Wayne State, drop to 4-1

by JP Farris
Chief Reporter

The Bearcat men's basketball team has hopped aboard a rollercoaster of emotions in the past two games.

After defeating Drury College and Toulaloo University, the team placed first in the Ryland Milner Classic, Nov. 22-23, having three players named to the all-tournament team. Northwest was then dethroned by nationally ranked Wayne State University 94-69, Nov. 29.

"I knew it was going to be a tough ballgame," head coach Steve Tappmeyer said. "Defensively, we gave up too many open looks at the basket, and we didn't play every possession. We met a team that really shot the ball well."

Junior forward Matt Redd led the attack with 15 points and senior guard Shakey Harrington, who was the MVP of the Ryland Milner Classic, added nine assists. The Bearcats trailed 47-42 at the half, but after

shooting 37 percent from the field in the second half, the lead became 25.

"Right now our team is fragile in the second half," Tappmeyer said. "When adversity strikes, we don't have a five-man team right now that knows how to handle it. When we get down eight or 10 points, all we have to do is get some stops at the defensive end and get some good looks at the basket, but we kind of got in a panic state."

In early games against lesser opponents, the Bearcats used their offense to bail themselves out, Tappmeyer said.

"We got caught up in the first couple games relying on making plays on the offensive end to pull ball games out," he said. "You can't do that throughout the year without it jumping up and biting you."

Seven days separated the Drury victory Nov. 22 and the loss to Wayne State. The Bearcats will not play again until next Wednesday.

Tappmeyer said he did not really like playing only two games in 17

days, but the Sunshine Shootout in the Bahamas late in December will give them three games in four days.

"I think if our team approaches it the right way, we'll be fine," he said. "After playing a real good team that exploited our weaknesses, we could use a week to get everything right and learn from this."

The Bearcats own a 9-1 record over their next opponent, Graceland College with the only loss at last year's matchup with 75-70 loss.

"They're a dangerous team, they proved that last year," Tappmeyer said. "It's a game that we will not take lightly, I think it is extremely important that we go out and play well. You don't have to watch too many box scores to see that (the MIAA) has had teams knocked off by smaller schools."

The team still needs improvement, but it's at a good point in the season.

"This is an exciting time for our team, because we do have the potential to be a good team," Tappmeyer said.

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They were pleased to purchase over \$275 worth of student art and were extremely happy with Jason Southward's senior work.

They hope in the future members of the Northwest staff and administration will support their students and participate by bidding higher and buying more.

Dave's quote of the week:

"As the great Vince Lombardi would say, 'To be successful, you cannot practice some of the time, you have to practice every waking moment.'"

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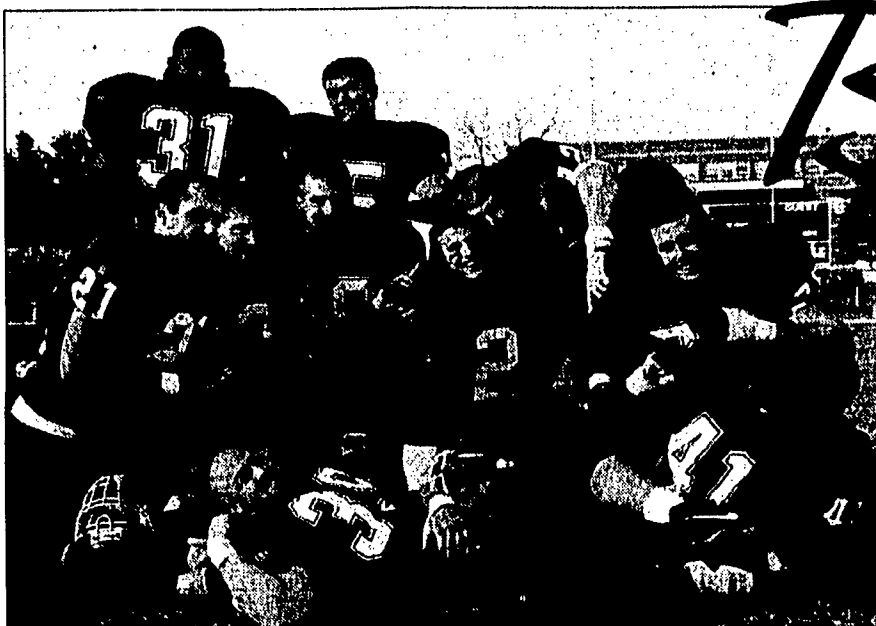
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Beneath the helmets

Stories by Colin McDonough

Football squad gives Northwest fans a season to remember



The 1997 Seniors: Front row: Kraig Evans and Dante Combs. Second row: Wade Hanson, Josh Baker, Matt Becker, Nick Inzerello, Jason Smith, Bobby Nelson and Adam Dorrel. Third row: Kevin Singletary and Broc Beaver.



Junior quarterback Chris Greisen celebrates with his teammates after the Truman State game. The Bearcats defeated the Bulldogs to keep the stick,

which is the oldest travelling trophy in Division II football. Northwest finished the season with a mark of 12-1.

Jennifer Meyer/ Photography Director

Turnovers doom 'Cats

Northwest suffers 2nd loss to Northern Colorado in playoffs

For the second straight year, the Bears of the University of Northern Colorado knocked the Bearcats out of the Division II playoffs, 35-19.

The only difference is that last year's game came down to the final seconds, and this one was decided early in the fourth quarter.

Northwest had a fourth and one at the UNC 12-yard line, and Northwest was trailing 28-19 with nine minutes remaining in the game. Junior quarterback Chris Greisen was sacked on the play, and UNC took over the ball. UNC moved the ball the length of the field to score the final points of the game.

"The kicking conditions were so bad I didn't think it was a choice," head coach Mel Tjeerdsma said, of going for it on fourth down. "The (cornerback) stayed where he was, earlier when we ran it he went away. You just roll the dice."

Turnovers played a factor in the game as Northwest turned it over six times compared to only three for the Bears.

"Turnovers killed us," Greisen said. "I threw some stupid interceptions and without those it would have been a totally different game."

Tjeerdsma said turnovers were the biggest factor in the outcome as well.

"Turnovers were the whole difference in the ballgame," he said. "They are a better football team than a year ago, but if we don't turn the ball over, they're a team we can beat."

Northwest 39, NDSU 28

Northwest won its first-ever home playoff game Nov. 22 with a tremendous special teams performance from freshman receiver Tony Miles.

Miles turned the game around in the third quarter with North Dakota State University leading 21-12.

He returned a kickoff 86 yards for a touchdown.

Tjeerdsma said the team was not looking good, but the plays made the difference when they had to.

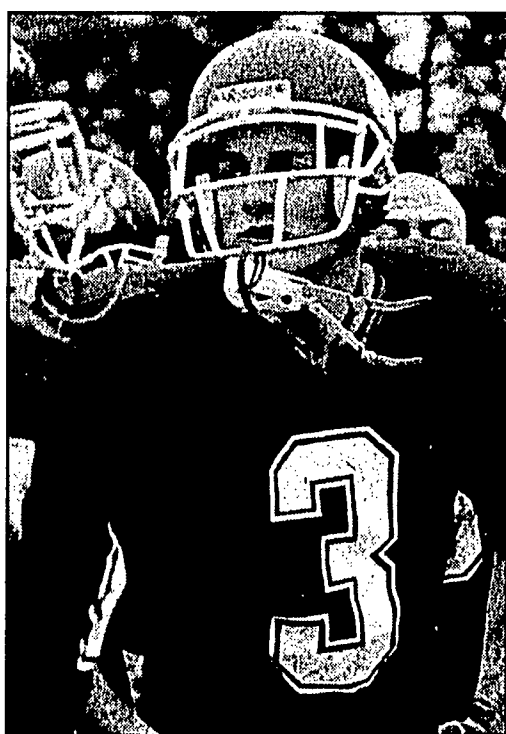
"We struggled, but we said we're a big play team," he said. "The big plays paid off."



Jennifer Meyer/ Photography Director
Head coach Mel Tjeerdsma shouts to his team on the field. (Below) Matt Becker, senior tight end, receives a hug from a friend after Saturday's loss to UNC.



Jennifer Meyer/ Photography Director



Jennifer Meyer/ Photography Director

Junior safety Brian Sutton talks with a teammate after Saturday's 35-19 loss to UNC.



Jennifer Meyer/ Photography Director

Nick Inzerello, senior wide receiver, receives a hug from Michelle Falcon after the win over

North Dakota State University. Inzerello scored his first collegiate touchdown this season.



Jennifer Meyer/ Photography Director
Ryan George, No. 80, and Nick Inzerello, No. 2, along with teammates, bow their heads for the team prayer following the Homecoming game Oct. 18.

The seniors on this year's football squad have been through it all. From an 0-11 season to back-to-back MIAA championships and the second round of the NCAA Division II playoffs.

Mel Tjeerdsma, head football coach, said this group of seniors will never be forgotten in Bearcat lore.

"I'm very proud of what they have done, if you look at what they accomplished in four years," Tjeerdsma said. "They started at 0-11 to the last two years of finishing No. 2 and No. 3 in the nation. And to make it to the final eight, especially in a school that is not rich in football tradition."

"What they've accomplished is going to grow. We're going to see more success, and they are going to be a big part of that."

The lack of injuries played a factor in offensive tackle Adam Dorrel's senior season.

"This year I was thankful we didn't have injuries because early in the season we had a lot of guys that were untested," Dorrel said. "Some of our depth never became a problem besides Willie Cohen's (junior wide receiver) injury we didn't have an injury to a starter."

It is hard for Dorrel to pick out just one memory from the season.

"I can't pick just one point," he said. "But probably just being around the guys in practice and road trips. They were just a great bunch of guys, and they were real fun to be around."

Matt Becker, senior tight end, said his fondest memory of this season was when the team got back from the Pitt State game.

"All the games really run together," Becker said. "But I would have to say after the four-hour ride home from Pittsburg and having the marching band waiting outside of Lamkin playing the fight song (was my fondest). It really felt good. Four years ago, heck to have 10 fans in the stands was great let alone have the marching band playing when we got back."

Nick Inzerello, senior wide receiver, said he will remember a couple of moments from his senior year.

"The Pitt game (was my most memo-

orable moment) because not only did we accomplish a team goal, but just going down there and winning," Inzerello said. "The other would be the Missouri Southern (State College) game. I got to celebrate my first collegiate touchdown with my friends. I'll remember that forever."

It was difficult for Inzerello to walk off the field for the last time Saturday.

"It sunk in as I walked off the field," he said. "I was walking through the mud and

realized it was the last time I'd be on the field competing like that. It's been such a big part of my life for 17 years."

It is starting to sink in that none of them will ever play competitively again.

Dorrel said players from other sports can't duplicate what they do, but it's

hard to duplicate doing what a lineman does.

"Basketball players can play pick-up games and baseball players can play on softball teams," Dorrel said. "But with what I did you can't do that again. You can't put on the pads and play again."

The best part of Becker's career came during his freshman year in the final game of the season at Missouri Southern.

"My greatest memory of my four years was when we were 0-10 and went down to

Missouri Southern," Becker said. "We went down there hell-bent and played hard. We didn't win, but that didn't stop us from playing hard."

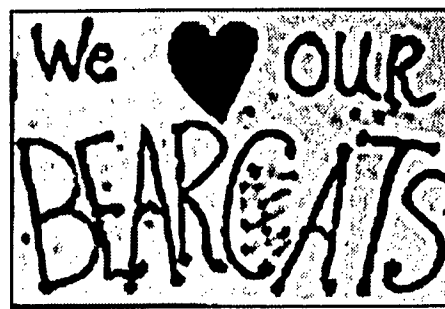
"We had maybe 12 fans in the stands, we ended up getting our butts kicked, and I remember my dad telling me after the game, 'If you stick it out, I'll always be there to watch.' He's only missed three games my whole career."

Becker said Tjeerdsma gave the team reassurance that the times would be changing for the Bearcats.

"He told us, 'I have faith that we're going to win. We're going to find out who wants to play, and we're going to win,'" Becker said.

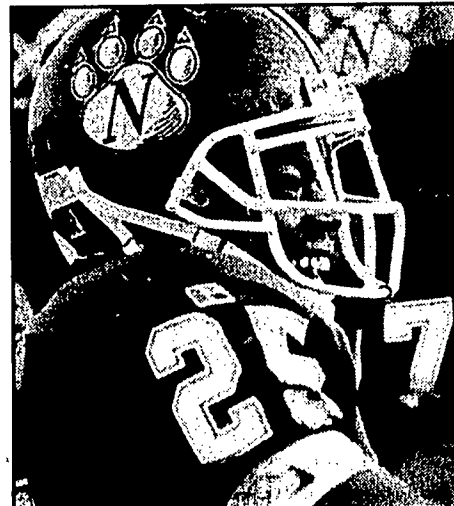
That faith has taken these seniors to the end of their football careers.

"When you are a senior, you look forward to the season, but when it ends it's not a huge deal," Becker said. "Sooner or later it all comes to an end. You've got to look past it. There is life past football."



Jennifer Meyer/ Photography Director

Students at Eugene Field Elementary school made posters to show the Bearcats their support.



Jennifer Meyer/ Photography Director

(Above) Senior Bobby Nelson, a junior transfer to Northwest, shows his excitement in adding another win to his career. Nelson boasts a 23-3 record as a Bearcat.

Coaching win No. 200

Boys' basketball coach notches historic victory

by Mark Hornickel
Chief Reporter

It all started with a coach. Mike Kuwitzky, head boys' basketball coach, remembers when he played basketball in high school in Lincoln, Neb., under a coach by the name of Ed Johnson. Kuwitzky was fortunate to be a part of one of seven state championship teams under Johnson.

"He was my mentor," Kuwitzky said. "He was a real inspiration and helped me in falling in love with the game."

Twelve years after he became head coach at Maryville High School, Kuwitzky posted his 200th career win Tuesday night when the Spoofhounds defeated Shenandoah, Iowa, 82-45.

"That was exciting," Kuwitzky said. "I'm really proud to be a part of this school system and the town. The kids are great, and they have a lot to do with it."

Kuwitzky did not even mention the achievement to his team until after the game in the locker room.

"That was great," senior forward Grant Sutton said. "I'm really happy for him. I'm sure it made him happy, and we were proud that we could be a part of it."

After the game, Kuwitzky was congratulated by several players.

"He makes us work hard," senior guard John Otte said. "And, if we don't, he comes after us. We're a very structured team, and he makes us do the little things."

Kuwitzky's players gave the 'Hounds an early lead in the game, claiming an 18-4 advantage at the end of the first quarter.

In the second quarter, the Mustangs were able to bounce back and tie the score, 20-20.

"They really picked up some momentum," Kuwitzky said. "They went on a run towards the end and picked up a really big gap."

The 'Hounds pulled away and went into halftime with a 38-24 lead.

In the second half, Maryville strengthened its lead on several steals that were converted into points.

"We executed well," junior center Mike Nanninga said. "There were not a lot of mistakes. We just shot layups the whole night."

All 14 'Hounds were able to get an opportunity to play, and each player was able to score.

"There wasn't just one person that contributed," Otte said. "It was a team effort."

Sutton led the 'Hounds with 14 points, junior guard Nick Glasnapp poured in 11 points and senior center Adam Weldon added nine.

Kuwitzky said Shenandoah has a young team.

"They're dealing with a new coach and a new program," Kuwitzky said. "The thing that I was most respectful of was that they really played hard. They have a lot of good young players, and they'll be a force to be reckoned with."

Maryville's next game will be 7:30 p.m. Friday when the Spoofhounds travel to Savannah.

Star players plagued by big problems



■ Scott Summers

What is wrong with today's athletes? I could write forever on this topic alone. But, for the sake of space, I am forced to point out only a few of the most recent ex-

amples. Still, that leaves plenty.

John Wooden, former UCLA basketball coach, seems to have hit the nail on the head when he said "Sports do not build character, they reveal it."

Two weeks ago, Michael Westbrook, a Washington Redskins receiver, proved to the entire world how one man's (gender specific only) selfish act can ruin his entire team's effort.

Westbrook, the same so-called man that sucker-punched a teammate during preseason training camp, threw his helmet in disgust at an official's call against the New York Giants. The outburst cost his team a 15-yard penalty and knocked the Redskins out of field goal range. The game ended in a 10-10 tie.

Scottie Pippen, Chicago Bulls forward, claims he is fed up with how the Bulls have treated him and says he will not play another game for the defending champions.

Pippen, who will always be recognized as Michael Jordan's less-talented sidekick, refuses to honor his multimillion dollar contract for the remainder of the year.

The Bulls will struggle without Pippen, but he was never the one who could fly.

Here are the top five players who even make me look smart:

No. 1 — Michael Westbrook. No explanation necessary. The worst of the worst.

No. 2 — Charles Barkley, Houston Rockets forward. It appears as if the only thing Barkley has done right is when he publicly announced that he was not a role model.

No. 3 — Roberto Alomar, Baltimore Orioles second baseman. Known for his dazzling defensive skills on the diamond, Alomar became baseball's most hated player after spitting on umpire John Hirschbeck two years ago.

No. 4 — Mike Tyson, professional boxer. Evander Holyfield must have had a good laugh when the ear-biting, convicted rapist fell off his motorcycle.

No. 5 — Fill-in-the-blank. More athletes are ending up on the wrong side of the law everyday. This spot is reserved for the next person who proves that maybe they should have done more than play sports during high school.

Did you make this one?

no.

Did you make this one?

NO.

How 'bout this one?

Nope.

This one?

Maybe.



B.J. Linnenbrink/Contributing Photographer
Head coach Mike Kuwitzky encourages his players to do their best during practice Wednesday.

Wrestlers open season tonight

by Mark Hornickel
Chief Reporter

The wrestlers at Maryville High School have been waiting for this day. The team finally battles someone other than themselves.

The Spoofhounds will grapple with Maysville High School at 7 p.m. tonight at home.

Head coach, Joe Drake said it is important for the Spoofhounds to do well at the meet.

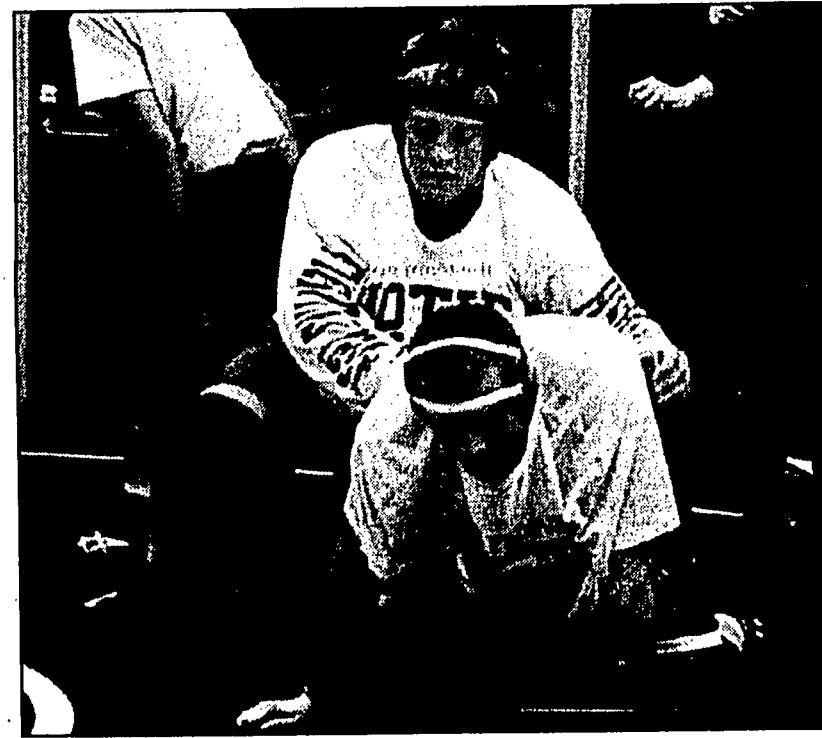
"One, it's important to get a good start," Drake said. "Two, we need to use it as an evaluating tool to see what we need to do in practices."

Drake said the 'Hounds will face a team that is not as strong in some weight classes as it has been in previous years.

"Their kids will be very competitive," Drake said. "They have a lot of very good individuals."

The 'Hounds are ready to test how good they really are.

"The intensity has been very good," Drake said. "We definitely need a match, but the attitude has been very positive so far."



B.J. Linnenbrink/Contributing Photographer
Seniors Chris Barmann and Will New work on their techniques during practice Wednesday. The wrestling team begins its season tonight against Maysville.

'Hound girls drop game to Savages, 51-31

by Burton Taylor
Missourian Staff

The gymnasium was overflowing with support for the girls' basketball home opener Tuesday. The team battled the Savannah Savages and lost, 51-31.

Head coach Jeff Martin said he knew going into the game that it would not be an easy one. The Savages were faster and had more experience than the 'Hounds.

"When you take a step up in competition and you have not played much together, you're going to make some mistakes," Martin said. "But we played a really good ballgame tonight."

Martin said the team started out

"We learned a lot about ourselves tonight and found some things we can work on."

■ Jeff Martin, girls' basketball coach Maryville High School

strong, despite trailing 10-2 early in the first quarter.

At the end of the second quarter, the Savages had pushed the 'Hounds to the wall, leading 22-8. The Spoofhounds were not able to catch the Savages for the entire game.

The team realized it had some

things to work on before the contest, but Martin said the game really helped and gave the team a little experience to stand on.

"We learned a lot about ourselves tonight and found some things we can work on," Martin said.

Kari Baumgartner, senior point guard, attributes the loss to the players not having been able to get comfortable with each others' style of play.

"A lot of us are new and have not played together at all except for a little this summer," Baumgartner said. "A little practice and a few more games will get us pretty far and better with our game."

Martin said the team's defense is a major strong point and is something

that will help them through the season.

"I feel that keeping them at only 51 points was good and that we did a pretty good job defensively," Martin said.

In the first half of the game, the 'Hounds committed a few more turnovers than they would have liked. Martin believes it was because they were constantly trying to catch up.

"We were trying to make up a big deficit in just one trip and got in a bit of a hurry," Martin said. "We need to take our time and work the ball inside, which I think we did a little better in the second half."

The team's next game will be at 8 p.m. Friday against Benton High School at home.

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EXERCISE



Who says the only exercise a student can do during this hectic time of the year has a deadline and requires a grade? Taking a break from exercising your brain and focusing on your body will help you during these next few weeks.

by Stacy Young

Fitness may be the cure for those final exam blues. Maryville and Northwest offers many workout facilities that anyone with a little unwanted stress can appreciate.

Maryville

Two Maryville businesses focus on shaping bodies and relieving stress. Aerobic Energy, located in the Maryville Center shopping complex, is an aerobic facility. Owner Lori Stiens specializes in step aerobics, but offers slide classes and body sculpting as well. Stiens is dedicated to keeping her customers happy and fit.

"Since everyone here only has an hour to workout, I try to incorporate as much as possible in that hour," Stiens said. "I also like variety so you don't get bored. Boredom is the number one dropout reason."

Stiens wants prospective members to utilize the free trial class at Aerobic Energy to ensure a good experience. No appointment is necessary. A monthly membership is \$25, and \$10 is taken off the price of a three-month membership.

There is a wide variety of blood-pumping classes to choose from, and everyone is welcome to join.

"I feel there are many different levels of fitness," Stiens said. "Anyone who can stick with an exercise program of flexibility and strength and can feel good about what they're doing is fit."

Another business dedicated to fitness is Looks Salon and Fitness Center, located on the west side of the square. This facility features a variety of Nautilus equipment used for strengthening specific muscle groups in the body. Looks also offers free weights and cardiovascular equipment including treadmills, stationary bikes and steppers.

For those who need a little extra boost to develop a fitness plan, personal trainers are available. The trainers assist in workouts and devise customized plans for their clients.

"For a beginner, the trainers would usually just work on getting the heart rate up because that is very important," Looks employee Nicole Elliott said.

The starting fee for a Looks membership is \$30 a month, but reduced rates are available for those interested in joining for longer periods of time. Anyone is welcome to walk in and workout at the facility.

Northwest

Walking-distance workout possibilities are available for students at the Student Recreation Center and the Fitness Center on campus.

The Rec Center features basketball courts with the capability to set up badminton, volleyball and tennis courts. A suspended indoor track highlights the building. Universal weight sets used for circuit training and strength conditioning are also on the second level.

If a game of golf or any outdoor excursion sounds like fun, golf clubs and various other outdoor and indoor athletic equipment are available to borrow.

The Rec Center hopes to draw in more students because they are not seeing the facilities being used as much as they would like.

"Maybe people just don't know what is out there," said Heath Powell, recreational sports graduate assistant. "They don't take the time to even come try it out once."

While full-time students can enjoy the facility free of charge, community members are also welcome. The fee for one full year is \$125 and can be broken down into smaller payments for

shorter memberships.

"Because I'm a freshman, and was going away from everything I knew at home, it was good to have a place like the Rec Center," Brigid James, psychology/sociology major said. "Working out helped me to relieve stress and get motivated."

The Fitness Center, located on the ground floor of Lampkin Activity Center, offers an energetic atmosphere and a variety of workout options, including circuit training, exercise bikes, step machines, Nordic Tracks and free weights.

Anyone is welcome to join the Fitness Center. Students enjoy the lowest rates of \$50 a year or \$30 a semester. University employees can become members for \$80 a year or \$45 a semester. Members of the community may join for \$110 a year and \$65 a semester.

Many residence halls provide fitness opportunities as well. Most are equipped with some kind of exercise facility. Students should check to see what their own residence hall have.

With all of these fitness options available, it makes it easy to take a break from the books and relieve a little stress by going to exercise.

STRESS: It eventually affects all of us, but it's fairly simple to control

by Jason Tarwater
Missourian Staff

The time is drawing near. The weather is finally getting cold, deadlines are approaching and one word is on many students' minds — finals.

With those dreaded finals comes a considerable amount of stress.

Joyce Bottorff, nursing coordinator at Student Health Services, said she can see the signs of stress on campus.

"People who have never been sick before in their lives are coming in to us sick," Bottorff said.

Other warning signs of stress Bottorff mentioned were depression, suicidal tendencies and homesickness.

Bottorff said there are several physical things that can be done in order to help relieve stress.

"You have to get a lot of sleep," Bottorff said. "You need seven or eight hours a night. You also have to have a nutritional balance and find time to exercise."

While exercise is important, Bottorff said it is usually the least of

most students' concerns.

"With all the things that are overwhelming the students, they say that they don't have time for exercise," Bottorff said. "They need to make priorities and stick to a schedule. They have to at least go walking (or something)."

While stress is natural during this time of the semester, one group seems to be hit harder than others.

"(We've been) getting the freshmen signs," Bottorff said. "It normally happens right off the bat. They are very overwhelmed. They say it's a lot harder than high school, and they just aren't sleeping."

Although freshmen troubles may not be a surprise to some, Bottorff said seniors have equal problems with stress.

"Sophomores adjust and juniors adjust, but for seniors, this is a reality check," Bottorff said. "They're worried about getting out — worried about getting a job."

Liz Wood, director of the counseling center, said when a student comes to her, she tries to work with the student to find ways to put more

time into their schedule so the student doesn't feel as overwhelmed.

"What we try to do is look at their schedule and try to talk to them about a number of things to (take off), which is overwhelmingly terrible to them," Wood said.

Amber Monroe, Millikan hall director, agrees and said the way you spend your time determines your stress level.

"Not procrastinating helps a lot," Monroe said. "The way you manage your time is important."

When students are unwilling to compromise their time, Wood said she offers other suggestions.

"We then work on stress reduction," she said. "We work on relaxation techniques and teaching them how to take breaks."

Monroe said different types of stress relief works for her. She said listening to enjoyable music and acting like a little kid are always great ways to relieve stress.

"I own more toys now than I did when I was younger," Monroe said. "I have huge collections of Play-Doh and I color a lot. It really does help."

Weight-loss drugs hinder dieting

by Heather Butler
Missourian Staff

Obesity affects one in four adult Americans. Each year, over half of Americans go on a diet. Although weight loss seems simple, almost 44 million Americans are overweight.

Dieters spend an average of \$30 billion a year on commercial weight-loss programs according to *Food Insight* magazine.

Almost any commercial weight-loss program can work, but the trick is it must be motivational. To find the right diet for an individual's specific needs, they should look for something directed toward slow, steady weight loss.

A good weight-loss program includes weight maintenance. *Food Insight* reports that two-thirds of weight lost from dieting is regained within one year, and almost all the weight is regained within five years. Because of this, many experts are beginning to shift their focus to the concept of weight management. Adopting a healthy lifestyle, with a reasonable approach to calorie consumption and

exercise, could help manage being overweight better than traditional strategies.

If regulating your own diet isn't possible, realize that you are not alone. Thousands of people use weight-loss pills and programs.

"Any kind of chemical used to lose weight only works for a little bit," said Joyce Bottorff, nursing coordinator for Student Health Services. "You need to make the right choices when eating food and exercise."

Although the popular Phen-Fen pills were recently deemed dangerous, there are many other products on the market that promise to help in the weight-loss process.

Aoqili is a soap that is advertised to eliminate fat layers. It is made from the elixirs of undersea plants which reduce the accumulation of serious fluid and astringent in the skin.

A better known way to lose weight is the weight-loss pill Redux. It is a prescription medication that decreases a person's appetite by changing levels of certain chemicals in the brain. The safety and effectiveness of Redux hasn't

been determined and certain people should avoid it, such as those with pulmonary hypertension.

Chitosen is another popular weight-loss pill that neutralizes fat after it enters the stomach and spares the body from having to deal with it.

"I believe weight-loss pills are a scapegoat from exercising and eating right," said Jared Jackson, physical education major. "It's society's way of saying they're on a diet and still eating junk food and not exercising. If they want to lose weight, they should eat right and exercise diligently."

A recent study by Steven Blair, an exercise physiologist at the Institute for Aerobics Research in Dallas, compared volunteers who dieted to those who dieted and exercised for one year. The diet plus exercise group lost more weight and fat.

"Exercise builds muscle tissue, and muscle cells burn more calories while you are resting than fat cells," Blair said. "The more muscle you have, the more energy you burn while at rest."



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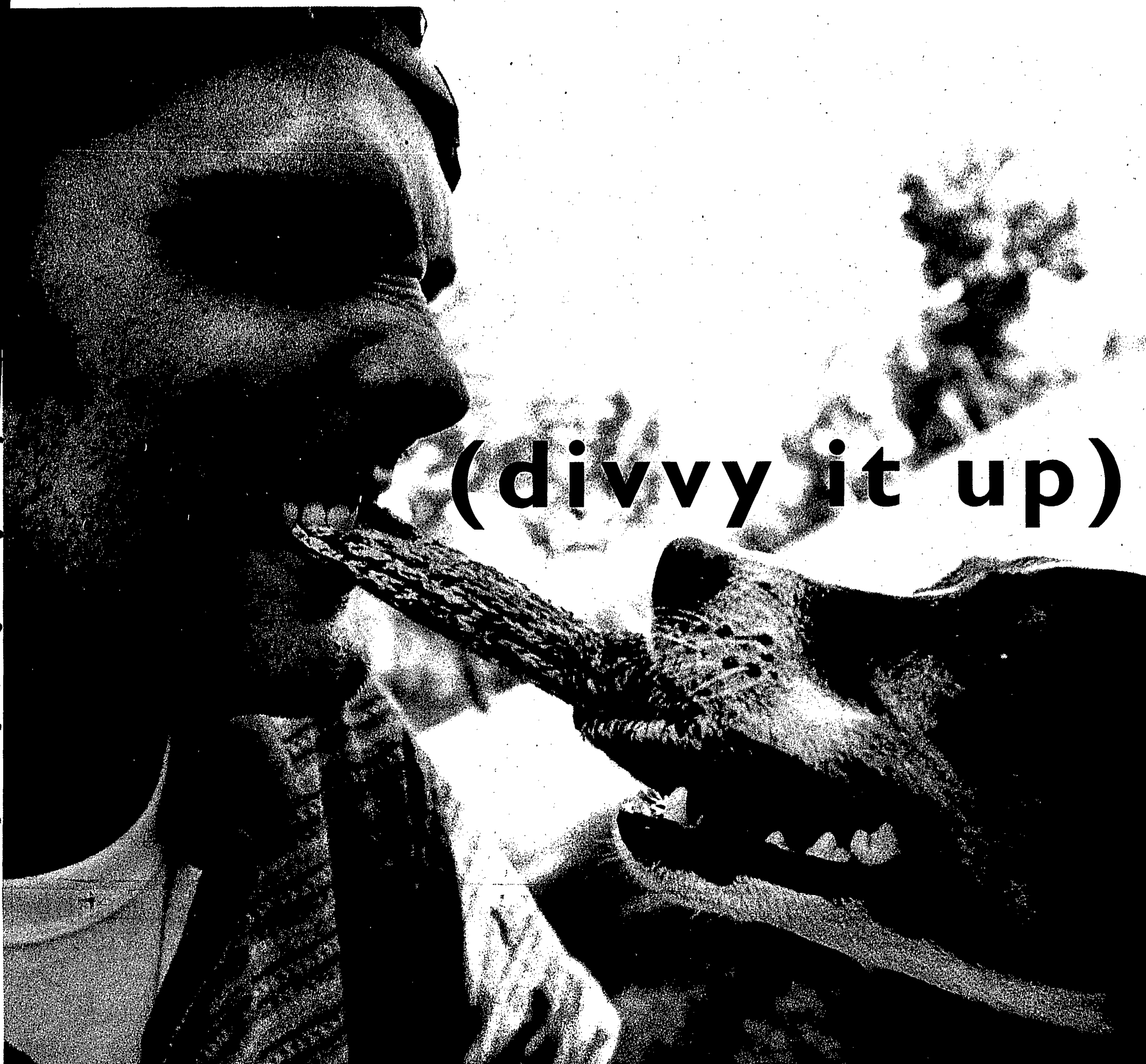
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The Stroller

Helpful tips for dealing with finals



The Stroller

Your Man
shares
focus for
the last
two weeks
of semester

I figured I would start off this week by congratulating the football team for another thrill-packed season for Northwest. This school is much more pleasant than it was three years ago when we had a losing season.

I'd also like to congratulate Kathy Kearns for another outstanding year in women's cross country. If you'd like to know Kathy, her name is in the Nov. 24 issue of *Sports Illustrated*. I thought that was cool.

Since I am not allowed to make my normal observations of campus that most of you have come to love, I figured I would help students who are having trouble getting focused for the last two weeks of the semester. Instead of complaining about other people complaining about their life, I thought I would help them out.

Here are my tips to five days of an organized life — just in time for finals.

Day 1 — Make a list of rewards, they can take 15 minutes to two hours. They can be going out and getting drunk, golfing or my favorite pass time — napping.

Day 2 — Write down goals you need to accomplish in the upcoming weeks. Dissect them into manageable, bite-size bits. Develop a plan of action. It could be calls you have to make, errands, appointments, papers due or tests to study for.

Day 3 — Transfer these goals to a notebook. Divide them into sections such as calls, errands, to do lists and things to write.

Day 4 — Transfer the information to a calendar, such as appointments and deadlines, from the notebook and give time for your rewards. Allot time for everything — only take time out for your rewards if you get the allotted tasks done for the day.

Day 5 — Each day after this day, create a short daily "to do" list by choosing a few reasonable tasks from the notebook and scheduling them when there are breaks in the calendar.

This should help students get a little organized by the time finals hit. After that, you can go back to procrastinating. If you don't get organized by then, here are some study tips to help you out.

No. 1/Rehearse, repeat, review:

The most self-explanatory of all study aids, we know that it works, yet rarely do we sit down and do it.

Look over the material, take it away, think about it and repeat it to yourself. Look back at the material and change anything you did not get correct, keep doing it until you get it down.

No. 2/Association:

Connect the new information or images with something you already know. If you make a very bizarre, unusual mental image, you will remember it better than you would a more common one.

No. 3/Visualize:

Make something concrete on paper so you can visualize it in your mind's eye. Write the information in a certain fashion on the paper, stare at it and visualize it in your mind. If you can remember what the page looked like, you may be able to recall the information. Try it, you'll be surprised.

No. 4/Mnemonics:

Use a picture for association. Draw a picture of the basic information you need to know, you will be able to recall the picture a lot easier than the text. If you recall the picture, then the text will jump out of it.

No. 5/Encloser:

Organize pieces of related information according to some sort of logical order. Pieces often are grouped in categories by similarities.

Good luck with the last week of school — don't worry it's almost over.

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Northwest Missourian

Weekly Crossword

ACROSS

1. Kettle and Rainey
4. Wallace's hero
7. Pivotal
10. Fall into an easy chair
12. Rebound
14. Pay
15. Corona
16. Bryant, of OJ ads
17. First name in lingerie
18. Katmandu's country

DOWN

2. Parodies
22. She scats with cats
24. Guided missile
25. Able to happen
28. Stadium level
31. Appreciative taster's cry
32. ...cat (form of baseball)
33. "The Fox and the

Grapes' fable

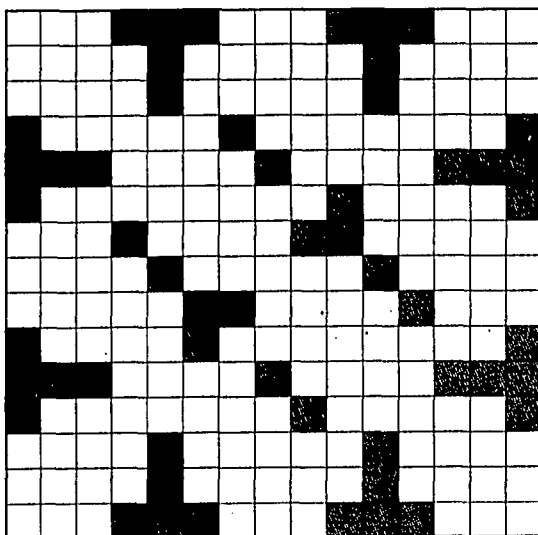
35. Guitarist Clapton
37. Seeds
40. Check end
41. Wyoming mountain
43. Scout Carson et. al.
45. Naval rank (abbr.)
46. Son of Isaac
47. Climbed
49. Government agents
51. Sandusky's waterfront
52. Comestibles

55. Down

58. Province in Spain
59. Jaun's friend
61. Cluster
63. First name in fashion
64. Dressed to the
65. Farm structure
66. Neighbor of Israel
67. Generation
68. Suit to a

Answers to last issue's puzzle

PISA	HEATS	LONG
USAF	ARROW	EPPE
TIFF	PRIDE	TEXT
STEEPLE	DEDUOTS	
COED	TAP	
GRATIS	ACES	BAD
LILI	SENO	ARMY
OLIO	TNT	BABE
BEAN	CAUSE	OVER
EDS	ROLL	COMERS
NAY	THAI	
COLOGNE	HORNETS	
ANAT	ELSIE	ALEC
GENE	SKIERS	TINA
ERAS	SERFS	EAST



DOWN

1. Speed rate (abbr.)
2. Bates of Georgy Girl
3. Only
4. Solo of Star Wars
5. The Haj author
6. Volleyball command
7. Green vegetable
8. Soufflé needs
9. Vocal support
11. Orate
12. Vocations
13. Euler's forte, for short

14. Woes
19. In addition to
21. Small bit
23. Busy as (2 words)
25. Strained food
26. Forgets
27. Happy birds
29. Lauder of cosmetics
30. Boxing unit
31. Though
34. TV network
36. M&M feature
38. Shrews' kin
39. Quadraphonics halved
42. Rigescant

44. Upstart
47. Lack-of-pep cause
48. Writing stands
50. Love of life
52. Hard to hold
53. Activist
54. Inform, slangily
56. Don't bet (2 words)
57. Spook on the inside
58. Altos
60. Golly's kin
62. Loafer tip

Area Events

Kansas City

Dec. 4 — Joanna Conner, Grand Emporium.
Dec. 5 — Hurricane High Dance Party, The Hurricane.
Dec. 5 - Jan 1 — "Little House Christmas," Coterie Theatre.
Dec. 5 - 24 — "Nutcracker," Midland Theatre.
Dec. 5-6 — Chubby Carrier and the Bayou Swamp Band, Grand Emporium.
Dec. 6 — The Walk of Stars, Station Casino.
Dec. 9 — Puff Daddy and the Family, Kemper Arena.

Omaha

Dec. 4 — "Emmanuel," Omaha Civic Auditorium Arena.
Dec. 4-7 — "Nutcracker," Orpheum Theatre.
Dec. 06 — Indigo Girls, Omaha Civic Auditorium Music Hall.
Dec. 10 — Deftones, Ranch Bowl.
Dec. 13 — Seven Mary Three, Ranch Bowl.
Dec. 16 — "Wallflowers," Aksarben Coliseum.
Dec. 16 — Jim Brickman, Omaha Civic Auditorium Music Hall.
Dec. 17 — Lorie Line, Omaha Civic Auditorium Music Hall.

Des Moines

Dec. 5 — Snowflake Celebrations, Des Moines Civic Center. (515) 243-1109.
Dec. 7 — Mancows Jingleballs 97, SuperToad.
Dec. 8 — Canadian Brass, Des Moines Civic Center.
Dec. 11 — Corey Stevens, SuperToad.
Dec. 14 — Handels Messiah, Des Moines Civic Center.
Dec. 16 — "Nutcracker on Ice," Des Moines Civic Center.
Dec. 18 — Micheal Peterson, SuperToad.
Dec. 31 — New Years Eve Gala, Des Moines Civic Center.

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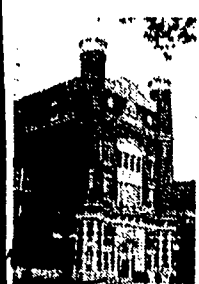
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Northwest Missourian

BRIDGING THE GAP BETWEEN CAMPUS AND COMMUNITY



Thursday, December 4, 1997

Volume 71, Issue 14

2 sections, 20 pages

Northwest Missouri State University, Maryville, Mo. 64488

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Governor recognizes Quality Award

by Jacob DiPietre

University News Editor

Winning the Missouri Quality Award did more for Northwest than one may think.

The recognition that came with the award was enough to bring together the governor, the University president and numerous students.

"Celebrate Northwest" was an opportunity to promote the University and its recent accomplishments.

One guest the University wel-

comed was Gov. Mel Carnahan. He came to help Northwest celebrate the Quality Award and the 10-year anniversary of the electronic campus.

The program started with Angel Harris-Lewis, Student Senate president welcoming the crowd. Speeches by University President Dean Hubbard, John Politi, executive director of the Excellence in Missouri Foundation, and Carnahan followed.

Football captains Dante Combs and Adam Dorrel and cross country runner Jennifer Miller presented

Carnahan with mementos from Northwest.

Another reason for the special celebration was to give those who were not able to attend the official award presentation in Jefferson City a chance to share the award.

After Harris-Lewis and Hubbard spoke, Carnahan congratulated Northwest on its accomplishments including having the first-ever electronic campus, the new trimester calendar and the Quality Award.

Carnahan emphasized trimesters

program because he has had some experience with a trimester calendar. He said the enhanced summer schedule Northwest is offering will have many advantages for students.

"I'm very excited," Carnahan said. "I actually went to school in a situation where I took advantage of that type of schedule. The school that I went to, George Washington University, had a 15-week summer schedule."

"It will permit people to get degrees faster, if they wish to acceler-

ate to make up work," Carnahan said. "It seems like a positive move."

While Carnahan likes the new trimester calendar, he did go on to mention that if the trimester calendar is a success at Northwest, it would not be forced on other schools around the state.

"I would imagine that it would be imitated by the other institutions," Carnahan said. "But that is one of those things that I would be very doubtful that we would try to impose from Jefferson City."

Quick reader.

A fast grasp on the situation.

Why was the governor at Northwest?

To congratulate Northwest on its accomplishments including the first electronic campus, the new trimester calendar and the Quality Award.

Who were the speakers?

Angel Harris-Lewis, University President Dean Hubbard, John Politi and Gov. Mel Carnahan

Representative visits Maryville

■ Danner speaks with local constituents about Congressional bills

by Lindsey Corey

Community News Editor

With Congress in recess, District 6 Rep. Pat Danner, D-Mo., found time to visit with constituents Wednesday in Maryville.

The congresswoman spoke to members of the Maryville Chamber of Commerce and community members at the Nodaway County Senior Center. She gave a report to the Maryville Rotary Club about the first session of the 105th Congress.

Several senior citizens stayed for the morning discussion and were concerned about what Congress was doing for them.

"A commission is forming to address issues of entitlements such as Medicare, Medicaid and Social Security," Danner said. "We are trying to bring respected seniors from all over to serve on the committee. Hopefully, when the president is a lame duck and can't run for reelection, he will make a move in the direction to advise us."

Danner said action was also being taken on the national level to improve the lives of youth and elderly.

"It's never a question of seniors in opposition with children, because the seniors are the grandparents of the youth," Danner said. "As far as I know, nothing is being taken away from the seniors, and a health insurance program for children who can't afford it was passed this session."

One parent was concerned with the requirements of daycare providers. Danner said there is nothing being done on the national level concerning standards.

"We must be extremely careful when we leave our most valuable asset — our children, with someone we don't know," Danner said.

Another problem mentioned by an audience member was violence on television.

"There is very little being done

because of the first amendment that grants freedom of speech," Danner said.

Danner said she noticed a "general downsizing of moral values" and the violence dilemma goes beyond television with new technology.

"The problem on the horizon is the Internet," she said. "Virtually anything is accessible, even including recipes for the production of meth-amphetamines. Even if you have it blocked in your own home, they may see it somewhere else. It's difficult to raise children today."

Danner told the audience that she filed a bill several months ago that would provide a nationwide emergency cellular phone number. She emphasized its importance after a holiday weekend tragedy.

"A couple was driving on U.S. 71 (in Missouri) and noticed an erratic driver in front of them," Danner said. "They tried to call law enforcement on their cellular and talked to four separate entities. Before they reached the police (in that area), the driver crossed the median, hitting a vehicle. Three people, including the driver, died because a woman (from Kansas) didn't know the Missouri cell phone emergency number."

Danner said the bill is important because many people carry phones.

"It has become the accepted norm to have one in your car for safety on the road," she said. "There is no way of knowing what the code is. There is a nationwide 911, so why not a nationwide cellular emergency number? Hopefully, I can convince the powers that be that it is not costly for the federal government and it's important."

Danner told the story of one St. Joseph resident who contacted her. The man was concerned because he used to get bread from Wal-Mart to feed the needy, but the corporation pulled out because of fear of liability. Danner suggested he look into Missouri's Good Samaritan Law. She also did research and found that not all states have similar laws and few offered protection from liability suits.

'TIS THE SEASON



Jennifer Meyer/Photography Director

Mr. Macy (center) and the company of "Miracle on 34th Street" sing a musical number to a near capacity crowd Tuesday at the Mary Linn Performing Arts Center. The production was put on by A Troupe America,

Inc. and Mainstage Productions. The show provided an opportunity for students and families to celebrate the beginning of the holiday season. CAPS will bring other Broadway productions to the Mary Linn this year.

CAPs brings 'Miracle' to University stage

by Stephanie Zellstra

Assistant News Editor

Holiday cheer, festive singing and bright Christmas lights are just a few things that make the Christmas season special and full of wishes and miracles.

Campus Activity Programmers joined in making the season special by sponsoring the sold out performance of "Miracle on 34th Street" Tuesday night.

University students and commu-

nity members enjoyed the musical.

"These types of shows are really more geared toward the community," said Jennifer Davidson, CAPs vice president. "We want to get the community involved with campus activities. Personally, I think this is a way that the community can get a better view of what the college students are like."

Davidson said CAPs' hopes were to have the performance be sold out.

Their wishes came true with the

tremendous turnout. They are also very happy with the community response from this production and other Broadway musicals as well. "Miracle on 34th Street" was produced by A Troupe America, Inc. and Mainstage Production.

Many families especially enjoy the Christmas productions that are brought to Northwest each year. Terry Thurnau and her family try to come to one or two performances at Northwest a year.

"We try to do something special

around Christmas as a family, and this year we decided to come to "Miracle on 34th Street," Thurnau said. "We are really enjoying ourselves. It is a great musical."

The musical is set during the holiday season in 1947. It centers around a young girl, Susan Walker, and her belief in the miracle of Christmas.

The cast includes Mr. Macy, owner of Macy's department

See *Miracle*, page 3

Campus experience fills top positions

■ Board of Regents appoints local interims without national hunt

by Mark Hornickel

Chief Reporter

Instead of conducting a nationwide search for two top positions at Northwest, the Board of Regents chose to go with two individuals who are familiar with the campus.

Kent Porterfield is the new vice president of Student Affairs, while Clarence Green has taken the position of Campus Safety director. Both had been working as interims until the final decision was made at the Nov. 18 Board of Regents meeting.

University President Dean Hubbard said a nationwide search was not needed to fill the positions because both are well-liked, and they fit into the positions well.

"There is not a law that says you have to do a nationwide search for every position," Hubbard said. "I could not find a person that didn't have good things to say about (Porterfield). He's a very well-liked man, and he is respected by his staff."

Hubbard believes some positions need to be filled with people that know the campus.

However, there are some situations in which someone from outside the campus is needed.

"I don't want to have an environment where there is a bias attitude," Hubbard said. "There are times when we need to have people with a good understanding of the campus, but there will be other times that we have to think about injecting new blood in the system. It's a case-by-case management."

Porterfield, who oversees and works with the Student Affairs office, said he would like to be an advocate for the students.

"I want students to feel like they can schedule a time to see me and interact," Porterfield said. "That's challenging because you spend a lot of time in meetings and appointments, and it's harder to find a time to spend interacting with students."

Porterfield has benefited from a wealth of experience. He became the assistant dean of students in 1992, a title that was later changed to assistant vice president of Student Affairs.

Despite the challenges he faces, Porterfield sets realistic

goals for himself and realizes he will make mistakes.

"Anybody who tries to do things well, and takes some risks, has to expect there is going to be some time when you have some failures and things don't go well," Porterfield said. "But you learn from those."

Green hopes to become more involved with the campus and build a stronger image for Campus Safety.

"We need to recreate our image, make it more positive," Green said. "That's our biggest challenge."

He started his position after serving as a Campus Safety lieutenant for seven months.

Green was also a Campus Safety sergeant for one year, and he worked with the Maryville Public Safety for three years.

"I'm pretty excited," Green said. "As long as things are good, I'll be excited all the time."

Porterfield and Green both realize their new positions will pose possible obstacles for them to deal with.

"It's a struggle," Porterfield said. "We have so many good things going on at Northwest; it's a struggle to find the time to do everything as well as we want to."

Campus groups face concerns

Organizations wait for trimesters

by Jason Kilndt

Missourian Staff

A numbers game will determine the future of campus organizations regarding the summer of 1999. They are waiting to see the number of Northwest students attending the summer session before making any changes to their structure.

With trimesters set to be implemented, one of the biggest questions facing student-run organizations is what will happen to them during the enhanced summer session.

"I think it's all based on what type of numbers we get," said Bryan Vanosdale, director of campus activities.

Organizations have three basic decisions to make concerning the extra semester. The first decision is whether or not to continue operations at all. With expected depleted manpower, organizations are unsure if they want to continue activities throughout the summer.

"We chose to treat it as another summer until we see whether there will be any sort of rise in the number of students

"I believe the InterFraternity Council will be open to summer Rush. I don't see us having a forum right away."

■ Kelly Ferguson, president of IFC

attending the summer session," said Andrea Cline, vice president of the Public Relations Student Society of America.

Some believe there are various benefits to expanding organizations in the summer term.

"I think it's a great opportunity and would be fun to schedule things outside in the warm weather," Vanosdale said. "If the numbers do increase dramatically, I've thought about throwing in a couple of Encore events."

The second decision is

whether to continue recruiting new members. There are concerns about taking a new crop of members while most members are on break.

"I believe the InterFraternity Council will be open to summer Rush," said Kelly Ferguson, president of IFC. "I don't see us having a forum right away."

Others face restrictions in recruiting. Cline said PRSSA is only able to take members in the fall and spring according to their national headquarters, but doesn't believe that will hurt them.

"We anticipate the fall as being our largest recruitment period," Cline said. "We will do a subsequent recruitment in the spring, but not the summer for now."

The third and final decision for the organizations to face is how to elect officers. Most organizations elect on a one-year basis with terms starting in December or August. Officers would need to take three consecutive semesters. Most students prefer a break during one of the semesters.

See *Trimesters*, page 3



Kent Porterfield



Clarence Green

Our View

OF THE UNIVERSITY

Consider the possibilities; give trimesters a chance

Trimesters are no longer just a dream; they are a reality.

Northwest's Board of Regents finally decided to implement its much-debated plan after months of discussion.

Unfortunately, many students and community members do not fully understand what this change will mean for them.

For students, the most noticeable change will be that we leave for break and return earlier than usual, and there will be no break time lost. Semesters are currently 16 and 1/2 weeks long, but with trimesters, the session will last 15 weeks.

Students will also be able to take advantage of the "enhanced" summer semester to graduate earlier or get some tougher classes out of the way.

Smaller class sizes during the summer could also provide students with the opportunity to receive more individual instruction from professors. The negative side is that some students may not have the opportunity to work summer jobs or internships.

The University wants to make trimesters work for a variety of reasons, especially for the financial contributions that will be made to Northwest via the state.

It does not pay for the campus to sit virtually unused for most of the summer. If Northwest can convince students that going to school over the

summer is beneficial then it could provide the University with a great deal of extra money.

Trimesters should help the University recruit new students simply because they would recognize the unique opportunity trimesters could provide.

Some business owners might be concerned that the increased summer enrollment will cut down on the number of students in Maryville during the fall and spring semesters (and thus, the money the students spend).

The concern seems to be unwarranted because the added students will only increase money.

Trimesters could also bring a more balanced distribution of students throughout the year. This could bring more businesses to the community as well

with the possibility of more students during the year.

Some businesses are unsure about moving to Maryville because they only profit for three-fourths of the year, but that would change with the implementation of trimesters.

The University is trying to grow, especially after winning the Missouri Quality Award, and sometimes change is necessary in order to do just that.

Trimesters are definitely worth a try — both for the University and Maryville. There are still unanswered questions about trimesters and they need to sort out some very important details before we can proceed with full confidence.



My Turn

College football coach retires after 57-year stand



Wendy Broder

While most sports fans are concentrating on who's headed to the playoffs in the NFL, or the bowl games in the college arena, one of the best coaches of all time, said goodbye to football.

Eddie Robinson, known to his players and fans as Coach Rob, retired

Saturday after nearly 57 years as head coach of the Grambling Tigers, in Grambling, La.

Several tributes were made Saturday to the coach who racked up 408 wins in his career, along with eight black collegiate national titles.

Coach Rob also stood as mentor and college coach to 210 NFL athletes, four who are in the Hall of Fame, including some of the first black athletes to ever play in the league.

Unfortunately for the fans and players at Grambling as well as Coach Rob, his more than half a century stand at the university ended in defeat.

The Tigers fell to the Southern University Wildcats, 30-7, in the State Farm Bayou Classic Saturday as more than 64,000 fans at home and at the game watched. Not only was the defeat a goodbye for Robinson, but left the football team with a losing record for the coach's final season.

Some would say that a man who has

done anything but coach football all his life (Coach Rob started coaching at age 22 and is the only coach Grambling has ever known) hasn't accomplished much, and that it was about time he got out of the game. But to me, Coach Rob is a legend and an inspiration.

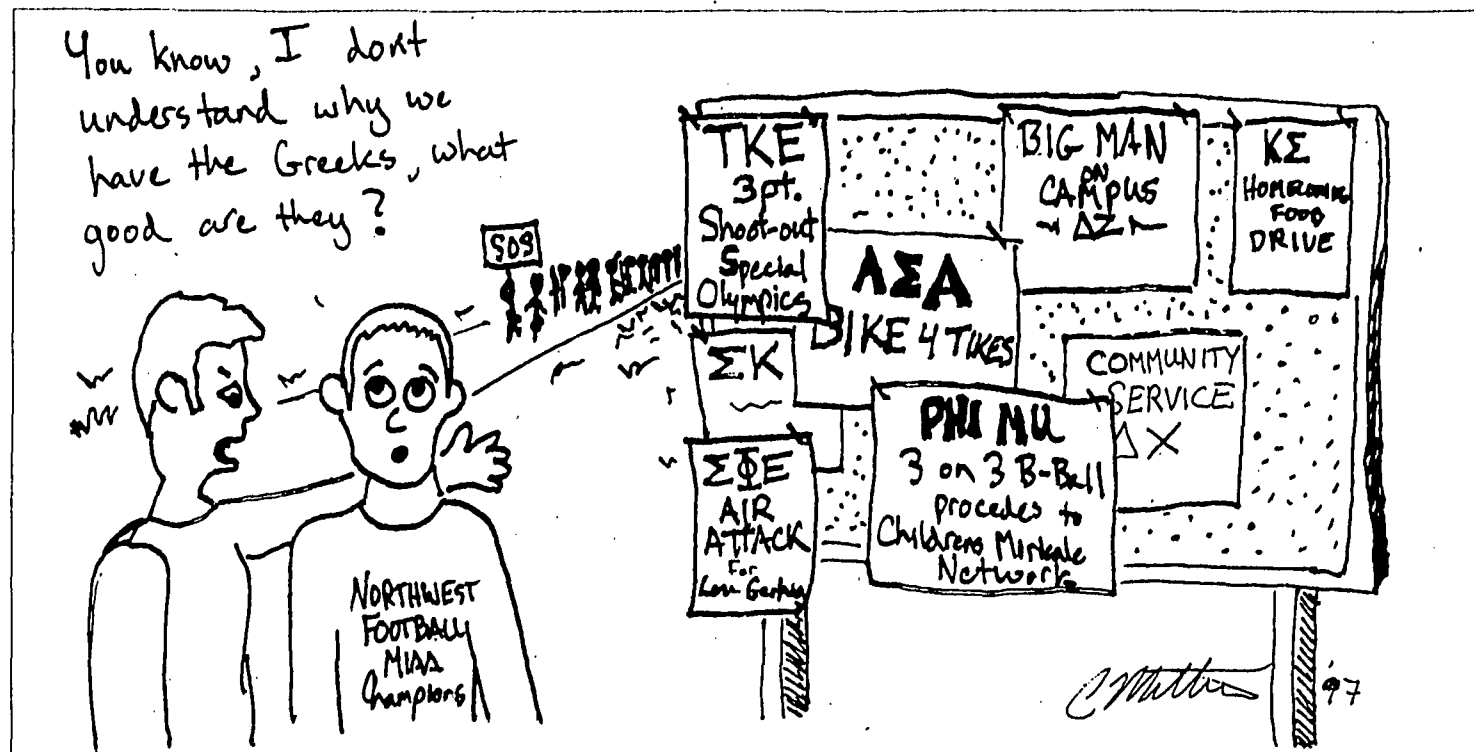
Watching that 78-year-old man stand on the sidelines with tears in his eyes, and hearing former players and commentators talk about how the game will miss him, almost brought tears to my eyes. His dedication and love for the game showed through the wrinkles and aging body to show a man who truly cared about others.

In an interview, when Robinson's wife, Doris, was asked the impact retirement would have on Coach Rob, she simply said that she and his family would try to keep him busy, but it would be hard, because football was his life.

All this reminiscing about the winningest coach in football made me think. What have I done to put a lasting impact on the few people I know, much less thousands who have been in the limelight? What will people say about me when I am Coach Rob's age and ready to retire?

The only answers I have to these questions are not much and I don't know. Basically, I'm saying goodbye to a legend, although his memories and records will live on for a long time. And I'm saying hello to a new me — one who thinks in the long term, and who will make a difference, if only in one life.

Wendy Broder is the University sports editor for the Northwest Missourian.



University View

Dedicated editors make paper the best



Laura Widmer

Seven years of outstanding individuals lead to Pacemaker Award

The Northwest Missourian was honored in November with its first Pacemaker award from the Associated Collegiate Press. This honor places last year's newspaper in the top 1 percent of all non-daily newspapers in the United States. One percent — wow!

Over the past seven years, the Missourian staffs have worked hard to gain the national Pacemaker recognition enjoyed by the Tower staffs. The newspaper staffs have had 14 semesters of consecutive all-American ratings from ACP, ranking them in the top 3 percent in the country.

On one other occasion, the Missourian staff was recognized as a Pacemaker finalist, ranking them in the top 2 percent back in 1992. Now that the Missourian can celebrate its first "Pulitzer" in collegiate awards, I think it is time to recognize those students who set the pace and paved the road for this honor. I also want to thank them for what they contributed to the Missourian over the years and what they taught me along the way.

Laura Pierson was editor in 1990. She got the staff excited about producing a quality newspaper. She didn't settle for mediocrity. She started the strong foundation the newspaper has today.

Kathy Barnes was editor of the first Pacemaker finalist. She recruited an incredible staff of newspaper journalists, probably one of the best core set of section editors the Missourian has had as an editorial board. They truly did not know the word "can't" or "it won't work" or "I don't have time." They were always willing to go that extra mile to go inform and entertain their readership.

Don Carrick, Todd Weddle and Brandon Russell showed me that they didn't deserve the title of chief photographers, but rather they truly were photojournalists. These guys started the foundation of Missourian showcasing quality, photojournalistic photos every week. They also possessed the great quality of listening to ideas. They also continuously challenged each other to be better. Their spirit of photojournalistic competition made great photographers out of Jon Britton, Greg Dalrymple and Gene Cassell. Gene's versatility, by the way, makes him the most talented person to come out of the Missourian ranks. This guy can write, design, photograph and do magic with computers via software programs, web production and CD development.

Suzan Matherne and Pat Schurkamp put together a special Gulf War spread and update every week when we sent troops overseas. Their creativity and insight

kept Northwest readers updated on what was going on and what was important to know. Great graphics. Great design. Great ideas!

Derrick Barker became the true newspaper design guru. He quickly picked up the challenges faced in newspaper design, but truly gave us an edge on the competition by providing spectacular infographics. Derrick took us to a level of design we had not appreciated or been to before that. He gave us an even more professional look with quick read boxes, etc. He was the first student to win national Society of Newspaper Design newspaper design competitions. The crazy thing is that he could also write. He won third place in a national writing competition sponsored by the Los Angeles Times. His leadership gave the Missourian staff its first-ever Silver Crown award from Columbia Scholastic Press Association. He had the insight and recruited the right editors to make sure the entire Missourian package was quality from top to bottom.

Deryk Powell and Heather Townsend got advertising out of the doldrums and made it a vital part of the paper. Deryk was an organized, creative, energetic, consummate sales director. He energized his staff to sell, sell, sell because he believed in the Missourian. Heather started with advertising design and set the standards of the graphically pleasing advertising we come to take for granted today. She also energized the sales office with ideas and promotions to keep the Missourian ad sales staff competitive.

Christy Spagna was truly the most devoted editor I have ever worked with on the Missourian. Although Christy never served as editor in chief, she was always the most valuable editor on staff because of her work ethic, dedication and creative ideas. She could be a calming factor in the midst of storm and one of the most mature and together student editors I have ever known.

Regina Bruntmeyer was the editor who said, "Sure Laura, let's go citywide; that's a great idea!" It was a great idea, but it was Regina's leadership that made it happen.

It was Regina's editorial board that worked into the wee hours of Thursday morning finishing the paper, and then spent Thursday afternoon and into the early evening hours delivering the papers to every household in the city limits. What dedication. What drive and devotion. What a great bunch of editors.

Jennifer Ward was the first Missourian web editor who made

it look like it was an electronic newspaper. She would come in the predawn hours of Thursday to get the Missourian online. I can still remember the excitement of seeing the paper on screen before it was delivered back from the printer.

Colleen Cooke was the first copy editor to realize that the AP Stylebook should be attached to the body at all times. Osmosis can happen if the AP Stylebook is placed under your pillow at night. The English major turned her love for journalism into a passion for words and the Missourian has truly benefited from it.

Lonelle Rathje is the one individual who saved the Missourian citywide project from being history before it got started. In August 1995, the administration was considering giving in to the Daily Forum's concerns about this free citywide distribution project. Lonelle rallied an already organized city advisory committee to encourage the administration to let the Missourian run as planned.

Lonelle was truly the public relations liaison between the community and the Missourian. It was Lonelle who made the citywide project happen. It broke my heart when I had to tell Lonelle that the administration encouraged us to drop the free citywide distribution.

Although we still have city drop sites and deliver free to retired people and subscribers, it's just not the same. It is also Lonelle and her staff that won the first Pacemaker for the Northwest Missourian. They received their reward for all of the hard work, endless hours and meetings they dedicated to make the Missourian the best in the history of this university.

I am a teacher, but I always learn so much from my students. I especially learn from my editors. They are so dedicated, so insightful and so talented. I do have the best job in the world. I love my yearbook, magazine and newspaper staffs.

Since 1983, I truly have been blessed to work with wonderful and incredible editors and staffs over the years.

Those staffs have won some of the top awards in the country, and I am proud of their accomplishments.

But each staff did not go out to win awards. They just wanted to produce the best newspaper, yearbook and magazine for its readers. The reward comes from knowing you've done your job. You know, it just doesn't get any better than this.

Laura Widmer is the adviser for the Northwest Missourian, Tower yearbook and Heartland View magazine.

Northwest Missourian

EDITORIAL

Jamie Hatz, Editor in Chief

Nicole Fuller, Assignment Director
Chris Gelnosky, Production Director
Laurie Den Ouden, Copy Director
Joni Jones, Copy Director
Colleen Cooke, Editorial Assistant
Christina Collins, Opinion/Announcements Editor
Jacob DiPietro, University News Editor
Lindsey Corey, Community News Editor
Stephanie Zellstra, Assistant News Editor
Wendy Broder, University Sports Editor
Scott Summers, Community Sports Editor

ADVERTISING

Erica Smith, Advertising Director
Corbin Pierce, Advertising Design Director

FACULTY/STAFF

Laura Widmer, Adviser

SUBSCRIPTIONS

Steve Marotti, Circulation Manager
1 year \$12 by mail, \$8 by delivery, retired free
Mail your subscription request to:
Northwest Missourian c/o Circulation
Weiss Hall #3/Maryville, MO 64468

Colin McDonough, Managing Editor

Christy Chesnut, Features Editor
Jennifer Simler, Features Editor
Jennifer Meyer, Photography Director
Tim Kay, Chief Photographer
JP Farrie, Chief Reporter
Mark Homickel, Chief Reporter
Kevin Schultz, Chief Reporter
Toru Yamauchi, Chief Reporter
Lesley Thacker, Web Editor
Lynette Schaffner, Business Manager
Colby Mathews, Editorial Cartoonist

OFFICES

Northwest Missouri State University
800 University Drive
Maryville, MO 64468

Editorial Offices: 562-1224

Advertising Offices: 562-1635

Fax Number: 562-1521

E-mail: missourian@acad.nwmissouri.edu

ON THE WEB

http://www.nwmissouri.edu/missourian/

It's Your Turn

How will trimesters affect you?



"I really don't know enough about the whole concept, but to be real honest, I don't care."

Jesse Mora IV, sociology major



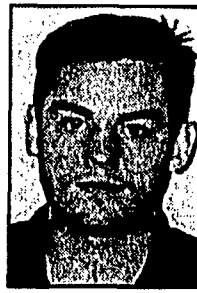
"It doesn't really affect me seeing I am graduating in May, but I feel trimesters will screw up summer jobs for students."

Erik Drake, marketing management major



"In one aspect you can get out of here quicker, but on the other hand, one might get burnt out on going to school without a break."

Kurt Gentry, accounting major



"It will help us get out of school quicker but will people who work during the summer have a problem with money?"

Josh Baxter, elementary education major



"I don't think they'll affect us too much. It will benefit the people who want to sublease during the summer."

Rhannon Brann, Windmill Estates manager



"I believe it will have a negative effect on enrollment. It will also affect the Greek system and other organizations."

Beth Rasmussen, child and family studies major

Colden Hall ready to open

by JP Farris
Chief Reporter

When students enter Colden Hall for spring classes it will be for the first time since the spring of 1996.

Students may not recognize it — and many haven't ever had class there before.

The south entrance, which faces the President's house, features a large two-story stairwell and balconies that overlook the atrium.

Project manager Randy Sharp said an old lecture hall off the second floor was taken out to make room for the two-story entrance.

The stairs lead up to a commons area. Sharp said it is the epicenter of the entire building.

"The building is made of lots of circles and angles," Sharp said. "The center of the second floor lobby area is the middle of the building and circles radiate out."

Computer classrooms dominate the first floor and classes for computer sciences will fill the floor.

The first floor is underscored by a distance learning center. This room is designed after the distance learning center in the library.

In the future, the University is hoping to use this in the distance learning program that uses the Internet and interactive video to send classes to other colleges and universities around the area.

Surrounding the center of the second floor are departmental offices. Colden Hall will house 10 departments: English, computer science, political science, marketing and management, accounting, economics, finance, psychology, sociology and counseling.

The third floor is made up of 15 classrooms. There are three conference rooms above the main entrance that face the Bell Tower.

Moving in...

With the recent completion of two renovation projects; faculty and staff will begin moving into their new locations



John Petrovic / Contributing Photographer

Construction workers put finishing touches on the South entrance of the renovated Colden Hall. Faculty and staff will begin moving in the next

couple of weeks. The building will be open to the public before the beginning of the spring semester, when classes begin.

The third floor also has one large lecture hall that can seat 120 students and features a motorized projection screen. The windows in the back of the lecture hall overlook Colden Pond.

Mini-lockers can be found on all the floors. Sharp said these were originally intended for students to use for notebook computers in the EC+ program.

There was also a lot of work done outside. The wheelchair ramps have been redone, and the main entrances were enlarged on the outside of the building.

However, the renovations to Colden Hall cost less than building a new one would have, Sharp

said. The total cost will top out at 7.2 million, and most of it will be picked up by state appropriations.

Colden Hall has never had renovations and for the purpose it serves it needed to be updated, said Ray Courter, vice president of finance.

"It is one of the older classroom buildings, and it had greater needs for improvement," he said. "Its older structure kept us from doing some of things we wanted to do."

To be ready for the spring semester, teachers will be moving in the next couple weeks, Sharp said. The building will be opened to the public sometime during winter break.

New health building will feature upgrades

■ University Health Center replaces facility; provides more up-to-date technology, space

by Kevin Schultz
Chief Reporter

Convenient service is the main goal of the new Student Health Services. The new name, building and location all play an important role in making that goal a reality.

Student Health Services will change its name to the University Health Center along with its location Monday. The new site for the health center is just west of Millikan Hall and is larger than the previous building.

"The new location will be inconvenient to students in Hudson Hall and South Complex," said nursing coordinator Joyce Bottoroff. "But will be great for those in the high rises."

The spot for the new building was picked for parking convenience and handicap accessibility. The open space also allowed for a larger structure.

"We talked about putting the new building just south of North Complex," Bottoroff said. "But there is always water standing there, and this is a great new building that we want protected."

The new building has many new features such as larger exam rooms, nurse stations, an expanded waiting area and more storage space. There are also lights installed above each exam room to

signal an emergency or if a nurse is needed in a particular room.

"All of these features are great," Bottoroff said. "The lights will keep us from having to yell from room to room, and with the extra space in all areas we will be able to get more done. It should make things much easier."

The large space will soon be filled with new furniture such as file cabinets and computers. For the first time the center will be able to put all the student records on computers.

"The computers will be a nice addition," Bottoroff said. "It should make things run much smoother even though many of our nurses don't like them."

During the transition period, Student Health Services will be shut down Thursday and Friday except for emergencies which will be handled as normal.

"We are very excited and very anxious," Bottoroff said. "We hope this will make our jobs easier and more effective. Everyone is looking forward to starting in this great facility. It should help us do a more productive job, as well as benefit our students knowing they can come to a nice comfortable place to be treated."

Bottoroff also said extra staff and evening hours are now projects that the staff is looking in to.

Parking ticket coupons offered by Campus Safety in hopes of fixing problem

by Kevin Schultz
Chief Reporter

If you want to save money at the Deli, just get a parking ticket.

Campus Safety has implemented a new system in which a 10 percent discount coupon from the Deli will be on all parking tickets that are issued during the next few weeks.

"The whole plan is to put a positive twist to getting a parking ticket on campus," said Bob Bush, director of regional initiatives. "We know that receiving a ticket is a bad experience, and we think this may lighten the effect."

The idea came from a college in Iowa where it was first implemented several years ago, Bush said.

"For now, the program is in a trial stage," said Clarence Green, Campus Safety director. "We will try it out for a while and then see how things go. If it is positive, then we will proceed further."

Going ahead with the plan would include giving local businesses the opportunity to place their coupons on the tickets as well.

"Right now it is just Northwest's Deli that has coupons," Green said. "But if things go the way that we

hope, then we will go to outside vendors who have already expressed interest."

Students have expressed interest as well, and it has been mainly positive, Green said.

But some students are not in favor of the coupons.

"I don't think that Campus Safety should award students or anyone else that parks illegally," horticulture major Jeff DeBorge said. "It's not right to give them cheaper food for doing the wrong thing."

However, Green said tickets are given to correct any parking problems and not to punish the offender. The coupons are just a way of letting people know that.

"Many of the parking problems on campus are not done on purpose," Bush said. "We realize that sometimes kids are late or just don't know that it is illegal to park in certain areas."

The program will continue on a temporary basis until Campus Safety can determine if it is working listening to student feedback.

According to Green and Bush, everyone involved is very optimistic and excited about the new idea and its effect on students.

Media may give college drinking bad name

by JP Farris
Chief Reporter

In the John Singleton film *Higher Learning*, a freshman at a fictional university attends a fraternity party in the hopes that she will fit in. She encounters what Hollywood usually displays as typical Greek Life: drunken college students guzzling alcohol while another student stands in ice and sucks liquor down a beer bong.

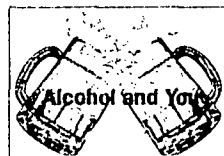
The media and Hollywood portrays Greek life in, is there an unfair stereotype placed upon fraternities and sororities?

Various Greek presidents at Northwest believe so. The worst examples of fraternities and sororities are assumed to be the norm.

"A few fraternities around this country give the rest of us a bad reputation," said Chris Peasley, president of Tau Kappa Epsilon.

Peasley had no comment on the drinking habits of TKE members. He said too often fraternities are unfairly generalized.

"Whenever any fraternity name is



linked to drinking whether responsible or irresponsible, it is held in a

negative connotation," Peasley said.

Many fraternity and sorority members are underage, but they can sometimes bypass the drinking laws by having older members purchase drinks for them.

"I'm not going to lie and say it doesn't happen," said Kraig Robinette, former president of Sigma Phi Epsilon. "If they didn't go to their brothers, they would just get it from someone else."

The Greek pop and mom system is intended to pair new members of fraternities and sororities with older members in hopes of making the college transition easier. However, sometimes fraternity pops and sorority moms buy alcohol for their sons and daughters.

"We have had trouble with (sorority moms buying their sorority daughters' alcohol) in the past, so we

try to be careful about that," said Michelle Falcon, president of Sigma Sigma Sigma. "We can't control everyone, but if that is done, it is independent and not Sigma sponsored."

Generally, the problem for underage students is their lack of respect for the law, said Bryan Vanosdale, campus activities director.

"For a large majority of people on this campus, drinking is illegal," Vanosdale said. "College students in general do not see it as a law, they see it as a rule that can be easily broken."

A Harvard School of Public Health poll said 86 percent of fraternity house residents binge, and 80 percent of sorority house residents binge.

The report also shows that sorority members are twice as likely to be binge drinkers compared to other college females. Fraternity members are 30 percent more likely to be binge drinkers than other college males.

On a local aspect, a *Missourian*

poll found that 30 percent of underage drinkers said they drank at fraternity and sorority functions.

Vanosdale believes through education, students could learn how to be more responsible.

"People need to be made aware of the effects of drinking," Vanosdale said. "They need to take responsibility for their actions in choosing to drink and use maturity when they drink. Drinking is not a right, it is a privilege."

Maturity plays a major role when drinking. Older members tend to be more responsible, Robinette said.

"I wouldn't say (irresponsible drinking) is a big problem, but it does exist," he said. "It is usually the underage members with high school mentalities that feel they need to show off their drinking ability."

While drinking may not be a big problem at Northwest, it is a matter that Greeks face on campuses everywhere because of the media coverage.

Look for part four of the series focusing on drinking in the residence halls.

Miracle

continued from page 1

store, elves, jingle singers and of course Kris Kringle. All of this occurs with the gallantry of music, costumes, large props and dancing.

"I think it's great," Missy Barnett, 10, said. "I like it because of the music and there is a lot of dancing and especially like the singing. And there

are a lot of funny parts."

One part of the musical centers around the fact that a majority of the cast members are having trouble believing that Kringle is actually Santa Claus. He is declared a lunatic by Mr. Sawyer, Macy's psychologist, and a court trial follows.

In the end, Susan comes to believe in Santa Claus and miracles when her Christmas wish comes true.

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Trimesters

continued from page 1

ters, but organizations are coming up with solutions.

"Different chapters will try different things; I've heard some talking about a rotation system," Ferguson said. "It will all come down to what works."

Ferguson said the rotation system

is having different officer's terms come up at different times. This means there would be a new election every semester for some of the positions.

Organizations have not thought about the effects of trimesters. However, now that the trimester calendar has been passed by the Board of Regents, they will be carefully observing and planning.

Check out where Santa will be this Holiday season in the Holiday Supplement. Only in the **Northwest Missourian**

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The Maryville High School football cheerleaders recently won first place at the State cheerleading competition. This is the first time Maryville has won such an honor. Front row: Christy Powell, Jamie Rankin, Meredith Wurn. Second row: Jamie Taylor, Jennifer Barmann. Third row: Angie Schuster, Natalie Dredge. Back row: Cara Hill, Jill Steins, Jenna Johnson.



Photo courtesy of Maryville High School cheerleaders

Cheerleaders take 1st place

■ **Spoofhound squad becomes first to win State competition**

by **Stephanie Zellstra**
Assistant News Editor

The Maryville High School football cheerleading squad couldn't believe it was their name being called when they won the school's first ever State championship.

The 10-member varsity football cheerleading squad took home first place at the State competition Nov. 21-22 at the University of Missouri-Columbia.

"When we were all sitting in a circle and listening to the winners

was when I was the most nervous," Taylor said. "They announced third place and second place, and we were never called, we all looked at each other nervously. We were all so excited when they announced that we won first place."

The road to success began with the practices in June to prepare for District competition in August. The cheerleaders placed first with high hopes of doing well at State.

Even with high hopes, the squad still faced tough competition at the state level, senior captain Jamie Taylor said.

"These were the most teams we have competed against, and they were strong squads," Taylor said. "I have been to the State competition (each year) since I was a sophomore,

so it didn't scare me as much. But, I still got pretty nervous when we performed."

The competition consists of two categories in the 3A division, an open and a show category. There were 15 teams, along with Maryville in the open category. The open category is cheers along with tumbling and several stunts.

"We got the critique back from Districts and made changes with the stunts and those kinds of things," sponsor Sandy Messner said. "We then work from August until the State competition on improvements we want to make. All of the hard work they put in really paid off. It's something they'll never forget."

In Brief

Senators sponsor constituent forum

U.S. Sen. Christopher S. "Kit" Bond and Sen. John Ashcroft will sponsor a Listening Post Forum at 2 p.m. Friday at the Nodaway County Courthouse in Maryville.

Ben Jones, a representative for the senators, will be available to answer constituent's questions.

Auction building under construction

Maryville and surrounding communities will soon be able to utilize one of the largest multi-purpose buildings in northwest Missouri.

Maryville businessman Mark Younger, of Younger Auctioneer Co., is in the process of building a 12,000 square foot auction house on East South Hills Drive.

Besides serving as an auction house, the building will house several business offices and be available for a variety of community events.

Completion of the building is expected by the end of the year.

Chamber offers lunchtime learning

The Northwest Missouri State University Small Business Development Center and the Maryville

Chamber of Commerce will sponsor their last "Learn at Lunch" presentation from 12:10 p.m. to 1 p.m. on Dec. 9 and Dec. 18.

The focus for the December meetings is "Information Sharing Made Easy." There is no fee for the presentation at the Chamber of Commerce conference room located at 423 N. Market St. For more information call Deb Shough at 562-1701.

Congregations join; search for minister

Maryville's St. Paul's Episcopal Church, St. Oswald's in-the-Fields in Atchinson County and the Episcopal congregation in Hiawatha, Kan., have joined together to form the Sacred Hills Regional Ministry.

The change follows the retirement of Father Larry Lewis, the local church's priest for 12 years. Church leader Channing Horner said one reason for the unification is to share clergy.

One of the guiding concepts of a regional ministry is the use of lay ministers. Horner said several members at St. Paul's Church have been trained for these duties.

St. Paul's Church is interviewing for a new clergy person and several people have expressed an interest in the job.

They expect to hear about a final choice for the new clergy person early in the new year.

School district plans 3 ground breakings

by **Mark Hornickel**
Chief Reporter

The Maryville R-II School District will take its first steps into Maryville's educational future Sunday when it breaks ground on three new projects.

District superintendent Gary Bell believes the innovations and renovations will be key instruments in the future success of education in Maryville.

"Last April the citizens of Maryville made a significant commitment to enhancing the educational facilities of the district with the approval of a \$9,485,000 bond issue," Bell said. "The new facilities will assist the faculty, staff and administration in continuing an outstanding tradition of providing excellent educational services."

The ground breaking ceremony will be at all three locations where improvements have been planned. The ceremony will begin at 1 p.m. at Eugene Field Elementary School. The middle school ground breaking ceremony will follow at the new site on West South Hills Drive. A ceremony at Maryville High School will be conducted before a brief reception in the high school cafeteria.

These ceremonies will be the beginning of the end to a long process that began in February of 1990 with a long-range planning committee. Seven years later, the School Board decided to proceed with the school district's building project.

"It feels really good to be able to meet the commitment we made to the community," Bell said. "There's been a lot of discussion since the project bids did come in over what our budget was, but the Board has worked very hard with the architects and engineering firm to keep the integrity and the commitment we've made to the taxpayers."

Lawhon Construction, the low-bid contractor, submitted a list of possible reduction items, which were presented to the Board Nov. 20. After a lengthy discussion, the Board made a final recommendation to deduct \$523,000, which Bell said came from each aspect of the project on all three buildings.

"It was a combination of all three projects, the materials, the finishes, cabinetry and things of that type," Bell said.

The low bid came in over a month ago with \$10,197,000, and the Board authorized Leo A. Daly to enter into negotiations with Lawhon to see

"It feels really good to be able to meet the commitment we made to the community."

■ **Gary Bell, Maryville R-II superintendent**

what cost savings could be realized.

The building project calls for a new middle school building, as well as additions to Maryville High School and Eugene Field Elementary School.

The Board has consistently emphasized the importance of the educational details for the project throughout the negotiations.

"I would say that we have kept the educational specifications," Bell said. "We've kept the educational integrity and welfare of the total curriculum in mind in making these reductions. So we're very pleased that we haven't cut in any way the educational programming."

City opposes landowners in Wabash suit

by **Toru Yamauchi**
Chief Reporter

Maryville officials decided to fight local landowners over land for the proposed site of the Wabash Trace Nature Trail. This action filed Monday was in response to the plaintiffs' petition to the Circuit Court of Nodaway County Division I.

The city filed a motion to dismiss for two reasons. The main reason was that the issue should be persuaded at the federal level.

The lawsuit will move into the discovery period. Both plaintiffs, includ-

ing primary litigant Harvey Williams, and defendants, Maryville and the Missouri Friends of the Wabash Trace Nature Trail, Inc., will try to clarify their arguments.

The plaintiffs' attorney Rochelle Ecker said although she thinks the lawsuit will take a long time, she is optimistic about the results.

"Now we're confident in the position, and (we're) moving forward," Ecker said.

David Baird, Nodaway County prosecuting attorney and the city's attorney, declined to comment.

Along with this lawsuit, two oth-

ers, also against the Friends of the Wabash, are proceeding another step.

A lawsuit involving primary litigant Danny Moore against the Wabash Trail in Atchison County will have a hearing if the Friends of the Wabash files a motion for summary judgment by Monday.

The other lawsuit went in favor of plaintiff landowners in Wilcox involving Carroll Lee "Bud" Boyles October at the Circuit Court of Nodaway County Division I. It is now in a process for the Friends of the Wabash to file a brief to the Missouri Supreme Court.

Center implements dementia program

by **Sarah Bohl**
Missourian Staff

Imagine looking around and seeing only unfamiliar faces or being in a strange room with unusual sights and sounds. Imagine feeling like walking or washing dishes or just doing something, but those unfamiliar people won't allow it.

This may sound like a nightmare, but it is a daily occurrence for patients with Alzheimer's, a degenerative mental disease which appears mostly in older people.

For a long time, caregivers at nursing homes and medical facilities have tried different ideas to help their patients cope with the debilitating disease. Local workers believe they have found a way to help. The Maryville Health and Rehabilitation Center is implementing a new program designed to improve care for patients with Alzheimer's.

"A lot of times we miss the fact that we can learn a lot from (Alzheimer's patients), because they have had vast experiences," executive director Sue Eckstein said.

Eckstein recently participated in a national task force that is trying to set up a new program in dementia care to be used across the country.

"We were selected as the outline of an ideal unit," Eckstein said. "We felt very lucky to be recognized as trendsetters for dementia care."

Quick facts about Alzheimer's

- The disease affects 6 percent of people over the age of 65 and 25 percent of those over 85.
- It is not exclusively a disease of the elderly. It can affect anyone over 30.

source: Alzheimer's Research Trust

Eckstein was one of 15 members on the task force. People representing almost every facet of long-term health care were invited to participate. Representatives from the corporate office, construction services, marketing, interior design and dieticians all contributed to the task force.

The group discussed everything from the first feasibility study, to training, to level of the clients, to special programming areas.

Eckstein was chosen to participate by Beverly Enterprises, who sponsored the event. Beverly Enterprises owns 650 homes across the nation, and it is the largest nursing home chain in the world.

Sheryl Ludeke-Smith, chairwoman of the task force, praised Eckstein and the Health and Rehabilitation Center for their work.

The center is one of two homes with dementia care units in Maryville. They opened in May.

"It is our fervent desire to set the standard in dementia care services," Ludeke-Smith said.

During the meeting, participants chose an advisory council and discussed new ideas for dementia care. Their work will be in a manual, which will offer guidelines for implementing the program to different nursing homes.

"Beverly Enterprises wants to take this program and fine tune it to do on a national scale and maybe market it to other nursing homes," Eckstein said.

During the course of the task force, Eckstein was able to share what she had learned from her own unit. The group discussed what needed to be changed and what needed to be added to take the program to a national level.

"Maryville is a largely rural area, and we wanted a program that could work in all geographies, from Missouri to Florida," Eckstein said. "It is important to consider differences in background to help better treat dementia care patients."

The program is based on the book "Enabling Freedom," which deals

with improving patient care. The program advocates using small group programming, such as cooking and washing dishes, to mobilize patients.

"Residents with dementia have such a high energy level, they can pace for hours," Eckstein said. "They maintain so well in this environment, where their actions aren't restricted."

Other aspects of the program involve a stress on interior design. Simple things such as wall border can help remind patients of what room they are in, such as a kitchen or bedroom, Eckstein said.

"We go into the patient's past to pull out their memories and then work them into the program," Eckstein said. "We have recently decorated a room to look like a parlor. Residents will sit in there and chat with each other for hours."

Some additions to the building have been made to provide residents with other ways of expending their energy, including a walking loop and an enclosed courtyard. Eckstein believes the future will see more and more units like this one opening.

"Our belief is that something can be done for people with dementia if we focus our thoughts and energies on person-centered care," she said.

The national convention was the first meeting of the task force, Eckstein said, but more meetings will probably take place soon.

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Dream Girl

Sarah Smith wins the first Kappa Sigma Dream Girl award after a four-category competition Wednesday night. Smith is escorted by Troy Teague, a Kappa Sigma member and was sponsored by Alpha Sigma Alpha. The fraternity raised over \$400 for the American Cancer Society.

Christina Collings/
Opinion Editor



Day promotes awareness

■ Student Health Services provides brochures, ribbons to inform about AIDS, HIV

by Toru Yamauchi
Chief Reporter

As the number of HIV cases around the world increase, World AIDS Day provided an opportunity to promote awareness of the disease Monday.

The theme of this year's AIDS Day was Children Living in a World with AIDS.

Joyce Bottorff, nursing coordinator for Student Health Services, prepared more than 100 brochures covering AIDS-related information and red ribbons to raise awareness for World AIDS Day. The brochures were distributed to students in less than an hour in the Union.

"It's a day to stop and remember about AIDS patients," Bottorff said. "I believe the population of HIV positive is going up instead of going down. (AIDS Day)

makes us think about it."

Bottorff started giving brochures on AIDS day four years ago. The main purpose was to provide more education and to remind students about AIDS.

"I think we are in a small community, so (students think) they are not threatened by AIDS," Bottorff said. "But they have to realize there is AIDS in northwest Missouri."

Although many students do not think they will be infected by HIV, they should be aware of the possibilities, Bottorff said.

"I think it's silly to believe there are not (HIV patients on campus)," Bottorff said. "Because we come from all over the world, and there is a possibility somebody on campus is positive, but I won't say (there is)."

Student Health Services provides a HIV antibody test for students for \$5. All the records are confidential. The results return two weeks after the test.

Bottorff said approximately 80 stu-

Quick facts about AIDS

- 5.36% of all AIDS cases have occurred in rural areas (less than 50,000 people)
- From 1991 to 1995, reported AIDS cases in the rural United States rose by 80%
- The majority of HIV infections occur between the ages of 15 and 29
- Between 1989 and 1995, rates of heterosexual HIV transmission doubled

source: Rural Center for AIDS/STD Prevention

dents take the test a semester. She hopes the number will increase with the awareness and information on AIDS Day.

"It increased when two young men came to an AIDS talk at the Charles Johnson Theater (last month)," Bottorff said. "The population of people calling really increased that time."

However, Student Health Services isn't the only organization promoting AIDS awareness.

CARE will sponsor a candlelight vigil at 7:30 p.m. Wednesday at the Bell Tower, for AIDS awareness.

Conception's Basilica undergoes renovations

■ Abbey's church congregation hopes changes will rejuvenate

by Sarah Bohl
Missourian Staff

New roof, walls and new windows aren't the only renovations being made at the Basilica of the Immaculate Conception at Conception Abbey. The congregation hopes the changes to the building will help revitalize their calling to God.

Abbot Gregory Polan, the monastery superior at the Abbey, finds symbolism between the renewal of the Basilica and the group's relationship with God.

"As we prepare to rededicate this sacred building, it is also essential that we prepare to rededicate our lives to our monastic calling and our apostolic work for the Church," Abbot Gregory said.

The first two phases of the project have already been completed. The third and most important phase of the project focuses on the worship space, according to Abbot Gregory. It began Oct. 22 with minor plaster demolition and the replastering of 75 percent of the church walls.

Windows showing St. Benedict, St. Scholastica and Christ will be represented in art glass placed above the worship space.

Thirty-two angel murals and 18 murals depicting the life of Mary will be cleaned and restored by Christy Cunningham-Adams, an international art restorer.

The restoration will then begin to adorn the walls with new designs and decorations.

When all these aesthetic aspects are completed, an altar, pews, kneelers, statues and plaques will finalize the phase and prepare the worship space for the arrival of a new organ. Some external work

will also be completed at this time.

Abbot Gregory said he hopes the renovations will spark a new sense of purpose in the congregation.

"These coming months will instill a vigor and enthusiasm for those things most essential in our lives — our prayer, the sacred liturgy, our monastic calling, our hospitality and our charity to one another," he said.

The congregation has been patient with the reconstruction even though their worship services have been disrupted by work in the worship area.

"Over the past 27 months, we've been having our services in two different places, the memorial chapel room and one of the halls in our seminary college," he said.

“These coming months will instill a vigor and enthusiasm for those things most essential in our lives. . .”

■ Abbot Gregory, Conception Abbey

The initial planning for the project was completed in December 1988. The first phase of the project involved planning, extensive repairs and stabilization of the outer structure. Waterproofing, brick work, installation of thermal glass and a new copper roof and steeple were all included.

The second phase of the project started in 1994. Workers created rooms to accommodate new heating, cooling and electrical systems. It also allowed for reinforcement of the footings and foundation. Ramps and elevators for the handicapped were added

as well.

The Basilica is expected to be completed and ready for daily Eucharistic celebration Dec. 8, 1998. This is the 125th anniversary of the founding of Conception Abbey.

Abbot Gregory said he is certain that deeper commitment to the group's monastic calling is important to the success of the project.

"Our celebration of the rededication of the Abbey Basilica will be most pleasing in God's eyes and fruitful for the growth of Conception Abbey and Conception Seminary College," Gregory said.

New hall director joins South Complex

by Mark Milosovich
Missourian Staff

South complex received a boost when Residential Life hired a new staff member in November.

Amy Baty took over the position as South Complex hall director, a position that was filled by the North Complex director throughout the fall semester.

Baty was thrilled to hear of her hiring.

"I was excited because I didn't have my plans settled," she said. "It is nice to know I won't be working at a restaurant all year."

The former hall director left during training in July which left the building with the one hall director, Colin Folawn.

Lacking a director was difficult, but needs were still met.

"It was not the ultimate situation,"

said Betty Dye, Residential Life Coordinator for Personnel Services. "Colin did a terrific job and no one really suffered."

Dye said a search started right away for a new director. Amy was hired in October but she was unable to actually assume the responsibilities until Nov. 10.

After reviewing her résumé and having a telephone interview, Dye believed Baty was the one for the job.

Baty, a graduate of Willamette University in Salem, Ore., learned about the opening from Folawn whom she attended college with.

She has only been here for a few weeks, and Baty is still adapting.

"I really hope I can learn about Northwest quickly so I can feel like I am part of the campus," Baty said. "I am impressed with how friendly and welcoming the people are here."

The Resident Assistants in South Complex have given Baty tremendous support.

"I look forward to meeting the students and planning activities with them," Baty said.

Sisters play active role in local hospital

by Russ Wetzel
Missourian Staff

Anyone who has ever received the services of Maryville's St. Francis Hospital has been part of a dream which began a long time ago.

Five of the Sisters of St. Mary order left Germany 125 years ago and arrived in St. Louis determined to help the sick and needy.

Experienced in caring for the sick and injured in war-torn Europe, they arrived unable to speak English. They had only \$5 between them and no formal health care skills.

However, within six years they built their first hospital.

Seven of the sisters, under the leadership of Mother Augustine Giesen, formed a new religious congregation called the Sisters of St. Francis in 1894.

The new order settled in Maryville and started what would eventually become St. Francis Hospital & Health Services.

Three of the sisters, Sister Carmelita Hovenkotter, Sister Louise Hirner and Sister Cecilia Pribil have remained in Maryville for over 60 years, caring for those in need.

"So often we find ourselves working with families who are having to make very difficult decisions about the care of their loved ones," Sister Carmelita said.

The sisters continue to stay active in the daily direction of the hospital.



At their November reunion, (from left to right) are Sister Louise Hirner, Bob Floeder, who is the great-nephew of Mother Augustine Giesen, Sister Carmelita Hovenkotter and Sister Cecilia Pribil.

Photo courtesy of St. Francis Hospital

"We listen to each family member and encourage all of them to come together in choosing options which will bring the highest quality of life to the patient," Sister Cecilia said.

Ten years ago, the Sisters of St. Mary and St. Francis reunited to form the Franciscan Sisters of St. Mary. The hospital celebrated these two anniversaries with 250 people on Nov. 9.

"The sisters have given us roots in quality, and that is our foundation as we strive to achieve excellence," said Twilya Henry, community relations director for the hospital.

The hospital proudly showcased several renovations to the obstetrics unit, diagnostic imaging (X-ray) and cardiopulmonary rehabilitation. In addition, they welcomed nine new medical personnel to their staff this year.

Henry said the hospital employees treasure the sister's leadership and it is their dedication which gives the facility its direction.

The SSM Health Care System is the 10th largest in America and includes 27 hospitals, 5,000 affiliated physicians and approximately 20,500 employees.

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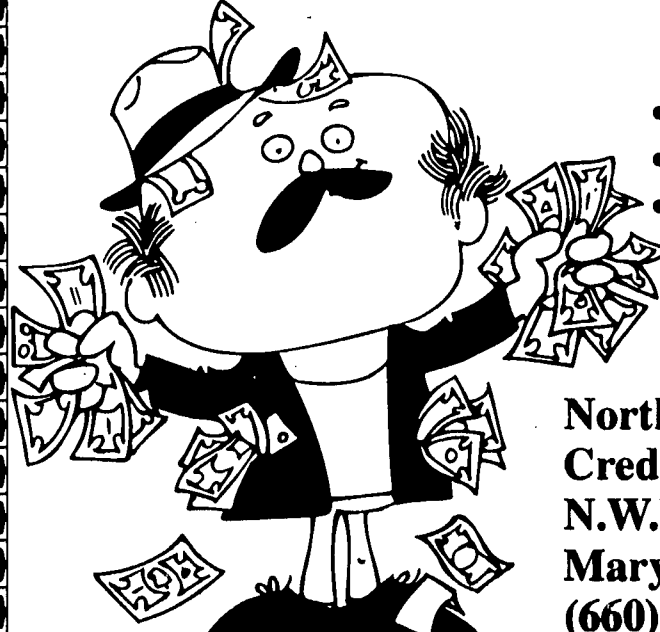
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Public Safety

November 25

■ After receiving complaints of minors in possession at a local establishment in the 400 block of North Buchanan Street, officers issued summons for being under the age of 19 in a bar to Molly J. Strait and Jeanna B. Waterman, both 18 and of Maryville.

■ Officers received a complaint of a male subject taking a bicycle from a porch in the 300 block of West Sixth Street without the owner's permission. The owner chased the male subject until he ran into a residence. Contact was made with the offender and charges are pending.

■ Officers served a warrant from Gentry County for attempt to escape to Tony F. Hastings, 19, Maryville. He is being held in Gentry County.

■ An officer took a report from a local business that a male subject attempted to take two packs of cigarettes. When he was confronted by personnel he threw the cigarettes down and fled the area.

■ A Maryville male reported that he had put his brown leather bag on a tool box in his truck. When he arrived at his destination, the bag was gone. He retraced his steps but did not find the bag. It contained a brown Italian leather wallet containing identification, credit cards, \$60-70, key and planning book. Estimated value was \$400.

■ Patrick W. Trahan, Maryville, had his vehicle struck by another vehicle, which left the scene.

November 26

■ An officer served a warrant from Andrew county for passing bad checks to Travis Sloniker, 26, Barnard. He was released after posting bond.

■ Kurtis D. Fink, Maryville, said he was travelling west through an intersection when he saw Heidi A. Baumert, Maryville, start to turn into his path. He attempted to avoid a collision, but impact occurred. A citation was issued to Baumert for failure to yield.

November 27

■ A female reported the theft of a black Case Logic CD case which contained approximately 40 CDs from her vehicle while it was parked in the 100 block of South Main Street. Estimated value was \$600.

■ Francis G. Mattson, Chillicothe, was eastbound on First Street and attempted to make a right hand turn. He was struck by Jodi P. Walker, Maryville, who was eastbound on First Street. A citation was issued to Walker for failure to maintain the highest degree of care.

November 28

■ An officer took a report from a

Maryville male who said that while his vehicle was parked in the 200 block of West Second Street, his Kenwood cassette player and two 10-inch Rockford Fosgate speakers were taken from the vehicle. Estimated value was \$400.

■ A Maryville male reported to an officer the theft of his Cobra CB radio from his tractor while it was parked in the 500 block of North Walnut St. Estimated value was \$200.

■ An officer took a report from a Maryville female who said that while her vehicle was parked in the 500 block of North Mulberry, a ring was stolen from it. The ring was described as a white gold engagement and wedding band that had been soldered together. The ring contained a 3/4 karat round-cut diamond. Estimated value was \$800.

November 29

■ Richard A. Jobe, 18, Independence, was arrested by the Independence Police Department on a Maryville Municipal Court warrant for failure to appear. He was unable to post bond, and he was transported to Maryville, where he is being held.

November 30

■ While an officer was on patrol in the 200 block of West Fourth Street, he observed a vehicle pull out in front of another vehicle almost causing an accident. The vehicle was stopped,

and the driver was identified as Jeremy J. Hoefflicker, 22, Maryville. While talking with him, an odor of intoxicants was detected. He was arrested on charges of driving while intoxicated after he could not successfully complete field sobriety tests and his blood alcohol content tested over the legal limit. He was also issued a citation for careless and imprudent driving.

■ An officer took a report from several Maryville females who said someone had broken into their residence and stole various pieces of jewelry. Estimated value was \$770.

New Arrivals

James Herman Moore III

Jim and Shelli Moore, Maryville, are the parents of James Herman, born Nov. 7 at St. Francis Hospital in Maryville.

He weighed 7 pounds, 11 ounces. Grandparents are Gary and Vivian Brunberg, Omaha, Neb; Theryl and Bobbi Dillon, Apache Jet, Ariz.; and Mary Moore, Shippensburg, Pa.

Mason Chandlor Morris

Bethany Gater and Robert Morris III, Maryville, are the parents of Mason Chandlor, born Nov. 8 at St. Francis Hospital in Maryville.

He weighed 8 pounds, 3 ounces. Grandparents are Ronald and Teena Gater, Columbia; and Melvin and Nina Allman, Ottumwa, Iowa.

Colton Roy Good

Russell and Amanda Good, Darlington, are the parents of Colton Roy, born Nov. 14 at St. Francis Hospital in Maryville.

He weighed 6 pounds, 13 ounces. Grandparents are James and Terry Harding, Denver, Mo.; Alex Degase, Maryville; and Elmer and Debbie Good, Gentryville.

Elijah Raymond DeMille

Alma and Sylvia DeMille, Allendale, are the parents of Elijah Raymond, born Nov. 21 at St. Francis Hospital in Maryville.

He weighed 9 pounds, 10 ounces and joins two sisters and one brother. Grandparents are Dale R. and JoAnn Hawkins, Kaysville, Utah; and Van and Janice DeMille, Hurricane, Utah.

Calle Jo Mattson

Rick and Lana Mattson, Maryville, are the parents of Calle Jo, born Nov. 27 at St. Francis Hospital.

She weighed 6 pounds, 8 ounces and joins two brothers.

Grandparents are Iva-Thompson, Maryville; and Ed and Hellen Mattson, Conception Junction.

Obituaries

Elma V. McCombs

Elma McCombs, 73, Skidmore died Nov. 19 at her home.

She was born Oct. 21, 1924, to Orville and Elma Fenton in Boone County.

Survivors include her husband,

Gerald E. McCombs; and nieces and nephews.

Services were Nov. 21 at the Price Funeral Home Chapel in Maryville.

Donna Jean Epling

Donna Jean Epling, 61, Maryville, died Nov. 20 at her home.

She was born May 27, 1936, to Carl and Anna Potter.

Survivors include one daughter, Vena McMichael; two sons, Gregory and David; two grandchildren and one sister.

There were no services; the body was cremated.

Jack Eugene Hutt

Jack Eugene Hutt, 67, Maryville, died Nov. 23 at St. Francis Hospital in Maryville.

He was born Nov. 22, 1930, to Charles and Viola Hutt in Blanchard, Iowa.

Survivors include his wife, Marjorie; two sons, Michael and Douglas; five grandchildren; two brothers; and nieces and nephews.

Services were Nov. 26 at the First United Methodist Church in Maryville.

Mollie Marie Turner

Mollie Marie Turner, 97, Maryville, died Nov. 29 at the Maryville Health Care Center.

She was born March 26, 1900, to Smith and Flora Amos.

Survivors include two daughters, Dorothy and Juanita; several grandchildren, great grandchildren and great-great grandchildren.

Services were Dec. 2 at the Price Funeral Home Chapel in Maryville.

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Anne LaBeaume
Tracie Lange
Stacy Vandeginste



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Graduates

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Nicole Voigts

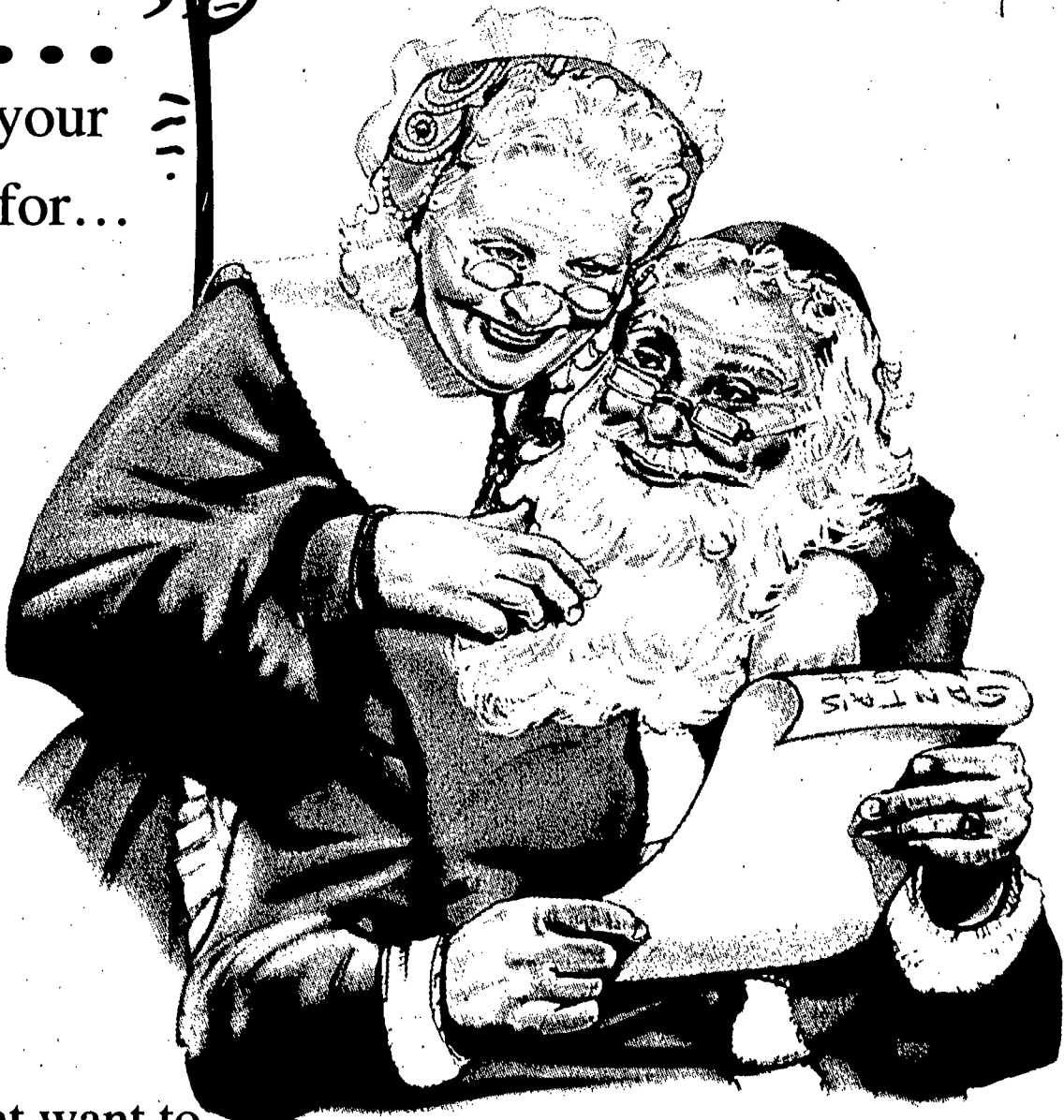
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Runners fare well at Nationals

by Wendy Broker
University Sports Editor

The NCAA Division II National meet Nov. 22 was the final step in the men's and women's cross country seasons, and they ended with high marks.

The women, ranked eighth going into the meet, finished fifth, while the men placed 13th of 17 teams.

Leading the women were senior Kathy Kearns, junior Lindsey Borgstadt and senior Carrie Sindelar, who finished 15th, 22nd and 32nd respectively in the 132-woman field. Kearns and Borgstadt gained all-American status, while Sindelar missed the honor by three places. Junior Jennifer Miller and senior Dana Luke finished out the 'Cats' top five at 48th and 61st. Freshman Megan Carlson and sophomore Becca Glassel finished 75th and 116th, respectively, for the team.

Bud Williams, women's head coach, said the team's performance was top quality.

"Nationals was our best meet of the season, considering the conditions, caliber of competition and general outcome of the meet," Williams said. "We were confident going in, felt we had a job to do, and simply went out to do it."

All of the women making their second appearance at Nationals improved on their previous performances. Kearns moved up from 18th and

Borgstadt jumped from 107th, while Sindelar and Luke improved from 106th and 110th.

Several factors went into the women's success and encouragement came from within the team.

"Last year's performance at Nationals was a little disappointing to some of us," Kearns said. "We wanted to prove to ourselves that we weren't just guests at Nationals, but we belonged there. We all wanted to be able to look back on it and smile."

The team accomplished its preseason goals and attribute the success to teamwork.

"The beginning of the season was really rough, but we formed a strong bond as teammates which helped us to try and achieve the same goals," Miller said. "We ended the season the best we could. It was a nice way to finish (the seniors' last) cross country season."

Men excel at National meet, place 13th

The men's cross country team competed in the National meet Nov. 22 in Wisconsin and finished well, placing above its No. 16 ranking at 13th.

The men were led by junior Robby Lane who placed 24th, and received all-America honors. Junior Don Ferree, sophomores Bryan Thornburg and Matt Johnson and junior Corey Parks packed up to finish out the Bearcats' top five at 62nd, 74th, 77th and 78th, respectively. Freshman Derek

Harriman took 92nd of the 132-man field and junior Brian Cornelius finished 93rd after pulling a hamstring during the race.

Rich Alsop, men's head coach said the meet wasn't the men's best, or worst.

"We didn't have a great or a bad team race," Alsop said. "I am not perfectly satisfied with our performance at Nationals, but then we are always looking for the possibility for improvement."

Team members also noted that the meet was not up to par for the men's season.

"We finished higher than we were ranked, yet we didn't run our best performance," Ferree said. "Hopefully, next year with the experience we've gained, we will be able to contend for the top five in nation."

The team accomplished what they set out to do this season, Lane said.

"It was a good season for the team, and we came a long way," Lane said. "As a team, we achieved our goals of finishing second in the conference and qualifying for nationals."

Alsop also said there were many team and individual successes this season.

"We had a great season, earned a lot of things and worked hard from top to bottom," Alsop said. "We can do a lot with a season like this. Hopefully this will set the stage for things to come."



Senior Kathy Kearns runs on a course of ice and mud at the NCAA Division II Championship in Kenosha, Wis. Nov. 22. The women finished fifth overall.

Bearcats triumph over Lions

by Kevin Schultz
Chief Reporter

By defeating the Missouri Southern State College Lady Lions, 86-76, Wednesday night, the women's basketball team saw the level of its play rise, while school records fall.

Senior guard Pam Cummings overtook the all-time career record for assists, when she dished out four in an overtime victory against William Jewell College Nov. 15. The previous record, which was held by Cummings' sister Sandy Nelson, was 598.

The 'Cats took their undefeated 6-0 record into Wednesday's game against the Lady Lions.

The start was rough for Northwest. Turnovers and fouls had the 'Cats staring at a seven-point deficit midway through the first half. But a stellar second-half perfor-

mance helped the Bearcats comeback and pull away to notch their seventh victory.

"The key to the game was heart," Winstead said. "We are still short a few players, but the girls sucked it up. At times we didn't play real smooth but we gelled it out."

Strong performances by Cummings and Coy, who both finished with 21 points along with Bohnsack's 19 led the way. Mattson was dominating underneath by pulling down 12 boards and Cummings contributed with 10 assists.

The success of the Bearcats has not come without some tough challenges, namely Rockhurst College who the 'Cats slipped past 71-69.

And after jumping out to a 4-0 record early in the season, the 'Cats took on undefeated Benedictine College and Wayne State College, knocking off both squads.

"Right now, we are playing really

well, but we haven't played with any consistency all year," Winstead said.

In the contest against Wayne State, the 'Cats started off shaky and went into halftime tied.

But the second half proved to be a different story, and the 'Cats turned it on, pulling away for a 72-63 victory.

"Inconsistency is our biggest problem right now," Winstead said. "But we have several players, especially our seniors, who are stepping up at the right times."

Northwest looks like it will keep winning as long as players keep stepping up.

With the wins Winstead looks to the regional polls in hopes of being ranked.

"Right now it's just talk," Winstead said. "Provided we keep winning, I expect to be ranked sometime next week."

'Cats fall to Wayne State, drop to 4-1

by JP Farris
Chief Reporter

The Bearcat men's basketball team has hopped aboard a rollercoaster of emotions in the past two games.

After defeating Drury College and Toulaloo University, the team placed first in the Ryland Milner Classic, Nov. 22-23, having three players named to the all-tournament team. Northwest was then dethroned by nationally ranked Wayne State University 94-69, Nov. 29.

"I knew it was going to be a tough ballgame," head coach Steve Tappmeyer said. "Defensively, we gave up too many open looks at the basket, and we didn't play every possession. We met a team that really shot the ball well."

Junior forward Matt Redd led the attack with 15 points and senior guard Shakey Harrington, who was the MVP of the Ryland Milner Classic, added nine assists. The Bearcats trailed 47-42 at the half, but after

shooting 37 percent from the field in the second half, the lead became 25.

"Right now our team is fragile in the second half," Tappmeyer said. "When adversity strikes, we don't have a five-man team right now that knows how to handle it. When we get down eight or 10 points, all we have to do is get some stops at the defensive end and get some good looks at the basket, but we kind of got in a panic state."

In early games against lesser opponents, the Bearcats used their offense to bail themselves out, Tappmeyer said.

"We got caught up in the first couple games relying on making plays on the offensive end to pull ball games out," he said. "You can't do that throughout the year without it jumping up and biting you."

Seven days separated the Drury victory Nov. 22 and the loss to Wayne State. The Bearcats will not play again until next Wednesday.

Tappmeyer said he did not really like playing only two games in 17

days, but the Sunshine Shootout in the Bahamas late in December will give them three games in four days.

"I think if our team approaches it the right way, we'll be fine," he said. "After playing a real good team that exploited our weaknesses, we could use a week to get everything right and learn from this."

The Bearcats own a 9-1 record over their next opponent, Graceland College with the only loss at last year's matchup with 75-70 loss.

"They're a dangerous team, they proved that last year," Tappmeyer said. "It's a game that we will not take lightly, I think it is extremely important that we go out and play well. You don't have to watch too many box scores to see that (the MIAA) has had teams knocked off by smaller schools."

The team still needs improvement, but it's at a good point in the season.

"This is an exciting time for our team, because we do have the potential to be a good team," Tappmeyer said.

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They were pleased to purchase over \$275 worth of student art and were extremely happy with Jason Southward's senior work.

They hope in the future members of the Northwest staff and administration will support their students and participate by bidding higher and buying more.

Dave's quote of the week:

"As the great Vince Lombardi would say, 'To be successful, you cannot practice some of the time, you have to practice every waking moment.'"

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Beneath the helmets

Stories by Colin McDonough

Football squad gives Northwest fans a season to remember



The 1997 Seniors: Front row: Kraig Evans and Dante Combs. Second row: Wade Hanson, Josh Baker, Matt Becker, Nick Inzerello, Jason Smith, Bobby Nelson and Adam Dorrel. Third row: Kevin Singletary and Broc Beaver.



Junior quarterback Chris Greisen celebrates with his teammates after the Truman State game. The Bearcats defeated the Bulldogs to keep the stick,

which is the oldest travelling trophy in Division II football. Northwest finished the season with a mark of 12-1.

Jennifer Meyer/ Photography Director

Turnovers doom 'Cats

Northwest suffers 2nd loss to Northern Colorado in playoffs

For the second straight year, the Bears of the University of Northern Colorado knocked the Bearcats out of the Division II playoffs, 35-19.

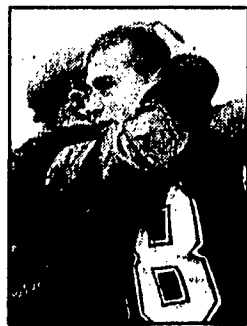
The only difference is that last year's game came down to the final seconds, and this one was decided early in the fourth quarter.

Northwest had a fourth and one at the UNC 12-yard line, and Northwest was trailing 28-19 with nine minutes remaining in the game. Junior quarterback Chris Greisen was sacked on the play, and UNC took over the ball. UNC moved the ball the length of the field to score the final points of the game.

"The kicking conditions were so bad I didn't think it was a choice," head coach Mel Tjeerdsma said, of going for it on fourth down. "The (cornerback) stayed where he was, earlier when we ran it he went away. You just roll the dice."



Jennifer Meyer/ Photography Director
Head coach Mel Tjeerdsma shouts to his team on the field. (Below) Matt Becker, senior tight end, receives a hug from a friend after Saturday's loss to UNC.



Jennifer Meyer/ Photography Director

Turnovers played a factor in the game as Northwest turned it over six times compared to only three for the Bears.

"Turnovers killed us," Greisen said. "I threw some stupid interceptions and without those it would have been a totally different game."

Tjeerdsma said turnovers were the biggest factor in the outcome as well.

"Turnovers were the whole difference in the ballgame," he said. "They are a better football team than a year ago, but if we don't turn the ball over, they're a team we can beat."

Northwest 39, NDSU 28

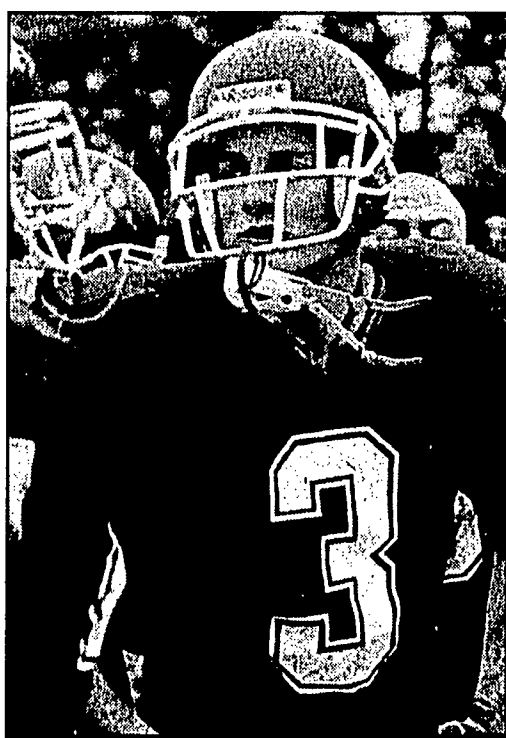
Northwest won its first-ever home playoff game Nov. 22 with a tremendous special teams performance from freshman receiver Tony Miles.

Miles turned the game around in the third quarter with North Dakota State University leading 21-12.

He returned a kickoff 86 yards for a touchdown.

Tjeerdsma said the team was not looking good, but the plays made the difference when they had to.

"We struggled, but we said we're a big play team," he said. "The big plays paid off."



Jennifer Meyer/ Photography Director

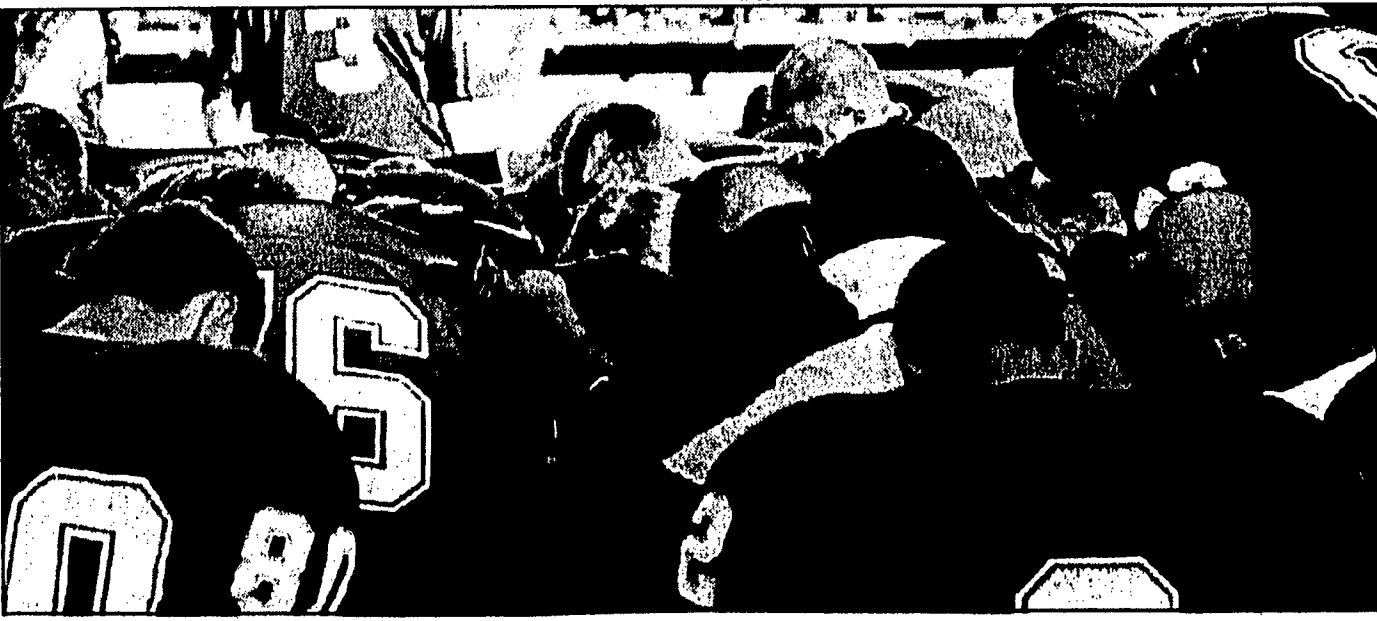
Junior safety Brian Sutton talks with a teammate after Saturday's 35-19 loss to UNC.



Jennifer Meyer/ Photography Director

Nick Inzerello, senior wide receiver, receives a hug from Michelle Falcon after the win over

North Dakota State University. Inzerello scored his first collegiate touchdown this season.



Jennifer Meyer/ Photography Director
Ryan George, No. 80, and Nick Inzerello, No. 2, along with teammates, bow their heads for the team prayer following the Homecoming game Oct. 18.

The seniors on this year's football squad have been through it all. From an 0-11 season to back-to-back MIAA championships and the second round of the NCAA Division II playoffs.

Mel Tjeerdsma, head football coach, said this group of seniors will never be forgotten in Bearcat lore.

"I'm very proud of what they have done, if you look at what they accomplished in four years," Tjeerdsma said. "They started at 0-11 to the last two years of finishing No. 2 and No. 3 in the nation. And to make it to the final eight, especially in a school that is not rich in football tradition."

"What they've accomplished is going to grow. We're going to see more success, and they are going to be a big part of that."

The lack of injuries played a factor in offensive tackle Adam Dorrel's senior season.

"This year I was thankful we didn't have injuries because early in the season we had a lot of guys that were untested," Dorrel said. "Some of our depth never became a problem besides Willie Cohen's (junior wide receiver) injury we didn't have an injury to a starter."

It is hard for Dorrel to pick out just one memory from the season.

"I can't pick just one point," he said. "But probably just being around the guys in practice and road trips. They were just a great bunch of guys, and they were real fun to be around."

Matt Becker, senior tight end, said his fondest memory of this season was when the team got back from the Pitt State game.

"All the games really run together," Becker said. "But I would have to say after the four-hour ride home from Pittsburg and having the marching band waiting outside of Lamkin playing the fight song (was my fondest). It really felt good. Four years ago, heck to have 10 fans in the stands was great let alone have the marching band playing when we got back."

Nick Inzerello, senior wide receiver, said he will remember a couple of moments from his senior year.

"The Pitt game (was my most memo-

orable moment) because not only did we accomplish a team goal, but just going down there and winning," Inzerello said. "The other would be the Missouri Southern (State College) game. I got to celebrate my first collegiate touchdown with my friends. I'll remember that forever."

It was difficult for Inzerello to walk off the field for the last time Saturday.

"It sunk in as I walked off the field," he said. "I was walking through the mud and

realized it was the last time I'd be on the field competing like that. It's been such a big part of my life for 17 years."

It is starting to sink in that none of them will ever play competitively again.

Dorrel said players from other sports can't duplicate what they do, but it's

hard to duplicate doing what a lineman does.

"Basketball players can play pick-up games and baseball players can play on softball teams," Dorrel said. "But with what I did you can't do that again. You can't put on the pads and play again."

The best part of Becker's career came during his freshman year in the final game of the season at Missouri Southern.

"My greatest memory of my four years was when we were 0-10 and went down to

Missouri Southern," Becker said. "We went down there hell-bent and played hard. We didn't win, but that didn't stop us from playing hard."

"We had maybe 12 fans in the stands, we ended up getting our butts kicked, and I remember my dad telling me after the game, 'If you stick it out, I'll always be there to watch.' He's only missed three games my whole career."

Becker said Tjeerdsma gave the team reassurance that the times would be changing for the Bearcats.

"He told us, 'I have faith that we're going to win. We're going to find out who wants to play, and we're going to win,'" Becker said.

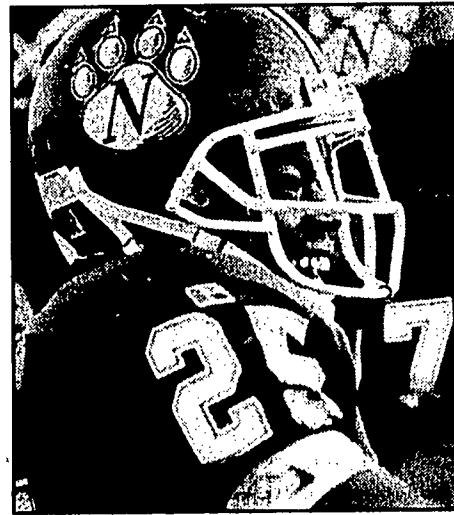
That faith has taken these seniors to the end of their football careers.

"When you are a senior, you look forward to the season, but when it ends it's not a huge deal," Becker said. "Sooner or later it all comes to an end. You've got to look past it. There is life past football."



Jennifer Meyer/ Photography Director

Students at Eugene Field Elementary school made posters to show the Bearcats their support.



Jennifer Meyer/ Photography Director

(Above) Senior Bobby Nelson, a junior transfer to Northwest, shows his excitement in adding another win to his career. Nelson boasts a 23-3 record as a Bearcat.

Coaching win No. 200

Boys' basketball coach notches historic victory

by Mark Hornickel
Chief Reporter

It all started with a coach. Mike Kuwitzky, head boys' basketball coach, remembers when he played basketball in high school in Lincoln, Neb., under a coach by the name of Ed Johnson. Kuwitzky was fortunate to be a part of one of seven state championship teams under Johnson.

"He was my mentor," Kuwitzky said. "He was a real inspiration and helped me in falling in love with the game."

Twelve years after he became head coach at Maryville High School, Kuwitzky posted his 200th career win Tuesday night when the Spoofhounds defeated Shenandoah, Iowa, 82-45.

"That was exciting," Kuwitzky said. "I'm really proud to be a part of this school system and the town. The kids are great, and they have a lot to do with it."

Kuwitzky did not even mention the achievement to his team until after the game in the locker room.

"That was great," senior forward Grant Sutton said. "I'm really happy for him. I'm sure it made him happy, and we were proud that we could be a part of it."

After the game, Kuwitzky was congratulated by several players.

"He makes us work hard," senior guard John Otte said. "And, if we don't, he comes after us. We're a very structured team, and he makes us do the little things."

Kuwitzky's players gave the 'Hounds an early lead in the game, claiming an 18-4 advantage at the end of the first quarter.

In the second quarter, the Mustangs were able to bounce back and tie the score, 20-20.

"They really picked up some momentum," Kuwitzky said. "They went on a run towards the end and picked up a really big gap."

The 'Hounds pulled away and went into halftime with a 38-24 lead.

In the second half, Maryville strengthened its lead on several steals that were converted into points.

"We executed well," junior center Mike Nanninga said. "There were not a lot of mistakes. We just shot layups the whole night."

All 14 'Hounds were able to get an opportunity to play, and each player was able to score.

"There wasn't just one person that contributed," Otte said. "It was a team effort."

Sutton led the 'Hounds with 14 points, junior guard Nick Glasnapp poured in 11 points and senior center Adam Weldon added nine.

Kuwitzky said Shenandoah has a young team.

"They're dealing with a new coach and a new program," Kuwitzky said. "The thing that I was most respectful of was that they really played hard. They have a lot of good young players, and they'll be a force to be reckoned with."

Maryville's next game will be 7:30 p.m. Friday when the Spoofhounds travel to Savannah.

Star players plagued by big problems



■ Scott Summers

What is wrong with today's athletes? I could write forever on this topic alone. But, for the sake of space, I am forced to point out only a few of the most recent ex-

amples. Still, that leaves plenty.

John Wooden, former UCLA basketball coach, seems to have hit the nail on the head when he said "Sports do not build character, they reveal it."

Two weeks ago, Michael Westbrook, a Washington Redskins receiver, proved to the entire world how one man's (gender specific only) selfish act can ruin his entire team's effort.

Westbrook, the same so-called man that sucker-punched a teammate during preseason training camp, threw his helmet in disgust at an official's call against the New York Giants. The outburst cost his team a 15-yard penalty and knocked the Redskins out of field goal range. The game ended in a 10-10 tie.

Scottie Pippen, Chicago Bulls forward, claims he is fed up with how the Bulls have treated him and says he will not play another game for the defending champions.

Pippen, who will always be recognized as Michael Jordan's less-talented sidekick, refuses to honor his multimillion dollar contract for the remainder of the year.

The Bulls will struggle without Pippen, but he was never the one who could fly.

Here are the top five players who even make me look smart:

No. 1 — Michael Westbrook. No explanation necessary. The worst of the worst.

No. 2 — Charles Barkley, Houston Rockets forward. It appears as if the only thing Barkley has done right is when he publicly announced that he was not a role model.

No. 3 — Roberto Alomar, Baltimore Orioles second baseman. Known for his dazzling defensive skills on the diamond, Alomar became baseball's most hated player after spitting on umpire John Hirschbeck two years ago.

No. 4 — Mike Tyson, professional boxer. Evander Holyfield must have had a good laugh when the ear-biting, convicted rapist fell off his motorcycle.

No. 5 — Fill-in-the-blank. More athletes are ending up on the wrong side of the law everyday. This spot is reserved for the next person who proves that maybe they should have done more than play sports during high school.

Did you make this one?

no.

Did you make this one?

NO.

How 'bout this one?

Nope.

This one?

Maybe.

Wrestlers open season tonight

by Mark Hornickel
Chief Reporter

The wrestlers at Maryville High School have been waiting for this day. The team finally battles someone other than themselves.

The Spoofhounds will grapple with Maysville High School at 7 p.m. tonight at home.

Head coach, Joe Drake said it is important for the Spoofhounds to do well at the meet.

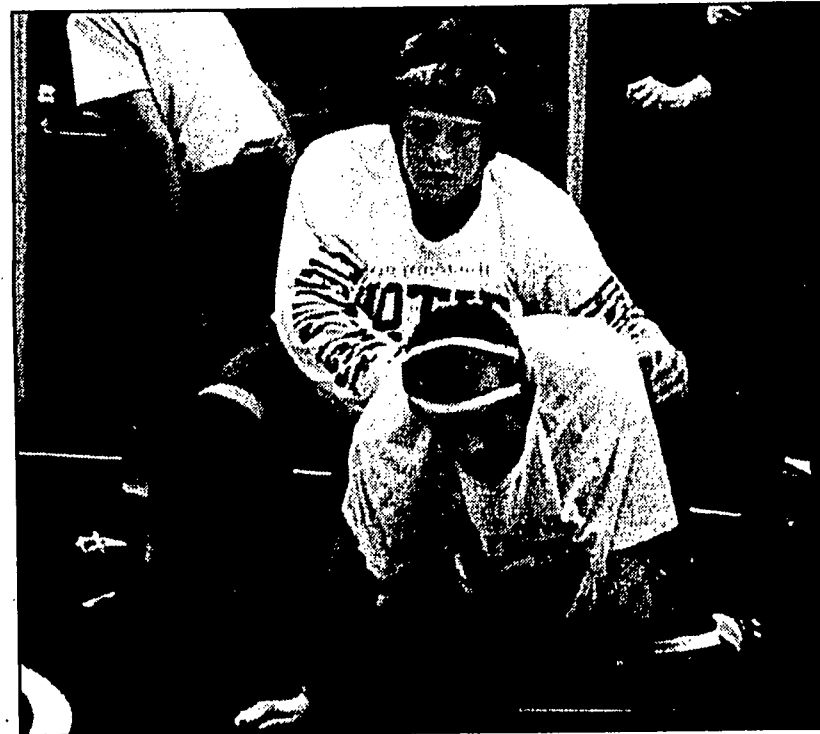
"One, it's important to get a good start," Drake said. "Two, we need to use it as an evaluating tool to see what we need to do in practices."

Drake said the 'Hounds will face a team that is not as strong in some weight classes as it has been in previous years.

"Their kids will be very competitive," Drake said. "They have a lot of very good individuals."

The 'Hounds are ready to test how good they really are.

"The intensity has been very good," Drake said. "We definitely need a match, but the attitude has been very positive so far."



B. J. Linnenbrink/Contributing Photographer

Seniors Chris Barmann and Will New work on their techniques during practice Wednesday. The wrestling team begins its season tonight against Maysville.

'Hound girls drop game to Savages, 51-31

by Burton Taylor
Missourian Staff

The gymnasium was overflowing with support for the girls' basketball home opener Tuesday. The team battled the Savannah Savages and lost, 51-31.

Head coach Jeff Martin said he knew going into the game that it would not be an easy one. The Savages were faster and had more experience than the 'Hounds.

"When you take a step up in competition and you have not played much together, you're going to make some mistakes," Martin said. "But we played a really good ballgame tonight."

Martin said the team started out

"We learned a lot about ourselves tonight and found some things we can work on."

■ Jeff Martin, girls' basketball coach Maryville High School

strong, despite trailing 10-2 early in the first quarter.

At the end of the second quarter, the Savages had pushed the 'Hounds to the wall, leading 22-8. The Spoofhounds were not able to catch the Savages for the entire game.

The team realized it had some

things to work on before the contest, but Martin said the game really helped and gave the team a little experience to stand on.

"We learned a lot about ourselves tonight and found some things we can work on," Martin said.

Kari Baumgartner, senior point guard, attributes the loss to the players not having been able to get comfortable with each others' style of play.

"A lot of us are new and have not played together at all except for a little this summer," Baumgartner said. "A little practice and a few more games will get us pretty far and better with our game."

Martin said the team's defense is a major strong point and is something

that will help them through the season.

"I feel that keeping them at only 51 points was good and that we did a pretty good job defensively," Martin said.

In the first half of the game, the 'Hounds committed a few more turnovers than they would have liked. Martin believes it was because they were constantly trying to catch up.

"We were trying to make up a big deficit in just one trip and got in a bit of a hurry," Martin said. "We need to take our time and work the ball inside, which I think we did a little better in the second half."

The team's next game will be at 8 p.m. Friday against Benton High School at home.

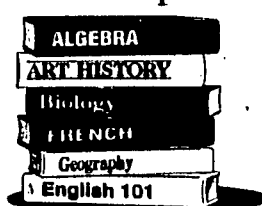
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EXERCISE



Who says the only exercise a student can do during this hectic time of the year has a deadline and requires a grade? Taking a break from exercising your brain and focusing on your body will help you during these next few weeks.

by Stacy Young

Fitness may be the cure for those final exam blues. Maryville and Northwest offers many workout facilities that anyone with a little unwanted stress can appreciate.

Maryville

Two Maryville businesses focus on shaping bodies and relieving stress. Aerobic Energy, located in the Maryville Center shopping complex, is an aerobic facility. Owner Lori Stiens specializes in step aerobics, but offers slide classes and body sculpting as well. Stiens is dedicated to keeping her customers happy and fit.

"Since everyone here only has an hour to workout, I try to incorporate as much as possible in that hour," Stiens said. "I also like variety so you don't get bored. Boredom is the number one dropout reason."

Stiens wants prospective members to utilize the free trial class at Aerobic Energy to ensure a good experience. No appointment is necessary. A monthly membership is \$25, and \$10 is taken off the price of a three-month membership.

There is a wide variety of blood-pumping classes to choose from, and everyone is welcome to join.

"I feel there are many different levels of fitness," Stiens said. "Anyone who can stick with an exercise program of flexibility and strength and can feel good about what they're doing is fit."

Another business dedicated to fitness is Looks Salon and Fitness Center, located on the west side of the square. This facility features a variety of Nautilus equipment used for strengthening specific muscle groups in the body. Looks also offers free weights and cardiovascular equipment including treadmills, stationary bikes and steppers.

For those who need a little extra boost to develop a fitness plan, personal trainers are available. The trainers assist in workouts and devise customized plans for their clients.

"For a beginner, the trainers would usually just work on getting the heart rate up because that is very important," Looks employee Nicole Elliott said.

The starting fee for a Looks membership is \$30 a month, but reduced rates are available for those interested in joining for longer periods of time. Anyone is welcome to walk in and workout at the facility.

Northwest

Walking-distance workout possibilities are available for students at the Student Recreation Center and the Fitness Center on campus.

The Rec Center features basketball courts with the capability to set up badminton, volleyball and tennis courts. A suspended indoor track highlights the building. Universal weight sets used for circuit training and strength conditioning are also on the second level.

If a game of golf or any outdoor excursion sounds like fun, golf clubs and various other outdoor and indoor athletic equipment are available to borrow.

The Rec Center hopes to draw in more students because they are not seeing the facilities being used as much as they would like.

"Maybe people just don't know what is out there," said Heath Powell, recreational sports graduate assistant. "They don't take the time to even come try it out once."

While full-time students can enjoy the facility free of charge, community members are also welcome. The fee for one full year is \$125 and can be broken down into smaller payments for

shorter memberships.

"Because I'm a freshman, and was going away from everything I knew at home, it was good to have a place like the Rec Center," Brigid James, psychology/sociology major said. "Working out helped me to relieve stress and get motivated."

The Fitness Center, located on the ground floor of Lampkin Activity Center, offers an energetic atmosphere and a variety of workout options, including circuit training, exercise bikes, step machines, Nordic Tracks and free weights.

Anyone is welcome to join the Fitness Center. Students enjoy the lowest rates of \$50 a year or \$30 a semester. University employees can become members for \$80 a year or \$45 a semester. Members of the community may join for \$110 a year and \$65 a semester.

Many residence halls provide fitness opportunities as well. Most are equipped with some kind of exercise facility. Students should check to see what their own residence hall have.

With all of these fitness options available, it makes it easy to take a break from the books and relieve a little stress by going to exercise.

STRESS: It eventually affects all of us, but it's fairly simple to control

by Jason Tarwater
Missourian Staff

The time is drawing near. The weather is finally getting cold, deadlines are approaching and one word is on many students' minds — finals.

With those dreaded finals comes a considerable amount of stress.

Joyce Bottorff, nursing coordinator at Student Health Services, said she can see the signs of stress on campus.

"People who have never been sick before in their lives are coming in to us sick," Bottorff said.

Other warning signs of stress Bottorff mentioned were depression, suicidal tendencies and homesickness.

Bottorff said there are several physical things that can be done in order to help relieve stress.

"You have to get a lot of sleep," Bottorff said. "You need seven or eight hours a night. You also have to have a nutritional balance and find time to exercise."

While exercise is important, Bottorff said it is usually the least of

most students' concerns.

"With all the things that are overwhelming the students, they say that they don't have time for exercise," Bottorff said. "They need to make priorities and stick to a schedule. They have to at least go walking (or something)."

While stress is natural during this time of the semester, one group seems to be hit harder than others.

"(We've been) getting the freshmen signs," Bottorff said. "It normally happens right off the bat. They are very overwhelmed. They say it's a lot harder than high school, and they just aren't sleeping."

Although freshmen troubles may not be a surprise to some, Bottorff said seniors have equal problems with stress.

"Sophomores adjust and juniors adjust, but for seniors, this is a reality check," Bottorff said. "They're worried about getting out — worried about getting a job."

Liz Wood, director of the counseling center, said when a student comes to her, she tries to work with the student to find ways to put more

time into their schedule so the student doesn't feel as overwhelmed.

"What we try to do is look at their schedule and try to talk to them about a number of things to (take off), which is overwhelmingly terrible to them," Wood said.

Amber Monroe, Millikan hall director, agrees and said the way you spend your time determines your stress level.

"Not procrastinating helps a lot," Monroe said. "The way you manage your time is important."

When students are unwilling to compromise their time, Wood said she offers other suggestions.

"We then work on stress reduction," she said. "We work on relaxation techniques and teaching them how to take breaks."

Monroe said different types of stress relief works for her. She said listening to enjoyable music and acting like a little kid are always great ways to relieve stress.

"I own more toys now than I did when I was younger," Monroe said. "I have huge collections of Play-Doh and I color a lot. It really does help."

Weight-loss drugs hinder dieting

by Heather Butler
Missourian Staff

Obesity affects one in four adult Americans. Each year, over half of Americans go on a diet. Although weight loss seems simple, almost 44 million Americans are overweight.

Dieters spend an average of \$30 billion a year on commercial weight-loss programs according to *Food Insight* magazine.

Almost any commercial weight-loss program can work, but the trick is it must be motivational. To find the right diet for an individual's specific needs, they should look for something directed toward slow, steady weight loss.

A good weight-loss program includes weight maintenance. *Food Insight* reports that two-thirds of weight lost from dieting is regained within one year, and almost all the weight is regained within five years. Because of this, many experts are beginning to shift their focus to the concept of weight management. Adopting a healthy lifestyle, with a reasonable approach to calorie consumption and

exercise, could help manage being overweight better than traditional strategies.

If regulating your own diet isn't possible, realize that you are not alone. Thousands of people use weight-loss pills and programs.

"Any kind of chemical used to lose weight only works for a little bit," said Joyce Bottorff, nursing coordinator for Student Health Services. "You need to make the right choices when eating food and exercise."

Although the popular Phen-Fen pills were recently deemed dangerous, there are many other products on the market that promise to help in the weight-loss process.

Aoqili is a soap that is advertised to eliminate fat layers. It is made from the elixirs of undersea plants which reduce the accumulation of serious fluid and astringent in the skin.

A better known way to lose weight is the weight-loss pill Redux. It is a prescription medication that decreases a person's appetite by changing levels of certain chemicals in the brain. The safety and effectiveness of Redux hasn't

been determined and certain people should avoid it, such as those with pulmonary hypertension.

Chitosen is another popular weight-loss pill that neutralizes fat after it enters the stomach and spares the body from having to deal with it.

"I believe weight-loss pills are a scapegoat from exercising and eating right," said Jared Jackson, physical education major. "It's society's way of saying they're on a diet and still eating junk food and not exercising. If they want to lose weight, they should eat right and exercise diligently."

A recent study by Steven Blair, an exercise physiologist at the Institute for Aerobics Research in Dallas, compared volunteers who dieted to those who dieted and exercised for one year. The diet plus exercise group lost more weight and fat.

"Exercise builds muscle tissue, and muscle cells burn more calories while you are resting than fat cells," Blair said. "The more muscle you have, the more energy you burn while at rest."

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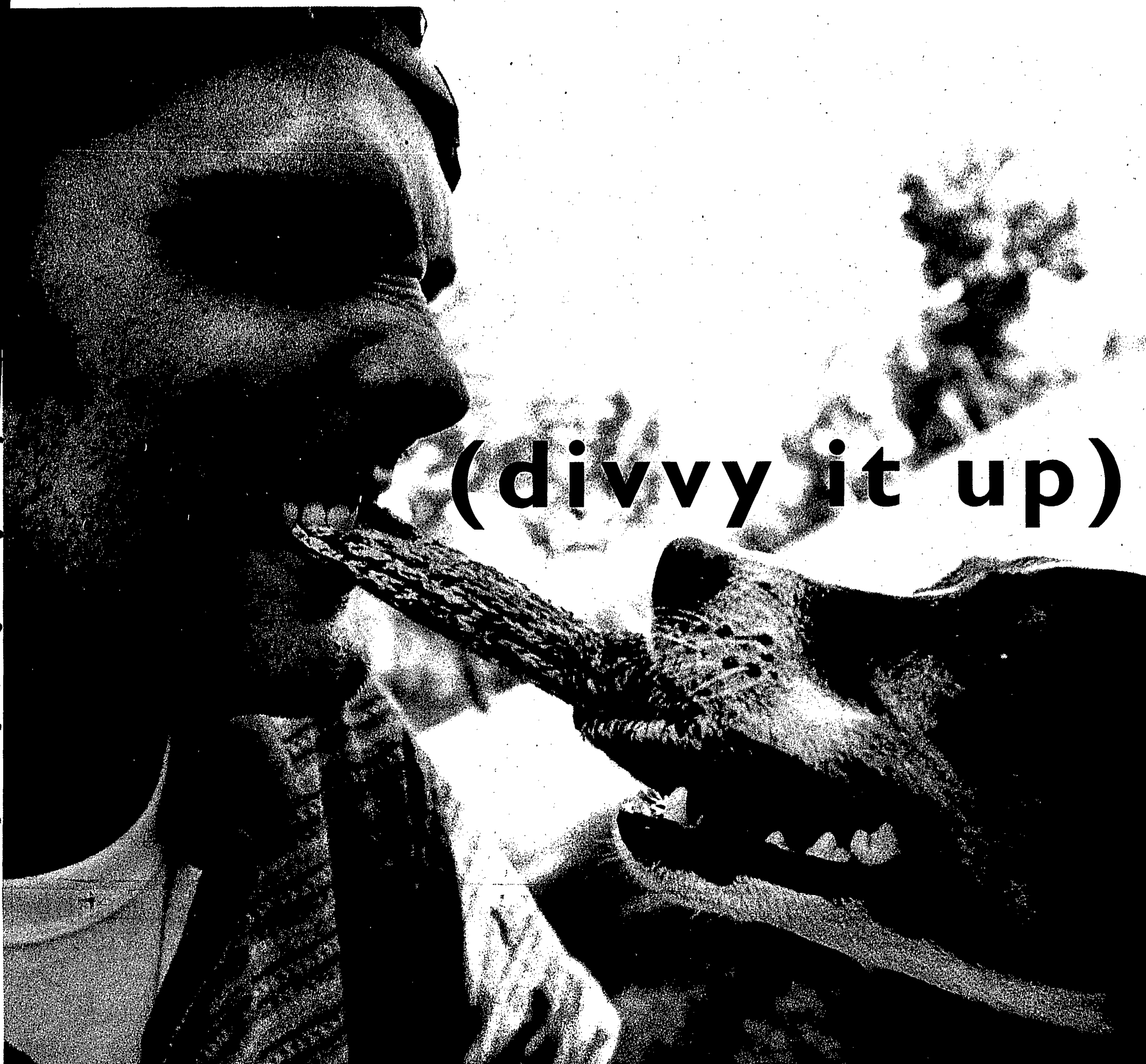
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The Stroller

Helpful tips for dealing with finals



The Stroller

Your Man shares focus for the last two weeks of semester

I figured I would start off this week by congratulating the football team for another thrill-packed season for Northwest. This school is much more pleasant than it was three years ago when we had a losing season. I'd also like to congratulate Kathy Kearns for another outstanding year in women's cross country. If you'd like to know Kathy, her name is in the Nov. 24 issue of *Sports Illustrated*. I thought that was cool.

Since I am not allowed to make my normal observations of campus that most of you have come to love, I figured I would help students who are having trouble getting focused for the last two weeks of the semester. Instead of complaining about other people complaining about their life, I thought I would help them out.

Here are my tips to five days of an organized life — just in time for finals.

Day 1 — Make a list of rewards, they can take 15 minutes to two hours. They can be going out and getting drunk, golfing or my favorite pass time — napping.

Day 2 — Write down goals you need to accomplish in the upcoming weeks. Dissect them into manageable, bite-size bits. Develop a plan of action. It could be calls you have to make, errands, appointments, papers due or tests to study for.

Day 3 — Transfer these goals to a notebook. Divide them into sections such as calls, errands, to do lists and things to write.

Day 4 — Transfer the information to a calendar, such as appointments and deadlines, from the notebook and give time for your rewards. Allot time for everything — only take time out for your rewards if you get the allotted tasks done for the day.

Day 5 — Each day after this day, create a short daily "to do" list by choosing a few reasonable tasks from the notebook and scheduling them when there are breaks in the calendar.

This should help students get a little organized by the time finals hit. After that, you can go back to procrastinating. If you don't get organized by then, here are some study tips to help you out.

No. 1/Rehearse, repeat, review:

The most self-explanatory of all study aids, we know that it works, yet rarely do we sit down and do it.

Look over the material, take it away, think about it and repeat it to yourself. Look back at the material and change anything you did not get correct, keep doing it until you get it down.

No. 2/Association:

Connect the new information or images with something you already know. If you make a very bizarre, unusual mental image, you will remember it better than you would a more common one.

No. 3/Visualize:

Make something concrete on paper so you can visualize it in your mind's eye. Write the information in a certain fashion on the paper, stare at it and visualize it in your mind. If you can remember what the page looked like, you may be able to recall the information. Try it, you'll be surprised.

No. 4/Mnemonics:

Use a picture for association. Draw a picture of the basic information you need to know, you will be able to recall the picture a lot easier than the text. If you recall the picture, then the text will jump out of it.

No. 5/Encloser:

Organize pieces of related information according to some sort of logical order. Pieces often are grouped in categories by similarities.

Good luck with the last week of school — don't worry it's almost over.

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Northwest Missourian

Weekly Crossword

ACROSS

1. Kettle and Rainey
4. Wallace's hero
7. Pivotal
10. Fall into an easy chair
12. Rebound
14. Pay
15. Corona
16. Bryant, of OJ ads
17. First name in lingerie
18. Katmandu's country

DOWN

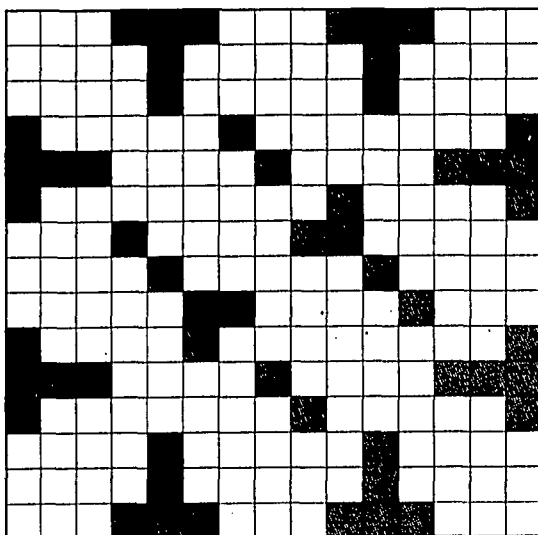
20. Parodies
22. She scats with cats
24. Guided missile
25. Able to happen
28. Stadium level
31. Appreciative taster's cry
32. ...cat (form of baseball)
33. "The Fox and the
35. Guitarist Clapton
37. Seeds
40. Check end
41. Wyoming mountain
43. Scout Carson et. al.
45. Naval rank (abbr.)
46. Son of Isaac
47. Climbed
49. Government agents
51. Sandusky's waterfront
52. Comestibles

55. Down

58. Province in Spain
59. Jaun's friend
61. Cluster
63. First name in fashion
64. Dressed to the
65. Farm structure
66. Neighbor of Israel
67. Generation
68. Suit to a

Answers to last issue's puzzle

PISA	HEATS	LONG
USAF	ARROW	EPPE
TIFF	PRIDE	TEXT
STEEPLE	DEDUCTS	
COED	TAP	
GRATIS	ACES	BAD
LILI	SENO	ARMY
OLIO	TNT	BABE
BEAN	CAUSE	OVER
EDS	ROLL	COMERS
NAY	THAI	
COLOGNE	HORNETS	
ANAT	ELSIE	ALEC
GENE	SKIERS	TINA
ERAS	SERFS	EAST



DOWN

1. Speed rate (abbr.)
2. Bates of Georgy Girl
3. Only
4. Solo of Star Wars
5. The Haj author
6. Volleyball command
7. Green vegetable
8. Soufflé needs
9. Vocal support
11. Orate
12. Vocations
13. Euler's forte, for short

14. Woes
19. In addition to
21. Small bit
23. Busy as (2 words)
25. Strained food
26. Forgets
27. Happy birds
29. Lauder of cosmetics
30. Boxing unit
31. Though
34. TV network
36. M&M feature
38. Shrews' kin
39. Quadraphonics halved
42. Rigescant

44. Upstart
47. Lack-of-pep cause
48. Writing stands
50. Love of life
52. Hard to hold
53. Activist
54. Inform, slangily
56. Don't bet (2 words)
57. Spook on the inside
58. Altos
60. Golly's kin
62. Loafer tip

Area Events

Kansas City

Dec. 4 — Joanna Conner, Grand Emporium.
Dec. 5 — Hurricane High Dance Party, The Hurricane.
Dec. 5 - Jan 1 — "Little House Christmas," Coterie Theatre.
Dec. 5 - 24 — "Nutcracker," Midland Theatre.
Dec. 5-6 — Chubby Carrier and the Bayou Swamp Band, Grand Emporium.
Dec. 6 — The Walk of Stars, Station Casino.
Dec. 9 — Puff Daddy and the Family, Kemper Arena.

Omaha

Dec. 4 — "Emmanuel," Omaha Civic Auditorium Arena.
Dec. 4-7 — "Nutcracker," Orpheum Theatre.
Dec. 06 — Indigo Girls, Omaha Civic Auditorium Music Hall.
Dec. 10 — Deftones, Ranch Bowl.
Dec. 13 — Seven Mary Three, Ranch Bowl.
Dec. 16 — "Wallflowers," Aksarben Coliseum.
Dec. 16 — Jim Brickman, Omaha Civic Auditorium Music Hall.
Dec. 17 — Lorie Line, Omaha Civic Auditorium Music Hall.

Des Moines

Dec. 5 — Snowflake Celebrations, Des Moines Civic Center. (515) 243-1109.
Dec. 7 — Mancows Jingleballs 97, SuperToad.
Dec. 8 — Canadian Brass, Des Moines Civic Center.
Dec. 11 — Corey Stevens, SuperToad.
Dec. 14 — Handels Messiah, Des Moines Civic Center.
Dec. 16 — "Nutcracker on Ice," Des Moines Civic Center.
Dec. 18 — Micheal Peterson, SuperToad.
Dec. 31 — New Years Eve Gala, Des Moines Civic Center.

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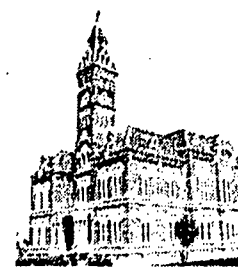
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Northwest Missourian

BRIDGING THE GAP BETWEEN CAMPUS AND COMMUNITY



Thursday, December 4, 1997

Volume 71, Issue 14

2 sections, 20 pages

Northwest Missouri State University, Maryville, Mo. 64468

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Governor recognizes Quality Award

by Jacob DiPietre
University News Editor

Winning the Missouri Quality Award did more for Northwest than one may think.

The recognition that came with the award was enough to bring together the governor, the University president and numerous students.

"Celebrate Northwest" was an opportunity to promote the University and its recent accomplishments.

One guest the University wel-

comed was Gov. Mel Carnahan. He came to help Northwest celebrate the Quality Award and the 10-year anniversary of the electronic campus.

The program started with Angel Harris-Lewis, Student Senate president welcoming the crowd. Speeches by University President Dean Hubbard, John Politi, executive director of the Excellence in Missouri Foundation, and Carnahan followed.

Football captains Dante Combs and Adam Dorrel and cross country runner Jennifer Miller presented

Carnahan with mementos from Northwest.

Another reason for the special celebration was to give those who were not able to attend the official award presentation in Jefferson City a chance to share the award.

After Harris-Lewis and Hubbard spoke, Carnahan congratulated Northwest on its accomplishments including having the first-ever electronic campus, the new trimester calendar and the Quality Award.

Carnahan emphasized trimesters

program because he has had some experience with a trimester calendar. He said the enhanced summer schedule Northwest is offering will have many advantages for students.

"I'm very excited," Carnahan said. "I actually went to school in a situation where I took advantage of that type of schedule. The school that I went to, George Washington University, had a 15-week summer schedule."

"It will permit people to get degrees faster, if they wish to acceler-

ate to make up work," Carnahan said. "It seems like a positive move."

While Carnahan likes the new trimester calendar, he did go on to mention that if the trimester calendar is a success at Northwest, it would not be forced on other schools around the state.

"I would imagine that it would be imitated by the other institutions," Carnahan said. "But that is one of those things that I would be very doubtful that we would try to impose from Jefferson City."

Quick reader.

A fast grasp on the situation.

Why was the governor at Northwest?

To congratulate Northwest on its accomplishments including the first electronic campus, the new trimester calendar and the Quality Award.

Who were the speakers?

Angel Harris-Lewis, University President Dean Hubbard, John Politi and Gov. Mel Carnahan

Representative visits Maryville

■ Danner speaks with local constituents about Congressional bills

by Lindsey Corey
Community News Editor

With Congress in recess, District 6 Rep. Pat Danner, D-Mo., found time to visit with constituents Wednesday in Maryville.

The congresswoman spoke to members of the Maryville Chamber of Commerce and community members at the Nodaway County Senior Center. She gave a report to the Maryville Rotary Club about the first session of the 105th Congress.

Several senior citizens stayed for the morning discussion and were concerned about what Congress was doing for them.

"A commission is forming to address issues of entitlements such as Medicare, Medicaid and Social Security," Danner said. "We are trying to bring respected seniors from all over to serve on the committee. Hopefully, when the president is a lame duck and can't run for reelection, he will make a move in the direction to advise us."

Danner said action was also being taken on the national level to improve the lives of youth and elderly.

"It's never a question of seniors in opposition with children, because the seniors are the grandparents of the youth," Danner said. "As far as I know, nothing is being taken away from the seniors, and a health insurance program for children who can't afford it was passed this session."

One parent was concerned with the requirements of daycare providers. Danner said there is nothing being done on the national level concerning standards.

"We must be extremely careful when we leave our most valuable asset — our children, with someone we don't know," Danner said.

Another problem mentioned by an audience member was violence on television.

"There is very little being done

because of the first amendment that grants freedom of speech," Danner said.

Danner said she noticed a "general downsizing of moral values" and the violence dilemma goes beyond television with new technology.

"The problem on the horizon is the Internet," she said. "Virtually anything is accessible, even including recipes for the production of meth-amphetamines. Even if you have it blocked in your own home, they may see it somewhere else. It's difficult to raise children today."

Danner told the audience that she filed a bill several months ago that would provide a nationwide emergency cellular phone number. She emphasized its importance after a holiday weekend tragedy.

"A couple was driving on U.S. 71 (in Missouri) and noticed an erratic driver in front of them," Danner said. "They tried to call law enforcement on their cellular and talked to four separate entities. Before they reached the police (in that area), the driver crossed the median, hitting a vehicle. Three people, including the driver, died because a woman (from Kansas) didn't know the Missouri cell phone emergency number."

Danner said the bill is important because many people carry phones.

"It has become the accepted norm to have one in your car for safety on the road," she said. "There is no way of knowing what the code is. There is a nationwide 911, so why not a nationwide cellular emergency number? Hopefully, I can convince the powers that be that it is not costly for the federal government and it's important."

Danner told the story of one St. Joseph resident who contacted her. The man was concerned because he used to get bread from Wal-Mart to feed the needy, but the corporation pulled out because of fear of liability. Danner suggested he look into Missouri's Good Samaritan Law. She also did research and found that not all states have similar laws and few offered protection from liability suits.

'TIS THE SEASON



Jennifer Meyer/Photography Director

Mr. Macy (center) and the company of "Miracle on 34th Street" sing a musical number to a near capacity crowd Tuesday at the Mary Linn Performing Arts Center. The production was put on by A Troupe America, Inc. and Mainstage Productions. The show provided an opportunity for students and families to celebrate the beginning of the holiday season. CAPS will bring other Broadway productions to the Mary Linn this year.

CAPs brings 'Miracle' to University stage

by Stephanie Zellstra
Assistant News Editor

Holiday cheer, festive singing and bright Christmas lights are just a few things that make the Christmas season special and full of wishes and miracles.

Campus Activity Programmers joined in making the season special by sponsoring the sold out performance of "Miracle on 34th Street" Tuesday night.

University students and commu-

nity members enjoyed the musical.

"These types of shows are really more geared toward the community," said Jennifer Davidson, CAPs vice president. "We want to get the community involved with campus activities. Personally, I think this is a way that the community can get a better view of what the college students are like."

Davidson said CAPs' hopes were to have the performance be sold out.

Their wishes came true with the

tremendous turnout. They are also very happy with the community response from this production and other Broadway musicals as well. "Miracle on 34th Street" was produced by A Troupe America, Inc. and Mainstage Production.

Many families especially enjoy the Christmas productions that are brought to Northwest each year. Terry Thurnau and her family try to come to one or two performances at Northwest a year.

"We try to do something special

around Christmas as a family, and this year we decided to come to "Miracle on 34th Street," Thurnau said. "We are really enjoying ourselves. It is a great musical."

The musical is set during the holiday season in 1947. It centers around a young girl, Susan Walker, and her belief in the miracle of Christmas.

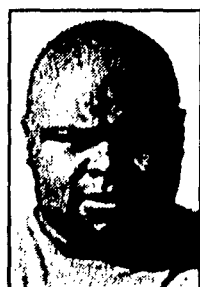
The cast includes Mr. Macy, owner of Macy's department

See *Miracle*, page 3

Campus experience fills top positions



Kent Porterfield



Clarence Green

■ Board of Regents appoints local interims without national hunt

by Mark Hornickel
Chief Reporter

Instead of conducting a nationwide search for two top positions at Northwest, the Board of Regents chose to go with two individuals who are familiar with the campus.

Kent Porterfield is the new vice president of Student Affairs, while Clarence Green has taken the position of Campus Safety director. Both had been working as interims until the final decision was made at the Nov. 18 Board of Regents meeting.

University President Dean Hubbard said a nationwide search was not needed to fill the positions because both are well-liked, and they fit into the positions well.

"There is not a law that says you have to do a nationwide search for every position," Hubbard said. "I could not find a person that didn't have good things to say about (Porterfield). He's a very well-liked man, and he is respected by his staff."

Hubbard believes some positions need to be filled with people that know the campus.

However, there are some situations in which someone from outside the campus is needed.

"I don't want to have an environment where there is a bias attitude," Hubbard said. "There are times when we need to have people with a good understanding of the campus, but there will be other times that we have to think about injecting new blood in the system. It's a case-by-case management."

Porterfield, who oversees and works with the Student Affairs office, said he would like to be an advocate for the students.

"I want students to feel like they can schedule a time to see me and interact," Porterfield said. "That's challenging because you spend a lot of time in meetings and appointments, and it's harder to find a time to spend interacting with students."

Porterfield has benefited from a wealth of experience. He became the assistant dean of students in 1992, a title that was later changed to assistant vice president of Student Affairs.

Despite the challenges he faces, Porterfield sets realistic

goals for himself and realizes he will make mistakes.

"Anybody who tries to do things well, and takes some risks, has to expect there is going to be some time when you have some failures and things don't go well," Porterfield said. "But you learn from those."

Green hopes to become more involved with the campus and build a stronger image for Campus Safety.

"We need to recreate our image, make it more positive," Green said. "That's our biggest challenge."

He started his position after serving as a Campus Safety lieutenant for seven months. Green was also a Campus Safety sergeant for one year, and he worked with the Maryville Public Safety for three years.

"I'm pretty excited," Green said. "As long as things are good, I'll be excited all the time."

Porterfield and Green both realize their new positions will pose possible obstacles for them to deal with.

"It's a struggle," Porterfield said. "We have so many good things going on at Northwest; it's a struggle to find the time to do everything as well as we want to."

Campus groups face concerns

Organizations wait for trimesters

by Jason Kilndt
Missourian Staff

A numbers game will determine the future of campus organizations regarding the summer of 1999. They are waiting to see the number of Northwest students attending the summer session before making any changes to their structure.

With trimesters set to be implemented, one of the biggest questions facing student-run organizations is what will happen to them during the enhanced summer session.

"I think it's all based on what type of numbers we get," said Bryan Vanosdale, director of campus activities.

Organizations have three basic decisions to make concerning the extra semester. The first decision is whether or not to continue operations at all. With expected depleted manpower, organizations are unsure if they want to continue activities throughout the summer.

"We chose to treat it as another summer until we see whether there will be any sort of rise in the number of students

"I believe the InterFraternity Council will be open to summer Rush. I don't see us having a forum right away."

■ Kelly Ferguson, president of IFC

attending the summer session," said Andrea Cline, vice president of the Public Relations Student Society of America.

Some believe there are various benefits to expanding organizations in the summer term.

"I think it's a great opportunity and would be fun to schedule things outside in the warm weather," Vanosdale said. "If the numbers do increase dramatically, I've thought about throwing in a couple of Encore events."

The second decision is

whether to continue recruiting new members. There are concerns about taking a new crop of members while most members are on break.

"I believe the InterFraternity Council will be open to summer Rush," said Kelly Ferguson, president of IFC. "I don't see us having a forum right away."

Others face restrictions in recruiting. Cline said PRSSA is only able to take members in the fall and spring according to their national headquarters, but doesn't believe that will hurt them.

"We anticipate the fall as being our largest recruitment period," Cline said. "We will do a subsequent recruitment in the spring, but not the summer for now."

The third and final decision for the organizations to face is how to elect officers. Most organizations elect on a one-year basis with terms starting in December or August. Officers would need to take three consecutive semesters. Most students prefer a break during one of the semes-

See *Trimesters*, page 3

Our View

OF THE UNIVERSITY

Consider the possibilities; give trimesters a chance

Trimesters are no longer just a dream; they are a reality.

Northwest's Board of Regents finally decided to implement its much-debated plan after months of discussion.

Unfortunately, many students and community members do not fully understand what this change will mean for them.

For students, the most noticeable change will be that we leave for break and return earlier than usual, and there will be no break time lost. Semesters are currently 16 and 1/2 weeks long, but with trimesters, the session will last 15 weeks.

Students will also be able to take advantage of the "enhanced" summer semester to graduate earlier or get some tougher classes out of the way.

Smaller class sizes during the summer could also provide students with the opportunity to receive more individual instruction from professors. The negative side is that some students may not have the opportunity to work summer jobs or internships.

The University wants to make trimesters work for a variety of reasons, especially for the financial contributions that will be made to Northwest via the state.

It does not pay for the campus to sit virtually unused for most of the summer. If Northwest can convince students that going to school over the

summer is beneficial then it could provide the University with a great deal of extra money.

Trimesters should help the University recruit new students simply because they would recognize the unique opportunity trimesters could provide.

Some business owners might be concerned that the increased summer enrollment will cut down on the number of students in Maryville during the fall and spring semesters (and thus, the money the students spend).

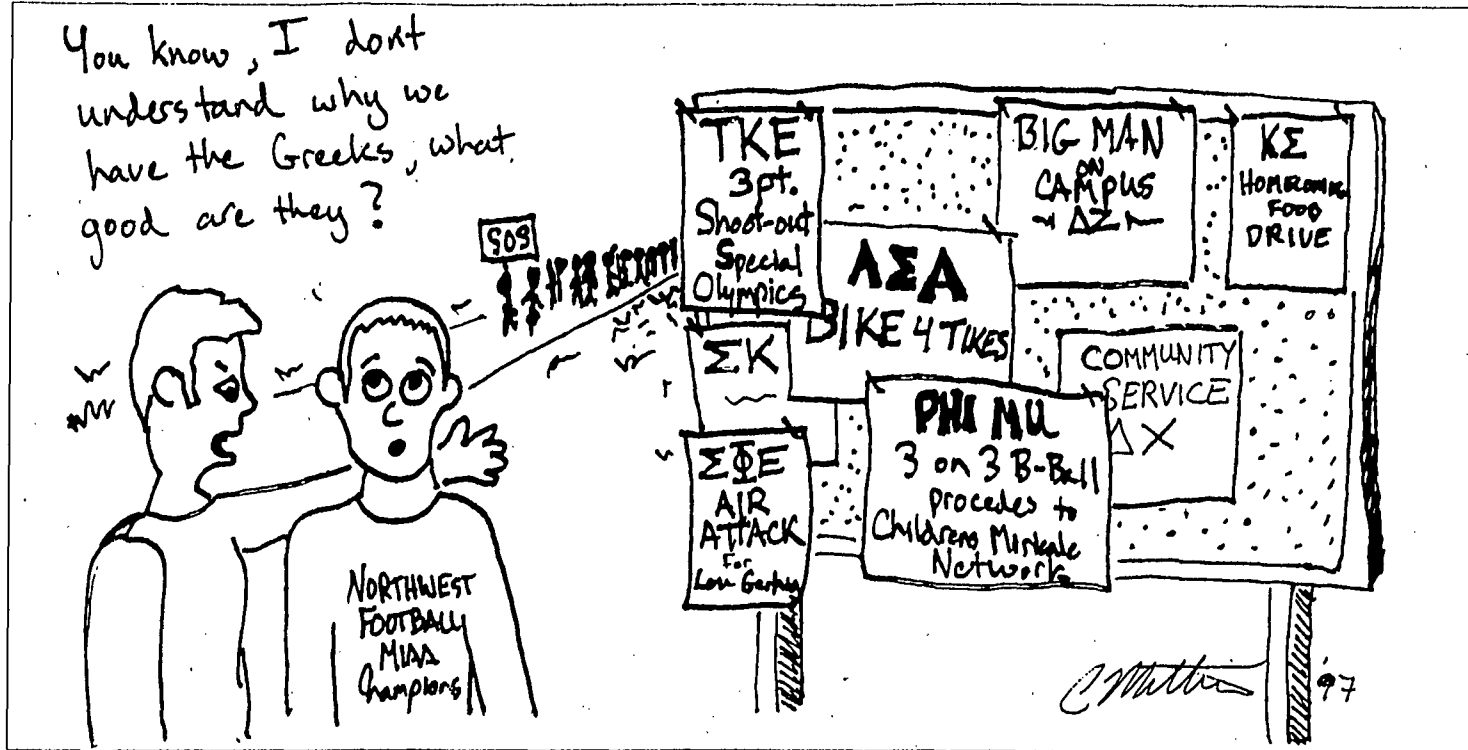
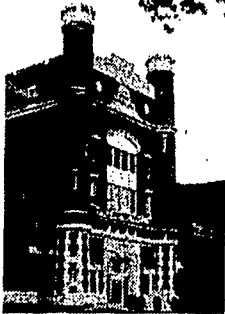
The concern seems to be unwarranted because the added students will only increase money.

Trimesters could also bring a more balanced distribution of students throughout the year. This could bring more businesses to the community as well with the possibility of more students during the year.

Some businesses are unsure about moving to Maryville because they only profit for three-fourths of the year, but that would change with the implementation of trimesters.

The University is trying to grow, especially after winning the Missouri Quality Award, and sometimes change is necessary in order to do just that.

Trimesters are definitely worth a try — both for the University and Maryville. There are still unanswered questions about trimesters and they need to sort out some very important details before we can proceed with full confidence.



University View

Dedicated editors make paper the best



■ Laura Widmer

Seven years of outstanding individuals lead to Pacemaker Award

The Northwest Missourian was honored in November with its first Pacemaker award from the Associated Collegiate Press. This honor places last year's newspaper in the top 1 percent of all nondaily newspapers in the United States. One percent — wow!

Over the past seven years, the Missourian staffs have worked hard to gain the national Pacemaker recognition enjoyed by the Tower staffs. The newspaper staffs have had 14 semesters of consecutive all-American ratings from ACP, ranking them in the top 3 percent in the country.

On one other occasion, the Missourian staff was recognized as a Pacemaker finalist, ranking them in the top 2 percent back in 1992.

Now that the Missourian can celebrate its first "Pulitzer" in collegiate awards, I think it is time to recognize those students who set the pace and paved the road for this honor. I also want to thank them for what they contributed to the Missourian over the years and what they taught me along the way.

Laura Pierson was editor in 1990. She got the staff excited about producing a quality newspaper. She didn't settle for mediocrity. She started the strong foundation the newspaper has today.

Kathy Barnes was editor of the first Pacemaker finalist. She recruited an incredible staff of newspaper journalists, probably one of the best core set of section editors the Missourian has had as an editorial board. They truly did not know the word "can't" or "it won't work" or "I don't have time." They were always willing to go that extra mile to go inform and entertain their readership.

Don Carrick, Todd Weddle and Brandon Christy showed me that they didn't deserve the title of chief photographers, but rather they truly were photojournalists. These guys started the foundation of Missourian showcasing quality, photojournalistic photos every week. They also possessed the great quality of listening to ideas. They also continuously challenged each other to be better. Their spirit of photojournalistic competition made great photographers out of Jon Britton, Greg Dalrymple and Gene Cassell. Gene's versatility, by the way, makes him the most talented person to come out of the Missourian ranks. This guy can write, design, photograph and do magic with computers via software programs, web production and CD development.

Suzan Matherne and Pat Schurkamp put together a special Gulf War spread and update every week when we sent troops overseas. Their creativity and insight

kept Northwest readers updated on what was going on and what was important to know. Great graphics. Great design. Great ideas!

Derrick Barker became the true newspaper design guru. He quickly picked up the challenges faced in newspaper design, but truly gave us an edge on the competition by providing spectacular infographics. Derrick took us to a level of design we had not appreciated or been to before that. He gave us an even more professional look with quick read boxes, etc. He was the first student to win national Society of Newspaper Design newspaper design competitions. The crazy thing is that he could also write. He won third place in a national writing competition sponsored by the Los Angeles Times. His leadership gave the Missourian staff its first-ever Silver Crown award from Columbia Scholastic Press Association. He had the insight and recruited the right editors to make sure the entire Missourian package was quality from top to bottom.

Deryk Powell and Heather Townsend got advertising out of the doldrums and made it a vital part of the paper. Deryk was an organized, creative, energetic, consummate sales director. He energized his staff to sell, sell, sell because he believed in the Missourian. Heather started with advertising design and set the standards of the graphically pleasing advertising we come to take for granted today. She also energized the sales office with ideas and promotions to keep the Missourian ad sales staff competitive.

Christy Spagna was truly the most devoted editor I have ever worked with on the Missourian. Although Christy never served as editor in chief, she was always the most valuable editor on staff because of her work ethic, dedication and creative ideas. She could be a calming factor in the midst of storm and one of the most mature and together student editors I have ever known.

Regina Bruntmeyer was the editor who said, "Sure Laura, let's go citywide; that's a great idea!" It was a great idea, but it was Regina's leadership that made it happen.

It was Regina's editorial board that worked into the wee hours of Thursday morning finishing the paper, and then spent Thursday afternoon and into the early evening hours delivering the papers to every household in the city limits. What dedication. What drive and devotion. What a great bunch of editors.

Jennifer Ward was the first Missourian web editor who made

it look like it was an electronic newspaper. She would come in the predawn hours of Thursday to get the Missourian online. I can still remember the excitement of seeing the paper on screen before it was delivered back from the printer.

Colleen Cooke was the first copy editor to realize that the AP Stylebook should be attached to the body at all times. Osmosis can happen if the AP Stylebook is placed under your pillow at night. The English major turned her love for journalism into a passion for words and the Missourian has truly benefited from it.

Lonelle Rathje is the one individual who saved the Missourian citywide project from being history before it got started. In August 1995, the administration was considering giving in to the Daily Forum's concerns about this free citywide distribution project. Lonelle rallied an already organized city advisory committee to encourage the administration to let the Missourian run as planned.

Lonelle was truly the public relations liaison between the community and the Missourian. It was Lonelle who made the citywide project happen. It broke my heart when I had to tell Lonelle that the administration encouraged us to drop the free citywide distribution.

Although we still have city drop sites and deliver free to retired people and subscribers, it's just not the same. It is also Lonelle and her staff that won the first Pacemaker for the Northwest Missourian. They received their reward for all of the hard work, endless hours and meetings they dedicated to make the Missourian the best in the history of this university.

I am a teacher, but I always learn so much from my students. I especially learn from my editors. They are so dedicated, so insightful and so talented. I do have the best job in the world. I love my yearbook, magazine and newspaper staffs.

Since 1983, I truly have been blessed to work with wonderful and incredible editors and staffs over the years.

Those staffs have won some of the top awards in the country, and I am proud of their accomplishments.

But each staff did not go out to win awards. They just wanted to produce the best newspaper, yearbook and magazine for its readers. The reward comes from knowing you've done your job. You know, it just doesn't get any better than this.

Laura Widmer is the adviser for the Northwest Missourian, Tower yearbook and Heartland View magazine.

My Turn

College football coach retires after 57-year stand



■ Wendy Broker

While most sports fans are concentrating on who's headed to the playoffs in the NFL, or the bowl games in the college arena, one of the best coaches of all time, said goodbye to football.

Eddie Robinson, known to his players and fans as Coach Rob, retired Saturday after nearly 57 years as head coach of the Grambling Tigers, in Grambling, La.

Several tributes were made Saturday to the coach who racked up 408 wins in his career, along with eight black collegiate national titles.

Coach Rob also stood as mentor and college coach to 210 NFL athletes, four who are in the Hall of Fame, including some of the first black athletes to ever play in the league.

Unfortunately for the fans and players at Grambling as well as Coach Rob, his more than half a century stand at the university ended in defeat.

The Tigers fell to the Southern University Wildcats, 30-7, in the State Farm Bayou Classic Saturday as more than 64,000 fans at home and at the game watched. Not only was the defeat a goodbye for Robinson, but left the football team with a losing record for the coach's final season.

Some would say that a man who has

done anything but coach football all his life (Coach Rob started coaching at age 22 and is the only coach Grambling has ever known) hasn't accomplished much, and that it was about time he got out of the game. But to me, Coach Rob is a legend and an inspiration.

Watching that 78-year-old man stand on the sidelines with tears in his eyes, and hearing former players and commentators talk about how the game will miss him, almost brought tears to my eyes. His dedication and love for the game showed through the wrinkles and aging body to show a man who truly cared about others.

In an interview, when Robinson's wife, Doris, was asked the impact retirement would have on Coach Rob, she simply said that she and his family would try to keep him busy, but it would be hard, because football was his life.

All this reminiscing about the winningest coach in football made me think. What have I done to put a lasting impact on the few people I know, much less thousands who have been in the limelight? What will people say about me when I am Coach Rob's age and ready to retire?

The only answers I have to these questions are not much and I don't know. Basically, I'm saying goodbye to a legend, although his memories and records will live on for a long time. And I'm saying hello to a new me — one who thinks in the long term, and who will make a difference, if only in one life.

Wendy Broker is the University sports editor for the Northwest Missourian.

Northwest Missourian

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Colby Mathews, Editorial Cartoonist

OFFICES

Northwest Missouri State University
800 University Drive
Maryville, MO 64468

Editorial Offices: 562-1224
Advertising Offices: 562-1635
Fax Number: 562-1521
E-mail: missourian@acad.nwmissouri.edu

ON THE WEB

http://www.nwmissouri.edu/missourian/

ADVERTISING

Erica Smith, Advertising Director
Corbin Pierce, Advertising Design Director

FACULTY/STAFF

Laura Widmer, Adviser

SUBSCRIPTIONS

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It's Your Turn

How will trimesters affect you?



"I really don't know enough about the whole concept, but to be real honest, I don't care."

Jesse Mora IV, sociology major



"It doesn't really affect me seeing I am graduating in May, but I feel trimesters will screw up summer jobs for students."

Erik Drake, marketing management major



"In one aspect you can get out of here quicker, but on the other hand, one might get burnt out on going to school without a break."

Kurt Gentry, accounting major



"It will help us get out of school quicker but will people who work during the summer have a problem with money?"

Josh Baxter, elementary education major



"I don't think they'll affect us too much. It will benefit the people who want to sublease during the summer."

Rhiannon Brann, Windmill Estates manager



"I believe it will have a negative effect on enrollment. It will also affect the Greek system and other organizations."

Beth Raza, child and family studies major

Colden Hall ready to open

by JP Farris
Chief Reporter

When students enter Colden Hall for spring classes it will be for the first time since the spring of 1996.

Students may not recognize it — and many haven't ever had class there before.

The south entrance, which faces the President's house, features a large two-story stairwell and balconies that overlook the atrium.

Project manager Randy Sharp said an old lecture hall off the second floor was taken out to make room for the two-story entrance.

The stairs lead up to a commons area. Sharp said it is the epicenter of the entire building.

"The building is made of lots of circles and angles," Sharp said. "(The center of the second floor lobby area) is the middle of the building and circles radiate out."

Computer classrooms dominate the first floor and classes for computer sciences will fill the floor.

The first floor is underscored by a distance learning center. This room is designed after the distance learning center in the library.

In the future, the University is hoping to use this in the distance learning program that uses the Internet and interactive video to send classes to other colleges and universities around the area.

Surrounding the center of the second floor are departmental offices. Colden Hall will house 10 departments: English, computer science, political science, marketing and management, accounting, economics, finance, psychology, sociology and counseling.

The third floor is made up of 15 classrooms. There are three conference rooms above the main entrance that face the Bell Tower.

Moving in...

With the recent completion of two renovation projects; faculty and staff will begin moving into their new locations



John Petrovic / Contributing Photographer

Construction workers put finishing touches on the South entrance of the renovated Colden Hall. Faculty and staff will begin moving in the next

The third floor also has one large lecture hall that can seat 120 students and features a motorized projection screen. The windows in the back of the lecture hall overlook Colden Pond.

Mini-lockers can be found on all the floors. Sharp said these were originally intended for students to use for notebook computers in the EC+ program.

There was also a lot of work done outside. The wheelchair ramps have been redone, and the main entrances were enlarged on the outside of the building.

However, the renovations to Colden Hall cost less than building a new one would have, Sharp

couple of weeks. The building will be open to the public before the beginning of the spring semester, when classes begin.

The total cost will top out at 7.2 million, and most of it will be picked up by state appropriations.

Colden Hall has never had renovations and for the purpose it serves it needed to be updated, said Ray Courter, vice president of finance.

"It is one of the older classroom buildings, and it had greater needs for improvement," he said. "Its older structure kept us from doing some of things we wanted to do."

To be ready for the spring semester, teachers will be moving in the next couple weeks, Sharp said. The building will be opened to the public sometime during winter break.

New health building will feature upgrades

■ University Health Center replaces facility; provides more up-to-date technology, space

by Kevin Schultz
Chief Reporter

Convenient service is the main goal of the new Student Health Services. The new name, building and location all play an important role in making that goal a reality.

Student Health Services will change its name to the University Health Center along with its location Monday. The new site for the health center is just west of Millikan Hall and is larger than the previous building.

"The new location will be convenient to students in Hudson Hall and South Complex," said nursing coordinator Joyce Bottoroff. "But will be great for those in the high rises."

The spot for the new building was picked for parking convenience and handicap accessibility. The open space also allowed for a larger structure.

"We talked about putting the new building just south of North Complex," Bottoroff said. "But there is always water standing there, and this is a great new building that we want protected."

The new building has many new features such as larger exam rooms, nurse stations, an expanded waiting area and more storage space. There are also lights installed above each exam room to

signal an emergency or if a nurse is needed in a particular room.

"All of these features are great," Bottoroff said. "The lights will keep us from having to yell from room to room, and with the extra space in all areas we will be able to get more done. It should make things much easier."

The large space will soon be filled with new furniture such as file cabinets and computers. For the first time the center will be able to put all the student records on computers.

"The computers will be a nice addition," Bottoroff said. "It should make things run much smoother even though many of our nurses don't like them."

During the transition period, Student Health Services will be shut down Thursday and Friday except for emergencies which will be handled as normal.

"We are very excited and very anxious," Bottoroff said. "We hope this will make our jobs easier and more effective. Everyone is looking forward to starting in this great facility. It should help us do a more productive job, as well as benefit our students knowing they can come to a nice comfortable place to be treated."

Bottoroff also said extra staff and evening hours are now projects that the staff is looking in to.

Parking ticket coupons offered by Campus Safety in hopes of fixing problem

by Kevin Schultz
Chief Reporter

If you want to save money at the Deli, just get a parking ticket.

Campus Safety has implemented a new system in which a 10 percent discount coupon from the Deli will be on all parking tickets that are issued during the next few weeks.

"The whole plan is to put a positive twist to getting a parking ticket on campus," said Bob Bush, director of regional initiatives. "We know that receiving a ticket is a bad experience, and we think this may lighten the effect."

The idea came from a college in Iowa where it was first implemented several years ago, Bush said.

"For now, the program is in a trial stage," said Clarence Green, Campus Safety director. "We will try it out for a while and then see how things go. If it is positive, then we will proceed further."

Going ahead with the plan would include giving local businesses the opportunity to place their coupons on the tickets as well.

"Right now it is just Northwest's Deli that has coupons," Green said. "But if things go the way that we

hope, then we will go to outside vendors who have already expressed interest."

Students have expressed interest as well, and it has been mainly positive, Green said.

But some students are not in favor of the coupons.

"I don't think that Campus Safety should award students or anyone else that parks illegally," horticulture major Jeff DeBorge said. "It's not right to give them cheaper food for doing the wrong thing."

However, Green said tickets are given to correct any parking problems and not to punish the offender. The coupons are just a way of letting people know that.

"Many of the parking problems on campus are not done on purpose," Bush said. "We realize that sometimes kids are late or just don't know that it is illegal to park in certain areas."

The program will continue on a temporary basis until Campus Safety can determine if it is working listening to student feedback.

According to Green and Bush, everyone involved is very optimistic and excited about the new idea and its effect on students.

Media may give college drinking bad name

by JP Farris
Chief Reporter

In the John Singleton film *Higher Learning*, a freshman at a fictional university attends a fraternity party in the hopes that she will fit in. She encounters what Hollywood usually displays as typical Greek Life: drunken college students guzzling alcohol while another student stands in ice and sucks liquor down a beer bong.

The media and Hollywood portrays Greek life in, is there an unfair stereotype placed upon fraternities and sororities?

Various Greek presidents at Northwest believe so. The worst examples of fraternities and sororities are assumed to be the norm.

"A few fraternities around this country give the rest of us a bad reputation," said Chris Peasley, president of Tau Kappa Epsilon.

Peasley had no comment on the drinking habits of TKE members. He said too often fraternities are unfairly generalized.

"Whenever any fraternity name is



linked to drinking whether responsible or irresponsible, it is held in a negative connotation," Peasley said.

Many fraternity and sorority members are underage, but they can sometimes bypass the drinking laws by having older members purchase drinks for them.

"I'm not going to lie and say it doesn't happen," said Kraig Robinette, former president of Sigma Phi Epsilon. "If they didn't go to their brothers, they would just get it from someone else."

The Greek pop and mom system is intended to pair new members of fraternities and sororities with older members in hopes of making the college transition easier. However, sometimes fraternity pops and sorority moms buy alcohol for their sons and daughters.

"We have had trouble with (sorority moms buying their sorority daughters alcohol) in the past, so we

try to be careful about that," said Michelle Falcon, president of Sigma Sigma Sigma. "We can't control everyone, but if that is done, it is independent and not Sigma sponsored."

Generally, the problem for underage students is their lack of respect for the law, said Bryan Vanosdale, campus activities director.

"For a large majority of people on this campus, drinking is illegal," Vanosdale said. "College students in general do not see it as a law, they see it as a rule that can be easily broken."

A Harvard School of Public Health poll said 86 percent of fraternity house residents binge, and 80 percent of sorority house residents binge.

The report also shows that sorority members are twice as likely to be binge drinkers compared to other college females. Fraternity members are 30 percent more likely to be binge drinkers than other college males.

On a local aspect, a *Missourian*

poll found that 30 percent of underage drinkers said they drank at fraternity and sorority functions.

Vanosdale believes through education, students could learn how to be more responsible.

"People need to be made aware of the effects of drinking," Vanosdale said. "They need to take responsibility for their actions in choosing to drink and use maturity when they drink. Drinking is not a right, it is a privilege."

Maturity plays a major role when drinking. Older members tend to be more responsible, Robinette said.

"I wouldn't say (irresponsible drinking) is a big problem, but it does exist," he said. "It is usually the underage members with high school mentalities that feel they need to show off their drinking ability."

While drinking may not be a big problem at Northwest, it is a matter that Greeks face on campuses everywhere because of the media coverage.

Look for part four of the series focusing on drinking in the residence halls.

Miracle

continued from page 1

store, elves, jingle singers and of course Kris Kringle. All of this occurs with the gallantry of music, costumes, large props and dancing.

"I think it's great," Missy Barnett, 10, said. "I like it because of the music and there is a lot of dancing and especially like the singing. And there

are a lot of funny parts."

One part of the musical centers around the fact that a majority of the cast members are having trouble believing that Kringle is actually Santa Claus. He is declared a lunatic by Mr. Sawyer, Macy's psychologist, and a court trial follows.

In the end, Susan comes to believe in Santa Claus and miracles when her Christmas wish comes true.

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School district plans 3 ground breakings

by Mark Homickel
Chief Reporter

The Maryville R-II School District will take its first steps into Maryville's educational future Sunday when it breaks ground on three new projects.

District superintendent Gary Bell believes the innovations and renovations will be key instruments in the future success of education in Maryville.

"Last April the citizens of Maryville made a significant commitment to enhancing the educational facilities of the district with the approval of a \$9,485,000 bond issue," Bell said. "The new facilities will assist the faculty, staff and administration in continuing an outstanding tradition of providing excellent educational services."

The ground breaking ceremony will be at all three locations where improvements have been planned. The ceremony will begin at 1 p.m. at Eugene Field Elementary School. The middle school ground breaking ceremony will follow at the new site on West South Hills Drive. A ceremony at Maryville High School will be conducted before a brief reception in the high school cafeteria.

These ceremonies will be the beginning of the end to a long process that began in February of 1990 with a long-range planning committee. Seven years later, the School Board decided to proceed with the school district's building project.

"It feels really good to be able to meet the commitment we made to the community," Bell said. "There's been a lot of discussion since the project bids did come in over what our budget was, but the Board has worked very hard with the architects and engineering firm to keep the integrity and the commitment we've made to the taxpayers."

Lawhon Construction, the low-bid contractor, submitted a list of possible reduction items, which were presented to the Board Nov. 20. After a lengthy discussion, the Board made a final recommendation to deduct \$523,000, which Bell said came from each aspect of the project on all three buildings.

"It was a combination of all three projects, the materials, the finishes, cabinetry and things of that type," Bell said.

The low bid came in over a month ago with \$10,197,000, and the Board authorized Leo A. Daly to enter into negotiations with Lawhon to see

"It feels really good to be able to meet the commitment we made to the community."

■ Gary Bell, Maryville R-II superintendent

what cost savings could be realized.

The building project calls for a new middle school building, as well as additions to Maryville High School and Eugene Field Elementary School.

The Board has consistently emphasized the importance of the educational details for the project throughout the negotiations.

"I would say that we have kept the educational specifications," Bell said. "We've kept the educational integrity and welfare of the total curriculum in mind in making these reductions. So we're very pleased that we haven't cut in any way the educational programming."

City opposes landowners in Wabash suit

by Toru Yamauchi
Chief Reporter

Maryville officials decided to fight local landowners over land for the proposed site of the Wabash Trace Nature Trail. This action filed Monday was in response to the plaintiffs' petition to the Circuit Court of Nodaway County Division I.

The city filed a motion to dismiss for two reasons. The main reason was that the issue should be persuaded at the federal level.

The lawsuit will move into the discovery period. Both plaintiffs, includ-

ing primary litigant Harvey Williams, and defendants, Maryville and the Missouri Friends of the Wabash Trace Nature Trail, Inc., will try to clarify their arguments.

The plaintiffs' attorney Rochelle Ecker said although she thinks the lawsuit will take a long time, she is optimistic about the results.

"Now we're confident in the position, and (we're) moving forward," Ecker said.

David Baird, Nodaway County prosecuting attorney and the city's attorney, declined to comment.

Along with this lawsuit, two oth-

ers, also against the Friends of the Wabash, are proceeding another step.

A lawsuit involving primary litigant Danny Moore against the Wabash Trail in Atchison County will have a hearing if the Friends of the Wabash files a motion for summary judgment by Monday.

The other lawsuit went in favor of plaintiff landowners in Wilcox involving Carroll Lee "Bud" Boyles October at the Circuit Court of Nodaway County Division I. It is now in a process for the Friends of the Wabash to file a brief to the Missouri Supreme Court.



The Maryville High School football cheerleaders recently won first place at the State cheerleading competition. This is the first time Maryville has won such an honor. Front row: Christy Powell, Jamie Rankin, Meredith Wurn. Second row: Jamie Taylor, Jennifer Barmann. Third row: Angie Schuster, Natalie Dredge. Back row: Cara Hill, Jill Steins, Jenna Johnson.

Photo courtesy of Maryville High School cheerleaders

Cheerleaders take 1st place

■ Spoofhound squad becomes first to win State competition

by Stephanie Zellstra
Assistant News Editor

The Maryville High School football cheerleading squad couldn't believe it was their name being called when they won the school's first ever State championship.

The 10-member varsity football cheerleading squad took home first place at the State competition Nov. 21-22 at the University of Missouri-Columbia.

"When we were all sitting in a circle and listening to the winners

was when I was the most nervous," Taylor said. "They announced third place and second place, and we were never called, we all looked at each other nervously. We were all so excited when they announced that we won first place."

The road to success began with the practices in June to prepare for District competition in August. The cheerleaders placed first with high hopes of doing well at State.

Even with high hopes, the squad still faced tough competition at the state level, senior captain Jamie Taylor said.

"These were the most teams we have competed against, and they were strong squads," Taylor said. "I have been to the State competition (each year) since I was a sophomore,

so it didn't scare me as much. But, I still got pretty nervous when we performed."

The competition consists of two categories in the 3A division, an open and a show category. There were 15 teams, along with Maryville in the open category. The open category is cheers along with tumbling and several stunts.

"We got the critique back from Districts and made changes with the stunts and those kinds of things," sponsor Sandy Messner said. "We then work from August until the State competition on improvements we want to make. All of the hard work they put in really paid off. It's something they'll never forget."

In Brief

Senators sponsor constituent forum

U.S. Sen. Christopher S. "Kit" Bond and Sen. John Ashcroft will sponsor a Listening Post Forum at 2 p.m. Friday at the Nodaway County Courthouse in Maryville.

Ben Jones, a representative for the senators, will be available to answer constituent's questions.

Auction building under construction

Maryville and surrounding communities will soon be able to utilize one of the largest multi-purpose buildings in northwest Missouri.

Maryville businessman Mark Younger, of Younger Auctioneer Co., is in the process of building a 12,000 square foot auction house on East South Hills Drive.

Besides serving as an auction house, the building will house several business offices and be available for a variety of community events.

Completion of the building is expected by the end of the year.

Chamber offers lunchtime learning

The Northwest Missouri State University Small Business Development Center and the Maryville

Chamber of Commerce will sponsor their last "Learn at Lunch" presentation from 12:10 p.m. to 1 p.m. on Dec. 9 and Dec. 18.

The focus for the December meetings is "Information Sharing Made Easy." There is no fee for the presentation at the Chamber of Commerce conference room located at 423 N. Market St. For more information call Deb Shough at 562-1701.

Congregations join; search for minister

Maryville's St. Paul's Episcopal Church, St. Oswald's-in-the-Fields in Atchinson County and the Episcopal congregation in Hiawatha, Kan., have joined together to form the Sacred Hills Regional Ministry.

The change follows the retirement of Father Larry Lewis, the local church's priest for 12 years. Church leader Channing Horner said one reason for the unification is to share clergy.

One of the guiding concepts of a regional ministry is the use of lay ministers. Horner said several members at St. Paul's Church have been trained for these duties.

St. Paul's Church is interviewing for a new clergy person and several people have expressed an interest in the job.

They expect to hear about a final choice for the new clergy person early in the new year.

Center implements dementia program

by Sarah Bohl
Missourian Staff

Imagine looking around and seeing only unfamiliar faces or being in a strange room with unusual sights and sounds. Imagine feeling like walking or washing dishes or just doing something, but those unfamiliar people won't allow it.

This may sound like a nightmare, but it is a daily occurrence for patients with Alzheimer's, a degenerative mental disease which appears mostly in older people.

For a long time, caregivers at nursing homes and medical facilities have tried different ideas to help their patients cope with the debilitating disease. Local workers believe they have found a way to help. The Maryville Health and Rehabilitation Center is implementing a new program designed to improve care for patients with Alzheimer's.

"A lot of times we miss the fact that we can learn a lot from (Alzheimer's patients), because they have had vast experiences," executive director Sue Eckstein said.

Eckstein recently participated in a national task force that is trying to set up a new program in dementia care to be used across the country.

"We were selected as the outline of an ideal unit," Eckstein said. "We felt very lucky to be recognized as trendsetters for dementia care."

Quick facts about Alzheimer's

- The disease affects 6 percent of people over the age of 65 and 25 percent of those over 85.
- It is not exclusively a disease of the elderly. It can affect anyone over 30.

source: Alzheimer's Research Trust

Eckstein was one of 15 members on the task force. People representing almost every facet of long-term health care were invited to participate. Representatives from the corporate office, construction services, marketing, interior design and dieticians all contributed to the task force.

The group discussed everything from the first feasibility study, to training, to level of the clients, to special programming areas.

Eckstein was chosen to participate by Beverly Enterprises, who sponsored the event. Beverly Enterprises owns 650 homes across the nation, and it is the largest nursing home chain in the world.

Sheryl Ludeke-Smith, chairwoman of the task force, praised Eckstein and the Health and Rehabilitation Center for their work.

The center is one of two homes with dementia care units in Maryville. They opened in May.

"It is our fervent desire to set the standard in dementia care services," Ludeke-Smith said.

During the meeting, participants chose an advisory council and discussed new ideas for dementia care. Their work will be in a manual, which will offer guidelines for implementing the program to different nursing homes.

"Beverly Enterprises wants to take this program and fine tune it to do on a national scale and maybe market it to other nursing homes," Eckstein said.

During the course of the task force, Eckstein was able to share what she had learned from her own unit. The group discussed what needed to be changed and what needed to be added to take the program to a national level.

"Maryville is a largely rural area, and we wanted a program that could work in all geographies, from Missouri to Florida," Eckstein said. "It is important to consider differences in background to help better treat dementia care patients."

The program is based on the book "Enabling Freedom," which deals

with improving patient care. The program advocates using small group programming, such as cooking and washing dishes, to mobilize patients.

"Residents with dementia have such a high energy level, they can pace for hours," Eckstein said. "They maintain so well in this environment, where their actions aren't restricted."

Other aspects of the program involve a stress on interior design. Simple things such as wall border can help remind patients of what room they are in, such as a kitchen or bedroom, Eckstein said.

"We go into the patient's past to pull out their memories and then work them into the program," Eckstein said. "We have recently decorated a room to look like a parlor. Residents will sit in there and chat with each other for hours."

Some additions to the building have been made to provide residents with other ways of expending their energy, including a walking loop and an enclosed courtyard. Eckstein believes the future will see more and more units like this one opening.

"Our belief is that something can be done for people with dementia if we focus our thoughts and energies on person-centered care," she said.

The national convention was the first meeting of the task force, Eckstein said, but more meetings will probably take place soon.

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Dream Girl

Sarah Smith wins the first Kappa Sigma Dream Girl award after a four-category competition Wednesday night. Smith is escorted by Troy Teague, a Kappa Sigma member and was sponsored by Alpha Sigma Alpha. The fraternity raised over \$400 for the American Cancer Society.

Christina Collings/
Opinion Editor



Day promotes awareness

■ Student Health Services provides brochures, ribbons to inform about AIDS, HIV

by Toru Yamauchi
Chief Reporter

As the number of HIV cases around the world increase, World AIDS Day provided an opportunity to promote awareness of the disease Monday.

The theme of this year's AIDS Day was Children Living in a World with AIDS.

Joyce Bottorff, nursing coordinator for Student Health Services, prepared more than 100 brochures covering AIDS-related information and red ribbons to raise awareness for World AIDS Day. The brochures were distributed to students in less than an hour in the Union.

"It's a day to stop and remember about AIDS patients," Bottorff said. "I believe the population of HIV positive is going up instead of going down. (AIDS Day)

makes us think about it." Bottorff started giving brochures on AIDS day four years ago. The main purpose was to provide more education and to remind students about AIDS.

"I think we are in a small community, so (students think) they are not threatened by AIDS," Bottorff said. "But they have to realize there is AIDS in northwest Missouri."

Although many students do not think they will be infected by HIV, they should be aware of the possibilities, Bottorff said.

"I think it's silly to believe there are not (HIV patients on campus)," Bottorff said. "Because we come from all over the world, and there is a possibility somebody on campus is positive, but I won't say (there is)."

Student Health Services provides a HIV antibody test for students for \$5. All the records are confidential. The results return two weeks after the test.

Bottorff said approximately 80 stu-

Quick facts about AIDS

- 5.36% of all AIDS cases have occurred in rural areas (less than 50,000 people)
- From 1991 to 1995, reported AIDS cases in the rural United States rose by 80%
- The majority of HIV infections occur between the ages of 15 and 29
- Between 1989 and 1995, rates of heterosexual HIV transmission doubled

source: Rural Center for AIDS/STD Prevention

dents take the test a semester. She hopes the number will increase with the awareness and information on AIDS Day.

"It increased when two young men came to an AIDS talk at the Charles Johnson Theater (last month)," Bottorff said. "The population of people calling really increased that time."

However, Student Health Services isn't the only organization promoting AIDS awareness.

CARE will sponsor a candlelight vigil at 7:30 p.m. Wednesday at the Bell Tower, for AIDS awareness.

Conception's Basilica undergoes renovations

■ Abbey's church congregation hopes changes will rejuvenate

by Sarah Bohl
Missourian Staff

New roof, walls and new windows aren't the only renovations being made at the Basilica of the Immaculate Conception at Conception Abbey. The congregation hopes the changes to the building will help revitalize their calling to God.

Abbot Gregory Polan, the monastery superior at the Abbey, finds symbolism between the renewal of the Basilica and the group's relationship with God.

"As we prepare to rededicate this sacred building, it is also essential that we prepare to rededicate our lives to our monastic calling and our apostolic work for the Church," Abbot Gregory said.

The first two phases of the project have already been completed. The third and most important phase of the project focuses on the worship space, according to Abbot Gregory. It began Oct. 22 with minor plaster demolition and the replastering of 75 percent of the church walls.

Windows showing St. Benedict, St. Scholastica and Christ will be represented in art glass placed above the worship space.

Thirty-two angel murals and 18 murals depicting the life of Mary will be cleaned and restored by Christy Cunningham-Adams, an international art conservator.

The restoration will then begin to adorn the walls with new designs and decorations.

When all these aesthetic aspects are completed, an altar, pews, kneelers, statues and plaques will finalize the phase and prepare the worship space for the arrival of a new organ. Some external work

will also be completed at this time.

Abbot Gregory said he hopes the renovations will spark a new sense of purpose in the congregation.

"These coming months will instill a vigor and enthusiasm for those things most essential in our lives — our prayer, the sacred liturgy, our monastic calling, our hospitality and our charity to one another," he said.

The congregation has been patient with the reconstruction even though their worship services have been disrupted by work in the worship area.

"Over the past 27 months, we've been having our services in two different places, the memorial chapel room and one of the halls in our seminary college," he said.

The initial planning for the project was completed in December 1988. The first phase of the project involved planning, extensive repairs and stabilization of the outer structure. Waterproofing, brick work, installation of thermal glass and a new copper roof and steeple were all included.

The second phase of the project started in 1994. Workers created rooms to accommodate new heating, cooling and electrical systems. It also allowed for reinforcement of the footings and foundation. Ramps and elevators for the handicapped were added as well.

The Basilica is expected to be completed and ready for daily Eucharistic celebration Dec. 8, 1998. This is the 125th anniversary of the founding of Conception Abbey.

Abbot Gregory said he is certain that deeper commitment to the group's monastic calling is important to the success of the project.

"Our celebration of the rededication of the Abbey Basilica will be most pleasing in God's eyes and fruitful for the growth of Conception Abbey and Conception Seminary College," Gregory said.

“These coming months will instill a vigor and enthusiasm for those things most essential in our lives...”

■ Abbot Gregory, Conception Abbey

New hall director joins South Complex

by Mark Milosovich
Missourian Staff

South complex received a boost when Residential Life hired a new staff member in November.

Amy Baty took over the position as South Complex hall director, a position that was filled by the North Complex director throughout the fall semester.

Baty was thrilled to hear of her hiring.

"I was excited because I didn't have my plans settled," she said. "It is nice to know I won't be working at a restaurant all year."

The former hall director left during training in July which left the building with the one hall director, Colin Folawn.

Lacking a director was difficult, but needs were still met.

"It was not the ultimate situation,"

said Betty Dye, Residential Life Coordinator for Personnel Services. "Colin did a terrific job and no one really suffered."

Dye said a search started right away for a new director. Amy was hired in October but she was unable to actually assume the responsibilities until Nov. 10.

After reviewing her résumé and having a telephone interview, Dye believed Baty was the one for the job.

Baty, a graduate of Willamette University in Salem, Ore., learned about the opening from Folawn whom she attended college with.

She has only been here for a few weeks, and Baty is still adapting.

"I really hope I can learn about Northwest quickly so I can feel like I am part of the campus," Baty said. "I am impressed with how friendly and welcoming the people are here."

The Resident Assistants in South Complex have given Baty tremendous support.

"I look forward to meeting the students and planning activities with them," Baty said.

Sisters play active role in local hospital

by Russ Wetzel
Missourian Staff

Anyone who has ever received the services of Maryville's St. Francis Hospital has been part of a dream which began a long time ago.

Five of the Sisters of St. Mary, order left Germany 125 years ago and arrived in St. Louis determined to help the sick and needy.

Experienced in caring for the sick and injured in war-torn Europe, they arrived unable to speak English. They had only \$5 between them and no formal health care skills.

However, within six years they built their first hospital.

Seven of the sisters, under the leadership of Mother Augustine Giesen, formed a new religious congregation called the Sisters of St. Francis in 1894.

The new order settled in Maryville and started what would eventually become St. Francis Hospital & Health Services.

Three of the sisters, Sister Carmelita Hovenkotter, Sister Louise Hirner and Sister Cecilia Pribil have remained in Maryville for over 60 years, caring for those in need.

"So often we find ourselves working with families who are having to make very difficult decisions about the care of their loved ones," Sister Carmelita said.

The sisters continue to stay active in the daily direction of the hospital.



At their November reunion, (from left to right) are Sister Louise Hirner, Bob Floeder, who is the great-nephew of Mother Augustine Giesen, Sister Carmelita Hovenkotter and Sister Cecilia Pribil.

Photo courtesy of St. Francis Hospital

"We listen to each family member and encourage all of them to come together in choosing options which will bring the highest quality of life to the patient," Sister Cecilia said.

Ten years ago, the Sisters of St. Mary and St. Francis reunited to form the Franciscan Sisters of St. Mary. The hospital celebrated these two anniversaries with 250 people on Nov. 9.

"The sisters have given us roots in quality, and that is our foundation as we strive to achieve excellence," said Twilya Henry, community relations director for the hospital.

The hospital proudly showcased several renovations to the obstetrics unit, diagnostic imaging (X-ray) and cardiopulmonary rehabilitation. In addition, they welcomed nine new medical personnel to their staff this year.

Henry said the hospital employees treasure the sister's leadership and it is their dedication which gives the facility its direction.

The SSM Health Care System is the 10th largest in America and includes 27 hospitals, 5,000 affiliated physicians and approximately 20,500 employees.

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Public Safety

November 25

■ After receiving complaints of minors in possession at a local establishment in the 400 block of North Buchanan Street, officers issued summons for being under the age of 19 in a bar to Molly J. Strait and Jeanna B. Waterman, both 18 and of Maryville.

■ Officers received a complaint of a male subject taking a bicycle from a porch in the 300 block of West Sixth Street without the owner's permission. The owner chased the male subject until he ran into a residence. Contact was made with the offender and charges are pending.

■ Officers served a warrant from Gentry County for attempt to escape to Tony F. Hastings, 19, Maryville. He is being held in Gentry County.

■ An officer took a report from a local business that a male subject attempted to take two packs of cigarettes. When he was confronted by personnel he threw the cigarettes down and fled the area.

■ A Maryville male reported that he had put his brown leather bag on a tool box in his truck. When he arrived at his destination, the bag was gone. He retraced his steps but did not find the bag. It contained a brown Italian leather wallet containing identification, credit cards, \$60-70, key and planning book. Estimated value was \$400.

■ Patrick W. Trahan, Maryville, had his vehicle struck by another vehicle, which left the scene.

November 26

■ An officer served a warrant from Andrew county for passing bad checks to Travis Sloniker, 26, Barnard. He was released after posting bond.

■ Kurtis D. Fink, Maryville, said he was travelling west through an intersection when he saw Heidi A. Baumert, Maryville, start to turn into his path. He attempted to avoid a collision, but impact occurred. A citation was issued to Baumert for failure to yield.

November 27

■ A female reported the theft of a black Case Logic CD case which contained approximately 40 CDs from her vehicle while it was parked in the 100 block of South Main Street. Estimated value was \$600.

■ Francis G. Mattson, Chillicothe, was eastbound on First Street and attempted to make a right hand turn. He was struck by Jodi P. Walker, Maryville, who was eastbound on First Street. A citation was issued to Walker for failure to maintain the highest degree of care.

November 28

■ An officer took a report from a

Maryville male who said that while his vehicle was parked in the 200 block of West Second Street, his Kenwood cassette player and two 10-inch Rockford Fosgate speakers were taken from the vehicle. Estimated value was \$400.

■ A Maryville male reported to an officer the theft of his Cobra CB radio from his tractor while it was parked in the 500 block of North Walnut St. Estimated value was \$200.

■ An officer took a report from a Maryville female who said that while her vehicle was parked in the 500 block of North Mulberry, a ring was stolen from it. The ring was described as a white gold engagement and wedding band that had been soldered together. The ring contained a 3/4 karat round-cut diamond. Estimated value was \$800.

November 29

■ Richard A. Jobe, 18, Independence, was arrested by the Independence Police Department on a Maryville Municipal Court warrant for failure to appear. He was unable to post bond, and he was transported to Maryville, where he is being held.

November 30

■ While an officer was on patrol in the 200 block of West Fourth Street, he observed a vehicle pull out in front of another vehicle almost causing an accident. The vehicle was stopped,

and the driver was identified as Jeremy J. Hoeflicker, 22, Maryville. While talking with him, an odor of intoxicants was detected. He was arrested on charges of driving while intoxicated after he could not successfully complete field sobriety tests and his blood alcohol content tested over the legal limit. He was also issued a citation for careless and imprudent driving.

■ An officer took a report from several Maryville females who said someone had broken into their residence and stole various pieces of jewelry. Estimated value was \$770.

New Arrivals

James Herman Moore III

Jim and Shelli Moore, Maryville, are the parents of James Herman, born Nov. 7 at St. Francis Hospital in Maryville.

He weighed 7 pounds, 11 ounces. Grandparents are Gary and Vivian Brunberg, Omaha, Neb.; Theryl and Bobbi Dillon, Apache Jet, Ariz.; and Mary Moore, Shippensburg, Pa.

Mason Chandler Morris

Bethany Gater and Robert Morris III, Maryville, are the parents of Mason Chandler, born Nov. 8 at St. Francis Hospital in Maryville.

He weighed 8 pounds, 3 ounces. Grandparents are Ronald and Teena Gater, Columbia; and Melvin and Nina Allman, Ottumwa, Iowa.

Colton Roy Good

Russell and Amanda Good, Darlington, are the parents of Colton Roy, born Nov. 14 at St. Francis Hospital in Maryville.

He weighed 6 pounds, 13 ounces. Grandparents are James and Terry Harding, Denver, Mo.; Alex Degase, Maryville; and Elmer and Debbie Good, Gentryville.

Elijah Raymond DeMille

Alma and Sylvia DeMille, Allendale, are the parents of Elijah Raymond, born Nov. 21 at St. Francis Hospital in Maryville.

He weighed 9 pounds, 10 ounces and joins two sisters and one brother. Grandparents are Dale R. and JoAnn Hawkins, Kaysville, Utah; and Van and Janice DeMille, Hurricane, Utah.

Callie Jo Mattson

Rick and Lana Mattson, Maryville, are the parents of Callie Jo, born Nov. 27 at St. Francis Hospital.

She weighed 6 pounds, 8 ounces and joins two brothers.

Grandparents are Iva Thompson, Maryville; and Ed and Hellen Mattson, Conception Junction.

Obituaries

Elma V. McCombs

Elma McCombs, 73, Skidmore died Nov. 19 at her home.

She was born Oct. 21, 1924, to Orville and Elma Fenton in Boone County.

Survivors include her husband,

Gerald E. McCombs; and nieces and nephews.

Services were Nov. 21 at the Price Funeral Home Chapel in Maryville.

Donna Jean Epling

Donna Jean Epling, 61, Maryville, died Nov. 20 at her home.

She was born May 27, 1936, to Carl and Anna Potter.

Survivors include one daughter, Vena McMichael; two sons, Gregory and David; two grandchildren and one sister.

There were no services; the body was cremated.

Jack Eugene Hutt

Jack Eugene Hutt, 67, Maryville, died Nov. 23 at St. Francis Hospital in Maryville.

He was born Nov. 22, 1930, to Charles and Viola Hutt in Blanchard, Iowa.

Survivors include his wife, Marjorie; two sons, Michael and Douglas; five grandchildren; two brothers; and nieces and nephews.

Services were Nov. 26 at the First United Methodist Church in Maryville.

Mollie Marie Turner

Mollie Marie Turner, 97, Maryville, died Nov. 29 at the Maryville Health Care Center.

She was born March 26, 1900, to Smith and Flora Amos.

Survivors include two daughters, Dorothy and Juanita; several grandchildren, great grandchildren and great-great grandchildren.

Services were Dec. 2 at the Price Funeral Home Chapel in Maryville.

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Anne LaBeaume
Tracie Lange
Stacy Vandeginste

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Jennifer Jewell
Brenda Mohling
Maggie O'Riley
Chera Prideaux
Kristi Seck
Brenda Stoll
Jennifer Thomas
Nicole Voigts

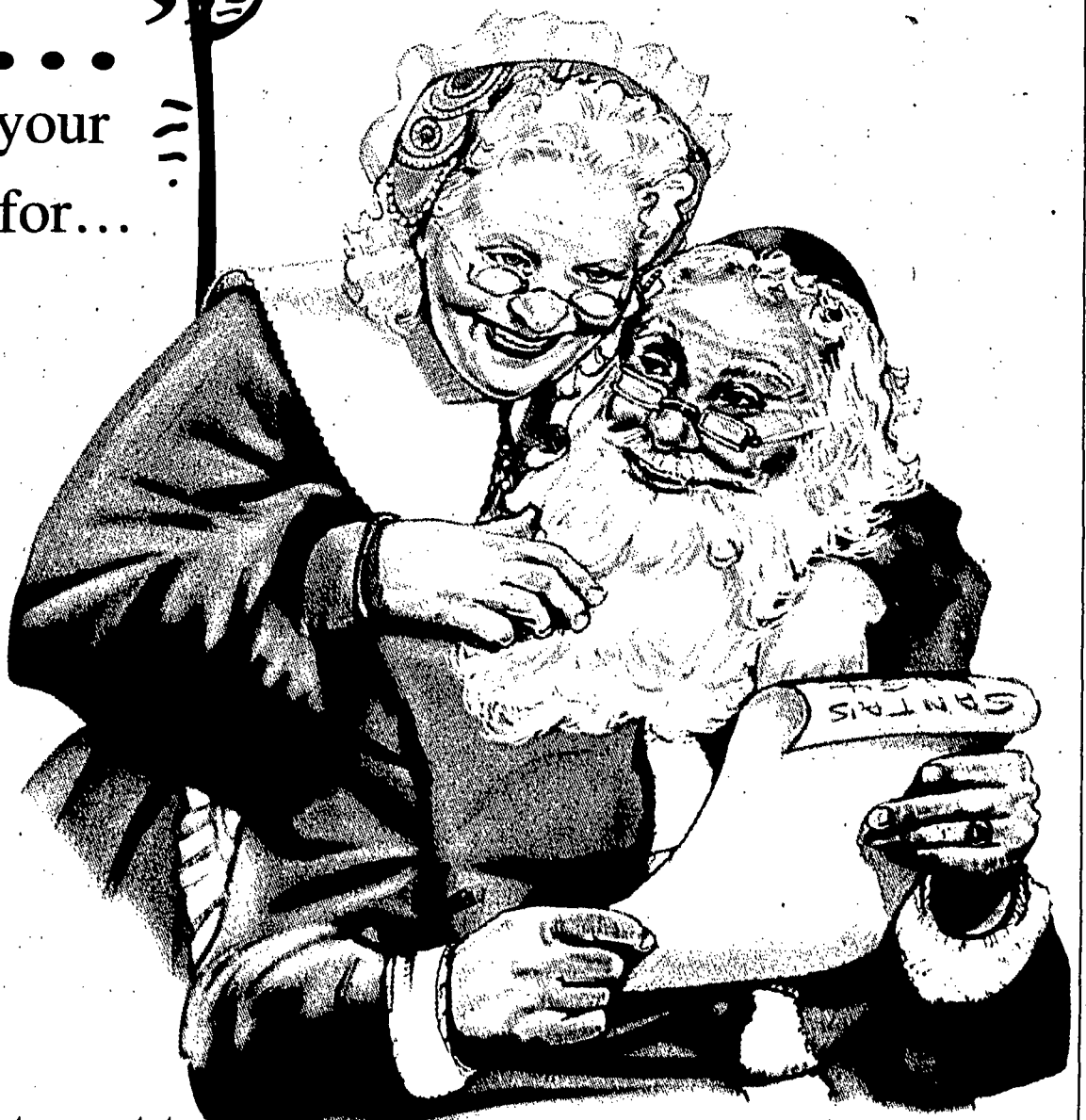
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Runners fare well at Nationals

by Wendy Broker
University Sports Editor

The NCAA Division II National meet Nov. 22 was the final step in the men's and women's cross country seasons, and they ended with high marks. The women, ranked eighth going into the meet, finished fifth, while the men placed 13th of 17 teams. Leading the women were senior Kathy Kearns, junior Lindsey Borgstadt and senior Carrie Sindelar, who finished 15th, 22nd and 32nd respectively in the 132-woman field. Kearns and Borgstadt gained all-American status, while Sindelar missed the honor by three places. Junior Jennifer Miller and senior Dana Luke finished out the 'Cats' top five at 48th and 61st. Freshman Megan Carlson and sophomore Becca Glassel finished 75th and 116th, respectively, for the team. Bud Williams, women's head coach, said the team's performance was top quality. "Nationals was our best meet of the season, considering the conditions, caliber of competition and general outcome of the meet," Williams said. "We were confident going in, felt we had a job to do, and simply went out to do it." All of the women making their second appearance at Nationals improved on their previous performances. Kearns moved up from 18th and

Borgstadt jumped from 107th, while Sindelar and Luke improved from 106th and 110th. Several factors went into the women's success and encouragement came from within the team. "Last year's performance at Nationals was a little disappointing to some of us," Kearns said. "We wanted to prove to ourselves that we weren't guests at Nationals, but we belonged there. We all wanted to be able to look back on it and smile." The team accomplished its preseason goals and attribute the success to teamwork. "The beginning of the season was really rough, but we formed a strong bond as teammates which helped us to try and achieve the same goals," Miller said. "We ended the season the best we could. It was a nice way to finish (the seniors' last) cross country season."

Men excel at National meet, place 13th

The men's cross country team competed in the National meet Nov. 22 in Wisconsin and finished well, placing above its No. 16 ranking at 13th. The men were led by junior Robby Lane who placed 24th, and received all-America honors. Junior Don Ferree, sophomores Bryan Thornburg and Matt Johnson and junior Corey Parks packed up to finish out the Bearcats' top five at 62nd, 74th, 77th and 78th, respectively. Freshman Derek

Harriman took 92nd of the 132-man field and junior Brian Cornelius finished 93rd after pulling a hamstring during the race. Rich Alsup, men's head coach said the meet wasn't the men's best, or worst. "We didn't have a great or a bad team race," Alsup said. "I am not perfectly satisfied with our performance at Nationals, but then we are always looking for the possibility for improvement." Team members also noted that the meet was not up to par for the men's season. "We finished higher than we were ranked, yet we didn't run our best performance," Ferree said. "Hopefully, next year with the experience we've gained, we will be able to contend for the top five in nation." The team accomplished what they set out to do this season, Lane said. "It was a good season for the team, and we came a long way," Lane said. "As a team, we achieved our goals of finishing second in the conference and qualifying for nationals." Alsup also said there were many team and individual successes this season. "We had a great season, earned a lot of things and worked hard from top to bottom," Alsup said. "We can do a lot with a season like this. Hopefully this will set the stage for things to come."



Senior Kathy Kearns runs on a course of ice and mud at the NCAA Division II Championship in Kenosha, Wis. Nov. 22. The women finished fifth overall.

Bearcats triumph over Lions

by Kevin Schultz
Chief Reporter

By defeating the Missouri Southern State College Lady Lions, 86-76, Wednesday night, the women's basketball team saw the level of its play rise, while school records fall. Senior guard Pam Cummings overtook the all-time career record for assists, when she dished out four in an overtime victory against William Jewell College Nov. 15. The previous record, which was held by Cummings' sister Sandy Nelson, was 598. The 'Cats took their undefeated 6-0 record into Wednesday's game against the Lady Lions. The start was rough for Northwest. Turnovers and fouls had the 'Cats staring at a seven-point deficit midway through the first half. But a stellar second-half perfor-

mance helped the Bearcats comeback and pull away to notch their seventh victory. "The key to the game was heart," Winstead said. "We are still short a few players, but the girls sucked it up. At times we didn't play real smooth but we gutted it out." Strong performances by Cummings and Coy, who both finished with 21 points along with Bohnsack's 19 led the way. Mattson was dominating underneath by pulling down 12 boards and Cummings contributed with 10 assists. The success of the Bearcats has not come without some tough challenges, namely Rockhurst College who the 'Cats slipped past 71-69. And after jumping out to a 4-0 record early in the season, the 'Cats took on undefeated Benedictine College and Wayne State College, knocking off both squads. "Right now, we are playing really

well, but we haven't played with any consistency all year," Winstead said. In the contest against Wayne State, the 'Cats started off shaky and went into halftime tied. But the second half proved to be a different story, and the 'Cats turned it on, pulling away for a 72-63 victory. "Inconsistency is our biggest problem right now," Winstead said. "But we have several players, especially our seniors, who are stepping up at the right times." Northwest looks like it will keep winning as long as players keep stepping up. With the wins Winstead looks to the regional polls in hopes of being ranked. "Right now it's just talk," Winstead said. "Provided we keep winning, I expect to be ranked sometime next week."

'Cats fall to Wayne State, drop to 4-1

by JP Farries
Chief Reporter

The Bearcat men's basketball team has hopped aboard a rollercoaster of emotions in the past two games. After defeating Drury College and Tougaloo University, the team placed first in the Ryland Milner Classic, Nov. 22-23, having three players named to the all-tournament team. Northwest was then dethroned by nationally ranked Wayne State University 94-69, Nov. 29. "I knew it was going to be a tough ballgame," head coach Steve Tappmeyer said. "Defensively, we gave up too many open looks at the basket, and we didn't play every possession. We met a team that really shot the ball well." Junior forward Matt Redd led the attack with 15 points and senior guard Shakey Harrington, who was the MVP of the Ryland Milner Classic, added nine assists. The Bearcats trailed 47-42 at the half, but after

shooting 37 percent from the field in the second half, the lead became 25. "Right now our team is fragile in the second half," Tappmeyer said. "When adversity strikes, we don't have a five-man team right now that knows how to handle it. When we get down eight or 10 points, all we have to do is get some stops at the defensive end and get some good looks at the basket, but we kind of got in a panic state." In early games against lesser opponents, the Bearcats used their offense to bail themselves out, Tappmeyer said. "We got caught up in the first couple games relying on making plays on the offensive end to pull ball games out," he said. "You can't do that throughout the year without it jumping up and biting you." Seven days separated the Drury victory Nov. 22 and the loss to Wayne State. The Bearcats will not play again until next Wednesday. Tappmeyer said he did not really like playing only two games in 17

days, but the Sunshine Shootout in the Bahamas late in December will give them three games in four days. "I think if our team approaches it the right way, we'll be fine," he said. "After playing a real good team that exploited our weaknesses, we could use a week to get everything right and learn from this." The Bearcats own a 9-1 record over their next opponent, Graceland College with the only loss at last year's matchup with 75-70 loss. "They're a dangerous team, they proved that last year," Tappmeyer said. "It's a game that we will not take lightly, I think it is extremely important that we go out and play well. You don't have to watch too many box scores to see that (the MIAA) has had teams knocked off by smaller schools." The team still needs improvement, but it's at a good point in the season. "This is an exciting time for our team, because we do have the potential to be a good team," Tappmeyer said.

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Dave and Les Ackman, owners of Domino's Pizza, would like to say **Thank You and Congratulations** to all of the participants of the annual Art Auction held before Thanksgiving break.

They were pleased to purchase over \$275 worth of student art and were extremely happy with Jason Southward's senior work. They hope in the future members of the Northwest staff and administration will support their students and participate by bidding higher and buying more.

Dave's quote of the week:
"As the great Vince Lombardi would say, 'To be successful, you cannot practice some of the time, you have to practice every waking moment.'"

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Bud Reg. or Bud Light 24 pk. \$11⁸⁰	Milwaukee's Best 24 pk. \$7⁹⁶

Beneath the helmets

Stories by Colin McDonough

Football squad gives Northwest fans a season to remember



The 1997 Seniors: Front row: Kraig Evans and Dante Combs. Second row: Wade Hanson, Josh Baker, Matt Becker, Nick Inzerello, Jason Smith, Bobby Nelson and Adam Dorrel. Third row: Kevin Singletary and Broc Beaver.



Junior quarterback Chris Greisen celebrates with his teammates after the Truman State game. The Bearcats defeated the Bulldogs to keep the stick,

which is the oldest travelling trophy in Division II football. Northwest finished the season with a mark of 12-1.

Turnovers doom 'Cats

Northwest suffers 2nd loss to Northern Colorado in playoffs

For the second straight year, the Bears of the University of Northern Colorado knocked the Bearcats out of the Division II playoffs, 35-19.

The only difference is that last year's game came down to the final seconds, and this one was decided early in the fourth quarter.

Northwest had a fourth and one at the UNC 12-yard line, and Northwest was trailing 28-19 with nine minutes remaining in the game. Junior quarterback Chris Greisen

Turnovers played a factor in the game as Northwest turned it over six times compared to only three for the Bears.

"Turnovers killed us," Greisen said. "I threw some stupid interceptions and without those it would have been a totally different game."

Tjeerdsma said turnovers were the biggest factor in the outcome as well.

"Turnovers were the whole difference in the ballgame," he said. "They are a better football team than a year ago, but if we don't turn the ball over, they're a team we can beat."

Northwest 39, NDSU 28

Northwest won its first-ever home playoff game Nov. 22 with a tremendous special teams performance from freshman receiver Tony Miles.

Miles turned the game around in the third quarter with North Dakota State University leading 21-12.

He returned a kickoff 86 yards for a touchdown.

Tjeerdsma said the team was not looking good, but the players made the plays when they had to.

"We struggled, but we said we're a big play team," he said. "The big plays paid off."



Head coach Mel Tjeerdsma shouts to his team on the field. (Below) Matt Becker, senior tight end, receives a hug from a friend after Saturday's loss to UNC.



Jennifer Meyer/ Photography Director



Junior safety Brian Sutton talks with a teammate after Saturday's 35-19 loss to UNC.



Nick Inzerello, senior wide receiver, receives a hug from Michelle Falcon after the win over

North Dakota State University. Inzerello scored his first collegiate touchdown this season.



Ryan George, No. 80, and Nick Inzerello, No. 2, along with teammates, bow their heads for the team prayer following the Homecoming game Oct. 18.

Jennifer Meyer/ Photography Director

The seniors on this year's football squad have been through it all. From an 0-11 season to back-to-back MIAA championships and the second round of the NCAA Division II playoffs.

Mel Tjeerdsma, head football coach, said this group of seniors will never be forgotten in Bearcat lore.

"I'm very proud of what they have done, if you look at what they accomplished in four years," Tjeerdsma said. "They started at 0-11 to the last two years of finishing No. 2 and No. 3 in the nation. And to make it to the final eight, especially in a school that is not rich in football tradition."

"What they've accomplished is going to grow. We're going to see more success, and they are going to be a big part of that."

The lack of injuries played a factor in offensive tackle Adam Dorrel's senior season.

"This year I was thankful we didn't have injuries because early in the season we had a lot of guys that were untested," Dorrel said. "Some of our depth never became a problem besides Willie Cohen's (junior wide receiver) injury we didn't have an injury to a starter."

It is hard for Dorrel to pick out just one memory from the season.

"I can't pick just one point," he said. "But probably just being around the guys in practice and road trips. They were just a great bunch of guys, and they were real fun to be around."

Matt Becker, senior tight end, said his fondest memory of this season was when the team got back from the Pitt State game.

"All the games really run together," Becker said. "But I would have to say after the four-hour ride home from Pittsburg and having the marching band waiting outside of Lamkin playing the fight song (was my fondest). It really felt good. Four years ago, heck to have 10 fans in the stands was great let alone have the marching band playing when we got back."

Nick Inzerello, senior wide receiver, said he will remember a couple of moments from his senior year.

"The Pitt game (was my most memo-

orable moment) because not only did we accomplish a team goal, but just going down there and winning," Inzerello said. "The other would be the Missouri Southern (State College) game. I got to celebrate my first collegiate touchdown with my friends. I'll remember that forever."

It was difficult for Inzerello to walk off the field for the last time Saturday.

"It sunk in as I walked off the field," he said. "I was walking through the mud and realized it was the last time I'd be on the field compet-

ing like that. It's been such a big part of my life for 17 years."

It is starting to sink in that none of them will ever play competitively again.

Dorrel said players from other sports can't duplicate what they do, but it's

hard to duplicate doing what a lineman does.

"Basketball players can play pick-up games and baseball players can play on softball teams," Dorrel said. "But with what I did you can't do that again. You can't put on the pads and play again."

The best part of Becker's career came during his freshman year in the final game of the season at Missouri Southern.

"My greatest memory of my four years was when we were 0-10 and went down to Missouri South-

ern," Becker said. "We went down there hell-bent and played hard. We didn't win, but that didn't stop us from playing hard."

"We had maybe 12 fans in the stands, we ended up getting our butts kicked, and I remember my dad telling me after the game, 'If you stick it out, I'll always be there to watch.' He's only missed three games my whole career."

Becker said

Tjeerdsma gave the team reassurance that the times would be changing for the Bearcats.

"He told us, 'I have faith that we're going to win. We're going to find out who wants to play, and we're going to win,'" Becker said.

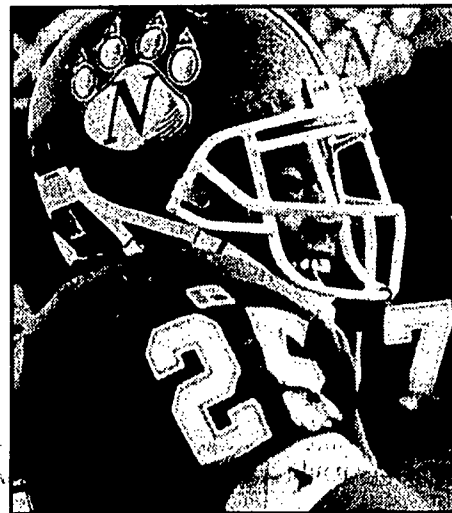
That faith has taken these seniors to the end of their football careers.

"When you are a senior, you look forward to the season, but when it ends it's not a huge deal," Becker said. "Sooner or later it all comes to an end. You've got to look past it. There is life past football."



Jennifer Meyer/ Photography Director

Students at Eugene Field Elementary school made posters to show the Bearcats their support.



Jennifer Meyer/ Photography Director

(Above) Senior Bobby Nelson, a junior transfer to Northwest, shows his excitement in adding another win to his career. Nelson boasts a 23-3 record as a Bearcat.

Coaching win No. 200

Boys' basketball coach notches historic victory

by Mark Hornickel
Chief Reporter

It all started with a coach. Mike Kuwitzky, head boys' basketball coach, remembers when he played basketball in high school in Lincoln, Neb., under a coach by the name of Ed Johnson. Kuwitzky was fortunate to be a part of one of seven state championship teams under Johnson.

"He was my mentor," Kuwitzky said. "He was a real inspiration and helped me in falling in love with the game."

Twelve years after he became head coach at Maryville High School, Kuwitzky posted his 200th career win Tuesday night when the Spoofhounds defeated Shenandoah, Iowa, 82-45.

"That was exciting," Kuwitzky said. "I'm really proud to be a part of this school system and the town. The kids are great, and they have a lot to do with it."

Kuwitzky did not even mention the achievement to his team until after the game in the locker room.

"That was great," senior forward Grant Sutton said. "I'm really happy for him. I'm sure it made him happy, and we were proud that we could be a part of it."

After the game, Kuwitzky was congratulated by several players.

"He makes us work hard," senior guard John Otte said. "And, if we don't, he comes after us. We're a very structured team, and he makes us do the little things."

Kuwitzky's players gave the 'Hounds an early lead in the game, claiming an 18-4 advantage at the end of the first quarter.

In the second quarter, the Mustangs were able to bounce back and tie the score, 20-20.

"They really picked up some momentum," Kuwitzky said. "They went on a run towards the end and picked up a really big gap."

The 'Hounds pulled away and went into halftime with a 38-24 lead.

In the second half, Maryville strengthened its lead on several steals that were converted into points.

"We executed well," junior center Mike Nanninga said. "There were not a lot of mistakes. We just shot layups the whole night."

All 14 'Hounds were able to get an opportunity to play, and each player was able to score.

"There wasn't just one person that contributed," Otte said. "It was a team effort."

Sutton led the 'Hounds with 14 points, junior guard Nick Glasnapp poured in 11 points and senior center Adam Weldon added nine.

Kuwitzky said Shenandoah has a young team.

"They're dealing with a new coach and a new program," Kuwitzky said. "The thing that I was most respectful of was that they really played hard. They have a lot of good young players, and they'll be a force to be reckoned with."

Maryville's next game will be 7:30 p.m. Friday when the Spoofhounds travel to Savannah.

Star players plagued by big problems



■ Scott Summers

What is wrong with today's athletes? I could write forever on this topic alone. But, for the sake of space, I am forced to point out only a few of the most recent ex-

amples. Still, that leaves plenty.

John Wooden, former UCLA basketball coach, seems to have hit the nail on the head when he said "Sports do not build character, they reveal it."

Two weeks ago, Michael Westbrook, a Washington Redskins receiver, proved to the entire world how one man's (gender specific only) selfish act can ruin his entire team's effort.

Westbrook, the same so-called man that sucker-punched a teammate during preseason training camp, threw his helmet in disgust at an official's call against the New York Giants. The outburst cost his team a 15-yard penalty and knocked the Redskins out of field goal range. The game ended in a 10-10 tie.

Scottie Pippen, Chicago Bulls forward, claims he is fed up with how the Bulls have treated him and says he will not play another game for the defending champions.

Pippen, who will always be recognized as Michael Jordan's less-talented, sidekick, refuses to honor his multimillion dollar contract for the remainder of the year.

The Bulls will struggle without Pippen, but he was never the one who could fly.

Here are the top five players who even make me look smart:

No. 1 — Michael Westbrook. No explanation necessary. The worst of the worst.

No. 2 — Charles Barkley, Houston Rockets forward. It appears as if the only thing Barkley has done right is when he publicly announced that he was not a role model.

No. 3 — Roberto Alomar, Baltimore Orioles second baseman. Known for his dazzling defensive skills on the diamond, Alomar became baseball's most hated player after spitting on umpire John Hirschbeck two years ago.

No. 4 — Mike Tyson, professional boxer. Evander Holyfield must have had a good laugh when the ear-biting, convicted rapist fell off his motorcycle.

No. 5 — Fill-in-the-blank. More athletes are ending up on the wrong side of the law everyday. This spot is reserved for the next person who proves that maybe they should have done more than play sports during high school.

Scott Summers is the community sports editor for the Northwest Missourian.

Did you make this one?

no.

Did you make this one?

No.

How 'bout this one?

Nope.

This one?

Maybe.

Wrestlers open season tonight

by Mark Hornickel
Chief Reporter

The wrestlers at Maryville High School have been waiting for this day. The team finally battles someone other than themselves.

The Spoofhounds will grapple with Maysville High School at 7 p.m. tonight at home.

Head coach Joe Drake said it is important for the Spoofhounds to do well at the meet.

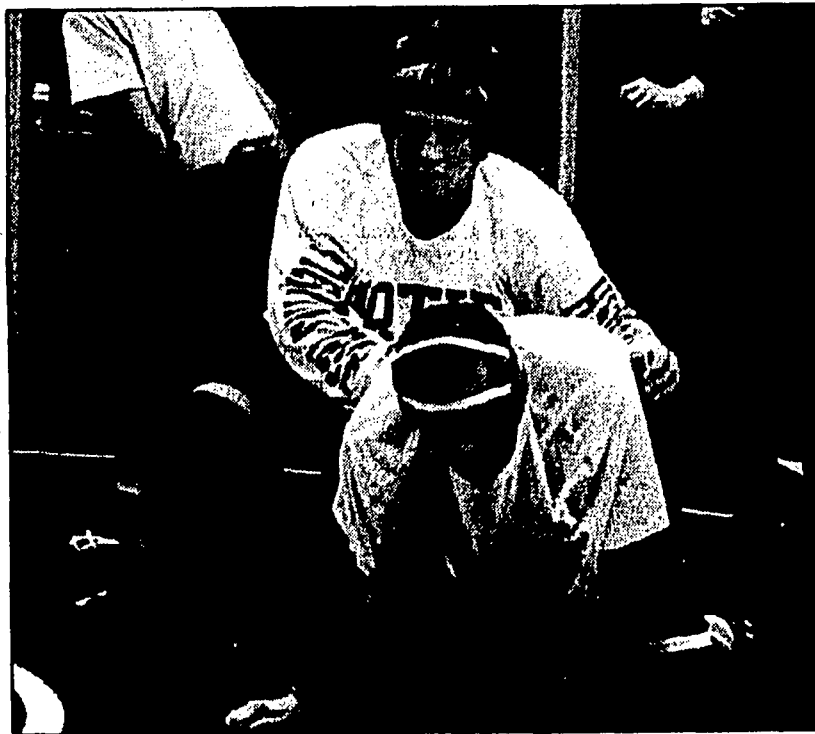
"One, it's important to get a good start," Drake said. "Two, we need to use it as an evaluating tool to see what we need to do in practices."

Drake said the 'Hounds will face a team that is not as strong in some weight classes as it has been in previous years.

"Their kids will be very competitive," Drake said. "They have a lot of very good individuals."

The 'Hounds are ready to test how good they really are.

"The intensity has been very good," Drake said. "We definitely need a match, but the attitude has been very positive so far."



B. J. Linnenbrink/Contributing Photographer

Seniors Chris Barmann and Will New work on their techniques during practice Wednesday. The wrestling team begins its season tonight against Maysville.

'Hound girls drop game to Savages, 51-31

by Burton Taylor
Missourian Staff

The gymnasium was overflowing with support for the girls' basketball home opener Tuesday. The team battled the Savannah Savages and lost, 51-31.

Head coach Jeff Martin said he knew going into the game that it would not be an easy one. The Savages were faster and had more experience than the 'Hounds.

"When you take a step up in competition and you have not played much together, you're going to make some mistakes," Martin said. "But we played a really good ballgame tonight."

Martin said the team started out

"We learned a lot about ourselves tonight and found some things we can work on."

■ Jeff Martin, girls' basketball coach Maryville High School

strong, despite trailing 10-2 early in the first quarter.

At the end of the second quarter, the Savages had pushed the 'Hounds to the wall, leading 22-8. The Spoofhounds were not able to catch the Savages for the entire game.

The team realized it had some

things to work on before the contest, but Martin said the game really helped and gave the team a little experience to stand on.

"We learned a lot about ourselves tonight and found some things we can work on," Martin said.

Kari Baumgartner, senior point guard, attributes the loss to the players not having been able to get comfortable with each others' style of play.

"A lot of us are new and have not played together at all except for a little this summer," Baumgartner said. "A little practice and a few more games will get us pretty far and better with our game."

Martin said the team's defense is a major strong point and is something

that will help them through the season.

"I feel that keeping them at only 51 points was good and that we did a pretty good job defensively," Martin said.

In the first half of the game, the 'Hounds committed a few more turnovers than they would have liked. Martin believes it was because they were constantly trying to catch up.

"We were trying to make up a big deficit in just one trip and got in a bit of a hurry," Martin said. "We need to take our time and work the ball inside, which I think we did a little better in the second half."

The team's next game will be at 8 p.m. Friday against Benton High School at home.

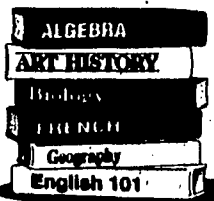
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EXERCISE

Who says the only exercise a student can do during this hectic time of the year has a deadline and requires a grade? Taking a break from exercising your brain and focusing on your body will help you during these next few weeks.

by Stacy Young

Fitness may be the cure for those final exam blues. Maryville and Northwest offers many workout facilities that anyone with a little unwanted stress can appreciate.

Maryville
Two Maryville businesses focus on shaping bodies and relieving stress. Aerobic Energy, located in the Maryville Center shopping complex, is an aerobic facility. Owner Lori Stiens specializes in step aerobics, but offers slide classes and body sculpting as well. Stiens is dedicated to keeping her customers happy and fit.

"Since everyone here only has an hour to workout, I try to incorporate as much as possible in that hour," Stiens said. "I also like variety so you don't get bored. Boredom is the number one dropout reason."

Stiens wants prospective members to utilize the free trial class at Aerobic Energy to ensure a good experience. No appointment is necessary. A monthly membership is \$25, and \$10 is taken off the price of a three-month membership.

There is a wide variety of blood-pumping classes to choose from, and everyone is welcome to join.

"I feel there are many different levels of fitness," Stiens said. "Anyone who can stick with an exercise program of flexibility and strength and can feel good about what they're doing is fit."

Northwest
Another business dedicated to fitness is Looks Salon and Fitness Center, located on the west side of the square. This facility features a variety of Nautilus equipment used for strengthening specific muscle groups in the body. Looks also offers free weights and cardiovascular equipment including treadmills, stationary bikes and steppers.

For those who need a little extra boost to develop a fitness plan, personal trainers are available. The trainers assist in workouts and devise customized plans for their clients.

"For a beginner, the trainers would usually just work on getting the heart rate up because that is very important," Looks employee Nicole Elliott said.

The starting fee for a Looks membership is \$30 a month, but reduced rates are available for those interested in joining for longer periods of time. Anyone is welcome to walk in and workout at the facility.

The Rec Center features basketball courts with the capability to set up badminton, volleyball and tennis courts. A suspended indoor track highlights the building. Universal weight sets used for circuit training and strength conditioning are also on the second level.

If a game of golf or any outdoor excursion sounds like fun, golf clubs and various other outdoor and indoor athletic equipment are available to borrow.

The Rec Center hopes to draw in more students because they are not seeing the facilities being used as much as they would like.

"Maybe people just don't know what is out there," said Heath Powell, recreational sports graduate assistant. "They don't take the time to even come try it out once."

While full-time students can enjoy the facility free of charge, community members are also welcome. The fee for one full year is \$125 and can be broken down into smaller payments for

shorter memberships.

"Because I'm a freshman, and was going away from everything I knew at home, it was good to have a place like the Rec Center," Brigid James, psychology/sociology major said.

"Working out helped me to relieve stress and get motivated."

The Fitness Center, located on the ground floor of Lampkin Activity Center, offers an energetic atmosphere and a variety of workout options, including circuit training, exercise bikes, step machines, Nordic Tracks and free weights.

Anyone is welcome to join the Fitness Center. Students enjoy the lowest rates of \$50 a year or \$30 a semester. University employees can become members for \$80 a year or \$45 a semester. Members of the community may join for \$110 a year and \$65 a semester.

Many residence halls provide fitness opportunities as well. Most are equipped with some kind of exercise facility. Students should check to see what their own residence hall have.

With all of these fitness options available, it makes it easy to take a break from the books and relieve a little stress by going to exercise.

STRESS: It eventually affects all of us, but it's fairly simple to control

by Jason Tarwater
Missourian Staff

The time is drawing near. The weather is finally getting cold, deadlines are approaching and one word is on many students' minds — finals.

With those dreaded finals comes a considerable amount of stress.

Joyce Bottorff, nursing coordinator at Student Health Services, said she can see the signs of stress on campus.

"People who have never been sick before in their lives are coming in to us sick," Bottorff said.

Other warning signs of stress Bottorff mentioned were depression, suicidal tendencies and homesickness.

Bottorff said there are several physical things that can be done in order to help relieve stress.

"You have to get a lot of sleep," Bottorff said. "You need seven or eight hours a night. You also have to have a nutritional balance and find time to exercise."

While exercise is important, Bottorff said it is usually the least of

most students' concerns.

"With all the things that are overwhelming the students, they say that they don't have time for exercise," Bottorff said. "They need to make priorities and stick to a schedule. They have to at least go walking (or something)."

While stress is natural during this time of the semester, one group seems to be hit harder than others.

"(We've been) getting the freshmen signs," Bottorff said. "It normally happens right off the bat. They are very overwhelmed. They say it's a lot harder than high school, and they just aren't sleeping."

Although freshmen troubles may not be a surprise to some, Bottorff said seniors have equal problems with stress.

"Sophomores adjust and juniors adjust, but for seniors, this is a reality check," Bottorff said. "They're worried about getting out — worried about getting a job."

Liz Wood, director of the counseling center, said when a student comes to her, she tries to work with the student to find ways to put more

time into their schedule so the student doesn't feel as overwhelmed.

"What we try to do is look at their schedule and try to talk to them about a number of things to (take off), which is overwhelmingly terrible to them," Wood said.

Amber Monroe, Millikan hall director, agrees and said the way you spend your time determines your stress level.

"Not procrastinating helps a lot," Monroe said. "The way you manage your time is important."

When students are unwilling to compromise their time, Wood said she offers other suggestions.

"We then work on stress reduction," she said. "We work on relaxation techniques and teaching them how to take breaks."

Monroe said different types of stress relief works for her. She said listening to enjoyable music and acting like a little kid are always great ways to relieve stress.

"I own more toys now than I did when I was younger," Monroe said. "I have huge collections of Play-Doh and I color a lot. It really does help."

Weight-loss drugs hinder dieting

by Heather Butler
Missourian Staff

Obesity affects one in four adult Americans. Each year, over half of Americans go on a diet. Although weight loss seems simple, almost 44 million Americans are overweight.

Dieters spend an average of \$30 billion a year on commercial weight-loss programs according to *Food Insight* magazine.

Almost any commercial weight-loss program can work, but the trick is it must be motivational. To find the right diet for an individual's specific needs, they should look for something directed toward slow, steady weight loss.

A good weight-loss program includes weight maintenance. *Food Insight* reports that two-thirds of weight lost from dieting is regained within one year, and almost all the weight is regained within five years.

Because of this, many experts are beginning to shift their focus to the concept of weight management. Adopting a healthy lifestyle, with a reasonable approach to calorie consumption and

exercise, could help manage being overweight better than traditional strategies.

If regulating your own diet isn't possible, realize that you are not alone. Thousands of people use weight-loss pills and programs.

"Any kind of chemical used to lose weight only works for a little bit," said Joyce Bottorff, nursing coordinator for Student Health Services. "You need to make the right choices when eating food and exercise."

Although the popular Phen-Fen pills were recently deemed dangerous, there are many other products on the market that promise to help in the weight-loss process.

Aoqili is a soap that is advertised to eliminate fat layers. It is made from the elixirs of undersea plants which reduce the accumulation of serious fluid and astrigent in the skin.

A better known way to lose weight is the weight-loss pill Redux. It is a prescription medication that decreases a person's appetite by changing levels of certain chemicals in the brain. The safety and effectiveness of Redux hasn't

been determined and certain people should avoid it, such as those with pulmonary hypertension.

Chitosen is another popular weight-loss pill that neutralizes fat after it enters the stomach and spares the body from having to deal with it.

"I believe weight-loss pills are a scapegoat from exercising and eating right," said Jared Jackson, physical education major. "It's society's way of saying they're on a diet and still eating junk food and not exercising. If they want to lose weight, they should eat right and exercise diligently."

A recent study by Steven Blair, an exercise physiologist at the Institute for Aerobics Research in Dallas, compared volunteers who dieted to those who dieted and exercised for one year. The diet plus exercise group lost more weight and fat.

"Exercise builds muscle tissue, and muscle cells burn more calories while you are resting than fat cells," Blair said. "The more muscle you have, the more energy you burn while at rest."



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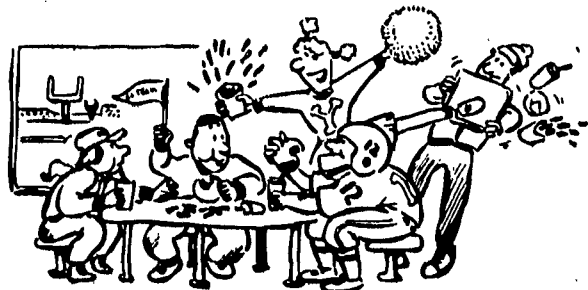
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The Stroller

Helpful tips for dealing with finals



The Stroller

Your Man
shares
focus for
the last
two weeks
of semester

I figured I would start off this week by congratulating the football team for another thrill-packed season for Northwest. This school is much more pleasant than it was three years ago when we had a losing season. I'd also like to congratulate Kathy Kearns for another outstanding year in women's cross country. If you'd like to know Kathy, her name is in the Nov. 24 issue of *Sports Illustrated*. I thought that was cool.

Since I am not allowed to make my normal observations of campus that most of you have come to love, I figured I would help students who are having trouble getting focused for the last two weeks of the semester. Instead of complaining about other people complaining about their life, I thought I would help them out.

Here are my tips to five days of an organized life — just in time for finals.

Day 1 — Make a list of rewards, they can take 15 minutes to two hours. They can be going out and getting drunk, golfing or my favorite pass time — napping.

Day 2 — Write down goals you need to accomplish in the upcoming weeks. Dissect them into manageable, bite-size bits. Develop a plan of action. It could be calls you have to make, errands, appointments, papers due or tests to study for.

Day 3 — Transfer these goals to a notebook. Divide them into sections such as calls, errands, to do lists and things to write.

Day 4 — Transfer the information to a calendar, such as appointments and deadlines, from the notebook and give time for your rewards. Allot time for everything — only take time out for your rewards if you get the allotted tasks done for the day.

Day 5 — Each day after this day, create a short daily "to do" list by choosing a few reasonable tasks from the notebook and scheduling them when there are breaks in the calendar.

This should help students get a little organized by the time finals hit. After that, you can go back to procrastinating. If you don't get organized by then, here are some study tips to help you out.

No. 1/Rehearse, repeat, review:

The most self-explanatory of all study aids, we know that it works, yet rarely do we sit down and do it.

Look over the material, take it away, think about it and repeat it to yourself. Look back at the material and change anything you did not get correct, keep doing it until you get it down.

No. 2/Association:

Connect the new information or images with something you already know. If you make a very bizarre, unusual mental image, you will remember it better than you would a more common one.

No. 3/Visualize:

Make something concrete on paper so you can visualize it in your mind's eye. Write the information in a certain fashion on the paper, stare at it and visualize it in your mind. If you can remember what the page looked like, you may be able to recall the information. Try it, you'll be surprised.

No. 4/Mnemonics:

Use a picture for association. Draw a picture of the basic information you need to know, you will be able to recall the picture a lot easier than the text. If you recall the picture, then the text will jump out of it.

No. 5/Encluster:

Organize pieces of related information according to some sort of logical order. Pieces often are grouped in categories by similarities.

Good luck with the last week of school — don't worry it's almost over.

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Weekly Crossword

ACROSS

1. Kettle and Rainey
4. Wallace's hero
7. Pivotal
10. Fall into an easy chair
12. Rebound
14. Pay
15. Corona
16. Bryant, of OJ ads
17. First name in lingerie
18. Katmandu's country

20. Parodies

22. She scats with cats
24. Guided missile
25. Able to happen
28. Stadium level
31. Appreciative taster's cry
32. ___ cat (form of baseball)
33. "The Fox and the

Grapes' fabler

35. Guitarist Clapton
37. Seeds
40. Check end
41. Wyoming mountain
43. Scout Carson et. al.
45. Naval rank (abbr.)
46. Son of Isaac
47. Climbed
49. Government agents
51. Sandusky's waterfront
52. Comestibles

55. ___ Downs

58. Province in Spain
59. Jaun's friend
61. Cluster
63. First name in fashion
64. Dressed to the
65. Farm structure
66. Neighbor of Israel
67. Generation
68. Suit to a

Answers to last issue's puzzle

P	I	S	A	H	E	A	T	S	L	O	N	G
U	S	A	F	A	R	R	O	W	E	P	E	E
T	I	F	F	P	R	I	D	E	T	E	X	T
S	T	E	E	P	L	E	D	E	D	U	C	T
C	O	E	D	T	A	P						
G	R	A	T	I	S	A	C	E	S	B	A	D
L	I	L	I	S	E	N	O	R	A	R	M	Y
O	L	I	O		T	N	T		B	A	B	E
B	E	A	N		C	A	U	S	E	O	V	E
E	D	S		R	O	L	L		C	O	M	E
				N	A	Y		T	H	A	I	
C	O	L	O	G	N	E		H	O	R	N	E
A	N	A	T		E	L	S	I	E	A	L	E
G	E	N	E		S	K	I	E	R	T	I	N
E	R	A	S		S	E	R	F	S		E	A

DOWN

1. Speed rate (abbr.)
2. Bates of Georgy Girl
3. Only
4. Solo of Star Wars
5. The Haj author
6. Volleyball command
7. Green vegetable
8. Soufflé needs
9. Vocal support
11. Orate
12. Vocations
13. Euler's forte, for short

14. Woes

19. In addition to
21. Small bit
23. Busy as (2 words)
25. Strained food
26. Forgets
27. Happy birds
29. Lauder of cosmetics
30. Boxing unit
31. Though
34. TV network
36. M&M feature
38. Shrews' kin
39. Quadraphonics halved
42. Rigescent

44. Upstart

47. Lack-of-pep cause
48. Writing stands
50. Love of life
52. Hard to hold
53. Activist
54. Inform, slangily
56. Don't bet (2 words)
57. Spook on the inside
58. ___ Altos
60. Golly's kin
62. Loafer tip



Kansas City

Dec. 4 — Joanna Conner, Grand Emporium.
Dec. 5 — Hurricane High Dance Party, The Hurricane.
Dec. 5 - Jan 1 — "Little House Christmas," Coterie Theatre.
Dec. 5 - 24 — "Nutcracker," Midland Theatre.
Dec. 5-6 — Chubby Carrier and the Bayou Swamp Band, Grand Emporium.
Dec. 6 — The Walk of Stars, Station Casino.
Dec. 9 — Puff Daddy and the Family, Kemper Arena.

Area Events

Omaha

Dec. 4 — "Emmanuel," Omaha Civic Auditorium Arena.
Dec. 4-7 — "Nutcracker," Orpheum Theatre.
Dec. 06 — Indigo Girls, Omaha Civic Auditorium Music Hall.
Dec. 10 — Deftones, Ranch Bowl.
Dec. 13 — Seven Mary Three, Ranch Bowl.
Dec. 16 — "Wallflowers," Aksarben Coliseum.
Dec. 16 — Jim Brickman, Omaha Civic Auditorium Music Hall.
Dec. 17 — Lorie Line, Omaha Civic Auditorium Music Hall.

Des Moines

Dec. 5 — Snowflake Celebrations, Des Moines Civic Center. (515) 243-1109.
Dec. 7 — Mancows Jingleballs 97, SuperToad.
Dec. 8 — Canadian Brass, Des Moines Civic Center.
Dec. 11 — Corey Stevens, SuperToad.
Dec. 14 — Handels Messiah, Des Moines Civic Center.
Dec. 16 — "Nutcracker on Ice," Des Moines Civic Center.
Dec. 18 — Micheal Peterson, SuperToad.
Dec. 31 — New Years Eve Gala, Des Moines Civic Center.

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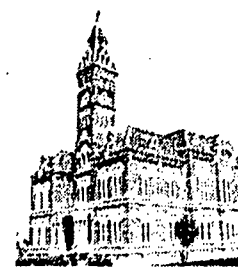
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Northwest Missourian

BRIDGING THE GAP BETWEEN CAMPUS AND COMMUNITY



Thursday, December 4, 1997

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Governor recognizes Quality Award

by Jacob DiPietre
University News Editor

Winning the Missouri Quality Award did more for Northwest than one may think.

The recognition that came with the award was enough to bring together the governor, the University president and numerous students.

"Celebrate Northwest" was an opportunity to promote the University and its recent accomplishments.

One guest the University wel-

comed was Gov. Mel Carnahan. He came to help Northwest celebrate the Quality Award and the 10-year anniversary of the electronic campus.

The program started with Angel Harris-Lewis, Student Senate president welcoming the crowd. Speeches by University President Dean Hubbard, John Politi, executive director of the Excellence in Missouri Foundation, and Carnahan followed.

Football captains Dante Combs and Adam Dorrel and cross country runner Jennifer Miller presented

Carnahan with mementos from Northwest.

Another reason for the special celebration was to give those who were not able to attend the official award presentation in Jefferson City a chance to share the award.

After Harris-Lewis and Hubbard spoke, Carnahan congratulated Northwest on its accomplishments including having the first-ever electronic campus, the new trimester calendar and the Quality Award.

Carnahan emphasized trimesters

program because he has had some experience with a trimester calendar. He said the enhanced summer schedule Northwest is offering will have many advantages for students.

"I'm very excited," Carnahan said. "I actually went to school in a situation where I took advantage of that type of schedule. The school that I went to, George Washington University, had a 15-week summer schedule."

"It will permit people to get degrees faster, if they wish to acceler-

ate to make up work," Carnahan said. "It seems like a positive move."

While Carnahan likes the new trimester calendar, he did go on to mention that if the trimester calendar is a success at Northwest, it would not be forced on other schools around the state.

"I would imagine that it would be imitated by the other institutions," Carnahan said. "But that is one of those things that I would be very doubtful that we would try to impose from Jefferson City."

Quick reader.

A fast grasp on the situation.

Why was the governor at Northwest?

To congratulate Northwest on its accomplishments including the first electronic campus, the new trimester calendar and the Quality Award.

Who were the speakers?

Angel Harris-Lewis, University President Dean Hubbard, John Politi and Gov. Mel Carnahan

Representative visits Maryville

■ Danner speaks with local constituents about Congressional bills

by Lindsey Corey
Community News Editor

With Congress in recess, District 6 Rep. Pat Danner, D-Mo., found time to visit with constituents Wednesday in Maryville.

The congresswoman spoke to members of the Maryville Chamber of Commerce and community members at the Nodaway County Senior Center. She gave a report to the Maryville Rotary Club about the first session of the 105th Congress.

Several senior citizens stayed for the morning discussion and were concerned about what Congress was doing for them.

"A commission is forming to address issues of entitlements such as Medicare, Medicaid and Social Security," Danner said. "We are trying to bring respected seniors from all over to serve on the committee. Hopefully, when the president is a lame duck and can't run for reelection, he will make a move in the direction to advise us."

Danner said action was also being taken on the national level to improve the lives of youth and elderly.

"It's never a question of seniors in opposition with children, because the seniors are the grandparents of the youth," Danner said. "As far as I know, nothing is being taken away from the seniors, and a health insurance program for children who can't afford it was passed this session."

One parent was concerned with the requirements of daycare providers. Danner said there is nothing being done on the national level concerning standards.

"We must be extremely careful when we leave our most valuable asset — our children, with someone we don't know," Danner said.

Another problem mentioned by an audience member was violence on television.

"There is very little being done

because of the first amendment that grants freedom of speech," Danner said.

Danner said she noticed a "general downsizing of moral values" and the violence dilemma goes beyond television with new technology.

"The problem on the horizon is the Internet," she said. "Virtually anything is accessible, even including recipes for the production of meth-amphetamines. Even if you have it blocked in your own home, they may see it somewhere else. It's difficult to raise children today."

Danner told the audience that she filed a bill several months ago that would provide a nationwide emergency cellular phone number. She emphasized its importance after a holiday weekend tragedy.

"A couple was driving on U.S. 71 (in Missouri) and noticed an erratic driver in front of them," Danner said. "They tried to call law enforcement on their cellular and talked to four separate entities. Before they reached the police (in that area), the driver crossed the median, hitting a vehicle. Three people, including the driver, died because a woman (from Kansas) didn't know the Missouri cell phone emergency number."

Danner said the bill is important because many people carry phones.

"It has become the accepted norm to have one in your car for safety on the road," she said. "There is no way of knowing what the code is. There is a nationwide 911, so why not a nationwide cellular emergency number? Hopefully, I can convince the powers that be that it is not costly for the federal government and it's important."

Danner told the story of one St. Joseph resident who contacted her. The man was concerned because he used to get bread from Wal-Mart to feed the needy, but the corporation pulled out because of fear of liability. Danner suggested he look into Missouri's Good Samaritan Law. She also did research and found that not all states have similar laws and few offered protection from liability suits.

'TIS THE SEASON



Jennifer Meyer/Photography Director

Mr. Macy (center) and the company of "Miracle on 34th Street" sing a musical number to a near capacity crowd Tuesday at the Mary Linn Performing Arts Center. The production was put on by A Troupe America, Inc. and Mainstage Productions. The show provided an opportunity for students and families to celebrate the beginning of the holiday season. CAPS will bring other Broadway productions to the Mary Linn this year.

CAPs brings 'Miracle' to University stage

by Stephanie Zellstra
Assistant News Editor

Holiday cheer, festive singing and bright Christmas lights are just a few things that make the Christmas season special and full of wishes and miracles.

Campus Activity Programmers joined in making the season special by sponsoring the sold out performance of "Miracle on 34th Street" Tuesday night.

University students and commu-

nity members enjoyed the musical.

"These types of shows are really more geared toward the community," said Jennifer Davidson, CAPs vice president. "We want to get the community involved with campus activities. Personally, I think this is a way that the community can get a better view of what the college students are like."

Davidson said CAPs' hopes were to have the performance be sold out.

Their wishes came true with the

tremendous turnout. They are also very happy with the community response from this production and other Broadway musicals as well. "Miracle on 34th Street" was produced by A Troupe America, Inc. and Mainstage Production.

Many families especially enjoy the Christmas productions that are brought to Northwest each year. Terry Thurnau and her family try to come to one or two performances at Northwest a year.

"We try to do something special

around Christmas as a family, and this year we decided to come to "Miracle on 34th Street," Thurnau said. "We are really enjoying ourselves. It is a great musical."

The musical is set during the holiday season in 1947. It centers around a young girl, Susan Walker, and her belief in the miracle of Christmas.

The cast includes Mr. Macy, owner of Macy's department

See *Miracle*, page 3

Campus experience fills top positions

■ Board of Regents appoints local interims without national hunt

by Mark Hornickel
Chief Reporter

Instead of conducting a nationwide search for two top positions at Northwest, the Board of Regents chose to go with two individuals who are familiar with the campus.

Kent Porterfield is the new vice president of Student Affairs, while Clarence Green has taken the position of Campus Safety director. Both had been working as interims until the final decision was made at the Nov. 18 Board of Regents meeting.

University President Dean Hubbard said a nationwide search was not needed to fill the positions because both are well-liked, and they fit into the positions well.

"There is not a law that says you have to do a nationwide search for every position," Hubbard said. "I could not find a person that didn't have good things to say about (Porterfield). He's a very well-liked man, and he is respected by his staff."

Hubbard believes some positions need to be filled with people that know the campus.

However, there are some situations in which someone from outside the campus is needed.

"I don't want to have an environment where there is a bias attitude," Hubbard said. "There are times when we need to have people with a good understanding of the campus, but there will be other times that we have to think about injecting new blood in the system. It's a case-by-case management."

Porterfield, who oversees and works with the Student Affairs office, said he would like to be an advocate for the students.

"I want students to feel like they can schedule a time to see me and interact," Porterfield said. "That's challenging because you spend a lot of time in meetings and appointments, and it's harder to find a time to spend interacting with students."

Porterfield has benefited from a wealth of experience. He became the assistant dean of students in 1992, a title that was later changed to assistant vice president of Student Affairs.

Despite the challenges he faces, Porterfield sets realistic

goals for himself and realizes he will make mistakes.

"Anybody who tries to do things well, and takes some risks, has to expect there is going to be some time when you have some failures and things don't go well," Porterfield said. "But you learn from those."

Green hopes to become more involved with the campus and build a stronger image for Campus Safety.

"We need to recreate our image, make it more positive," Green said. "That's our biggest challenge."

He started his position after serving as a Campus Safety lieutenant for seven months. Green was also a Campus Safety sergeant for one year, and he worked with the Maryville Public Safety for three years.

"I'm pretty excited," Green said. "As long as things are good, I'll be excited all the time."

Porterfield and Green both realize their new positions will pose possible obstacles for them to deal with.

"It's a struggle," Porterfield said. "We have so many good things going on at Northwest; it's a struggle to find the time to do everything as well as we want to."

Campus groups face concerns

Organizations wait for trimesters

by Jason Kilndt
Missourian Staff

A numbers game will determine the future of campus organizations regarding the summer of 1999. They are waiting to see the number of Northwest students attending the summer session before making any changes to their structure.

With trimesters set to be implemented, one of the biggest questions facing student-run organizations is what will happen to them during the enhanced summer session.

"I think it's all based on what type of numbers we get," said Bryan Vanosdale, director of campus activities.

Organizations have three basic decisions to make concerning the extra semester. The first decision is whether or not to continue operations at all. With expected depleted manpower, organizations are unsure if they want to continue activities throughout the summer.

"We chose to treat it as another summer until we see whether there will be any sort of rise in the number of students

"I believe the InterFraternity Council will be open to summer Rush. I don't see us having a forum right away."

■ Kelly Ferguson, president of IFC

attending the summer session," said Andrea Cline, vice president of the Public Relations Student Society of America.

Some believe there are various benefits to expanding organizations in the summer term.

"I think it's a great opportunity and would be fun to schedule things outside in the warm weather," Vanosdale said. "If the numbers do increase dramatically, I've thought about throwing in a couple of Encore events."

The second decision is

whether to continue recruiting new members. There are concerns about taking a new crop of members while most members are on break.

"I believe the InterFraternity Council will be open to summer Rush," said Kelly Ferguson, president of IFC. "I don't see us having a forum right away."

Others face restrictions in recruiting. Cline said PRSSA is only able to take members in the fall and spring according to their national headquarters, but doesn't believe that will hurt them.

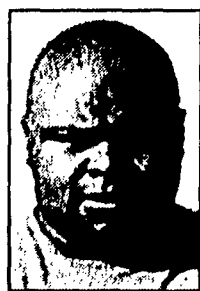
"We anticipate the fall as being our largest recruitment period," Cline said. "We will do a subsequent recruitment in the spring, but not the summer for now."

The third and final decision for the organizations to face is how to elect officers. Most organizations elect on a one-year basis with terms starting in December or August. Officers would need to take three consecutive semesters. Most students prefer a break during one of the semes-

See *Trimesters*, page 3



Kent Porterfield



Clarence Green

Our View

OF THE UNIVERSITY

Consider the possibilities; give trimesters a chance

Trimesters are no longer just a dream; they are a reality.

Northwest's Board of Regents finally decided to implement its much-debated plan after months of discussion.

Unfortunately, many students and community members do not fully understand what this change will mean for them.

For students, the most noticeable change will be that we leave for break and return earlier than usual, and there will be no break time lost. Semesters are currently 16 and 1/2 weeks long, but with trimesters, the session will last 15 weeks.

Students will also be able to take advantage of the "enhanced" summer semester to graduate earlier or get some tougher classes out of the way.

Smaller class sizes during the summer could also provide students with the opportunity to receive more individual instruction from professors. The negative side is that some students may not have the opportunity to work summer jobs or internships.

The University wants to make trimesters work for a variety of reasons, especially for the financial contributions that will be made to Northwest via the state.

It does not pay for the campus to sit virtually unused for most of the summer. If Northwest can convince students that going to school over the

summer is beneficial then it could provide the University with a great deal of extra money.

Trimesters should help the University recruit new students simply because they would recognize the unique opportunity trimesters could provide.

Some business owners might be concerned that the increased summer enrollment will cut down on the number of students in Maryville during the fall and spring semesters (and thus, the money the students spend).

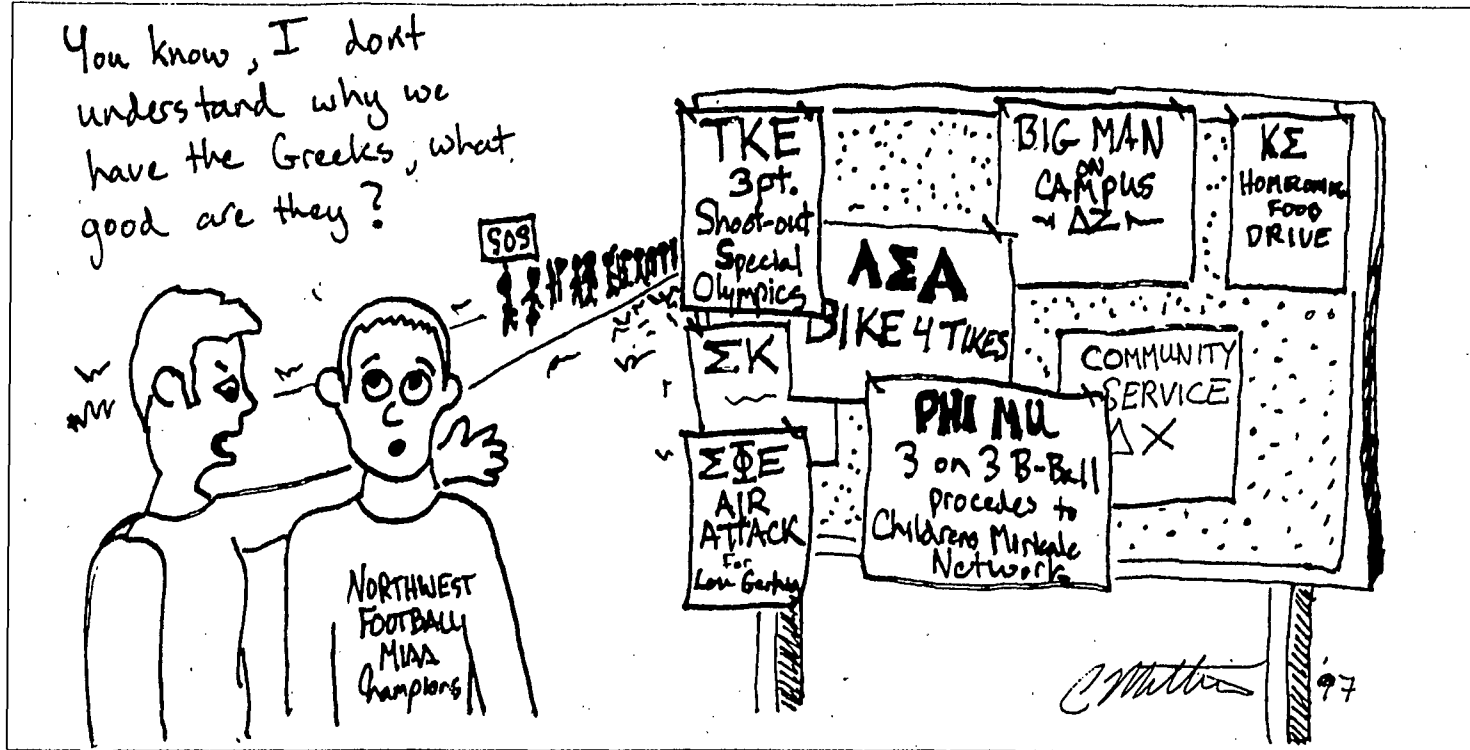
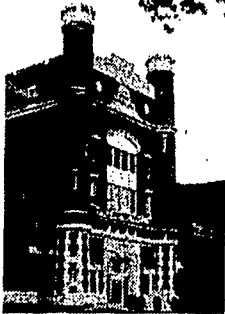
The concern seems to be unwarranted because the added students will only increase money.

Trimesters could also bring a more balanced distribution of students throughout the year. This could bring more businesses to the community as well with the possibility of more students during the year.

Some businesses are unsure about moving to Maryville because they only profit for three-fourths of the year, but that would change with the implementation of trimesters.

The University is trying to grow, especially after winning the Missouri Quality Award, and sometimes change is necessary in order to do just that.

Trimesters are definitely worth a try — both for the University and Maryville. There are still unanswered questions about trimesters and they need to sort out some very important details before we can proceed with full confidence.



University View

Dedicated editors make paper the best



■ Laura Widmer

Seven years of outstanding individuals lead to Pacemaker Award

The Northwest Missourian was honored in November with its first Pacemaker award from the Associated Collegiate Press. This honor places last year's newspaper in the top 1 percent of all nondaily newspapers in the United States. One percent — wow!

Over the past seven years, the Missourian staffs have worked hard to gain the national Pacemaker recognition enjoyed by the Tower staffs. The newspaper staffs have had 14 semesters of consecutive all-American ratings from ACP, ranking them in the top 3 percent in the country.

On one other occasion, the Missourian staff was recognized as a Pacemaker finalist, ranking them in the top 2 percent back in 1992.

Now that the Missourian can celebrate its first "Pulitzer" in collegiate awards, I think it is time to recognize those students who set the pace and paved the road for this honor. I also want to thank them for what they contributed to the Missourian over the years and what they taught me along the way.

Laura Pierson was editor in 1990. She got the staff excited about producing a quality newspaper. She didn't settle for mediocrity. She started the strong foundation the newspaper has today.

Kathy Barnes was editor of the first Pacemaker finalist. She recruited an incredible staff of newspaper journalists, probably one of the best core set of section editors the Missourian has had as an editorial board. They truly did not know the word "can't" or "it won't work" or "I don't have time." They were always willing to go that extra mile to go inform and entertain their readership.

Don Carrick, Todd Weddle and Brandon Christy showed me that they didn't deserve the title of chief photographers, but rather they truly were photojournalists. These guys started the foundation of Missourian showcasing quality, photojournalistic photos every week. They also possessed the great quality of listening to ideas. They also continuously challenged each other to be better. Their spirit of photojournalistic competition made great photographers out of Jon Britton, Greg Dalrymple and Gene Cassell. Gene's versatility, by the way, makes him the most talented person to come out of the Missourian ranks. This guy can write, design, photograph and do magic with computers via software programs, web production and CD development.

Suzan Matherne and Pat Schurkamp put together a special Gulf War spread and update every week when we sent troops overseas. Their creativity and insight

kept Northwest readers updated on what was going on and what was important to know. Great graphics. Great design. Great ideas!

Derrick Barker became the true newspaper design guru. He quickly picked up the challenges faced in newspaper design, but truly gave us an edge on the competition by providing spectacular infographics. Derrick took us to a level of design we had not appreciated or been to before that. He gave us an even more professional look with quick read boxes, etc. He was the first student to win national Society of Newspaper Design newspaper design competitions. The crazy thing is that he could also write. He won third place in a national writing competition sponsored by the Los Angeles Times. His leadership gave the Missourian staff its first-ever Silver Crown award from Columbia Scholastic Press Association. He had the insight and recruited the right editors to make sure the entire Missourian package was quality from top to bottom.

Deryk Powell and Heather Townsend got advertising out of the doldrums and made it a vital part of the paper. Deryk was an organized, creative, energetic, consummate sales director. He energized his staff to sell, sell, sell because he believed in the Missourian. Heather started with advertising design and set the standards of the graphically pleasing advertising we come to take for granted today. She also energized the sales office with ideas and promotions to keep the Missourian ad sales staff competitive.

Christy Spagna was truly the most devoted editor I have ever worked with on the Missourian. Although Christy never served as editor in chief, she was always the most valuable editor on staff because of her work ethic, dedication and creative ideas. She could be a calming factor in the midst of storm and one of the most mature and together student editors I have ever known.

Regina Bruntmeyer was the editor who said, "Sure Laura, let's go citywide; that's a great idea!" It was a great idea, but it was Regina's leadership that made it happen.

It was Regina's editorial board that worked into the wee hours of Thursday morning finishing the paper, and then spent Thursday afternoon and into the early evening hours delivering the papers to every household in the city limits. What dedication. What drive and devotion. What a great bunch of editors.

Jennifer Ward was the first Missourian web editor who made

it look like it was an electronic newspaper. She would come in the predawn hours of Thursday to get the Missourian online. I can still remember the excitement of seeing the paper on screen before it was delivered back from the printer.

Colleen Cooke was the first copy editor to realize that the AP Stylebook should be attached to the body at all times. Osmosis can happen if the AP Stylebook is placed under your pillow at night. The English major turned her love for journalism into a passion for words and the Missourian has truly benefited from it.

Lonelle Rathje is the one individual who saved the Missourian citywide project from being history before it got started. In August 1995, the administration was considering giving in to the Daily Forum's concerns about this free citywide distribution project. Lonelle rallied an already organized city advisory committee to encourage the administration to let the Missourian run as planned.

Lonelle was truly the public relations liaison between the community and the Missourian. It was Lonelle who made the citywide project happen. It broke my heart when I had to tell Lonelle that the administration encouraged us to drop the free citywide distribution.

Although we still have city drop sites and deliver free to retired people and subscribers, it's just not the same. It is also Lonelle and her staff that won the first Pacemaker for the Northwest Missourian. They received their reward for all of the hard work, endless hours and meetings they dedicated to make the Missourian the best in the history of this university.

I am a teacher, but I always learn so much from my students. I especially learn from my editors. They are so dedicated, so insightful and so talented. I do have the best job in the world. I love my yearbook, magazine and newspaper staffs.

Since 1983, I truly have been blessed to work with wonderful and incredible editors and staffs over the years.

Those staffs have won some of the top awards in the country, and I am proud of their accomplishments.

But each staff did not go out to win awards. They just wanted to produce the best newspaper, yearbook and magazine for its readers. The reward comes from knowing you've done your job. You know, it just doesn't get any better than this.

Laura Widmer is the adviser for the Northwest Missourian, Tower yearbook and Heartland View magazine.

My Turn

College football coach retires after 57-year stand



■ Wendy Broker

While most sports fans are concentrating on who's headed to the playoffs in the NFL, or the bowl games in the college arena, one of the best coaches of all time, said goodbye to football.

Eddie Robinson, known to his players and fans as Coach Rob, retired Saturday after nearly 57 years as head coach of the Grambling Tigers, in Grambling, La.

Several tributes were made Saturday to the coach who racked up 408 wins in his career, along with eight black collegiate national titles.

Coach Rob also stood as mentor and college coach to 210 NFL athletes, four who are in the Hall of Fame, including some of the first black athletes to ever play in the league.

Unfortunately for the fans and players at Grambling as well as Coach Rob, his more than half a century stand at the university ended in defeat.

The Tigers fell to the Southern University Wildcats, 30-7, in the State Farm Bayou Classic Saturday as more than 64,000 fans at home and at the game watched. Not only was the defeat a goodbye for Robinson, but left the football team with a losing record for the coach's final season.

Some would say that a man who has

done anything but coach football all his life (Coach Rob started coaching at age 22 and is the only coach Grambling has ever known) hasn't accomplished much, and that it was about time he got out of the game. But to me, Coach Rob is a legend and an inspiration.

Watching that 78-year-old man stand on the sidelines with tears in his eyes, and hearing former players and commentators talk about how the game will miss him, almost brought tears to my eyes. His dedication and love for the game showed through the wrinkles and aging body to show a man who truly cared about others.

In an interview, when Robinson's wife, Doris, was asked the impact retirement would have on Coach Rob, she simply said that she and his family would try to keep him busy, but it would be hard, because football was his life.

All this reminiscing about the winningest coach in football made me think. What have I done to put a lasting impact on the few people I know, much less thousands who have been in the limelight? What will people say about me when I am Coach Rob's age and ready to retire?

The only answers I have to these questions are not much and I don't know. Basically, I'm saying goodbye to a legend, although his memories and records will live on for a long time. And I'm saying hello to a new me — one who thinks in the long term, and who will make a difference, if only in one life.

Wendy Broker is the University sports editor for the Northwest Missourian.

Northwest Missourian

EDITORIAL

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Colby Mathews, Editorial Cartoonist

OFFICES

Northwest Missouri State University
800 University Drive
Maryville, MO 64468

Editorial Offices: 562-1224

Advertising Offices: 562-1635

Fax Number: 562-1521

E-mail: missourian@acad.nwmissouri.edu

ON THE WEB

http://www.nwmissouri.edu/missourian/

ADVERTISING

Erica Smith, Advertising Director
Corbin Pierce, Advertising Design Director

FACULTY/STAFF

Laura Widmer, Adviser

SUBSCRIPTIONS

Steve Marotti, Circulation Manager
1 year \$12 by mail, \$8 by delivery, retired free
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Web Hall #3/Maryville, MO 64468

It's Your Turn

How will trimesters affect you?



"I really don't know enough about the whole concept, but to be real honest, I don't care."

Jesse Mora IV, sociology major



"It doesn't really affect me seeing I am graduating in May, but I feel trimesters will screw up summer jobs for students."

Erik Drake, marketing management major



"In one aspect you can get out of here quicker, but on the other hand, one might get burnt out on going to school without a break."

Kurt Gentry, accounting major



"It will help us get out of school quicker but will people who work during the summer have a problem with money?"

Josh Baxter, elementary education major



"I don't think they'll affect us too much. It will benefit the people who want to sublease during the summer."

Rhiannon Brann, Windmill Estates manager



"I believe it will have a negative effect on enrollment. It will also affect the Greek system and other organizations."

Beth Raza, child and family studies major

Colden Hall ready to open

by JP Farris
Chief Reporter

When students enter Colden Hall for spring classes it will be for the first time since the spring of 1996.

Students may not recognize it — and many haven't ever had class there before.

The south entrance, which faces the President's house, features a large two-story stairwell and balconies that overlook the atrium.

Project manager Randy Sharp said an old lecture hall off the second floor was taken out to make room for the two-story entrance.

The stairs lead up to a commons area. Sharp said it is the epicenter of the entire building.

"The building is made of lots of circles and angles," Sharp said. "(The center of the second floor lobby area) is the middle of the building and circles radiate out."

Computer classrooms dominate the first floor and classes for computer sciences will fill the floor.

The first floor is underscored by a distance learning center. This room is designed after the distance learning center in the library.

In the future, the University is hoping to use this in the distance learning program that uses the Internet and interactive video to send classes to other colleges and universities around the area.

Surrounding the center of the second floor are departmental offices. Colden Hall will house 10 departments: English, computer science, political science, marketing and management, accounting, economics, finance, psychology, sociology and counseling.

The third floor is made up of 15 classrooms. There are three conference rooms above the main entrance that face the Bell Tower.

Moving in...

With the recent completion of two renovation projects; faculty and staff will begin moving into their new locations



John Petrovic / Contributing Photographer

Construction workers put finishing touches on the South entrance of the renovated Colden Hall. Faculty and staff will begin moving in the next

The third floor also has one large lecture hall that can seat 120 students and features a motorized projection screen. The windows in the back of the lecture hall overlook Colden Pond.

Mini-lockers can be found on all the floors. Sharp said these were originally intended for students to use for notebook computers in the EC+ program.

There was also a lot of work done outside. The wheelchair ramps have been redone, and the main entrances were enlarged on the outside of the building.

However, the renovations to Colden Hall cost less than building a new one would have, Sharp

couple of weeks. The building will be open to the public before the beginning of the spring semester, when classes begin.

The total cost will top out at 7.2 million, and most of it will be picked up by state appropriations.

Colden Hall has never had renovations and for the purpose it serves it needed to be updated, said Ray Courter, vice president of finance.

"It is one of the older classroom buildings, and it had greater needs for improvement," he said. "Its older structure kept us from doing some of things we wanted to do."

To be ready for the spring semester, teachers will be moving in the next couple weeks, Sharp said. The building will be opened to the public sometime during winter break.

New health building will feature upgrades

University Health Center replaces facility; provides more up-to-date technology, space

by Kevin Schultz
Chief Reporter

Convenient service is the main goal of the new Student Health Services. The new name, building and location all play an important role in making that goal a reality.

Student Health Services will change its name to the University Health Center along with its location Monday. The new site for the health center is just west of Millikan Hall and is larger than the previous building.

"The new location will be convenient to students in Hudson Hall and South Complex," said nursing coordinator Joyce Bottoroff. "But will be great for those in the high rises."

The spot for the new building was picked for parking convenience and handicap accessibility. The open space also allowed for a larger structure.

"We talked about putting the new building just south of North Complex," Bottoroff said. "But there is always water standing there, and this is a great new building that we want protected."

The new building has many new features such as larger exam rooms, nurse stations, an expanded waiting area and more storage space. There are also lights installed above each exam room to

signal an emergency or if a nurse is needed in a particular room.

"All of these features are great," Bottoroff said. "The lights will keep us from having to yell from room to room, and with the extra space in all areas we will be able to get more done. It should make things much easier."

The large space will soon be filled with new furniture such as file cabinets and computers. For the first time the center will be able to put all the student records on computers.

"The computers will be a nice addition," Bottoroff said. "It should make things run much smoother even though many of our nurses don't like them."

During the transition period, Student Health Services will be shut down Thursday and Friday except for emergencies which will be handled as normal.

"We are very excited and very anxious," Bottoroff said. "We hope this will make our jobs easier and more effective. Everyone is looking forward to starting in this great facility. It should help us do a more productive job, as well as benefit our students knowing they can come to a nice comfortable place to be treated."

Bottoroff also said extra staff and evening hours are now projects that the staff is looking in to.

Parking ticket coupons offered by Campus Safety in hopes of fixing problem

by Kevin Schultz
Chief Reporter

If you want to save money at the Deli, just get a parking ticket.

Campus Safety has implemented a new system in which a 10 percent discount coupon from the Deli will be on all parking tickets that are issued during the next few weeks.

"The whole plan is to put a positive twist to getting a parking ticket on campus," said Bob Bush, director of regional initiatives. "We know that receiving a ticket is a bad experience, and we think this may lighten the effect."

The idea came from a college in Iowa where it was first implemented several years ago, Bush said.

"For now, the program is in a trial stage," said Clarence Green, Campus Safety director. "We will try it out for a while and then see how things go. If it is positive, then we will proceed further."

Going ahead with the plan would include giving local businesses the opportunity to place their coupons on the tickets as well.

"Right now it is just Northwest's Deli that has coupons," Green said. "But if things go the way that we

hope, then we will go to outside vendors who have already expressed interest."

Students have expressed interest as well, and it has been mainly positive, Green said.

But some students are not in favor of the coupons.

"I don't think that Campus Safety should award students or anyone else that parks illegally," horticulture major Jeff DeBorge said. "It's not right to give them cheaper food for doing the wrong thing."

However, Green said tickets are given to correct any parking problems and not to punish the offender. The coupons are just a way of letting people know that.

"Many of the parking problems on campus are not done on purpose," Bush said. "We realize that sometimes kids are late or just don't know that it is illegal to park in certain areas."

The program will continue on a temporary basis until Campus Safety can determine if it is working listening to student feedback.

According to Green and Bush, everyone involved is very optimistic and excited about the new idea and its effect on students.

Media may give college drinking bad name

by JP Farris
Chief Reporter

In the John Singleton film *Higher Learning*, a freshman at a fictional university attends a fraternity party in the hopes that she will fit in. She encounters what Hollywood usually displays as typical Greek Life: drunken college students guzzling alcohol while another student stands in ice and sucks liquor down a beer bong.

The media and Hollywood portrays Greek life in, is there an unfair stereotype placed upon fraternities and sororities?

Various Greek presidents at Northwest believe so. The worst examples of fraternities and sororities are assumed to be the norm.

"A few fraternities around this country give the rest of us a bad reputation," said Chris Peasley, president of Tau Kappa Epsilon.

Peasley had no comment on the drinking habits of TKE members. He said too often fraternities are unfairly generalized.

"Whenever any fraternity name is



linked to drinking whether responsible or irresponsible, it is held in a negative connotation," Peasley said.

Many fraternity and sorority members are underage, but they can sometimes bypass the drinking laws by having older members purchase drinks for them.

"I'm not going to lie and say it doesn't happen," said Kraig Robinette, former president of Sigma Phi Epsilon. "If they didn't go to their brothers, they would just get it from someone else."

The Greek pop and mom system is intended to pair new members of fraternities and sororities with older members in hopes of making the college transition easier. However, sometimes fraternity pops and sorority moms buy alcohol for their sons and daughters.

"We have had trouble with (sorority moms buying their sorority daughters alcohol) in the past, so we

try to be careful about that," said Michelle Falcon, president of Sigma Sigma Sigma. "We can't control everyone, but if that is done, it is independent and not Sigma sponsored."

Generally, the problem for underage students is their lack of respect for the law, said Bryan Vanosdale, campus activities director.

"For a large majority of people on this campus, drinking is illegal," Vanosdale said. "College students in general do not see it as a law, they see it as a rule that can be easily broken."

A Harvard School of Public Health poll said 86 percent of fraternity house residents binge, and 80 percent of sorority house residents binge.

The report also shows that sorority members are twice as likely to be binge drinkers compared to other college females. Fraternity members are 30 percent more likely to be binge drinkers than other college males.

On a local aspect, a *Missourian*

poll found that 30 percent of underage drinkers said they drank at fraternity and sorority functions.

Vanosdale believes through education, students could learn how to be more responsible.

"People need to be made aware of the effects of drinking," Vanosdale said. "They need to take responsibility for their actions in choosing to drink and use maturity when they drink. Drinking is not a right, it is a privilege."

Maturity plays a major role when drinking. Older members tend to be more responsible, Robinette said.

"I wouldn't say (irresponsible drinking) is a big problem, but it does exist," he said. "It is usually the underage members with high school mentalities that feel they need to show off their drinking ability."

While drinking may not be a big problem at Northwest, it is a matter that Greeks face on campuses everywhere because of the media coverage.

Look for part four of the series focusing on drinking in the residence halls.

Miracle

continued from page 1

store, elves, jingle singers and of course Kris Kringle. All of this occurs with the gallantry of music, costumes, large props and dancing.

"I think it's great," Missy Barnett, 10, said. "I like it because of the music and there is a lot of dancing and especially like the singing. And there

are a lot of funny parts."

One part of the musical centers around the fact that a majority of the cast members are having trouble believing that Kringle is actually Santa Claus. He is declared a lunatic by Mr. Sawyer, Macy's psychologist, and a court trial follows.

In the end, Susan comes to believe in Santa Claus and miracles when her Christmas wish comes true.

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School district plans 3 ground breakings

by Mark Homickel
Chief Reporter

The Maryville R-II School District will take its first steps into Maryville's educational future Sunday when it breaks ground on three new projects.

District superintendent Gary Bell believes the innovations and renovations will be key instruments in the future success of education in Maryville.

"Last April the citizens of Maryville made a significant commitment to enhancing the educational facilities of the district with the approval of a \$9,485,000 bond issue," Bell said. "The new facilities will assist the faculty, staff and administration in continuing an outstanding tradition of providing excellent educational services."

The ground breaking ceremony will be at all three locations where improvements have been planned. The ceremony will begin at 1 p.m. at Eugene Field Elementary School. The middle school ground breaking ceremony will follow at the new site on West South Hills Drive. A ceremony at Maryville High School will be conducted before a brief reception in the high school cafeteria.

These ceremonies will be the beginning of the end to a long process that began in February of 1990 with a long-range planning committee. Seven years later, the School Board decided to proceed with the school district's building project.

"It feels really good to be able to meet the commitment we made to the community," Bell said. "There's been a lot of discussion since the project bids did come in over what our budget was, but the Board has worked very hard with the architects and engineering firm to keep the integrity and the commitment we've made to the taxpayers."

Lawhon Construction, the low-bid contractor, submitted a list of possible reduction items, which were presented to the Board Nov. 20. After a lengthy discussion, the Board made a final recommendation to deduct \$523,000, which Bell said came from each aspect of the project on all three buildings.

"It was a combination of all three projects, the materials, the finishes, cabinetry and things of that type," Bell said.

The low bid came in over a month ago with \$10,197,000, and the Board authorized Leo A. Daly to enter into negotiations with Lawhon to see

"It feels really good to be able to meet the commitment we made to the community."

■ Gary Bell, Maryville R-II superintendent

what cost savings could be realized.

The building project calls for a new middle school building, as well as additions to Maryville High School and Eugene Field Elementary School.

The Board has consistently emphasized the importance of the educational details for the project throughout the negotiations.

"I would say that we have kept the educational specifications," Bell said. "We've kept the educational integrity and welfare of the total curriculum in mind in making these reductions. So we're very pleased that we haven't cut in any way the educational programming."

City opposes landowners in Wabash suit

by Toru Yamauchi
Chief Reporter

Maryville officials decided to fight local landowners over land for the proposed site of the Wabash Trace Nature Trail. This action filed Monday was in response to the plaintiffs' petition to the Circuit Court of Nodaway County Division I.

The city filed a motion to dismiss for two reasons. The main reason was that the issue should be persuaded at the federal level.

The lawsuit will move into the discovery period. Both plaintiffs, includ-

ing primary litigant Harvey Williams, and defendants, Maryville and the Missouri Friends of the Wabash Trace Nature Trail, Inc., will try to clarify their arguments.

The plaintiffs' attorney Rochelle Ecker said although she thinks the lawsuit will take a long time, she is optimistic about the results.

"Now we're confident in the position, and (we're) moving forward," Ecker said.

David Baird, Nodaway County prosecuting attorney and the city's attorney, declined to comment.

Along with this lawsuit, two oth-

ers, also against the Friends of the Wabash, are proceeding another step.

A lawsuit involving primary litigant Danny Moore against the Wabash Trail in Atchison County will have a hearing if the Friends of the Wabash files a motion for summary judgment by Monday.

The other lawsuit went in favor of plaintiff landowners in Wilcox involving Carroll Lee "Bud" Boyles October at the Circuit Court of Nodaway County Division I. It is now in a process for the Friends of the Wabash to file a brief to the Missouri Supreme Court.



The Maryville High School football cheerleaders recently won first place at the State cheerleading competition. This is the first time Maryville has won such an honor. Front row: Christy Powell, Jamie Rankin, Meredith Wurn. Second row: Jamie Taylor, Jennifer Barmann. Third row: Angie Schuster, Natalie Dredge. Back row: Cara Hill, Jill Steins, Jenna Johnson.

Photo courtesy of Maryville High School cheerleaders

Cheerleaders take 1st place

■ Spoofhound squad becomes first to win State competition

by Stephanie Zellstra
Assistant News Editor

The Maryville High School football cheerleading squad couldn't believe it was their name being called when they won the school's first ever State championship.

The 10-member variety football cheerleading squad took home first place at the State competition Nov. 21-22 at the University of Missouri-Columbia.

"When we were all sitting in a circle and listening to the winners

was when I was the most nervous," Taylor said. "They announced third place and second place, and we were never called, we all looked at each other nervously. We were all so excited when they announced that we won first place."

The road to success began with the practices in June to prepare for District competition in August. The cheerleaders placed first with high hopes of doing well at State.

Even with high hopes, the squad still faced tough competition at the state level, senior captain Jamie Taylor said.

"These were the most teams we have competed against, and they were strong squads," Taylor said. "I have been to the State competition (each year) since I was a sophomore,

so it didn't scare me as much. But, I still got pretty nervous when we performed."

The competition consists of two categories in the 3A division, an open and a show category. There were 15 teams, along with Maryville in the open category. The open category is cheers along with tumbling and several stunts.

"We got the critique back from Districts and made changes with the stunts and those kinds of things," sponsor Sandy Messner said. "We then work from August until the State competition on improvements we want to make. All of the hard work they put in really paid off. It's something they'll never forget."

In Brief

Senators sponsor constituent forum

U.S. Sen. Christopher S. "Kit" Bond and Sen. John Ashcroft will sponsor a Listening Post Forum at 2 p.m. Friday at the Nodaway County Courthouse in Maryville.

Ben Jones, a representative for the senators, will be available to answer constituent's questions.

Auction building under construction

Maryville and surrounding communities will soon be able to utilize one of the largest multi-purpose buildings in northwest Missouri.

Maryville businessman Mark Younger, of Younger Auctioneer Co., is in the process of building a 12,000 square foot auction house on East South Hills Drive.

Besides serving as an auction house, the building will house several business offices and be available for a variety of community events.

Completion of the building is expected by the end of the year.

Chamber offers lunchtime learning

The Northwest Missouri State University Small Business Development Center and the Maryville

Chamber of Commerce will sponsor their last "Learn at Lunch" presentation from 12:10 p.m. to 1 p.m. on Dec. 9 and Dec. 18.

The focus for the December meetings is "Information Sharing Made Easy." There is no fee for the presentation at the Chamber of Commerce conference room located at 423 N. Market St. For more information call Deb Shough at 562-1701.

Congregations join; search for minister

Maryville's St. Paul's Episcopal Church, St. Oswald's-in-the-Fields in Atchinson County and the Episcopal congregation in Hiawatha, Kan., have joined together to form the Sacred Hills Regional Ministry.

The change follows the retirement of Father Larry Lewis, the local church's priest for 12 years. Church leader Channing Horner said one reason for the unification is to share clergy.

One of the guiding concepts of a regional ministry is the use of lay ministers. Horner said several members at St. Paul's Church have been trained for these duties.

St. Paul's Church is interviewing for a new clergy person and several people have expressed an interest in the job.

They expect to hear about a final choice for the new clergy person early in the new year.

Center implements dementia program

by Sarah Bohl
Missourian Staff

Imagine looking around and seeing only unfamiliar faces or being in a strange room with unusual sights and sounds. Imagine feeling like walking or washing dishes or just doing something, but those unfamiliar people won't allow it.

This may sound like a nightmare, but it is a daily occurrence for patients with Alzheimer's, a degenerative mental disease which appears mostly in older people.

For a long time, caregivers at nursing homes and medical facilities have tried different ideas to help their patients cope with the debilitating disease. Local workers believe they have found a way to help. The Maryville Health and Rehabilitation Center is implementing a new program designed to improve care for patients with Alzheimer's.

"A lot of times we miss the fact that we can learn a lot from (Alzheimer's patients), because they have had vast experiences," executive director Sue Eckstein said.

Eckstein recently participated in a national task force that is trying to set up a new program in dementia care to be used across the country.

"We were selected as the outline of an ideal unit," Eckstein said. "We felt very lucky to be recognized as trendsetters for dementia care."

Quick facts about Alzheimer's

- The disease affects 6 percent of people over the age of 65 and 25 percent of those over 85.
- It is not exclusively a disease of the elderly. It can affect anyone over 30.

source: Alzheimer's Research Trust

Eckstein was one of 15 members on the task force. People representing almost every facet of long-term health care were invited to participate. Representatives from the corporate office, construction services, marketing, interior design and dieticians all contributed to the task force.

The group discussed everything from the first feasibility study, to training, to level of the clients, to special programming areas.

Eckstein was chosen to participate by Beverly Enterprises, who sponsored the event. Beverly Enterprises owns 650 homes across the nation, and it is the largest nursing home chain in the world.

Sheryl Ludeke-Smith, chairwoman of the task force, praised Eckstein and the Health and Rehabilitation Center for their work.

The center is one of two homes with dementia care units in Maryville. They opened in May.

"It is our fervent desire to set the standard in dementia care services," Ludeke-Smith said.

During the meeting, participants chose an advisory council and discussed new ideas for dementia care. Their work will be in a manual, which will offer guidelines for implementing the program to different nursing homes.

"Beverly Enterprises wants to take this program and fine tune it to do on a national scale and maybe market it to other nursing homes," Eckstein said.

During the course of the task force, Eckstein was able to share what she had learned from her own unit. The group discussed what needed to be changed and what needed to be added to take the program to a national level.

"Maryville is a largely rural area, and we wanted a program that could work in all geographies, from Missouri to Florida," Eckstein said. "It is important to consider differences in background to help better treat dementia care patients."

The program is based on the book "Enabling Freedom," which deals

with improving patient care. The program advocates using small group programming, such as cooking and washing dishes, to mobilize patients.

"Residents with dementia have such a high energy level, they can pace for hours," Eckstein said. "They maintain so well in this environment, where their actions aren't restricted."

Other aspects of the program involve a stress on interior design. Simple things such as wall border can help remind patients of what room they are in, such as a kitchen or bedroom, Eckstein said.

"We go into the patient's past to pull out their memories and then work them into the program," Eckstein said. "We have recently decorated a room to look like a parlor. Residents will sit in there and chat with each other for hours."

Some additions to the building have been made to provide residents with other ways of expending their energy, including a walking loop and an enclosed courtyard. Eckstein believes the future will see more and more units like this one opening.

"Our belief is that something can be done for people with dementia if we focus our thoughts and energies on person-centered care," she said.

The national convention was the first meeting of the task force, Eckstein said, but more meetings will probably take place soon.

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Dream Girl

Sarah Smith wins the first Kappa Sigma Dream Girl award after a four-category competition Wednesday night. Smith is escorted by Troy Teague, a Kappa Sigma member and was sponsored by Alpha Sigma Alpha. The fraternity raised over \$400 for the American Cancer Society.

Christina Collings/
Opinion Editor



Day promotes awareness

■ Student Health Services provides brochures, ribbons to inform about AIDS, HIV

by Toru Yamauchi
Chief Reporter

As the number of HIV cases around the world increase, World AIDS Day provided an opportunity to promote awareness of the disease Monday.

The theme of this year's AIDS Day was Children Living in a World with AIDS.

Joyce Bottorff, nursing coordinator for Student Health Services, prepared more than 100 brochures covering AIDS-related information and red ribbons to raise awareness for World AIDS Day. The brochures were distributed to students in less than an hour in the Union.

"It's a day to stop and remember about AIDS patients," Bottorff said. "I believe the population of HIV positive is going up instead of going down. (AIDS Day)

makes us think about it." Bottorff started giving brochures on AIDS day four years ago. The main purpose was to provide more education and to remind students about AIDS.

"I think we are in a small community, so (students think) they are not threatened by AIDS," Bottorff said. "But they have to realize there is AIDS in northwest Missouri."

Although many students do not think they will be infected by HIV, they should be aware of the possibilities, Bottorff said.

"I think it's silly to believe there are not (HIV patients on campus)," Bottorff said. "Because we come from all over the world, and there is a possibility somebody on campus is positive, but I won't say (there is)."

Student Health Services provides a HIV antibody test for students for \$5. All the records are confidential. The results return two weeks after the test.

Bottorff said approximately 80 stu-

Quick facts about AIDS

- 5.36% of all AIDS cases have occurred in rural areas (less than 50,000 people)
- From 1991 to 1995, reported AIDS cases in the rural United States rose by 80%
- The majority of HIV infections occur between the ages of 15 and 29
- Between 1989 and 1995, rates of heterosexual HIV transmission doubled

source: Rural Center for AIDS/STD Prevention

dents take the test a semester. She hopes the number will increase with the awareness and information on AIDS Day.

"It increased when two young men came to an AIDS talk at the Charles Johnson Theater (last month)," Bottorff said. "The population of people calling really increased that time."

However, Student Health Services isn't the only organization promoting AIDS awareness.

CARE will sponsor a candlelight vigil at 7:30 p.m. Wednesday at the Bell Tower, for AIDS awareness.

Conception's Basilica undergoes renovations

■ Abbey's church congregation hopes changes will rejuvenate

by Sarah Bohl
Missourian Staff

New roof, walls and new windows aren't the only renovations being made at the Basilica of the Immaculate Conception at Conception Abbey. The congregation hopes the changes to the building will help revitalize their calling to God.

Abbot Gregory Polan, the monastery superior at the Abbey, finds symbolism between the renewal of the Basilica and the group's relationship with God.

"As we prepare to rededicate this sacred building, it is also essential that we prepare to rededicate our lives to our monastic calling and our apostolic work for the Church," Abbot Gregory said.

The first two phases of the project have already been completed. The third and most important phase of the project focuses on the worship space, according to Abbot Gregory. It began Oct. 22 with minor plaster demolition and the replastering of 75 percent of the church walls.

Windows showing St. Benedict, St. Scholastica and Christ will be represented in art glass placed above the worship space.

Thirty-two angel murals and 18 murals depicting the life of Mary will be cleaned and restored by Christy Cunningham-Adams, an international art conservator.

The restoration will then begin to adorn the walls with new designs and decorations.

When all these aesthetic aspects are completed, an altar, pews, kneelers, statues and plaques will finalize the phase and prepare the worship space for the arrival of a new organ. Some external work

will also be completed at this time.

Abbot Gregory said he hopes the renovations will spark a new sense of purpose in the congregation.

"These coming months will instill a vigor and enthusiasm for those things most essential in our lives — our prayer, the sacred liturgy, our monastic calling, our hospitality and our charity to one another," he said.

The congregation has been patient with the reconstruction even though their worship services have been disrupted by work in the worship area.

"Over the past 27 months, we've been having our services in two different places, the memorial chapel room and one of the halls in our seminary college," he said.

The initial planning for the project was completed in December 1988. The first phase of the project involved planning, extensive repairs and stabilization of the outer structure. Waterproofing, brick work, installation of thermal glass and a new copper roof and steeple were all included.

The second phase of the project started in 1994. Workers created rooms to accommodate new heating, cooling and electrical systems. It also allowed for reinforcement of the footings and foundation. Ramps and elevators for the handicapped were added as well.

The Basilica is expected to be completed and ready for daily Eucharistic celebration Dec. 8, 1998. This is the 125th anniversary of the founding of Conception Abbey.

Abbot Gregory said he is certain that deeper commitment to the group's monastic calling is important to the success of the project.

"Our celebration of the rededication of the Abbey Basilica will be most pleasing in God's eyes and fruitful for the growth of Conception Abbey and Conception Seminary College," Gregory said.

“These coming months will instill a vigor and enthusiasm for those things most essential in our lives...”

■ Abbot Gregory, Conception Abbey

New hall director joins South Complex

by Mark Milosovich
Missourian Staff

South complex received a boost when Residential Life hired a new staff member in November.

Amy Baty took over the position as South Complex hall director, a position that was filled by the North Complex director throughout the fall semester.

Baty was thrilled to hear of her hiring.

"I was excited because I didn't have my plans settled," she said. "It is nice to know I won't be working at a restaurant all year."

The former hall director left during training in July which left the building with the one hall director, Colin Folawn.

Lacking a director was difficult, but needs were still met.

"It was not the ultimate situation,"

said Betty Dye, Residential Life Coordinator for Personnel Services. "Colin did a terrific job and no one really suffered."

Dye said a search started right away for a new director. Amy was hired in October but she was unable to actually assume the responsibilities until Nov. 10.

After reviewing her résumé and having a telephone interview, Dye believed Baty was the one for the job.

Baty, a graduate of Willamette University in Salem, Ore., learned about the opening from Folawn whom she attended college with.

She has only been here for a few weeks, and Baty is still adapting.

"I really hope I can learn about Northwest quickly so I can feel like I am part of the campus," Baty said. "I am impressed with how friendly and welcoming the people are here."

The Resident Assistants in South Complex have given Baty tremendous support.

"I look forward to meeting the students and planning activities with them," Baty said.

Sisters play active role in local hospital

by Russ Wetzel
Missourian Staff

Anyone who has ever received the services of Maryville's St. Francis Hospital has been part of a dream which began a long time ago.

Five of the Sisters of St. Mary, order left Germany 125 years ago and arrived in St. Louis determined to help the sick and needy.

Experienced in caring for the sick and injured in war-torn Europe, they arrived unable to speak English. They had only \$5 between them and no formal health care skills.

However, within six years they built their first hospital.

Seven of the sisters, under the leadership of Mother Augustine Giesen, formed a new religious congregation called the Sisters of St. Francis in 1894.

The new order settled in Maryville and started what would eventually become St. Francis Hospital & Health Services.

Three of the sisters, Sister Carmelita Hovenkotter, Sister Louise Hirner and Sister Cecilia Pribil have remained in Maryville for over 60 years, caring for those in need.

"So often we find ourselves working with families who are having to make very difficult decisions about the care of their loved ones," Sister Carmelita said.

The sisters continue to stay active in the daily direction of the hospital.



At their November reunion, (from left to right) are Sister Louise Hirner, Bob Floeder, who is the great-nephew of Mother Augustine Giesen, Sister Carmelita Hovenkotter and Sister Cecilia Pribil.

Photo courtesy of St. Francis Hospital

"We listen to each family member and encourage all of them to come together in choosing options which will bring the highest quality of life to the patient," Sister Cecilia said.

Ten years ago, the Sisters of St. Mary and St. Francis reunited to form the Franciscan Sisters of St. Mary. The hospital celebrated these two anniversaries with 250 people on Nov. 9.

"The sisters have given us roots in quality, and that is our foundation as we strive to achieve excellence," said Twilya Henry, community relations director for the hospital.

The hospital proudly showcased several renovations to the obstetrics unit, diagnostic imaging (X-ray) and cardiopulmonary rehabilitation. In addition, they welcomed nine new medical personnel to their staff this year.

Henry said the hospital employees treasure the sister's leadership and it is their dedication which gives the facility its direction.

The SSM Health Care System is the 10th largest in America and includes 27 hospitals, 5,000 affiliated physicians and approximately 20,500 employees.

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Public Safety

November 25

■ After receiving complaints of minors in possession at a local establishment in the 400 block of North Buchanan Street, officers issued summons for being under the age of 19 in a bar to Molly J. Strait and Jeanna B. Waterman, both 18 and of Maryville.

■ Officers received a complaint of a male subject taking a bicycle from a porch in the 300 block of West Sixth Street without the owner's permission. The owner chased the male subject until he ran into a residence. Contact was made with the offender and charges are pending.

■ Officers served a warrant from Gentry County for attempt to escape to Tony F. Hastings, 19, Maryville. He is being held in Gentry County.

■ An officer took a report from a local business that a male subject attempted to take two packs of cigarettes. When he was confronted by personnel he threw the cigarettes down and fled the area.

■ A Maryville male reported that he had put his brown leather bag on a tool box in his truck. When he arrived at his destination, the bag was gone. He retraced his steps but did not find the bag. It contained a brown Italian leather wallet containing identification, credit cards, \$60-70, key and planning book. Estimated value was \$400.

■ Patrick W. Trahan, Maryville, had his vehicle struck by another vehicle, which left the scene.

November 26

■ An officer served a warrant from Andrew county for passing bad checks to Travis Sloniker, 26, Barnard. He was released after posting bond.

■ Kurtis D. Fink, Maryville, said he was travelling west through an intersection when he saw Heidi A. Baumert, Maryville, start to turn into his path. He attempted to avoid a collision, but impact occurred. A citation was issued to Baumert for failure to yield.

November 27

■ A female reported the theft of a black Case Logic CD case which contained approximately 40 CDs from her vehicle while it was parked in the 100 block of South Main Street. Estimated value was \$600.

■ Francis G. Mattson, Chillicothe, was eastbound on First Street and attempted to make a right hand turn. He was struck by Jodi P. Walker, Maryville, who was eastbound on First Street. A citation was issued to Walker for failure to maintain the highest degree of care.

November 28

■ An officer took a report from a

Maryville male who said that while his vehicle was parked in the 200 block of West Second Street, his Kenwood cassette player and two 10-inch Rockford Fosgate speakers were taken from the vehicle. Estimated value was \$400.

■ A Maryville male reported to an officer the theft of his Cobra CB radio from his tractor while it was parked in the 500 block of North Walnut St. Estimated value was \$200.

■ An officer took a report from a Maryville female who said that while her vehicle was parked in the 500 block of North Mulberry, a ring was stolen from it. The ring was described as a white gold engagement and wedding band that had been soldered together. The ring contained a 3/4 karat round-cut diamond. Estimated value was \$800.

November 29

■ Richard A. Jobe, 18, Independence, was arrested by the Independence Police Department on a Maryville Municipal Court warrant for failure to appear. He was unable to post bond, and he was transported to Maryville, where he is being held.

November 30

■ While an officer was on patrol in the 200 block of West Fourth Street, he observed a vehicle pull out in front of another vehicle almost causing an accident. The vehicle was stopped,

and the driver was identified as Jeremy J. Hoeflicker, 22, Maryville. While talking with him, an odor of intoxicants was detected. He was arrested on charges of driving while intoxicated after he could not successfully complete field sobriety tests and his blood alcohol content tested over the legal limit. He was also issued a citation for careless and imprudent driving.

■ An officer took a report from several Maryville females who said someone had broken into their residence and stole various pieces of jewelry. Estimated value was \$770.

New Arrivals

James Herman Moore III

Jim and Shelli Moore, Maryville, are the parents of James Herman, born Nov. 7 at St. Francis Hospital in Maryville.

He weighed 7 pounds, 11 ounces. Grandparents are Gary and Vivian Brunberg, Omaha, Neb.; Theryl and Bobbi Dillon, Apache Jet, Ariz.; and Mary Moore, Shippensburg, Pa.

Mason Chandler Morris

Bethany Gater and Robert Morris III, Maryville, are the parents of Mason Chandler, born Nov. 8 at St. Francis Hospital in Maryville.

He weighed 8 pounds, 3 ounces. Grandparents are Ronald and Teena Gater, Columbia; and Melvin and Nina Allman, Ottumwa, Iowa.

Colton Roy Good

Russell and Amanda Good, Darlington, are the parents of Colton Roy, born Nov. 14 at St. Francis Hospital in Maryville.

He weighed 6 pounds, 13 ounces. Grandparents are James and Terry Harding, Denver, Mo.; Alex Degase, Maryville; and Elmer and Debbie Good, Gentryville.

Elijah Raymond DeMille

Alma and Sylvia DeMille, Allendale, are the parents of Elijah Raymond, born Nov. 21 at St. Francis Hospital in Maryville.

He weighed 9 pounds, 10 ounces and joins two sisters and one brother. Grandparents are Dale R. and JoAnn Hawkins, Kaysville, Utah; and Van and Janice DeMille, Hurricane, Utah.

Callie Jo Mattson

Rick and Lana Mattson, Maryville, are the parents of Callie Jo, born Nov. 27 at St. Francis Hospital.

She weighed 6 pounds, 8 ounces and joins two brothers.

Grandparents are Iva Thompson, Maryville; and Ed and Hellen Mattson, Conception Junction.

Obituaries

Elma V. McCombs

Elma McCombs, 73, Skidmore died Nov. 19 at her home.

She was born Oct. 21, 1924, to Orville and Elma Fenton in Boone County.

Survivors include her husband,

Gerald E. McCombs; and nieces and nephews.

Services were Nov. 21 at the Price Funeral Home Chapel in Maryville.

Donna Jean Epling

Donna Jean Epling, 61, Maryville, died Nov. 20 at her home.

She was born May 27, 1936, to Carl and Anna Potter.

Survivors include one daughter, Vena McMichael; two sons, Gregory and David; two grandchildren and one sister.

There were no services; the body was cremated.

Jack Eugene Hutt

Jack Eugene Hutt, 67, Maryville, died Nov. 23 at St. Francis Hospital in Maryville.

He was born Nov. 22, 1930, to Charles and Viola Hutt in Blanchard, Iowa.

Survivors include his wife, Marjorie; two sons, Michael and Douglas; five grandchildren; two brothers; and nieces and nephews.

Services were Nov. 26 at the First United Methodist Church in Maryville.

Mollie Marie Turner

Mollie Marie Turner, 97, Maryville, died Nov. 29 at the Maryville Health Care Center.

She was born March 26, 1900, to Smith and Flora Amos.

Survivors include two daughters, Dorothy and Juanita; several grandchildren, great grandchildren and great-great grandchildren.

Services were Dec. 2 at the Price Funeral Home Chapel in Maryville.

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Tracie Lange
Stacy Vandeginste

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Brenda Mohling
Maggie O'Riley
Chera Prideaux
Kristi Seck
Brenda Stoll
Jennifer Thomas
Nicole Voigts

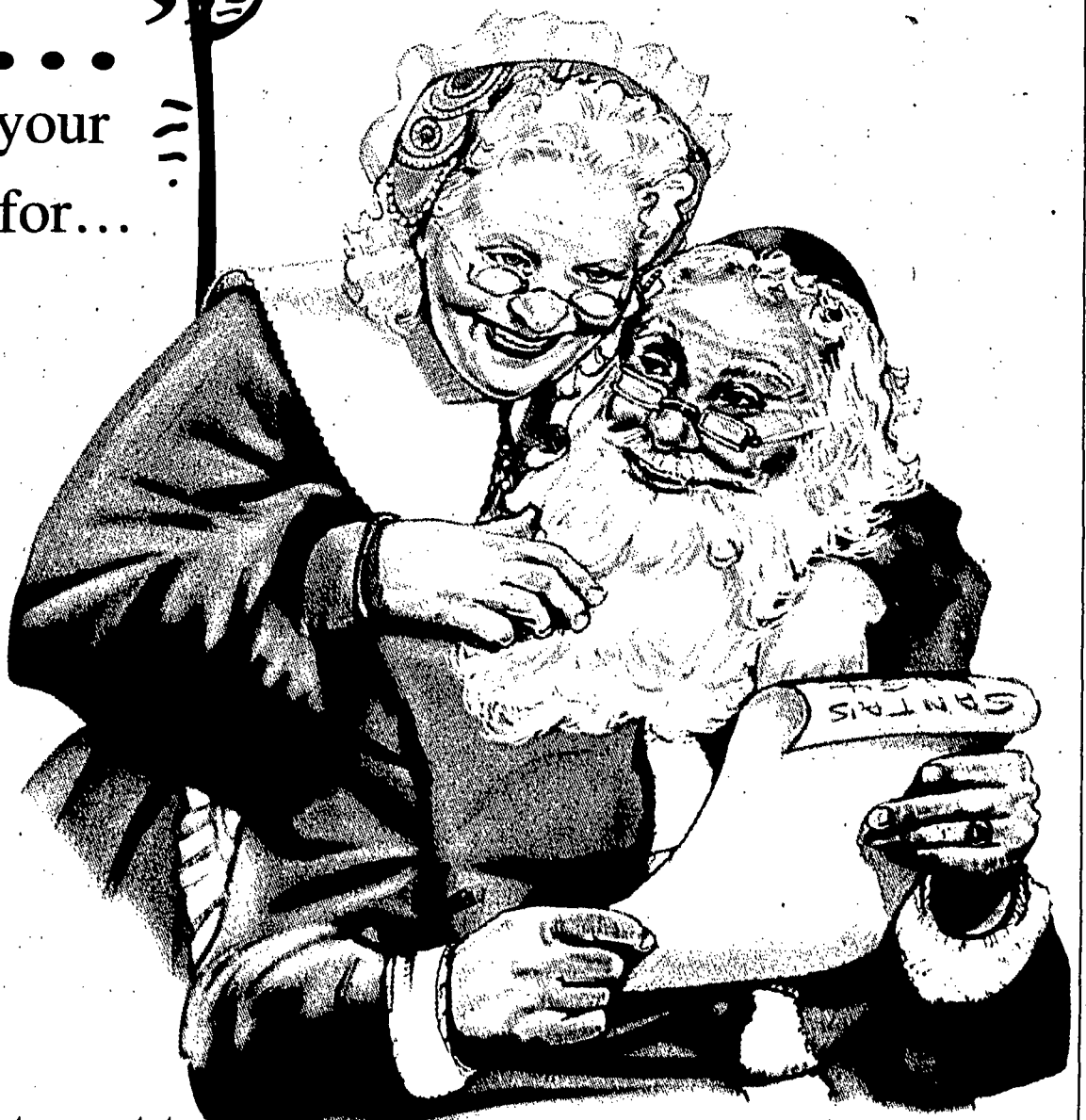
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Runners fare well at Nationals

by Wendy Broker
University Sports Editor

The NCAA Division II National meet Nov. 22 was the final step in the men's and women's cross country seasons, and they ended with high marks. The women, ranked eighth going into the meet, finished fifth, while the men placed 13th of 17 teams.

Leading the women were senior Kathy Kearns, junior Lindsey Borgstadt and senior Carrie Sindelar, who finished 15th, 22nd and 32nd respectively in the 132-woman field. Kearns and Borgstadt gained all-American status, while Sindelar missed the honor by three places. Junior Jennifer Miller and senior Dana Luke finished out the 'Cats' top five at 48th and 61st. Freshman Megan Carlson and sophomore Becca Glassel finished 75th and 116th, respectively, for the team.

Bud Williams, women's head coach, said the team's performance was top quality.

"Nationals was our best meet of the season, considering the conditions, caliber of competition and general outcome of the meet," Williams said. "We were confident going in, felt we had a job to do, and simply went out to do it."

All of the women making their second appearance at Nationals improved on their previous performances. Kearns moved up from 18th and

Borgstadt jumped from 107th, while Sindelar and Luke improved from 106th and 110th.

Several factors went into the women's success and encouragement came from within the team.

"Last year's performance at Nationals was a little disappointing to some of us," Kearns said. "We wanted to prove to ourselves that we weren't guests at Nationals, but we belonged there. We all wanted to be able to look back on it and smile."

The team accomplished its preseason goals and attribute the success to teamwork.

"The beginning of the season was really rough, but we formed a strong bond as teammates which helped us to try and achieve the same goals," Miller said. "We ended the season the best we could. It was a nice way to finish (the seniors' last) cross country season."

Men excel at National meet, place 13th

The men's cross country team competed in the National meet Nov. 22 in Wisconsin and finished well, placing above its No. 16 ranking at 13th.

The men were led by junior Robby Lane who placed 24th, and received all-America honors. Junior Don Ferree, sophomores Bryan Thornburg and Matt Johnson and junior Corey Parks packed up to finish out the Bearcats' top five at 62nd, 74th, 77th and 78th, respectively. Freshman Derek

Harriman took 92nd of the 132-man field and junior Brian Cornelius finished 93rd after pulling a hamstring during the race.

Rich Alsop, men's head coach said the meet wasn't the men's best, or worst.

"We didn't have a great or a bad team race," Alsop said. "I am not perfectly satisfied with our performance at Nationals, but then we are always looking for the possibility for improvement."

Team members also noted that the meet was not up to par for the men's season.

"We finished higher than we were ranked, yet we didn't run our best performance," Ferree said. "Hopefully, next year with the experience we've gained, we will be able to contend for the top five in nation."

The team accomplished what they set out to do this season, Lane said.

"It was a good season for the team, and we came a long way," Lane said. "As a team, we achieved our goals of finishing second in the conference and qualifying for nationals."

Alsop also said there were many team and individual successes this season.

"We had a great season, earned a lot of things and worked hard from top to bottom," Alsop said. "We can do a lot with a season like this. Hopefully this will set the stage for things to come."



Senior Kathy Kearns runs on a course of ice and mud at the NCAA Division II Championship in Kenosha, Wis. Nov. 22. The women finished fifth overall.

Bearcats triumph over Lions

by Kevin Schultz
Chief Reporter

By defeating the Missouri Southern State College Lady Lions, 86-76, Wednesday night, the women's basketball team saw the level of its play rise, while school records fall.

Senior guard Pam Cummings overtook the all-time career record for assists, when she dished out four in an overtime victory against William Jewell College Nov. 15. The previous record, which was held by Cummings' sister Sandy Nelson, was 598.

The 'Cats took their undefeated 6-0 record into Wednesday's game against the Lady Lions.

The start was rough for Northwest. Turnovers and fouls had the 'Cats staring at a seven-point deficit midway through the first half. But a stellar second-half perfor-

mance helped the Bearcats comeback and pull away to notch their seventh victory.

"The key to the game was heart," Winstead said. "We are still short a few players, but the girls sucked it up. At times we didn't play real smooth but we gutted it out."

Strong performances by Cummings and Coy, who both finished with 21 points along with Bohnsack's 19 led the way. Mattson was dominating underneath by pulling down 12 boards and Cummings contributed with 10 assists.

The success of the Bearcats has not come without some tough challenges, namely Rockhurst College who the 'Cats slipped past 71-69.

And after jumping out to a 4-0 record early in the season, the 'Cats took on undefeated Benedictine College and Wayne State College, knocking off both squads.

"Right now, we are playing really

well, but we haven't played with any consistency all year," Winstead said.

In the contest against Wayne State, the 'Cats started off shaky and went into halftime tied.

But the second half proved to be a different story, and the 'Cats turned it on, pulling away for a 72-63 victory.

"Inconsistency is our biggest problem right now," Winstead said. "But we have several players, especially our seniors, who are stepping up at the right times."

Northwest looks like it will keep winning as long as players keep stepping up.

With the wins Winstead looks to the regional polls in hopes of being ranked.

"Right now it's just talk," Winstead said. "Provided we keep winning, I expect to be ranked sometime next week."

'Cats fall to Wayne State, drop to 4-1

by JP Farries
Chief Reporter

The Bearcat men's basketball team has hopped aboard a rollercoaster of emotions in the past two games.

After defeating Drury College and Tougaloo University, the team placed first in the Ryland Milner Classic, Nov. 22-23, having three players named to the all-tournament team. Northwest was then declared by nationally ranked Wayne State University 94-69, Nov. 29.

"I knew it was going to be a tough ballgame," head coach Steve Tappmeyer said. "Defensively, we gave up too many open looks at the basket, and we didn't play every possession. We met a team that really shot the ball well."

Junior forward Matt Redd led the attack with 15 points and senior guard Shakey Harrington, who was the MVP of the Ryland Milner Classic, added nine assists. The Bearcats trailed 47-42 at the half, but after

shooting 37 percent from the field in the second half, the lead became 25.

"Right now our team is fragile in the second half," Tappmeyer said.

"When adversity strikes, we don't have a five-man team right now that knows how to handle it. When we get down eight or 10 points, all we have to do is get some stops at the defensive end and get some good looks at the basket, but we kind of got in a panic state."

In early games against lesser opponents, the Bearcats used their offense to bail themselves out, Tappmeyer said.

"We got caught up in the first couple games relying on making plays on the offensive end to pull ball games out," he said. "You can't do that throughout the year without it jumping up and biting you."

Seven days separated the Drury victory Nov. 22 and the loss to Wayne State. The Bearcats will not play again until next Wednesday.

Tappmeyer said he did not really like playing only two games in 17

days, but the Sunshine Shootout in the Bahamas late in December will give them three games in four days.

"I think if our team approaches it the right way, we'll be fine," he said. "After playing a real good team that exploited our weaknesses, we could use a week to get everything right and learn from this."

The Bearcats own a 9-1 record over their next opponent, Graceland College with the only loss at last year's matchup with 75-70 loss.

"They're a dangerous team, they proved that last year," Tappmeyer said. "It's a game that we will not take lightly, I think it is extremely important that we go out and play well. You don't have to watch too many box scores to see that (the MIAA) has had teams knocked off by smaller schools."

The team still needs improvement, but it's at a good point in the season.

"This is an exciting time for our team, because we do have the potential to be a good team," Tappmeyer said.

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Dave and Les Ackman, owners of Domino's Pizza,
would like to say **Thank You and Congratulations**
to all of the participants of the annual
Art Auction held before Thanksgiving break.
They were pleased to purchase over \$275 worth of student art
and were extremely happy with Jason Southward's senior work.
They hope in the future members of the Northwest staff
and administration will support their students
and participate by bidding higher and buying more.
Dave's quote of the week:
"As the great Vince Lombardi would say, 'To be successful, you
cannot practice some of the time, you have to practice every
waking moment.'"

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Beneath the helmets

Stories by Colin McDonough

Football squad gives Northwest fans a season to remember



The 1997 Seniors: Front row: Kraig Evans and Dante Combs. Second row: Wade Hanson, Josh Baker, Matt Becker, Nick Inzerello, Jason Smith, Bobby Nelson and Adam Dorrel. Third row: Kevin Singletary and Broc Beaver.



Junior quarterback Chris Greisen celebrates with his teammates after the Truman State game. The Bearcats defeated the Bulldogs to keep the stick,

which is the oldest travelling trophy in Division II football. Northwest finished the season with a mark of 12-1.

Turnovers doom 'Cats

Northwest suffers 2nd loss to Northern Colorado in playoffs

For the second straight year, the Bears of the University of Northern Colorado knocked the Bearcats out of the Division II playoffs, 35-19.

The only difference is that last year's game came down to the final seconds, and this one was decided early in the fourth quarter.

Northwest had a fourth and one at the UNC 12-yard line, and Northwest was trailing 28-19 with nine minutes remaining in the game. Junior quarterback Chris Greisen

Turnovers played a factor in the game as Northwest turned it over six times compared to only three for the Bears.

"Turnovers killed us," Greisen said. "I threw some stupid interceptions and without those it would have been a totally different game."

Tjeerdsma said turnovers were the biggest factor in the outcome as well.

"Turnovers were the whole difference in the ballgame," he said. "They are a better football team than a year ago, but if we don't turn the ball over, they're a team we can beat."

Northwest 39, NDSU 28

Northwest won its first-ever home playoff game Nov. 22 with a tremendous special teams performance from freshman receiver Tony Miles.

Miles turned the game around in the third quarter with North Dakota State University leading 21-12.

He returned a kickoff 86 yards for a touchdown.

Tjeerdsma said the team was not looking good, but the players made the plays when they had to.

"We struggled, but we said we're a big play team," he said. "The big plays paid off."



Head coach Mel Tjeerdsma shouts to his team on the field. (Below) Matt Becker, senior tight end, receives a hug from a friend after Saturday's loss to UNC.



Jennifer Meyer/ Photography Director



Junior safety Brian Sutton talks with a teammate after Saturday's 35-19 loss to UNC.



Nick Inzerello, senior wide receiver, receives a hug from Michelle Falcon after the win over

North Dakota State University. Inzerello scored his first collegiate touchdown this season.



Ryan George, No. 80, and Nick Inzerello, No. 2, along with teammates, bow their heads for the team prayer following the Homecoming game Oct. 18.

Jennifer Meyer/ Photography Director

The seniors on this year's football squad have been through it all. From an 0-11 season to back-to-back MIAA championships and the second round of the NCAA Division II playoffs.

Mel Tjeerdsma, head football coach, said this group of seniors will never be forgotten in Bearcat lore.

"I'm very proud of what they have done, if you look at what they accomplished in four years," Tjeerdsma said. "They started at 0-11 to the last two years of finishing No. 2 and No. 3 in the nation. And to make it to the final eight, especially in a school that is not rich in football tradition."

"What they've accomplished is going to grow. We're going to see more success, and they are going to be a big part of that."

The lack of injuries played a factor in offensive tackle Adam Dorrel's senior season.

"This year I was thankful we didn't have injuries because early in the season we had a lot of guys that were untested," Dorrel said. "Some of our depth never became a problem besides Willie Cohen's (junior wide receiver) injury we didn't have an injury to a starter."

It is hard for Dorrel to pick out just one memory from the season.

"I can't pick just one point," he said. "But probably just being around the guys in practice and road trips. They were just a great bunch of guys, and they were real fun to be around."

Matt Becker, senior tight end, said his fondest memory of this season was when the team got back from the Pitt State game.

"All the games really run together," Becker said. "But I would have to say after the four-hour ride home from Pittsburg and having the marching band waiting outside of Lamkin playing the fight song (was my fondest). It really felt good. Four years ago, heck to have 10 fans in the stands was great let alone have the marching band playing when we got back."

Nick Inzerello, senior wide receiver, said he will remember a couple of moments from his senior year.

"The Pitt game (was my most memo-

orable moment) because not only did we accomplish a team goal, but just going down there and winning," Inzerello said. "The other would be the Missouri Southern (State College) game. I got to celebrate my first collegiate touchdown with my friends. I'll remember that forever."

It was difficult for Inzerello to walk off the field for the last time Saturday.

"It sunk in as I walked off the field," he said. "I was walking through the mud and realized it was the last time I'd be on the field compet-

ing like that. It's been such a big part of my life for 17 years."

It is starting to sink in that none of them will ever play competitively again.

Dorrel said players from other sports can't duplicate what they do, but it's

hard to duplicate doing what a lineman does.

"Basketball players can play pick-up games and baseball players can play on softball teams," Dorrel said. "But with what I did you can't do that again. You can't put on the pads and play again."

The best part of Becker's career came during his freshman year in the final game of the season at Missouri Southern.

"My greatest memory of my four years was when we were 0-10 and went down to Missouri South-

ern," Becker said. "We went down there hell-bent and played hard. We didn't win, but that didn't stop us from playing hard."

"We had maybe 12 fans in the stands, we ended up getting our butts kicked, and I remember my dad telling me after the game, 'If you stick it out, I'll always be there to watch.' He's only missed three games my whole career."

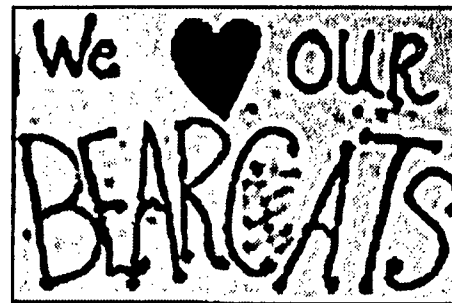
Becker said

Tjeerdsma gave the team reassurance that the times would be changing for the Bearcats.

"He told us, 'I have faith that we're going to win. We're going to find out who wants to play, and we're going to win,'" Becker said.

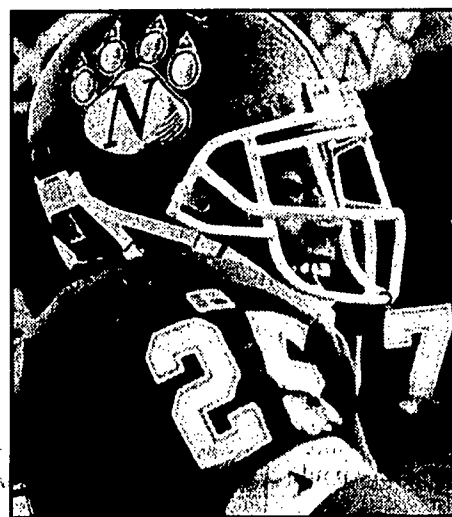
That faith has taken these seniors to the end of their football careers.

"When you are a senior, you look forward to the season, but when it ends it's not a huge deal," Becker said. "Sooner or later it all comes to an end. You've got to look past it. There is life past football."



Jennifer Meyer/ Photography Director

Students at Eugene Field Elementary school made posters to show the Bearcats their support.



Jennifer Meyer/ Photography Director

(Above) Senior Bobby Nelson, a junior transfer to Northwest, shows his excitement in adding another win to his career. Nelson boasts a 23-3 record as a Bearcat.

Coaching win No. 200

Boys' basketball coach notches historic victory



B.J. Linnenbrink/Contributing Photographer
Head coach Mike Kuwitzky encourages his players to do their best during practice Wednesday.

by Mark Hornickel
Chief Reporter

It all started with a coach. Mike Kuwitzky, head boys' basketball coach, remembers when he played basketball in high school in Lincoln, Neb., under a coach by the name of Ed Johnson. Kuwitzky was fortunate to be a part of one of seven state championship teams under Johnson.

"He was my mentor," Kuwitzky said. "He was a real inspiration and helped me in falling in love with the game."

Twelve years after he became head coach at Maryville High School, Kuwitzky posted his 200th career win Tuesday night when the Spoofhounds defeated Shenandoah, Iowa, 82-45.

"That was exciting," Kuwitzky said. "I'm really proud to be a part of this school system and the town. The kids are great, and they have a lot to do with it."

Kuwitzky did not even mention the achievement to his team until after the game in the locker room.

"That was great," senior forward Grant Sutton said. "I'm really happy for him. I'm sure it made him happy, and we were proud that we could be a part of it."

After the game, Kuwitzky was congratulated by several players.

"He makes us work hard," senior guard John Otte said. "And, if we don't, he comes after us. We're a very structured team, and he makes us do the little things."

Kuwitzky's players gave the 'Hounds an early lead in the game, claiming an 18-4 advantage at the end of the first quarter.

In the second quarter, the Mustangs were able to bounce back and tie the score, 20-20.

"They really picked up some momentum," Kuwitzky said. "They went on a run towards the end and picked up a really big gap."

The 'Hounds pulled away and went into halftime with a 38-24 lead.

In the second half, Maryville strengthened its lead on several steals that were converted into points.

"We executed well," junior center Mike Nanninga said. "There were not a lot of mistakes. We just shot layups the whole night."

All 14 'Hounds were able to get an opportunity to play, and each player was able to score.

"There wasn't just one person that contributed," Otte said. "It was a team effort."

Sutton led the 'Hounds with 14 points, junior guard Nick Glasnapp poured in 11 points and senior center Adam Weldon added nine.

Kuwitzky said Shenandoah has a young team.

"They're dealing with a new coach and a new program," Kuwitzky said. "The thing that I was most respectful of was that they really played hard. They have a lot of good young players, and they'll be a force to be reckoned with."

Maryville's next game will be 7:30 p.m. Friday when the Spoofhounds travel to Savannah.

Star players plagued by big problems



■ Scott Summers

What is wrong with today's athletes? I could write forever on this topic alone. But, for the sake of space, I am forced to point out only a few of the most recent ex-

amples. Still, that leaves plenty.

John Wooden, former UCLA basketball coach, seems to have hit the nail on the head when he said "Sports do not build character, they reveal it."

Two weeks ago, Michael Westbrook, a Washington Redskins receiver, proved to the entire world how one man's (gender specific only) selfish act can ruin his entire team's effort.

Westbrook, the same so-called man that sucker-punched a teammate during preseason training camp, threw his helmet in disgust at an official's call against the New York Giants. The outburst cost his team a 15-yard penalty and knocked the Redskins out of field goal range. The game ended in a 10-10 tie.

Scottie Pippen, Chicago Bulls forward, claims he is fed up with how the Bulls have treated him and says he will not play another game for the defending champions.

Pippen, who will always be recognized as Michael Jordan's less-talented, sidekick, refuses to honor his multimillion dollar contract for the remainder of the year.

The Bulls will struggle without Pippen, but he was never the one who could fly.

Here are the top five players who even make me look smart:

No. 1 — Michael Westbrook. No explanation necessary. The worst of the worst.

No. 2 — Charles Barkley, Houston Rockets forward. It appears as if the only thing Barkley has done right is when he publicly announced that he was not a role model.

No. 3 — Roberto Alomar, Baltimore Orioles second baseman. Known for his dazzling defensive skills on the diamond, Alomar became baseball's most hated player after spitting on umpire John Hirschbeck two years ago.

No. 4 — Mike Tyson, professional boxer. Evander Holyfield must have had a good laugh when the ear-biting, convicted rapist fell off his motorcycle.

No. 5 — Fill-in-the-blank. More athletes are ending up on the wrong side of the law everyday. This spot is reserved for the next person who proves that maybe they should have done more than play sports during high school.

Scott Summers is the community sports editor for the Northwest Missourian.

Did you make this one?

no.

Did you make this one?

no.

How 'bout this one?

Nope.

This one?

Maybe.

Wrestlers open season tonight

by Mark Hornickel
Chief Reporter

The wrestlers at Maryville High School have been waiting for this day. The team finally battles someone other than themselves.

The Spoofhounds will grapple with Maysville High School at 7 p.m. tonight at home.

Head coach Joe Drake said it is important for the Spoofhounds to do well at the meet.

"One, it's important to get a good start," Drake said. "Two, we need to use it as an evaluating tool to see what we need to do in practices."

Drake said the 'Hounds will face a team that is not as strong in some weight classes as it has been in previous years.

"Their kids will be very competitive," Drake said. "They have a lot of very good individuals."

The 'Hounds are ready to test how good they really are.

"The intensity has been very good," Drake said. "We definitely need a match, but the attitude has been very positive so far."



B.J. Linnenbrink/Contributing Photographer
Seniors Chris Barmann and Will New work on their techniques during practice Wednesday. The wrestling team begins its season tonight against Maysville.

'Hound girls drop game to Savages, 51-31

by Burton Taylor
Missourian Staff

The gymnasium was overflowing with support for the girls' basketball home opener Tuesday. The team battled the Savannah Savages and lost, 51-31.

Head coach Jeff Martin said he knew going into the game that it would not be an easy one. The Savages were faster and had more experience than the 'Hounds.

"When you take a step up in competition and you have not played much together, you're going to make some mistakes," Martin said. "But we played a really good ballgame tonight."

Martin said the team started out

"We learned a lot about ourselves tonight and found some things we can work on."

■ Jeff Martin, girls' basketball coach Maryville High School

strong, despite trailing 10-2 early in the first quarter.

At the end of the second quarter, the Savages had pushed the 'Hounds to the wall, leading 22-8. The Spoofhounds were not able to catch the Savages for the entire game.

The team realized it had some

things to work on before the contest, but Martin said the game really helped and gave the team a little experience to stand on.

"We learned a lot about ourselves tonight and found some things we can work on," Martin said.

Kari Baumgartner, senior point guard, attributes the loss to the players not having been able to get comfortable with each others' style of play.

"A lot of us are new and have not played together at all except for a little this summer," Baumgartner said. "A little practice and a few more games will get us pretty far and better with our game."

Martin said the team's defense is a major strong point and is something

that will help them through the season.

"I feel that keeping them at only 51 points was good and that we did a pretty good job defensively," Martin said.

In the first half of the game, the 'Hounds committed a few more turnovers than they would have liked. Martin believes it was because they were constantly trying to catch up.

"We were trying to make up a big deficit in just one trip and got in a bit of a hurry," Martin said. "We need to take our time and work the ball inside, which I think we did a little better in the second half."

The team's next game will be at 8 p.m. Friday against Benton High School at home.

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EXERCISE

Who says the only exercise a student can do during this hectic time of the year has a deadline and requires a grade? Taking a break from exercising your brain and focusing on your body will help you during these next few weeks.

by Stacy Young

Fitness may be the cure for those final exam blues. Maryville and Northwest offers many workout facilities that anyone with a little unwanted stress can appreciate.

Maryville
Two Maryville businesses focus on shaping bodies and relieving stress. Aerobic Energy, located in the Maryville Center shopping complex, is an aerobic facility. Owner Lori Stiens specializes in step aerobics, but offers slide classes and body sculpting as well. Stiens is dedicated to keeping her customers happy and fit.

"Since everyone here only has an hour to workout, I try to incorporate as much as possible in that hour," Stiens said. "I also like variety so you don't get bored. Boredom is the number one dropout reason."

Stiens wants prospective members to utilize the free trial class at Aerobic Energy to ensure a good experience. No appointment is necessary. A monthly membership is \$25, and \$10 is taken off the price of a three-month membership.

There is a wide variety of blood-pumping classes to choose from, and everyone is welcome to join.

"I feel there are many different levels of fitness," Stiens said. "Anyone who can stick with an exercise program of flexibility and strength and can feel good about what they're doing is fit."

Northwest
Another business dedicated to fitness is Looks Salon and Fitness Center, located on the west side of the square. This facility features a variety of Nautilus equipment used for strengthening specific muscle groups in the body. Looks also offers free weights and cardiovascular equipment including treadmills, stationary bikes and steppers.

For those who need a little extra boost to develop a fitness plan, personal trainers are available. The trainers assist in workouts and devise customized plans for their clients.

"For a beginner, the trainers would usually just work on getting the heart rate up because that is very important," Looks employee Nicole Elliott said.

The starting fee for a Looks membership is \$30 a month, but reduced rates are available for those interested in joining for longer periods of time. Anyone is welcome to walk in and workout at the facility.

The Rec Center features basketball courts with the capability to set up badminton, volleyball and tennis courts. A suspended indoor track highlights the building. Universal weight sets used for circuit training and strength conditioning are also on the second level.

If a game of golf or any outdoor excursion sounds like fun, golf clubs and various other outdoor and indoor athletic equipment are available to borrow.

The Rec Center hopes to draw in more students because they are not seeing the facilities being used as much as they would like.

"Maybe people just don't know what is out there," said Heath Powell, recreational sports graduate assistant. "They don't take the time to even come try it out once."

While full-time students can enjoy the facility free of charge, community members are also welcome. The fee for one full year is \$125 and can be broken down into smaller payments for

shorter memberships.

"Because I'm a freshman, and was going away from everything I knew at home, it was good to have a place like the Rec Center," Brigid James, psychology/sociology major said.

"Working out helped me to relieve stress and get motivated."

The Fitness Center, located on the ground floor of Lampkin Activity Center, offers an energetic atmosphere and a variety of workout options, including circuit training, exercise bikes, step machines, Nordic Tracks and free weights.

Anyone is welcome to join the Fitness Center. Students enjoy the lowest rates of \$50 a year or \$30 a semester. University employees can become members for \$80 a year or \$45 a semester. Members of the community may join for \$110 a year and \$65 a semester.

Many residence halls provide fitness opportunities as well. Most are equipped with some kind of exercise facility. Students should check to see what their own residence hall have.

With all of these fitness options available, it makes it easy to take a break from the books and relieve a little stress by going to exercise.

STRESS: It eventually affects all of us, but it's fairly simple to control

by Jason Tarwater
Missourian Staff

The time is drawing near. The weather is finally getting cold, deadlines are approaching and one word is on many students' minds — finals.

With those dreaded finals comes a considerable amount of stress.

Joyce Bottorff, nursing coordinator at Student Health Services, said she can see the signs of stress on campus.

"People who have never been sick before in their lives are coming in to us sick," Bottorff said.

Other warning signs of stress Bottorff mentioned were depression, suicidal tendencies and homesickness.

Bottorff said there are several physical things that can be done in order to help relieve stress.

"You have to get a lot of sleep," Bottorff said. "You need seven or eight hours a night. You also have to have a nutritional balance and find time to exercise."

While exercise is important, Bottorff said it is usually the least of

most students' concerns.

"With all the things that are overwhelming the students, they say that they don't have time for exercise," Bottorff said. "They need to make priorities and stick to a schedule. They have to at least go walking (or something)."

While stress is natural during this time of the semester, one group seems to be hit harder than others.

"(We've been) getting the freshmen signs," Bottorff said. "It normally happens right off the bat. They are very overwhelmed. They say it's a lot harder than high school, and they just aren't sleeping."

Although freshmen troubles may not be a surprise to some, Bottorff said seniors have equal problems with stress.

"Sophomores adjust and juniors adjust, but for seniors, this is a reality check," Bottorff said. "They're worried about getting out — worried about getting a job."

Liz Wood, director of the counseling center, said when a student comes to her, she tries to work with the student to find ways to put more

time into their schedule so the student doesn't feel as overwhelmed.

"What we try to do is look at their schedule and try to talk to them about a number of things to (take off), which is overwhelmingly terrible to them," Wood said.

Amber Monroe, Millikan hall director, agrees and said the way you spend your time determines your stress level.

"Not procrastinating helps a lot," Monroe said. "The way you manage your time is important."

When students are unwilling to compromise their time, Wood said she offers other suggestions.

"We then work on stress reduction," she said. "We work on relaxation techniques and teaching them how to take breaks."

Monroe said different types of stress relief works for her. She said listening to enjoyable music and acting like a little kid are always great ways to relieve stress.

"I own more toys now than I did when I was younger," Monroe said. "I have huge collections of Play-Doh and I color a lot. It really does help."

Weight-loss drugs hinder dieting

by Heather Butler
Missourian Staff

Obesity affects one in four adult Americans. Each year, over half of Americans go on a diet. Although weight loss seems simple, almost 44 million Americans are overweight.

Dieters spend an average of \$30 billion a year on commercial weight-loss programs according to *Food Insight* magazine.

Almost any commercial weight-loss program can work, but the trick is it must be motivational. To find the right diet for an individual's specific needs, they should look for something directed toward slow, steady weight loss.

A good weight-loss program includes weight maintenance. *Food Insight* reports that two-thirds of weight lost from dieting is regained within one year, and almost all the weight is regained within five years. Because of this, many experts are beginning to shift their focus to the concept of weight management. Adopting a healthy lifestyle, with a reasonable approach to calorie consumption and

exercise, could help manage being overweight better than traditional strategies.

If regulating your own diet isn't possible, realize that you are not alone. Thousands of people use weight-loss pills and programs.

"Any kind of chemical used to lose weight only works for a little bit," said Joyce Bottorff, nursing coordinator for Student Health Services. "You need to make the right choices when eating food and exercise."

Although the popular Phen-Fen pills were recently deemed dangerous, there are many other products on the market that promise to help in the weight-loss process.

Aoqili is a soap that is advertised to eliminate fat layers. It is made from the elixirs of undersea plants which reduce the accumulation of serious fluid and astrigent in the skin.

A better known way to lose weight is the weight-loss pill Redux. It is a prescription medication that decreases a person's appetite by changing levels of certain chemicals in the brain. The safety and effectiveness of Redux hasn't

been determined and certain people should avoid it, such as those with pulmonary hypertension.

Chitosen is another popular weight-loss pill that neutralizes fat after it enters the stomach and spares the body from having to deal with it.

"I believe weight-loss pills are a scapegoat from exercising and eating right," said Jared Jackson, physical education major. "It's society's way of saying they're on a diet and still eating junk food and not exercising. If they want to lose weight, they should eat right and exercise diligently."

A recent study by Steven Blair, an exercise physiologist at the Institute for Aerobics Research in Dallas, compared volunteers who dieted to those who dieted and exercised for one year. The diet plus exercise group lost more weight and fat.

"Exercise builds muscle tissue, and muscle cells burn more calories while you are resting than fat cells," Blair said. "The more muscle you have, the more energy you burn while at rest."



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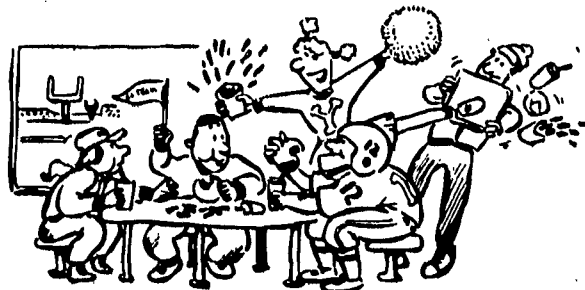
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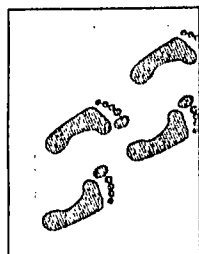
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The Stroller

Helpful tips for dealing with finals



The Stroller

Your Man
shares
focus for
the last
two weeks
of semester

I figured I would start off this week by congratulating the football team for another thrill-packed season for Northwest. This school is much more pleasant than it was three years ago when we had a losing season. I'd also like to congratulate Kathy Kearns for another outstanding year in women's cross country. If you'd like to know Kathy, her name is in the Nov. 24 issue of *Sports Illustrated*. I thought that was cool.

Since I am not allowed to make my normal observations of campus that most of you have come to love, I figured I would help students who are having trouble getting focused for the last two weeks of the semester. Instead of complaining about other people complaining about their life, I thought I would help them out.

Here are my tips to five days of an organized life — just in time for finals.

Day 1 — Make a list of rewards, they can take 15 minutes to two hours. They can be going out and getting drunk, golfing or my favorite pass time — napping.

Day 2 — Write down goals you need to accomplish in the upcoming weeks. Dissect them into manageable, bite-size bits. Develop a plan of action. It could be calls you have to make, errands, appointments, papers due or tests to study for.

Day 3 — Transfer these goals to a notebook. Divide them into sections such as calls, errands, to do lists and things to write.

Day 4 — Transfer the information to a calendar, such as appointments and deadlines, from the notebook and give time for your rewards. Allot time for everything — only take time out for your rewards if you get the allotted tasks done for the day.

Day 5 — Each day after this day, create a short daily "to do" list by choosing a few reasonable tasks from the notebook and scheduling them when there are breaks in the calendar.

This should help students get a little organized by the time finals hit. After that, you can go back to procrastinating. If you don't get organized by then, here are some study tips to help you out.

No. 1/Rehearse, repeat, review:

The most self-explanatory of all study aids, we know that it works, yet rarely do we sit down and do it.

Look over the material, take it away, think about it and repeat it to yourself. Look back at the material and change anything you did not get correct, keep doing it until you get it down.

No. 2/Association:

Connect the new information or images with something you already know. If you make a very bizarre, unusual mental image, you will remember it better than you would a more common one.

No. 3/Visualize:

Make something concrete on paper so you can visualize it in your mind's eye. Write the information in a certain fashion on the paper, stare at it and visualize it in your mind. If you can remember what the page looked like, you may be able to recall the information. Try it, you'll be surprised.

No. 4/Mnemonics:

Use a picture for association. Draw a picture of the basic information you need to know, you will be able to recall the picture a lot easier than the text. If you recall the picture, then the text will jump out of it.

No. 5/Encluster:

Organize pieces of related information according to some sort of logical order. Pieces often are grouped in categories by similarities.

Good luck with the last week of school — don't worry it's almost over.

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NorthwestMissourian

Weekly Crossword

ACROSS

1. Kettle and Rainey
4. Wallace's hero
7. Pivotal
10. Fall into an easy chair
12. Rebound
14. Pay
15. Corona
16. Bryant, of OJ ads
17. First name in lingerie
18. Katmandu's country

20. Parodies

22. She scats with cats
24. Guided missile
25. Able to happen
28. Stadium level
31. Appreciative taster's cry
32. ___ cat (form of baseball)
33. "The Fox and the

Grapes' fabler

35. Guitarist Clapton
37. Seeds
40. Check end
41. Wyoming mountain
43. Scout Carson et. al.
45. Naval rank (abbr.)
46. Son of Isaac
47. Climbed
49. Government agents
51. Sandusky's waterfront
52. Comestibles

55. ___ Downs

58. Province in Spain
59. Jaun's friend
61. Cluster
63. First name in fashion
64. Dressed to the
65. Farm structure
66. Neighbor of Israel
67. Generation
68. Suit to a

Answers to last issue's puzzle

P	I	S	A	H	E	A	T	S	L	O	N	G
U	S	A	F	A	R	R	O	W	E	P	E	E
T	I	F	F	P	R	I	D	E	T	E	X	T
S	T	E	E	P	L	E	D	E	D	U	C	T
			C	O	E	D	T	A	P			
G	R	A	T	I	S	A	C	E	S	B	A	D
L	I	L	I	S	E	N	O	R	A	R	M	Y
O	L	I	O		T	N	T		B	A	B	E
B	E	A	N		C	A	U	S	E	O	V	E
E	D	S		R	O	L	L		C	O	M	E
				N	A	Y		T	H	A	I	
C	O	L	O	G	N	E		H	O	R	N	E
A	N	A	T		E	L	S	I	E	A	L	E
G	E	N	E		S	K	I	E	R	T	I	N
E	R	A	S		S	E	R	F	S		E	A

DOWN

1. Speed rate (abbr.)
2. Bates of Georgy Girl
3. Only
4. Solo of Star Wars
5. The Haj author
6. Volleyball command
7. Green vegetable
8. Soufflé needs
9. Vocal support
11. Orate
12. Vocations
13. Euler's forte, for short

14. Woes
19. In addition to
21. Small bit
23. Busy as (2 words)
25. Strained food
26. Forgets
27. Happy birds
29. Lauder of cosmetics
30. Boxing unit
31. Though
34. TV network
36. M&M feature
38. Shrews' kin
39. Quadraphonics halved
42. Rigescent
44. Upstart
47. Lack-of-pep cause
48. Writing stands
50. Love of life
52. Hard to hold
53. Activist
54. Inform, slangily
56. Don't bet (2 words)
57. Spook on the inside
58. ___ Altos
60. Golly's kin
62. Loafer tip



Kansas City

Dec. 4 — Joanna Conner, Grand Emporium.
Dec. 5 — Hurricane High Dance Party, The Hurricane.
Dec. 5 - Jan 1 — "Little House Christmas," Coterie Theatre.
Dec. 5 - 24 — "Nutcracker," Midland Theatre.
Dec. 5-6 — Chubby Carrier and the Bayou Swamp Band, Grand Emporium.
Dec. 6 — The Walk of Stars, Station Casino.
Dec. 9 — Puff Daddy and the Family, Kemper Arena.

Area Events

Omaha

Dec. 4 — "Emmanuel," Omaha Civic Auditorium Arena.
Dec. 4-7 — "Nutcracker," Orpheum Theatre.
Dec. 06 — Indigo Girls, Omaha Civic Auditorium Music Hall.
Dec. 10 — Deftones, Ranch Bowl.
Dec. 13 — Seven Mary Three, Ranch Bowl.
Dec. 16 — "Wallflowers," Aksarben Coliseum.
Dec. 16 — Jim Brickman, Omaha Civic Auditorium Music Hall.
Dec. 17 — Lorie Line, Omaha Civic Auditorium Music Hall.

Des Moines

Dec. 5 — Snowflake Celebrations, Des Moines Civic Center. (515) 243-1109.
Dec. 7 — Mancows Jingleballs 97, SuperToad.
Dec. 8 — Canadian Brass, Des Moines Civic Center.
Dec. 11 — Corey Stevens, SuperToad.
Dec. 14 — Handels Messiah, Des Moines Civic Center.
Dec. 16 — "Nutcracker on Ice," Des Moines Civic Center.
Dec. 18 — Micheal Peterson, SuperToad.
Dec. 31 — New Years Eve Gala, Des Moines Civic Center.

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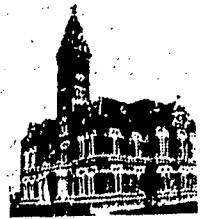
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Northwest **Missourian**

A SPECIAL HOLIDAY SUPPLEMENT



Thursday, December 4, 1997

Special section, 8 pages

Northwest Missouri State University, Maryville, Mo. 64468

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Christmas
comes...

*to brighten
the world.*

Thank you notes don't have to be chore for kids

(NAPS) — Surveys show that most kids get more than 20 gifts for Christmas but write fewer than three thank-you notes. Etiquette expert Peggy Post has tips to get children in the "thank-you" note habit.

"Make it part of the fun," said Post, great-granddaughter-in-law of the etiquette expert Emily Post and author of *Emily Post's Etiquette: 75th Anniversary Edition* by Peggy Post, "Include fun stationery and pretty pens in their stockings."

Sports-themed paper or a special pen are

best bets.

Post adds, "Show kids how great it feels to receive a thank-you note by mailing them one — complete with stamp and postmark — for the gifts they gave to you."

Other suggestions: Letting kids choose special photos to include in the letters and allowing the littlest ones to paint or draw as well as write their thank yous.

"And don't overwhelm them — one note every few days is about as much as most kids can handle," she added.

Winter Wonderland



Maryville High School students spread hay among the nativity scene displayed at Franklin Park, corner of Main and Seventh streets. The nativity was built by the industrial arts class at the high

school. Santa's Maryville house is also located in Franklin Park. Santa will be visiting with children at his house Friday, Dec. 5, from 6 - 8 p.m. and Saturday, Dec. 6, from 4 - 8 p.m.

Jennifer Meyer/Photography Director

A lump of coal and a bundle of switches

That's what you might end up with if you don't shop your local retailers this Christmas.

Shopping in Maryville this Christmas makes more sense than ever. Our local merchants are more competitive, offer better service and a world of unique merchandise that you can't find in those crowded city malls. Try shopping your local merchants first this holiday season. There really is something to be said about hometown service.

Family gifts make holiday shopping go farther, faster

(NAPS)—If the idea of finding time to shop for everyone on your list is beginning to make you shiver, you might want to consider following a new trend: a gift for the whole family.

Looking for ideas for family gifts? Here are just a few to contemplate:

- Has your family always wanted to hike in the Rockies, visit Disney World or tour the Big Apple? Combine your holiday and vacation budgets, and take your dream vacation this year. Give the kids their tickets for Christmas.

- Home computers have never been less expensive or more invaluable. The hardest part is deciding which system. You might check the classifieds to see if someone is selling the system you want used. If your budget allows, give the computer to the family, and give each family member a small piece of software.

- One way to make vacations more affordable is by roughing it. You can get a lifetime setup of a tent and sleeping bags for the whole family for less than it would cost for a weekend at a hotel.

- Jump-start everyone's brains by in-

vesting in a set of encyclopedias. You'll finally be able to answer all your kids' questions (like "how does television work?") your kids will get ahead in school and you'll all have a resource to turn to for years to come.

Experts recommend *The World Book Encyclopedia* for families with school-age children because of its accuracy, up-to-date information and readability.

- Help the whole family keep fit by buying equipment for a home gym. Surprise them by having it all set up, out of sight, Christmas morning. Give sweats, leotards or sweatbands as individual gifts.

There is one family gift that experts believe you shouldn't indulge in — namely, a new pet.

Animal shelters are crowded in January with "surprise" pets that didn't work out.

Pets should only come into a home where everyone is aware, ahead of time, of the lifelong responsibility and is prepared to meet all the long-term obligations associated with a pet, from veterinary care to daily routines.

Micky G's Wish List

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Christmas Eve
a wish list will come true
FREE compliments of
MICKY G's



Christmas bells include ring of cash register, helpful purchasing tips

(NAPS)—For many, the bells of Christmas include the ring of the cash register. If you plan to purchase an electronic product for a family member, friend or yourself, it may pay to heed these helpful hints from the Service & Parts Group of Sharp Electronics Corporation:

- Always keep your bill of sale as "proof of purchase." When you purchase a product, your sales receipt is the proof of how, when and where the sales transaction took place. Remember to hold onto it. Without the receipt, it will be very difficult to get a product fixed or replaced under warranty.

- If you are giving the product as a gift, pass along a copy of the receipt to the recipient so he or she can get the necessary coverage on a product if a problem develops.

- Selecting extended warranty coverage. Before buying, ask what the warranty includes and how long the warranty lasts. Does the warranty cover whole product or just parts? When the product is serviced, will I have to pay labor costs? How does the extended warranty relate to the original warranty provided by the manufacturer?

Another issue to keep in mind is who honors the warranty. Some products must be returned directly to the manufacturer for service, while others must be brought to a local authorized servicer.

A non-authorized local service store may be able to fix the particular product, but if they are not authorized by the manufacturer, they may not have access to the manufacturer's technical assistance, training and service manuals. This could lead to further problems.

Holiday safety

Vinyl Christmas trees are safer

(NAPS) — Festive holiday decorations, complete with a Christmas tree and greenery, help create the joyful atmosphere surrounding the Christmas holidays. But they can also pose a safety risk.

Every year, about 500 residential fires are started when Christmas trees ignite, causing roughly 25 deaths and more than \$20 million in property damage according to the National Fire Protection Association. One way to reduce the risk of holiday fires is to purchase a flame-retardant, artificial Christmas tree and greenery made of vinyl.

Because of vinyl's unique chemical makeup, it resists ignition and flame spread, helping to prevent or contain what could become a devastating fire.

That flame retardancy remains consistent throughout the tree's 15 to 20 year life span, while the fire hazards of displaying a natural

tree increase dramatically in just a few weeks as its needles become dry and brittle.

"Vinyl Christmas trees offer the same beauty as natural trees while protecting families from a potential fire hazard," said Robert Burnett, executive director of the Vinyl Institute. "During the holiday season, when most parents are pretty harried, it's one less thing to worry about."

Artificial trees are also the economic choice, costing less than \$100 and lasting up to 20 years. That's an investment of just \$5 a year, as compared to \$30 to \$40 to purchase a natural tree annually. And today's artificial Christmas tree is made to look just like a natural tree.

"Ten years ago, the industry was revolutionized by a change in the manufacturing of artificial trees," said Claus Beckroge of General Foam Plastics Corporation, a

manufacturer of artificial trees, wreaths and garlands in Norfolk, Va. "Artificial trees used to look very artificial whereas now they are very life-like."

A vinyl artificial tree never requires watering or disposal, and there are no bothersome needles to vacuum.

Vinyl Christmas trees save resources, too. About 30 million pounds of recycled vinyl go into making the trees and other greenery each year.

"The manufacture of vinyl trees plays a large role in sustaining markets for recycled vinyl," said Burnett. "And quite a bit of that recycled material is post-consumer, coming directly from curbside recycling programs."

As the holiday season approaches, play it safe by allowing only flame-retardant, easy-to-maintain and environmentally friendly vinyl greenery into your family's home.

Handling holiday hassles effectively

(NAPS) — Want to make your Yuletide more merry? Here's how to handle those holiday hassles:

- Shopping early really is a good idea if you want to beat long lines and get personal attention from salespeople who are likely to be less harried now than a few days before Christmas. Check out the ads in local newspapers to see where the bargains are.

- Buy stamps in bulk for Christmas cards; mail cards and out-of-town-bound gifts early.

- Holiday parties will go easier if you prepare much of your meal ahead of time and refrigerate.

Then just heat up the food shortly before guests arrive, so you can spend more time with them and less time in the kitchen.

- A bright idea: Make sure your Christmas tree lights and other holiday ornaments are in good, safe, working order before you begin trimming — and while there's still time to find replacements if necessary.

Carriage Rides

The Heart of the City is sponsoring carriage rides in Maryville.

Thursday, Dec. 11
6 - 8 p.m.

Sunday, Dec. 14
2 - 4 p.m.

Thursday, Dec. 18
6 - 8 p.m.

Sunday, Dec. 21
2 - 4 p.m.



Brown's SHOE

1115 S. Main • Behind Hardee's • 582-4641



Hours
Mon.-Fri. 9 a.m.-8 p.m.
Sat. 9 a.m.-5 p.m.
Sun. 1 p.m.-4 p.m.



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Turn your color snapshots into personalized calendars.
What a great gift for anyone!

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For Music Gifts
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Videos-Laser-DVD



First Video Store in Maryville, Established 1984

MOVIE MAGIC

Your Video & Audio Headquarters
107 E. Fourth St. • Maryville, Mo. • 660-582-3681



Western store offers quality, convenience

by Erica Smith

Advertising Director

D & S Western not only offers high quality boots and western apparel, but convenience as well to Maryville residents as well, especially during the holiday season.

"We have many first quality men's, women's and children's boots reduced up to 70 percent," said Susan Gater, owner of D & S Western. "We also have new lines such as Force Ten ladies' purses, Abilene men's and ladies' boots and Bailey crushable felt hats."

D & S also features Tribal Traditions, a locally made gift line.

Gater said D & S offers benefits that larger discount stores cannot.

"As discount stores get larger and larger, it's the small store that can offer real service to our customers," Gater said. "We believe in helping the customer — offering suggestions, helping find the best fit and knowing about the product we're selling."

Gater said they are always willing to help their customers find products, even those they do not have available.

D & S Western
110 E. Third St.
582-2561

**Heart of the City
Chamber of Commerce**

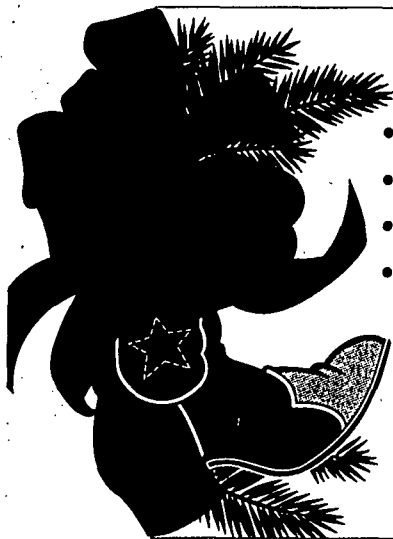
Monday - Saturday 9 a.m. - 5:30 p.m.
Thursday open until 8 p.m.

Holiday Hours begin Dec. 8.
Monday - Saturday 9 a.m. - 8 p.m.
Sunday, Dec. 21 open 1 - 5 p.m.

"We take time with every single customer," she said.

D & S is located at 110 E. Third St., on the east side of the square in Maryville. They are open Monday through Saturday 9 a.m. to 5:30 p.m. Currently, Thursdays they are open until 8 p.m., but as of Dec. 8, D & S will be open until 8 p.m. Monday through Friday. Sunday, Dec. 21, they will be open from 1 to 5 p.m.

D & S Western is a member of Heart of the City and the Chamber of Commerce.



Santa's List

- Leather Purse for Mom
- Bailey® crushable felt hat for Dad
- Texas® boots for Billy
- Rocky Mountain® Jeans for Susie

**D&S
WESTERN**
BOOTS • JEANS • SHIRTS • HATS • TACK
110 E. Third St.
582-2561
Heart of the City

Store deals with more than books

■ **Local bookstore** binds community with story hour, poetry readings, field trips

by Erica Smith

Advertising Director

The Bookstop offers a unique twist to a typical bookstore.

"We are community minded," said Sara Lee Hinckley, co-owner of The Bookstop. "We often conduct tours and story hours for school field trips. We enjoy having other events as well in our store, such as poetry readings, an Irish tea, author signings and story hours in the summer."

The Bookstop has a wide variety of books as well as teacher supplies.

"(Our selection) is an unusual mix for a bookstore," Hinckley said.

The Bookstop had an open house Nov. 23 to promote their Christmas books and 1998 calendars.

The Bookstop
220 N. Market St.
582-7323

**Heart of the City
Chamber of Commerce**

Monday - Friday 9 a.m. - 5:30 p.m.
Thursday open until 8 p.m.
Saturday 9 a.m. - 5 p.m., Sunday 1 - 4 p.m.

Holiday Hours begin Dec. 15.
Open Monday - Friday 9 a.m. - 8 p.m.

The Bookstop, owned by Hinckley and Lynn Felton, is located at 220 N. Market St. in Maryville. They are Heart of the City and Chamber of Commerce members.

The Bookstop is open Monday through Friday 9 a.m. to 5:30 p.m. The store is open until 8 p.m. Thursdays. Store hours for Saturday are 9 a.m. to 5 p.m. and for Sunday are 1 to 4 p.m. Starting Dec. 15 The Bookstop will be open until 8 p.m. Monday through Friday until Christmas.

Joyful Gifting Starts Here!

20% Off NY Times Top Ten Bestsellers

Christmas Books

Cookbooks

1998 Calendars

Bestsellers

magnetic poetry®

Puzzles

Children's Books

Puppets



The Bookstop
220 N. Main
Maryville, MO

College Grads Reward Yourself!

With \$400 off from GMAC

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- Special easy financing for grads



Heart of the City
BOYLES **GM**

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Season's Greetings To Our Patrons Of All Faiths From Gordon & Lois!

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6 Days
A Week

Open
Wed. & Fri.
9 a.m. - 7 p.m.

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Eyeglasses As
Low As \$55
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We can fill
your vision
prescription!



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201 E. First St.

MOLLY'S
582-4561
309 N. Market
Maryville
Mon. - Thurs. 5 to Close
Fri. & Sat. 3 to Close

Friday
LIVE Music
Ladies over 21...
NO COVER!

Saturday
LIVE Music

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help for Holiday shoppers

You can shop from the comfort of your home and find lovely gifts for everyone on your list. It's the ideal solution for holiday shoppers. Call me today - I can even help with wrapping.


Carol Jean Osborn
Independent Beauty Consultant
582-8967



Santa's Here!

Santa will be makin' his list (and checkin' it twice) of good boys and girls in Maryville. He will be at his house at the Winter Wonderland at Franklin Park, corner of Main and Seventh streets to visit with children and add to his list of Christmas wishes.

Friday, Dec. 5 6 - 8 p.m.	Saturday, Dec. 6 4 - 8 p.m.
Friday, Dec. 12 Saturday, Dec. 13 6 - 8 p.m.	Thursday, Dec. 18 Friday, Dec. 19 Saturday, Dec. 20 6 - 8 p.m.



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HEARTLAND View

-a travel and leisure magazine produced by Northwest students

For more information contact Heartland View Magazine, 800 University Drive, Wells Hall, Maryville, Mo. 64468 (660)-562-1223

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The Elan College carries a lot of great perks. For starters, there's no annual fee as long as you make at least one purchase a year. Secondly, responsible use of your card can help you earn a solid credit rating — something that's sure to come in handy when you're ready to buy a car or a house. Finally, as a legal adult, you don't need a cosigner to apply.

Stop by Cameron Savings & Loan and pick up your application today. Also ask about our student checking accounts that pay you interest. We now have an ATM to make your checking account accessible 24 hours a day.

115 E. Fourth St. Maryville, Mo. 660-582-2195

1304 N. Walnut St. Cameron, Mo. 816-632-2154

702 State St. Mound City, Mo. 660-442-3800

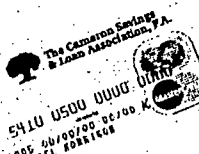

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Yes, I'd like to apply for the Elan No Annual Fee Card with a credit line of at least \$1,000.

Students, Can You Say "Yes" to These Questions?

- Are you a U.S. citizen or permanent U.S. resident?
- Is your permanent address in the United States?
- Are you 18 years of age or older?
- Are you enrolled in a 2-4 year accredited college or university?
- If you have a credit history, is it satisfactory?

If you can say "Yes" to these questions, then just return your application to us.

Member FDIC

"Solid as an oak since 1887"

Chamber sponsors Santa's Shopping Spree

■ **First 4 Santa certificate winners announced Monday; 12 more will win by Christmas**

The first four winners in the Maryville Chamber of Commerce Santa's Shopping Spree were announced last Monday.

Jenny Forney, Hopkins; Joyce Nicholas, Pickering; Irma Collins, Maryville; and Mrs. Roy Mincy, Maryville; won gift certificates from local merchants.

The Maryville Chamber of Commerce is encouraging shoppers to shop at home with their Christmas promotion Santa's Shop-

ping Spree.

Sixteen shoppers will win over \$250 in gift certificates from local merchants. Participating businesses draw a winner from their registration boxes. Those names are sent to the Chamber where four winners are drawn. Names are announced Monday. The contest ends Dec. 22.

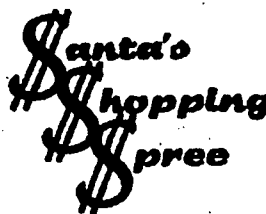
Shoppers can register at the Chamber of Commerce or any of the following businesses: Anderson Dry Cleaning, Appliance and TV Mart, ASDE Inc., Bearcat Lanes,

Bookstop, Boyles Motors, Browns Shoe Fit, Carr Tire, Carter's Clinic, Clara's Fashions,

Classic Cuts, Cummins Furniture, Deen's Alignment, Easter's Foods, Fields Clothing, Florea's Conoco, Golden Corral, Hy-Vee, JC Penney, Kentucky Fried Chicken, Kissinger's, M & S Computers, Marfice Jewelry, Mary Kay Cosmetics (Carol Jean), Maryville Daily Forum, Maryville Implement, Maryville Lumber, Maryville

Muffler, Maryville Travel, McDonald's, Medicine Chest, Meyer's Pro Flooring,

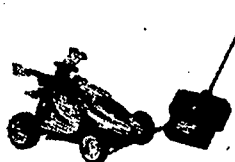
Micky G's, Movie Magic, Mozingo Golf Course, Nodaway News Leader, Northwest Missouri Cellular, Northwest Power, Parsons' Tire, Penny Press, Pickett Lane, Pitzenger Body Shop, Rod's Hallmark, Show-Me Inn, Sonic, Taco John's, Thimble and Thread, Wal-Mart, Walker Body Shop, Walter Bros., Watkins True Value and Western Auto.



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Northwest Missourian

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High/low speeds, spring suspension. 27 or 49MHz. reg. 29.99, #60-4182 Requires 9V and 8 "AA" batteries

Sneak past the competition!
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New selection of Boyd's Bearstones and Plush!

Layaway now while selection is at its best!

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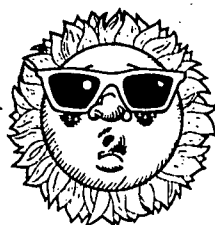
Your future is so bright, you'll need to wear shades!

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The best gifts aren't always under the tree.

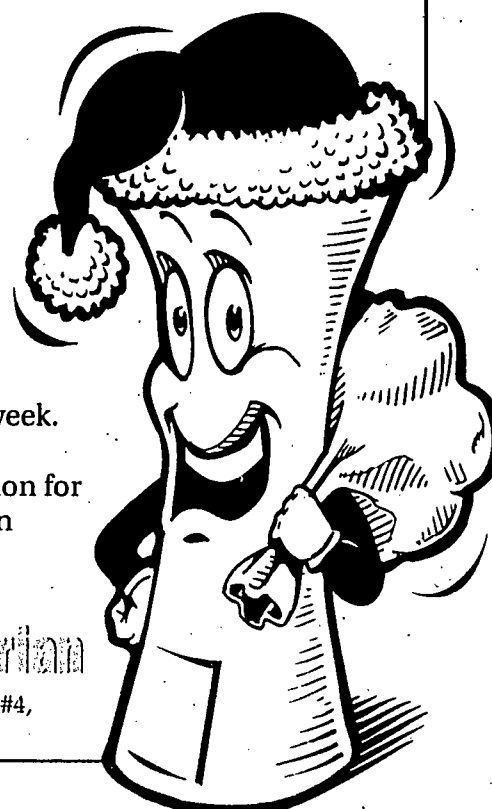
A subscription to the Northwest Missourian is the perfect gift.

1. No batteries needed.
2. No assembly required.
3. No standing in line.
4. One size fits all.
5. It's fun.
6. It's appreciated.
7. It doesn't quit — a new issue arrives every week.

To arrange a gift subscription for all the important people on your list, call 562-1224.

Northwest Missourian

800 University Dr., Wells Hall #4,
Maryville, MO 64468-6001



SEEK AND FIND

FIND THESE WORDS IN THE PUZZLE BELOW.

AMERICAN
BLUE CHEESE
CHEDDAR

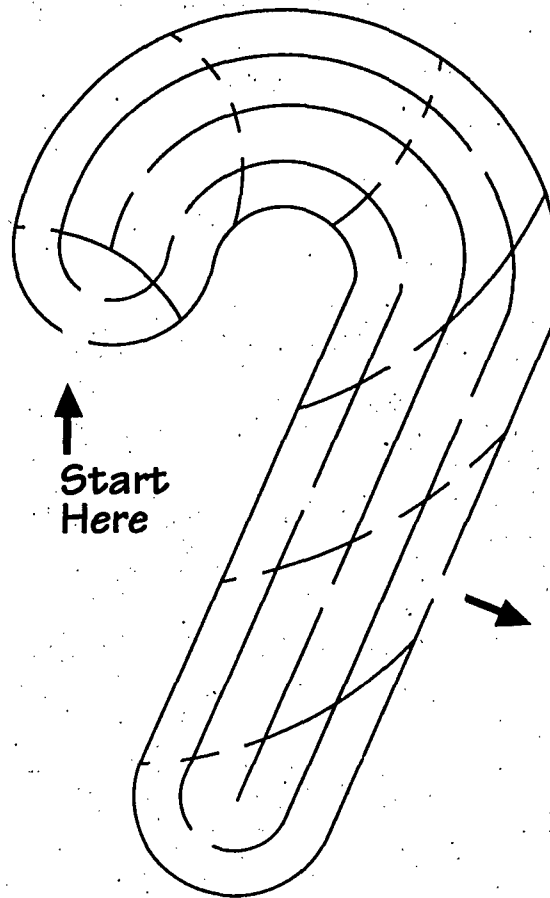
COLBY
JACK
LIMBURGER

MOZZARELLA
MUNSTER
PARMESAN
SWISS

THE WORDS READ UP, DOWN AND ACROSS.

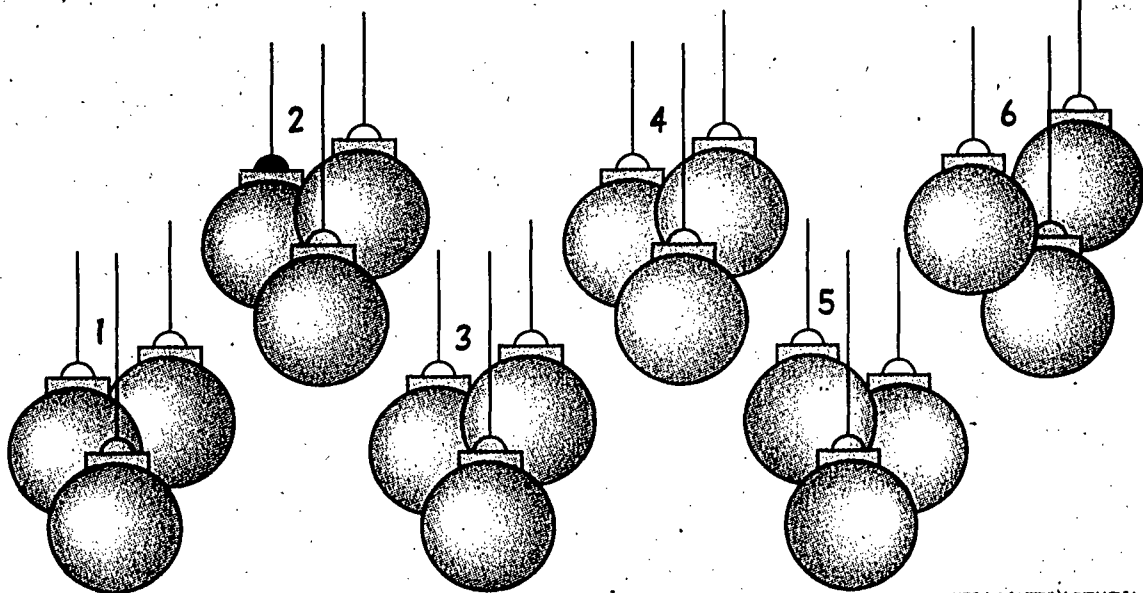
E	R	Y	P	T	I	B	O	P	L
C	S	D	A	C	O	L	B	Y	I
H	K	A	R	F	S	U	J	L	M
E	C	Z	M	B	W	E	N	M	B
D	A	M	E	R	I	C	A	N	U
D	J	I	S	O	S	H	P	L	R
A	Y	T	A	R	S	E	E	W	G
R	G	F	N	D	S	E	A	Q	E
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M	O	Z	Z	A	R	E	L	L	A

MAZE



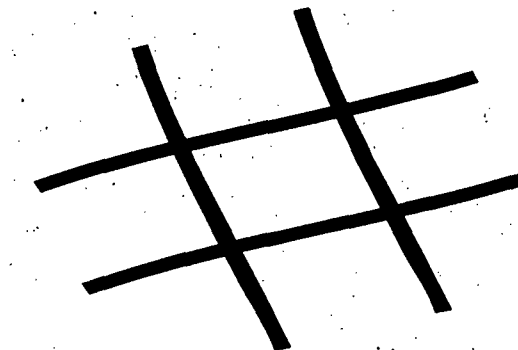
FIND THE TWINS

WHICH TWO ARE EXACTLY ALIKE?

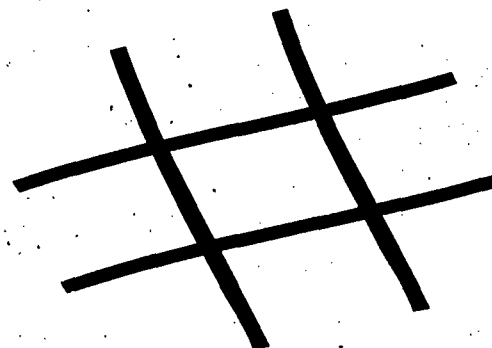


ANSWER: THREE AND FOUR

TIC.



TACx



TOE

**You can't have Christmas
without Chris.**



MARYVILLE TONIGHT

with Chris Stegall

Featuring:



The McKenzies



Coach Mel Tjeerdsma



Northwest Football Team

Plus...



FREE FOOD

from Domino's and Murphy's

**"I couldn't fit down the chimney,
so they gave me the Mary Linn."**

Admission is FREE,

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to the Maryville Food Pantry is appreciated.

Seating begins at 5:30 p.m., Wednesday, Dec. 10

Mary Linn Performing Arts Center

Doors close and taping starts at 6 p.m.